

## Making and Case Managing STRTP Placements

(Revised 08/25/23)

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### Forms

The following forms are referenced in this policy:

- 04-24A-P English/ Spanish) or 04-24 C Authorized to Use or Disclose Protected health Information- All Providers Order Authorizing Examination and Treatment- Court
- 04-24P/04-24Psp Consent to Treat-Parent
- 04-27 STRTP Screening Assessment (CWS/CMS Template)
- 04-61 Clothing Inventory and Record of Personal Belongings
- 04-75 Statement of Dangerous Propensities (CWS/CMS Template)
- 07-65 Placement Information and Payment Authorization (CWS/CMS Template)
- [SOC 154c](#) Agency-Group Home Agreement
- 04-444 Child and Family Team Referral Form (CWS/CMS Template)
- [Qualified Individual Referral](#)
- 04-503 Qualified Individual Coversheet
- [Qualified Individual Assessment Report](#)
- [JV 235](#) Placing Agency's Request for Review of Placement in STRTP
- [JV 236](#) Input on Placement in STRTP
- [JV 237](#) Proof of Service - STRTP Placement
- [JV 238](#) Notice on Hearing on Placement in STRTP (Optional)
- [JV 239](#) Order on Placement in STRTP
- [JV 240](#) Notice of Request for Approval of Short-Term Residential Therapeutic Program or Community Treatment Facility Without a Hearing
- 04-140 San Diego Center for Children WrapWorks Wraparound Referral

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**Forms**

- 04-749 STRTP Initial Placement Plan
  - 04-748 STRTP Aftercare Services Plan
  - 10-5 Foster Children’s Personal Rights  
[Foster Youth Bill of Rights – CA Ombudsperson](#)
  - [Pub 396](#) Foster Youth Rights (Pub 396)
  - [Pub 488](#) Foster Youth Mental Health Bill of Rights
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**Background**

Under the Continuum of Care Reform (CCR), reliance on residential care is limited to circumstances when the youth requires residentially-based, short-term treatment interventions designed to enable the youth’s successful transition into a permanent home-based family placement.

In 2016, AB 403 established a new licensed children’s residential facility type called Short-Term Residential Therapeutic Program (STRTP). The STRTP is intended for youth whose behavioral and therapeutic needs are not able to be met in a home-based family setting, even with the provision of supportive services, and who require the level of supervision and clinical interventions provided by the STRTP facility.

The Family First Prevention Services Act (FFPSA) was signed into law in 2018 requiring further enhancement to STRTP placement and services as implemented in October 2021. Federally, these treatment congregate care facilities are referred to as QRTPs (Qualified Residential Treatment Programs), but will continue to be referred to as STRTPs in California. In California, many FFPSA requirements of STRTPs were already implemented with the onset of the Continuum of Care Reform (CCR). Placement into an STRTP continues to include the use of the Child and Family Teams (CFT), the Interagency Placement Committee (IPC), and court approval. New provisions include the assessment by a licensed mental health clinician acting as a Qualified Individual (QI) and additional court and notification processes, as outlined within this policy.

**NOTE:** For all purposes within this policy, any requirements that apply to STRTPs also apply to the placement and management of a youth in a Community Treatment Facility (CTF). This policy does not apply to San Diego Regional Center - Placements and/or San Pasqual Academy; they each have their own, separate assessment and intake process.

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**STRTP Programs and Services**

A **Short-Term Residential Therapeutic Program (STRTP) formerly known as a Licensed Group Home (LGH)** is one of the highest level of placements available for children and youth with complex and severe needs that are just below an inpatient health facility level of care. An STRTP provides more intensive care and supervision, services and supports, treatment, and short-term 24-hour care and supervision of children/youth and non-minor dependents (NMD). An STRTP is intended to serve children/youth and NMDs who are in need of a level of care and supervision that cannot be safely met in a family-based setting and who are not in need of inpatient services. These residential facilities are operated by a public agency or private organization and licensed by the California Department of Social Services (CDSS) Community Care Licensing (CCL).

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**STRTP  
Programs and  
Services (cont.)**

STRTPs provide the following services:

Phase	Services
Intake	<ul style="list-style-type: none"> <li>• Joint preparation with the CWS SW, QI Assessment, CFT input, of an initial treatment plan and diagnostic summary within 30 days of placement which will be reflected in the Placement Needs and Services Plan and STRTP Initial Placement Plan (04-749)</li> <li>• Enrollment in an appropriate educational program</li> </ul>
Treatment / Ongoing Services	<ul style="list-style-type: none"> <li>• 24-hour care and supervision, provision of clothing and other basic needs in accordance with their program statement outlining their comprehensive trauma-informed treatment model</li> <li>• Outreach to the youth/NMD’s family members for participation in the youth/NMD’s treatment program and documentation of how family members will be integrated into the treatment program, including how sibling connections are maintained</li> <li>• Provision of, arrangement for, or assistance with the development of an individualized family-based aftercare support plan for at least six months after the youth/NMD is discharged from the STRTP into a family-based setting</li> <li>• Administration of emergency medical assistance and medication provision to children and youth</li> <li>• Availability of licensed nursing staff 24 hours a day, 7 days a week, which may include telehealth nursing resources</li> </ul> <p><b>NOTE:</b> If it is determined that a youth/NMD requires regular onsite nursing care, CWS must ensure the nursing care is provided either by the STRTP, consistent with their treatment model, or through the provision of available nursing services and resources. CDSS has established a contract for the statewide provision of telehealth nursing services available 24 hours a day, 7 days a week. The STRTP 24/7 Nurse Hotline can be reached by calling (833) 614-7401.</p>

**STRTP Programs and Services (cont.)**

Phase	Services
Treatment / Ongoing Services (cont.)	<ul style="list-style-type: none"> <li>Behavioral and therapeutic treatment intervention</li> <li>Transmittal of all school, medical and psychological reports to the SW and to the PHN. It is the responsibility of the STRTP to send health information directly to the PHN for input into the HEP.</li> <li>Review of the child’s progress quarterly within the CFT and submission of written quarterly treatment updates</li> <li>In county transport: transporting youth to court, visits, any off grounds therapy, etc.</li> </ul>
Discharge/Aftercare	<p>Coordinated discharge planning.</p> <ul style="list-style-type: none"> <li>At least six months of family-based aftercare support is required to be provided to a youth/NMD discharged from an STRTP and stepping down into a family-based setting. Youth and family may complete services early by achieving goals or case closure.</li> </ul> <p><b>NOTE:</b> All family-based aftercare support will be provided through the San Diego Center for Children WrapWorks. See <a href="#">Aftercare and Wraparound Services</a> section below for required planning, documentation, and the referral process.</p> <ul style="list-style-type: none"> <li>Youth/NMD exiting an STRTP into a supervised independent living placement (SILP) will also be offered aftercare services</li> </ul>

**Initial and COP STRTP Placement**

On and after October 1, 2021, all new or Change of Placement (COP) into a residential facility requires an assessment and placement process consisting of:

Step	Who	Action
1	Assigned Social Worker (SW)	<p>After gathering needs and placement input from the CFT and available records, consult with the PSS and regional placement team to assess whether or not the youth’s level of services and supervision can be provided in a home-based placement.</p> <p><b>NOTE:</b> Section F of the STRTP Screening Assessment (04-27) can be used to guide the assessment and consultations.</p>

**Initial and COP  
STRTP  
Placement  
(cont.)**

Step	Who	Action
1	Assigned Social Worker (SW) (cont.)	<p>If it is assessed the youth may need an STRTP level placement, the SW will:</p> <ul style="list-style-type: none"> <li>• Submit the QI Referral Form within 2 business days. Email referral form and QI Cover Sheet to the BHS/QI.</li> <li>• Complete and submit a CFT Meeting Referral (04-444)</li> <li>• Complete and submit 04-27 Sections A-E and email to the IPC Support Staff and Facilitator.</li> </ul> <p>See <a href="#">Qualified Individual</a> section below for full information regarding the QI assessment.</p>
2	Assigned SW	<p>Convene a Child and Family Team meeting (CFTM).</p> <ul style="list-style-type: none"> <li>• Invite the QI to the meeting, if already assigned. If no QI has been assigned and it has been more than three days since the QI referral was submitted, please contact the QI email inbox and cc the Policy Analyst at the end of this file to request one is assigned.</li> <li>• Provide input to the QI completing the CANS assessment in the CFT meeting to identify priority needs for the youth</li> <li>• Discuss placement options with the CFT, including if a home based placement can occur or be preserved, in the case of a COP</li> </ul> <p><b>NOTE:</b> If CFT recommends an STRTP placement during any CFTM and a QI referral has not been submitted, the SW will submit the QI referral and 04-27 within two (2) business days of the CFTM.</p>
3	BHS Staff	<ul style="list-style-type: none"> <li>• Confirm receipt of referral for QI Assessment within three business days by emailing the assigned SW</li> <li>• Request any other required documentation needed</li> <li>• Assign the assessment to a QI</li> </ul>
4	QI	<ul style="list-style-type: none"> <li>• Conduct an assessment to determine the youth/NMD's mental and behavioral health needs and goals including gathering input from the CFT</li> <li>• Complete <a href="#">QI Assessment</a> Report within 30 calendar days from the date of the referral, or from the date of placement, whichever comes first</li> <li>• Email SW the QI Assessment Report when complete</li> </ul>

Initial and COP  
STRTP  
Placement  
(cont.)

Step	Who	Action
4	QI (cont.)	<ul style="list-style-type: none"> <li>• Make a recommendation about:               <ul style="list-style-type: none"> <li>○ the most appropriate and least restrictive placement setting and</li> <li>○ how to address any barriers to placement with the family, consistent with the child’s behavioral health goals.</li> </ul> </li> <li>• Attend CFTM and/or engage CFT members to share the gathered information and recommendations from the QI Assessment Report</li> </ul>
5	Assigned SW	<ul style="list-style-type: none"> <li>• Attend <a href="#">IPC</a> and be prepared to discuss the youth’s strengths, needs, placement history, and supporting criteria for STRTP placement</li> <li>• If IPC approves an STRTP placement, send the QI Coversheet and all associated documents to Residential Services to start identifying an appropriate placement and facilitate the transfer of the case to Residential Services</li> </ul> <p><b>NOTE:</b> A Dependency case can be fully transferred to Residential Services, along with any sibling cases, after IPC approval as long as the QI referral has been submitted. Voluntary Services cases can be transferred only after the youth has been placed in an STRTP and all documents from the Voluntary Services Protocol for out of home placement have been completed.</p> <ul style="list-style-type: none"> <li>• Support the QI assessment process (e.g., assist QI with tribal consultation, family contact, youth/NMD supports, etc.)</li> <li>• Schedule CFTM for team follow-up as needed once the QI Assessment Report is completed. As needed may include, but is not limited to:               <ul style="list-style-type: none"> <li>○ The QI does not approve the STRTP placement that the CFT recommended</li> <li>○ The QI recommends additional needs and services for the youth that were previously not discussed by the team to include in the youth’s case plan</li> </ul> </li> <li>• Upload the <a href="#">QI Assessment</a> Report into the Case Plan notebook in CWS/CMS</li> </ul>
6	Assigned SW	<ul style="list-style-type: none"> <li>• After IPC confirms the youth meet eligibility criteria and QI approves STRTP level of placements, the STRTP placement can be made.</li> </ul>

**Initial and COP  
STRTP  
Placement  
(cont.)**

Step	Who	Action
6	Assigned SW (cont.)	<p><b>NOTE:</b> If IPC approves STRTP placement and an appropriate STRTP is identified for the youth prior to the QI assessment being completed, the CWS staff psychologist must sign the 04-27 Emergency IPC placement section within 72 hours of placement.</p> <ul style="list-style-type: none"> <li>• SW will initiate the <a href="#">court approval</a> of the STRTP placement within 5 business days of placement so that the court may approve the placement within the required 60 day timeframe.</li> </ul> <p><b>NOTE:</b> For VS cases with out of home placement in an STRTP, the SW will complete all steps outlined in this policy, but final approval of the placement will be completed by Administrative Review since the youth is not a dependent. Please contact the Policy Analyst at the end of this policy and the IPC Coordinator after a VS STRTP placement is made attaching the following documents:</p> <ul style="list-style-type: none"> <li>• Completed and signed 04-27 with Section H filled out</li> <li>• QI Assessment from BHS</li> <li>• STRTP Initial Placement Plan</li> </ul> <ul style="list-style-type: none"> <li>• Continuing Services may transfer cases to residential when: <ul style="list-style-type: none"> <li>○ Interagency Placement Committee (IPC) has approved a Short Term Residential Therapeutic Program (STRTP)/Community Treatment Facility (CTF) placement and Qualified Individual (QI) referral is submitted.</li> <li>○ Residential SW will then complete the STRTP Placement Hearing, STRTP Initial Placement Plan, and locate placement as needed for the youth if the youth’s case is transferred prior to placement.</li> </ul> </li> </ul> <p><b>NOTE:</b> Court Intervention will not transfer the case prior to Jurisdiction and CS will not transfer until the 387 is complete and/or there are no status review hearings scheduled within 30 days. The case can be transferred prior to a youth being placed if the above criteria is met.</p> <ul style="list-style-type: none"> <li>• VS may transfer cases to Residential when: <ul style="list-style-type: none"> <li>○ Interagency Placement Committee (IPC) has approved a Short Term Residential Therapeutic Program (STRTP)/Community Treatment Facility (CTF) placement, a Qualified Individual (QI) referral is submitted, and the youth has been placed in an STRTP.</li> </ul> </li> <li>• All prior SWs will continue to be available for the QI interviews on the needs to the youth during the assessment period.</li> </ul>

**Initial and COP STRTP Placement (cont.)**

**NOTE:** Youth with special health care needs, as outlined in Medically Fragile Children, must not be placed in an STRTP for longer than 120 calendar days and then only for emergency purposes while a home-based family care setting is secured.

**NOTE:** All required IPC and QI steps outlined above apply to Community Treatment Facilities as well as placements made for youth who are under Conservatorship.

**Reminder:** Youth have the right to be placed according to their Sexual Orientation, Gender Identity, and Gender Expression (SOGIE) in any placement type, including congregate care facilities. IPC, the assigned SW, and the Residential Liaison will know and consider the youth’s identification when considering placements that best meet their needs.

**Emergency STRTP Placement**

An emergency placement into an STRTP is defined as a placement made prior to the full IPC and QI approvals outlined above, because immediate STRTP placement is necessary to address the acute needs of the youth and without it the youth would remain at a higher level of care than necessary (ie. Hospital, CTF, or Juvenile Hall) or remain in a placement that cannot meet their needs for appropriate care or services.

The following table details the process for the QI assessment and IPC determination for an emergency placement into an STRTP.

Step	Who	Action
1	SW and PSS	Consult with IPC Manager (or designee) to assess if the youth can be presented on Tuesday, Wednesday, or regularly scheduled Thursday IPC meeting.
2	IPC Coordinator	Complete the STRTP Emergency Screening Assessment section of the 04-27 during the IPC meeting, including getting the CWS Staff Psychologist signature prior to or within 72 hours of the youth’s STRTP placement.
3	SW	<ul style="list-style-type: none"> <li>• Within two business days of IPC approval complete the QI Referral and gather all documents on the QI Cover Sheet</li> <li>• Place youth when STRTP bed becomes available that meets their needs.</li> <li>• After notifying and gathering input from the CFT, complete the rest of steps 1-6 of <a href="#">Initial/COP Placement Policy</a></li> </ul> <p><b>NOTE:</b> An STRTP placement cannot be identified by Residential Services without the packet of documents included in the QI Cover Sheet.</p>



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**Emergency STRTP Placement (cont.)**

**NOTE:** An emergency placement into an STRTP may not be used as a temporary placement for a youth not requiring the STRTP level of care due to lack of an identified home-based family care placement.

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**Out-of-County /Out-of-State Placement**

The assigned SW will follow the same steps outlined in the previous procedures tables when a child is being placed in an STRTP located outside of San Diego County. In addition, the SW will follow all procedures in Child Specific Letter (CSL) policy prior to placement to secure funding. The SW must contact the Child Welfare Services Travel Coordinator for travel arrangements.

New requirements outlined in [ACL 21-146](#) prohibit any new CWS out of state residential placements after July 1, 2022. Between July 1, 2022 and December 31, 2022, all youth currently placed in out of state residential treatment are to be brought back to an in state placement; no out of state residential placements are to remain as of January 01, 2023.

The only exceptions include youth placed by the education system to meet emotional/behavioral needs as outlined in the youth’s IEP and tribal youth with tribal approval. If a dependent youth is being considered for out of state placement, SW will consult with County Counsel to ensure the youth meets one of these exception criteria.

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**Alternatives to Congregate Care**

The table below outlines next steps to take if STRTP placement is not approved by IPC, QI, or Court.

If...	Then...
IPC determines the youth’s needs can be met in a home based placement <b>AND</b> the youth has not already been placed in an STRTP	<ul style="list-style-type: none"><li>• IPC will provide a copy of the 04-27 to the assigned SW with recommendations for the appropriate level of care</li><li>• Assigned SW will coordinate with the CFT and the regional placement team to identify an alternative home based placement for the youth</li></ul>
IPC determines an emergency STRTP placement to not be appropriate due to health and safety concerns	<ul style="list-style-type: none"><li>• IPC will provide a copy of the disapproved 04-27 to the STRTP within 10 days of the IPC determination</li><li>• IPC will provide a copy of the 04-27 to the assigned SW with recommendations for the appropriate level of care</li><li>• Assigned SW will coordinate with the CFT and the regional placement team to identify an alternative placement for the youth</li><li>• Assigned SW will transition the youth/NMD immediately to an appropriate placement, not to exceed three (3) calendar days</li></ul>

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**Alternatives to Congregate Care (cont.)**

If...	Then...
<p>IPC determines an emergency STRTP placement to not be appropriate for all other reasons</p>	<ul style="list-style-type: none"> <li>• IPC will provide a copy of the 04-27 to the STRTP within 10 days of the IPC determination</li> <li>• IPC will provide a copy of the 04-27 to the assigned SW with recommendations for the appropriate level of care</li> <li>• Assigned SW will coordinate with the CFT and the regional placement team to identify an alternative placement for the youth</li> <li>• Assigned SW will transition the youth/NMD to an appropriate placement, within two weeks, but not to exceed 30 days.</li> </ul>
<p>QI Assessment determines the youth's needs can be met in a home based placement <b>AND</b> the youth has not already been placed in an STRTP</p>	<ul style="list-style-type: none"> <li>• QI will request a CFT meeting to convene to discuss an alternative placement plan with the CFT, including the use of community-based services to support the youth in a home-based placement</li> <li>• SW will notify their chain of command in order to consult with the Placement manager, Policy and Program Support manager, and County Counsel</li> <li>• SW will continue family finding efforts and engagement with the CFT to identify possible home based placements to meet the youth's needs</li> </ul>
<p>QI Assessment determines the youth's needs can be met in a home based placement <b>AND</b> the youth has already been placed in an STRTP</p>	<ul style="list-style-type: none"> <li>• SW will notify their chain of command in order to consult with the Placement manager, Policy and Program Support manager, and County Counsel</li> <li>• QI will request a CFTM to convene to discuss an alternative placement plan with the CFT, including the use of community-based services to support the youth in a home-based placement</li> </ul>
<p>The Court does not approve the STRTP placement</p>	<ul style="list-style-type: none"> <li>• Assigned SW will coordinate with the CFT and the regional placement team to identify an alternative placement for the youth</li> <li>• Assigned SW will transition the youth/NMD to an appropriate placement, within two weeks, but not to exceed 30 days</li> </ul>

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**Alternatives to Congregate Care (cont.)**

The following alternatives to congregate care can be considered if the placement into congregate care is not appropriate and there continues to be a need for extensive supports and specialized care:

- **Wraparound** - Wraparound is an intensive home-based support that provides individualized and comprehensive supports while wrapping the youth and family to natural supports and resources in the community with the ultimate goal of avoiding a higher level of care (i.e., congregate care) or successfully transitioning from a higher level of care back home.
- **Therapeutic Behavioral Services (TBS)** - TBS is an intensive, individualized, one-to-one behavioral coaching program intended to help youth and parents/caregivers learn skills to increase successful behaviors and learn new ways of reducing challenging behaviors.
- **Comprehensive Assessment and Stabilization Services (CASS)** - The CASS Program provides short-term individualized treatment and stabilization services intended to promote stability and success in the youth's current family, school, or community setting.
- **Foster Family Agency Stabilization & Treatment (FFAST)** - The FFAST Program provides therapy and other services to foster youth who live in an FFA with the goal of ensuring placement stability, improving health and well-being, and working towards permanency.
- **Intensive Services Foster Care (ISFC)** - The ISFC program supports youth requiring intensive treatment and behavioral supports including youth with special health care needs. The goal is to ensure that the services needed are provided in a home-based family care setting or to prevent placement into or assistance stepping down from an STRTP.
- **Therapeutic Foster Care (TFC)** – TFC is a short-term, intensive, highly coordinated, trauma-informed, and individualized service intended for youth who require intensive and frequent mental health support in a one-on-one family environment. The service is intended to help the youth remain in a community setting, thereby avoiding congregate care, inpatient, or institutional care.

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**Qualified Individual**

The QI is a trained professional licensed clinician not employed by the placing agency (CWS or Probation). Currently, the QI activities are provided by Behavioral Health Services (BHS), which has designated licensed clinicians to serve as the QI and complete assessments for both CWS and Probation.

The QI will determine and document whether the assessed behavioral health needs and goals of the youth/NMD can be met with family members, in a Tribally Approved Home (TAH) in the case of an Indian child, in another family-based setting, or if a higher level of care is needed. In making this assessment the QI will perform and document the following:

- Engagement and partnership with the CFT, including the child's tribe in the case of an Indian child
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**Qualified Individual (cont.)**

- An assessment of the strengths and needs of the child or NMD using the Child and Adolescent Needs and Strengths (CANS) and methodology approved by the California Department of Social Services (CDSS) and Department of Health Care Services (DHCS)
- Development of specific short and long term mental and behavioral health goals and treatment needs of the child

In the case of an Indian child, as defined in [WIC Section 224.1](#), the QI must consult and confer with a representative of the child's tribe or the Qualified Expert Witness as described in [WIC Section 224.6](#), if directed by the tribe to include but not be limited to determination of the social and cultural standards of the Indian child's tribe. The QI must have specialized knowledge of, training about, or experience with tribes and ICWA. The child's tribe may also designate a QI to complete the assessment.

The QI will become a temporary member of the CFT in order to conduct the assessment and will participate in the CFTM and/or engage, collaborate, and ensure that recommendations from the QI Assessment Report shared with CFT members align with the youth/NMD's case plan, permanency plan, and treatment goals.

Placement conditions that will need a referral for a QI assessment include but not limited to the following:

- CFT recommends placement in an STRTP (this determination may occur during a CFTM or through regular team member communication)
- Youth/NMD has an unplanned discharge from an STRTP placement
- Youth/NMD's anticipated placement will be an STRTP due to:
  - emergency removal from current placement,
  - discharge from a psychiatric hospitalization,
  - the youth/NMD violated probation or has additional charges, and/or
  - the youth/NMD's current placement (STRTP or family-based setting) gave notice of removal.
- The youth/NMD is involved with Juvenile Justice and a recommendation for foster care placement in an STRTP is anticipated
- Out-of-Home Voluntary Services when a child will be placed in an STRTP
- Youth returns to an STRTP after being gone for more than 14 days

The assessment of the QI does not replace or replicate the requirements of the IPC. The requirement of a QI assessment is not intended to prevent an emergency placement in an STRTP prior to the IPC's eligibility determination. All information and documents shared with BHS and the QI is allowable via the Special Matter Order.

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**Interagency  
Placement  
Committee  
(IPC) STRTP  
Approval**

The Interagency Placement Committee (IPC) determines a youth/NMD's eligibility for STRTP placement pursuant to WIC section 4096(e)(1), and determines the specific placement facilities or programs that have the capacity to address the youth/NMD's needs.

The SW must obtain approval from the IPC prior to any of the following:

- Initial placement of a youth into an STRTP.
- Court request for an STRTP placement order for a youth, unless an approval for an Emergency Placement is obtained.
- Continued placement of a youth in an STRTP for additional treatment beyond six months, known as second level reviews. The age-based placement timeframes for second level reviews are as follows:
  - Youth ages 6-12 must be reviewed and approved by the IPC before reaching the first six months of treatment and every two months after.

Youth ages 13 and up must be reviewed and approved by the IPC before reaching the first six months of treatment and every six months after.

To request an IPC case presentation for an initial placement or second level review, the social worker will complete and submit 04-27 Sections A-E and email it to the IPC Support Staff and Facilitator. For second level reviews, this should be submitted after the youth has been in the STRTP for approximately 5 months. The SW will attend all IPC meetings and will complete the meeting requirements as outlined in the IPC Meeting policy.

**NOTE:** A Virtual Assessment Team (VAT) meeting may be held to help determine appropriate placement options for a youth in PCC per Polinsky Children's Center Entries. If the VAT recommends that a STRTP placement should be considered, the SW will be referred to the next IPC meeting.

IPC may determine a youth meets criteria for STRTP placement if the following WIC sections 4096 and 11462.01 are met:

- Youth meets the medical necessity criteria for Medi-Cal specialty mental health services, Title 9 of the California Code of Regulations, OR
- Youth is assessed as seriously emotionally disturbed (SED), as described in subdivision (a) of WIC section 5600.3, or has been assessed as SED through an Individualized Education Plan (IEP), OR
- Youth's individual behavioral or treatment needs can only be met by the level of care provided in an STRTP.

**AND** all of the following are met below:

- Youth is experiencing emotional and behavioral problems in the home, community and/or treatment setting

**AND**

- Youth is not sufficiently stable, either emotionally or behaviorally, to be treated outside of a highly structured 24-hour therapeutic environment
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**Interagency Placement Committee (IPC) STRTP Approval (cont.)**

**AND**

- Least restrictive or intensive levels of treatment:
  - have been tried and were unsuccessful
- OR**
- are not appropriate to meet the youth’s needs.

After the IPC meeting, the SW will file the completed original 04-27 in the youth’s case file and provide to the STRTP within 10 days of placement.

**Day of Initial Placement or COP**

Follow these steps on the date of placement when placing a child in a STRTP home:

Step	Action
1	Complete the following paperwork: <ul style="list-style-type: none"> <li>• SOC 154c</li> <li>• 04-75</li> <li>• 07-65</li> </ul>
2	Transport child and personal belongings to STRTP. Ensure following items have been obtained from previous placement: <ul style="list-style-type: none"> <li>• Medi-Cal card (or BIN number and issue date)</li> <li>• Prescription medications</li> <li>• All the youth’s belongings or make arrangements for the belongings to be sent to the STRTP</li> </ul>
3	Ensure the following paperwork is provided to the STRTP: <p>Provided by Regional/Program Placement Team:</p> <ul style="list-style-type: none"> <li>• Completed 04-27 with approval from IPC</li> <li>• QI Assessment</li> <li>• Medi-Cal card (or Medi-Cal number and issue date)</li> <li>• Health and Education Passport</li> <li>• Copy of birth certificate, alien registration, SSN card (as available)</li> <li>• IEP, if applicable</li> <li>• 04-24P and 04-24A-P or C</li> <li>• JV-220, as needed</li> <li>• Dangerous Propensities (04-75)</li> </ul>

**Day of Initial Placement or COP (cont.)**

Step	Action
3	<p>Completed by Assigned SW</p> <ul style="list-style-type: none"> <li>• Complete STRTP’s packet including: <ul style="list-style-type: none"> <li>○ All pertinent contact information</li> <li>○ Child’s background (dangerous propensities, medical, behavioral family and placement history)</li> <li>○ Service Plan for child (school, therapy, recreation, religion, independent living skills, etc.)</li> <li>○ Child’s clothing needs (a clothing inventory will be completed)</li> <li>○ Visitation plan for parents, siblings and relatives.</li> </ul> </li> <li>• Placement Needs and Services Plan</li> <li>• STRTP Initial Placement Plan</li> </ul>
4	<p>Discuss placement expectations with the youth and ensure the youth understands their rights. Provide the youth with the Foster Youth Bill of Rights and Foster Youth Mental Health Bill of Rights and explain the information to them at their age and developmental level.</p>
5	<p>Discuss placement rules and regulations, expectations, treatment, education, and house rules with STRTP intake staff and the youth.</p>

**Court Approval**

Per [Welfare and Institutions Code \(WIC\) Section 361.22](#) and [WIC Section 727.12](#), each new STRTP placement and/or change to another STRTP placement, will be reviewed by court within 45 calendar days of the start of the placement, and no later than 60 calendar days. STRTP placement approval must occur by the Court either via hearing or Ex-Parte for each STRTP placement. If the court does not approve the placement within the 60-day timeframe, federal funding will be affected. The hearing or Ex-Parte must occur regardless of the date of the last hearing for the youth.

The table below outlines how a SW initiates an STRTP Placement Hearing, an Ex-Parte request and the required steps involved in the court approval process:

Step	Who	Action
1	SW	<p>Within five (5) calendar days of the STRTP placement of a youth/NMD:</p> <ul style="list-style-type: none"> <li>• Notify County Counsel (CC) that a JV-235 for an STRTP Placement Hearing is needed</li> <li>• Email the CC Secretary or call the duty line with the youth/NMD’s name, court home department, and status of QI assessment.</li> </ul>

**Court Approval  
(cont.)**

Step	Who	Action
1	SW (cont.)	<p>Within five (5) calendar days of the STRTP placement of a youth/NMD:</p> <ul style="list-style-type: none"> <li>• If the youth is being removed from an FM placement with a parent or guardian and placed in an STRTP, a 387 petition must be filed within 48 hours. If a 387 petition is needed in any other circumstance, it can be filed the day before the STRTP Placement Hearing.</li> </ul>
2	CC Secretary	<p>Prepare and send <a href="#">Notice</a> to all required legal parties by sending the JV-235 and attaching a blank JV-236.</p> <ul style="list-style-type: none"> <li>• File the JV-235 with the court</li> <li>• File JV-237 Proof of Service with the court</li> <li>• Upload and distribute all notices in JELS</li> </ul>
3	Court	<ul style="list-style-type: none"> <li>• Within five (5) calendar days of receiving hearing request, the court will schedule an STRTP Placement Hearing within 45 days of the placement date</li> <li>• If a regularly scheduled hearing is calendared within 60 days of the placement, the court may choose to review the STRTP placement at that time as long as all the required noticing and documents have been filed with the court</li> <li>• Notices all parties of hearing date via minute order. SW is not noticed of the hearing via JELS and must check for hearing date.</li> </ul> <p><b>NOTE:</b> The court cannot grant a continuance that would delay the hearing to occur more than 60 calendar days from the date of placement.</p>
4	SW	<p>Prepare court report according to <a href="#">STRTP Court Report Requirements</a> and prepare the JV-237 and JV-240.</p> <ul style="list-style-type: none"> <li>• Submit court report 10 calendar days prior to the calendared hearing.</li> <li>• Complete the JV-237 Proof of Service with all required information and mark box indicating the court report and JV-240 were served to all parties. Attach JV-237 to the court report copy only.</li> </ul>



**Court Approval  
(cont.)**

Step	Who	Action
4	SW (cont.)	<p><b>NOTE:</b> If any other information or decisions are needed by the Court, SW must submit an addendum and attend the hearing. Ex-Parte and the JV-240 can be submitted if requesting STRTP approval only.</p> <p><b>NOTE:</b> If filing a 387 petition, the Detention Hearing Report will be the same report filed for the STRTP Placement Hearing report with appropriate 387 recommendations attached.</p>
5	Regional Court OA	Prepare and send court report and all attachments according to court report mailing and JELS distribution procedures.
6	Court	<p>During the hearing or via Ex-Parte if JV-240 is submitted:</p> <ul style="list-style-type: none"> <li>• If the STRTP placement is approved at the hearing, the court will: <ul style="list-style-type: none"> <li>○ make the required findings and will order the STRTP placement via the JV-239 and</li> <li>○ continue to oversee the STRTP placement at each subsequent status review/permanency review hearing</li> </ul> </li> <li>• If the STRTP Placement is approved via Ex-Parte with the JV-240, the court will: <ul style="list-style-type: none"> <li>○ make the required findings and will order the STRTP placement by signing the Ex-Parte, JV-239, and JV-240</li> <li>○ continue to oversee the STRTP placement at each subsequent status review/permanency review hearing</li> <li>○ vacate the STRTP Placement Hearing</li> </ul> </li> </ul> <p><b>NOTE:</b> If submitting via Ex-Parte, SW will need to check JELS regularly for Ex-Parte approval and whether the STRTP Placement Hearing was vacated. If Ex-Parte is denied, Regional Court OA will let SW know and the STRTP Placement Hearing will be held as scheduled.</p> <ul style="list-style-type: none"> <li>• If the STRTP placement is not approved: <ul style="list-style-type: none"> <li>○ the SW will have <u>30 calendar days</u> from the court's disapproval to transition the youth/NMD out of the STRTP.</li> <li>○ the SW will notify the Regional Placement Team to identify an appropriate home based placement.</li> </ul> </li> </ul>

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**Court Approval  
(cont.)**

STRTP Placement Hearing noticing is required for the following parties:

- Youth (10 and older)/NMD
  - Parents (if parental rights have not been terminated)
  - Youth/NMD's attorney
  - Parent's attorney
  - Court Appointed Special Advocate (CASA)
  - Tribe and/or Tribal Representative, if applicable
  - Privately retained attorney
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**STRTP Court  
Report and  
STRTP Placement  
Plan  
Requirements**

For each STRTP Placement Hearing, the SW will prepare a court report with the required information needed to request an STRTP placement order. If a report is being prepared for an STRTP hearing only, an Ex-Parte request to approve STRTP placement and vacate the hearing can be submitted by attaching the JV-240, in addition to the information listed below, to the report. If the report is being prepared for another hearing (for example: Status Review Hearings) then no JV-240 is needed. If there is already an order approving placement at an STRTP level of care, the SW will include the required information in an Ex-Parte titled, "STRTP Placement Hearing." If the SW is filing a 387 petition, the information will be included in the body of the Detention Hearing Report.

The court report must include the following information:

- A copy of the QI Assessment Report
- Statement regarding whether the youth/NMD or NMD or any other party objects to the STRTP placement
- Most recent Case Plan or updated Case Plan reflecting current circumstances
- STRTP Placement Plan (04-749), attached to the Case Plan

In the case of an Indian child, the SW will document all active efforts made to maintain or reunify with the youth/NMD's family, and whether the youth/NMD's tribe had an opportunity to confer regarding the departure from ICWA placement preferences. The STRTP Initial Placement Plan requires information to ensure that the SW made reasonable efforts to include the voice of the youth/NMD, parents, and other identified CFT members in decisions regarding placement of the youth/NMD into an STRTP. It also requires that the SW describe how the QI Assessment Report was used in conjunction with the CFT members and explain any discrepancies if any, regarding placement recommendations.

The Court approval or disapproval date must be added to the STRTP Placement Plan and uploaded to CWS/CMS documents after the STRTP Placement Hearing. This STRTP Placement Plan must be reviewed and updated with every subsequent placement into an STRTP.

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**Court Forms (JV Forms)**

The following table lists the JV forms required for the court approval of an STRTP placement:

JV Form	Responsibility	Description	When
JV-235	Placing agency (CC for the Assigned SW)	Requests a hearing for review of youth/NMD STRTP placement	Within five (5) calendar days of placing youth/NMD in an STRTP placement
JV-236	Youth (over age 10)/NMD, parties involved; parents, minor's attorney, parent's attorney, CASA, Tribe/Tribal Representative	Provides input on the recommendation to place the youth/NMD in an STRTP placement	Within five (5) calendar days of receiving court report
JV-237	Initial: CC for Assigned SW  Second: Assigned SW	Provides proof of service that JV-235, JV-236 and court report were sent to all legal parties prior to the hearing	Filed at two separate times: <ul style="list-style-type: none"> <li>Initially when JV-235 and JV-236 are served to all legal parties</li> <li>Again when SW files and serves court report to all legal parties</li> </ul>
JV-238 OR MINUTE ORDER	Court	Provides hearing date to parties	Once hearing date has been set
JV-239	Court	Provides STRTP placement orders when approved	At the hearing date
JV-240	SW	Allows STRTP approval without a court hearing	Attach to Ex-Parte and provide to all parties after court report is written and submitted.

**STRTP (Residential) Case Management**

When managing a case with a youth placed in an STRTP, the assigned SW will:

- Visit with the youth every month with at least 14 days between visits. This requirement also applies to children who are in Out-of-County Placement .
- Implement the QI recommendations in collaboration with the STRTP and CFT.  
**NOTE:** SW must upload the QI assessment into CWS/CMS.
- Regularly review the youth's case plan and STRTP Placement Plan to ensure the youth's services and supports are in place.
- Engage with the CFT, IPC, and STRTP to collaboratively review the necessity for continued placement in an STRTP.

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**STRTP  
(Residential)  
Case  
Management  
(cont.)**

- CFT should meet every 90 days to assess the youth's strengths and needs, and discuss placement in the least restrictive setting as safely possible.
- IPC will meet for second level reviews based on age requirements as outlined in the IPC section of this policy.
- If a change of placement is necessary or a youth leaves an STRTP placement and returns to the same placement after 14 days, an updated QI assessment is also needed.

Once the STRTP placement has been approved, the court and IPC will continue to oversee the appropriateness and necessity of an STRTP placement at each second level review and Status Review/Permanency Hearing.

If continued placement is determined to be necessary for the youth's treatment and supervision, the SW will submit the following required information in the Status Review report:

- Ongoing assessment of the youth/NMD's strengths and needs, which continues to support the determination that the youth/NMD's needs cannot be met in a family-based setting
- Placement continues to be the most effective, appropriate, least restrictive setting
- Placement is consistent with the short and long-term mental and behavioral health goals and permanency plan for the youth/NMD
- Documentation that the youth/NMD's specific treatment or service needs continue to be addressed in the STRTP and the estimated length of time the youth/NMD is expected to need the treatment or services. For a Medi-Cal beneficiary, document the determination of services/length of time of services are based on medical necessity and other state/federal requirements, and reflected in documentation
- Information about the intensive and ongoing efforts to prepare the youth/NMD to return home, or to be placed with a fit and willing relative, adoptive parent, guardian, resource family or other appropriate family-based setting, or in the case of an NMD, a supervised independent living placement

**NOTE:** If the plan is for the youth to transition to a home based placement, including reunification with a parent, in the next reporting period, the SW will submit the STRTP Aftercare Service Plan (04-748) attached to the Case Plan.

The SW will add the required information under the "Out of Home Placement" section, with the subheading, "STRTP Placement."

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**Wraparound and  
Aftercare  
Services**

When it is assessed by the CFT the youth's services and support needs can be met in a home based placement, or the family is ready for reunification, Part IV of FFPSA requires the provision of family-based aftercare services for all youth/NMDs transitioning out of an STRTP. NMDs transitioning from an STRTP to a supervised independent living placement (SILP) will also receive aftercare services. Services provided will support this transition and include individualized recommendations from the QI.

Aftercare services will utilize the Wraparound model for at least six months after the youth/NMD leaves the STRTP to a lower level of care. The goal of Wraparound is to maintain the youth/NMD in a home-based family care setting and prevent placement at a higher level of

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**Wraparound and Aftercare Services (cont.)**

care through individualized, integrated, and comprehensive intensive services. Wraparound services are intended to be flexible, family-driven, and culturally relevant. The process utilizes a community-based approach and emphasizes family strengths and their natural supports.

The SW can submit the referral to Wraparound services up to 90 days prior to a youth/NMD's discharge from the STRTP using the San Diego Center for Children WrapWorks Wraparound referral form (04-140). SWs may refer to the Wraparound policy for additional information on wraparound services and how to refer a youth/NMD to WrapWorks.

With support from the CFT, the STRTP and other service providers (e.g., CASS, FFAST, etc.) may also make referrals directly to WrapWorks, and will inform and copy the SW on the email when a referral is submitted.

SWs will document wraparound services to youth/NMD by using the [Special Project Code \(SPC\) "S-Wraparound Program"](#) in CWS/CMS with a start and end date.

The STRTP Aftercare Services Plan is attached to the case plan when the youth/NMD returns to a home-based setting. The SW must document how the CFT members were included in this decision and the appropriate aftercare and home-based services that will promote the safety and stability of the child in this setting.

The Court approval or disapproval date of returning the child to a home-based setting must be added to the STRTP Aftercare Services Plan after the hearing and uploaded to CWS/CMS.

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**Alignment with SET**

This policy aligns with the following SET Values:

- [Value 1](#): Relationships with Children, Youth, and Families Are The Foundation and its guiding principle of partnering with the whole family to create long-term safety, ongoing permanency, and well-being.
  - [Value 4](#): Shared Responsibility with Community Partners and the agency practice of initiating and cultivating relationships, as well as maintaining open communication and transparency with families and community partners such as BHS and Probation.
  - [Value 5](#): A Strong Working Relationship with The Legal System and the agency practice of advocating for the least restrictive care necessary to provide safety and meet the child/youth's needs.
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