San Diego County Health Briefs Central Region, 2022

Non-Communicable (Chronic) Disease

Demographics[1]	Central Region (%)	County (%)
Ages 0-9	10.4%	12.2%
Ages 10-19	11.5%	12.9%
Ages 20-29	18.8%	14.8%
Ages 30-39	17.5%	14.1%
Ages 40-49	11.9%	12.4%
Ages 50-59	10.8%	12.1%
Ages 60-69	9.6%	10.9%
Ages 70-79	6.1%	6.9%
Ages 80+	3.6%	3.8%
White	30.7%	42.5%
Black	9.3%	4.4%
Hispanic	41.1%	34.1%
Asian/Pacific Islander	14.1%	13.1%
Other	4.8%	5.9%
Population with income less than 100% Federal Poverty Level (FPL)†	15.6%	10.6%

Health Outcomes[2,3,4]	Central Region		County	
	Number	Rate*	Number	Rate*
Coronary Heart Disease				
Death	385	79.7	2,431	74.0
Hospitalization	808	167.4	5,564	169.3
Emergency Department Discharge	123	25.5	1,060	32.2
Stroke				
Death	195	40.4	1,561	47.5
Hospitalization	1,119	231.8	6,851	208.4
Emergency Department Discharge	260	53.9	2,484	75.6
Overall Heart Disease^				
Death	708	146.7	4,928	149.9
Hospitalization	5,160	1,068.8	33,150	1,008.4
Emergency Department Discharge	10,153	2,103.0	59,490	1,809.7
Acute Myocardial Infarction (Heart Attack)				
Death	85	17.6	576	17.5
Hospitalization	541	112.1	3,717	113.1
Emergency Department Discharge	57	11.8	460	14.0
Heart Failure				
Death	126	26.1	1,161	35.3
Hospitalization	1,358	281.3	7,451	226.7
Emergency Department Discharge	408	84.5	2,009	61.1

San Diego County Health Briefs
Central Region, 2022

Non-Communicable (Chronic) Disease

Health Outcomes continued [2, 3, 4]	Central Region		County	
	Number	**Rate***	**Number**	**Rate***
Overall Hypertensive Diseases~				
Death	174	36.0	1,132	34.4
Hospitalization	1,987	411.6	10,880	331.0
Emergency Department Discharge	1,522	315.3	9,152	278.4
Cancer, All Causes				
Death	652	135.1	5,179	157.5
Hospitalization	1,211	250.8	8,591	261.3
Emergency Department Discharge	234	48.5	1,570	47.8
Diabetes				
Death	156	32.3	907	27.6
Hospitalization	1,062	220.0	5,323	161.9
Emergency Department Discharge	1,193	247.1	5,074	154.4
COPD & Chronic Lower Respiratory Diseases				
Death	113	23.4	896	27.3
Hospitalization	329	68.1	1,696	51.6
Emergency Department Discharge	513	106.3	2,533	77.1
Asthma				
Death	§	§	17	§
Hospitalization	272	56.3	1,402	42.6
Emergency Department Discharge	1,578	326.9	6,805	207.0
Parkinson's Disease				
Death	30	6.2	413	12.6
Hospitalization	30	6.2	196	6.0
Emergency Department Discharge	15	§	118	3.6
Lupus and Connective Tissue Disorders				
Death	§	§	29	0.9
Hospitalization	60	12.4	311	9.5
Emergency Department Discharge	19	§	110	3.3

Health Behaviors[5] (2020-2022)	Central Region (%)	County (%)
Current Smoker (ages 18+)	6.8%	5.1%
Overweight/Obese (ages 18+)	60.0%	58.5%
Rated Overall Health as Fair or Poor (ages 18+)	19.1%	11.6%
Ever Diagnosed with High Blood Pressure (ages 18+)	24.8%	24.5%
Ever Diagnosed with Diabetes (ages 18+)	7.1%	7.9%
Ever Diagnosed with Asthma (all ages)	13.5%	14.2%

San Diego County Health Briefs
Central Region, 2022

Sources

1. San Diego Association of Governments (SANDAG) Population Estimates, 2022 (v11/2023). Population estimates were derived using the 2020 decennial census.

2. California Department of Public Health, Center for Health Statistics, Office of Health Information and Research, Vital Records Business Intelligence System (VRBIS), 2022.

3. California Department of Health Care Access and Information (HCAI), Patient Discharge Data, 2022.

4. California Department of Health Care Access and Information (HCAI), Emergency Department Discharge Data, 2022.

5. UCLA Center for Health Policy Research, California Health Interview Survey (CHIS), 2020-2022. Accessed June 26, 2024.

† Source: U.S. Census Bureau; 2018-2022 American Community Survey 5-Year Estimates, Table B17024.

-Federal Poverty Level Thresholds for 2022 ($15,225 for single person, $29,678 for four-person-family [2 adults with 2 related children under 18 years]) per the U.S. Census Bureau, "Poverty Thresholds," accessed from https://www.census.gov/data/tables/time-series/demo/income-poverty/historical-poverty-thresholds.html on September 20, 2024.

* Rates are per 100,000 population.

§ Rates not calculated for fewer than 11 events. Rates based on events <20 are suppressed due to statistical instability.

^ Includes entire ICD-10-CM diagnosis chapter for diseases of the circulatory system.
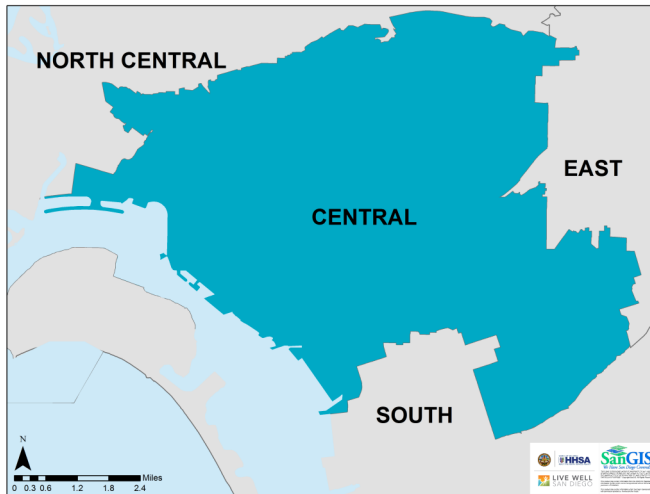
~ Includes Primary Hypertension.

San Diego County Health Briefs Central Region, 2022

Communicable Disease

Demographics[1]	Central Region (%)	County (%)
Ages 0-9	10.4%	12.2%
Ages 10-19	11.5%	12.9%
Ages 20-29	18.8%	14.8%
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White	30.7%	42.5%
Black	9.3%	4.4%
Hispanic	41.1%	34.1%
Asian/Pacific Islander	14.1%	13.1%
Other	4.8%	5.9%
Population with income less than 100% Federal Poverty Level (FPL)†	15.6%	10.6%

Health Outcomes[2,3,4,5,6]	Central Region		County	
	Number	Rate*	Number	Rate*
Tuberculosis	57	11.8	208	6.3
Chlamydia Reported	4,553	943.1	18,144	551.9
Gonorrhea Reported	2,669	552.8	7,694	234.1
Primary and Secondary Syphilis Reported	497	102.9	1,131	34.4
Deaths				
Influenza (Flu) and Pneumonia	27	5.6	237	7.2
Hospitalizations				
Influenza	107	22.2	699	21.3
Pneumonia	354	73.3	2,758	83.9
Emergency Department Discharges				
Influenza	2,009	416.1	10,574	321.7
Pneumonia	773	160.1	4,826	146.8
Health Behaviors & Related Health Factors[7] (2022)	Central Region (%)		County (%)	
Has had Flu Vaccination in Past 12 Months (ages 18+)	—		52.7%	

Communicable Disease

Sources

1. San Diego Association of Governments (SANDAG) Population Estimates, 2022 (v11/2023). Population estimates were derived using the 2020 decennial census.

2. County of San Diego, Health and Human Services Agency, Tuberculosis Control Program, County TB Registry; SANDAG, Current Population Estimates, released 11/2023.

3. County of San Diego, Health and Human Services Agency, HIV, STD and Hepatitis Branch, Morbidity Database; SANDAG, Current Population Estimates, released 11/2023.

4. California Department of Public Health, Center for Health Statistics, Office of Health Information and Research, Vital Records Business Intelligence System (VRBIS), 2022.

5. California Department of Health Care Access and Information (HCAI), Patient Discharge Data, 2022.

6. California Department of Health Care Access and Information (HCAI), Emergency Department Discharge Data, 2022.

7. Centers for Disease Control and Prevention (CDC), Behavioral Risk Factor Surveillance System Survey (BRFSS) Data. Atlanta, Georgia: U.S. Department of Health and Human Services, Centers for Disease Control and Prevention, 2022.

† Source: U.S. Census Bureau; 2018-2022 American Community Survey 5-Year Estimates, Table B17024.

-Federal Poverty Level Thresholds for 2022 ($15,225 for single person, $29,678 for four-person-family [2 adults with 2 related children under 18 years]) per the U.S. Census Bureau, "Poverty Thresholds," accessed from https://www.census.gov/data/tables/time-series/demo/income-poverty/historical-poverty-thresholds.html on September 20, 2024.

* Rates are per 100,000 population.

San Diego County Health Briefs
Central Region, 2022

Maternal & Child Health

Demographics[1]	Central Region (%)	County (%)
Ages 0-9	10.4%	12.2%
Ages 10-19	11.5%	12.9%
Ages 20-29	18.8%	14.8%
Ages 30-39	17.5%	14.1%
Ages 40-49	11.9%	12.4%
Ages 50-59	10.8%	12.1%
Ages 60-69	9.6%	10.9%
Ages 70-79	6.1%	6.9%
Ages 80+	3.6%	3.8%
White	30.7%	42.5%
Black	9.3%	4.4%
Hispanic	41.1%	34.1%
Asian/Pacific Islander	14.1%	13.1%
Other	4.8%	5.9%
Population with income less than 100% Federal Poverty Level (FPL)†	15.6%	10.6%

| Health Outcomes[2,3,4] | Central Region | | | County | |
	Number	% of Region	% of County	Number	(%)
Live Births	5,539	100%	14.7%	37,753	100.0%
Live Births to Teens, Ages 15-17	31	0.6%	22.0%	141	0.4%
Live Births with Early Prenatal Care, % of Known Prenatal Care	4,413	80.5%	13.6%	32,557	86.7%
Live Births Born Preterm	510	9.2%	15.1%	3,371	8.9%
Low Birth Weight Births	407	7.3%	15.3%	2,653	7.0%
Very Low Birth Weight Births	60	1.1%	14.7%	409	1.1%

Health Outcomes[3]	Number	Rate*	Number	Rate*
Infant Mortality, Rate per 1,000 live births (2021)	22	4.02	105	2.79

Health Behaviors[5] (2020-2022)	Central Region (%)	County (%)
Adults Under 200% FPL Unable to Afford Enough Food	28.1%	30.8%
Rated Overall Health as Fair or Poor (18+)	19.1%	11.6%
Women with a High School Degree or Less Education (ages 25+)	34.6%	29.3%
Child Attends Preschool, Nursery school, or Head Start Program At Least 10 hrs/wk (ages 6 and under)	**	12.4%
Agree or Strongly Agree that People in Neighborhood can be Trusted (ages 12-17)	**	85.8%
No Dental Insurance Coverage in the Past Year (ages 3-11)	**	6.6%

For more data and statistics, visit www.SDHealthStatistics.com

Maternal & Child Health

Sources

1. San Diego Association of Governments (SANDAG) Population Estimates, 2022 (v11/2023). Population estimates were derived using the 2020 decennial census.

2. State of California, Department of Public Health (CDPH), Center for Health Statistics and Informatics, Birth Statistical Master Files and Birth Public Use Files, 2022.

3. State of California, Department of Public Health (CDPH), Center for Health Statistics and Informatics, Birth and Fetal Death Statistical Master Files, 2022.

4. State of California, Department of Public Health (CDPH), Center for Health Statistics and Informatics, Birth Cohort Statistical Master Files, 2021.

5. UCLA Center for Health Policy Research, California Health Interview Survey (CHIS), 2020-2022. Accessed June 26, 2022.

† Source: U.S. Census Bureau; 2018-2022 American Community Survey 5-Year Estimates, Table B17024.

-Federal Poverty Level Thresholds for 2022 ($15,225 for single person, $29,678 for four-person-family [2 adults with 2 related children under 18 years]) per the U.S. Census Bureau, "Poverty Thresholds," accessed from https://www.census.gov/data/tables/time-series/demo/income-poverty/historical-poverty-thresholds.html on September 20, 2024.

* Rates are per 1,000 population.

** Indicates statistically unstable estimate.

San Diego County Health Briefs
Central Region, 2022

Demographics[1]	Central Region (%)	County (%)
Ages 0-9	10.4%	12.2%
Ages 10-19	11.5%	12.9%
Ages 20-29	18.8%	14.8%
Ages 30-39	17.5%	14.1%
Ages 40-49	11.9%	12.4%
Ages 50-59	10.8%	12.1%
Ages 60-69	9.6%	10.9%
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Ages 80+	3.6%	3.8%
White	30.7%	42.5%
Black	9.3%	4.4%
Hispanic	41.1%	34.1%
Asian/Pacific Islander	14.1%	13.1%
Other	4.8%	5.9%
Population with income less than 100% Federal Poverty Level (FPL)†	15.6%	10.6%

| Health Outcomes[2,3,4,5] | Central Region | | County | |
	Number	Rate*	Number	Rate*
Unintentional Injury (All Causes)				
Death	300	62.1	1,796	54.6
Hospitalization	3,973	822.9	24,812	754.8
Emergency Department Discharge	29,155	6,039.0	165,534	5,035.6
Fall-Related Injury				
Death	43	8.9	417	12.7
Hospitalization	2,232	462.3	14,842	451.5
Emergency Department Discharge	10,536	2,182.4	66,284	2,016.4
Poisoning				
Death	202	41.8	972	29.6
Hospitalization	482	99.8	2,413	73.4
Emergency Department Discharge	1,307	270.7	6,223	189.3
Motor Vehicle Injuries				
Deaths due to Motor Vehicle (MV) Injury Collision	43	8.9	276	8.4
Hospitalizations due to MV Injury Collision	429	88.9	2,352	71.5
Emergency Department Discharges due to MV Injury Collision	3,436	711.7	17,371	528.4
Injuries due to MV Injury Collision (2021)[5]	2,856	595.4	18,159	552.2

For more data and statistics, visit www.SDHealthStatistics.com

San Diego County Health Briefs
Central Region, 2022

Injury

Health Outcomes continued[2, 3, 4, 5]	Central Region		County	
	Number	**Rate***	**Number**	**Rate***
Pedestrian Injuries				
Deaths due to Motor Vehicle (MV) Injury Collision	19	§	85	2.6
Hospitalizations due to MV Injury Collision	66	13.7	240	7.3
Emergency Department Discharges due to MV Injury Collision	186	38.5	690	21.0
Injuries due to MV Injury Collision (2021)[5]	249	51.9	974	29.6
Assault				
Homicide	26	5.4	110	3.3
Hospitalization	292	60.5	967	29.4
Emergency Department Discharge	1,994	413.0	7,759	236.0
Suicide (or Suicide Attempt/Ideation/Intentional Self-Harm)				
Death	55	11.4	359	10.9
Hospitalization	121	25.1	688	20.9
Emergency Department Discharge	1,422	294.5	7,838	238.4
Firearm-Related Injuries				
Death	30	6.2	205	6.2
Hospitalization	71	14.7	198	6.0
Emergency Department Discharge	30	6.2	141	4.3

Health Behaviors[5] (2021)	Central Region		County	
	Number	**Rate***	**Number**	**Rate***
Alcohol-Involved MV Injury Collisions	419	87.3	2,820	85.8
Drinking Drivers Involved in MV Injury Collisions	299	62.3	2,006	61.0

Health Behaviors[6] (2020-2022)	Central Region (%)	County (%)
Ever Seriously Thought About Committing Suicide (ages 18+)	22.3%	17.4%
Binge Drinking in the Past 30 days (ages 18+) (2021-2022)	26.2%	21.0%

Injury

Sources

1. San Diego Association of Governments (SANDAG) Population Estimates, 2022 (v11/2023). Population estimates were derived using the 2020 decennial census.

2. California Department of Public Health, Center for Health Statistics, Office of Health Information and Research, Vital Records Business Intelligence System (VRBIS), 2022.

3. California Department of Health Care Access and Information (HCAI), Patient Discharge Data, 2022.

4. California Department of Health Care Access and Information (HCAI), Emergency Department Discharge Data, 2022.

5. California Highway Patrol data from Transportation Injury Mapping System (TIMS), accessed 09/26/2023. The location (city or unincorporated county area) is based on reports filed by law enforcement report and may not contain specific geographic coordinates.

-Data pertains to motor vehicle collisions that occurred on public roads, where at least one victim was injured/killed. Geographic location pertains to where the collision occurred.

6. UCLA Center for Health Policy Research, California Health Interview Survey (CHIS), 2020-2022. Accessed June 26, 2024.

† Source: U.S. Census Bureau; 2018-2022 American Community Survey 5-Year Estimates, Table B17024.

-Federal Poverty Level Thresholds for 2022 ($15,225 for single person, $29,678 for four-person-family [2 adults with 2 related children under 18 years]) per the U.S. Census Bureau, "Poverty Thresholds," accessed from https://www.census.gov/data/tables/time-series/demo/income-poverty/historical-poverty-thresholds.html on September 20, 2024.

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San Diego County Health Briefs
Central Region, 2022

Behavioral Health

Demographics[1]	Central Region (%)	County (%)
Ages 0-9	10.4%	12.2%
Ages 10-19	11.5%	12.9%
Ages 20-29	18.8%	14.8%
Ages 30-39	17.5%	14.1%
Ages 40-49	11.9%	12.4%
Ages 50-59	10.8%	12.1%
Ages 60-69	9.6%	10.9%
Ages 70-79	6.1%	6.9%
Ages 80+	3.6%	3.8%
White	30.7%	42.5%
Black	9.3%	4.4%
Hispanic	41.1%	34.1%
Asian/Pacific Islander	14.1%	13.1%
Other	4.8%	5.9%
Population with income less than 100% Federal Poverty Level (FPL)†	15.6%	10.6%

Health Outcomes[2,3,4]	Central Region		County	
	Number	Rate*	Number	Rate*
Schizophrenia				
Hospitalization	80	16.6	210	6.4
Emergency Department Discharge	960	198.8	3,579	108.9
In-Patient Treatment Facility Discharge	985	204.0	3,671	111.7
Suicide (or Suicide Attempt/Ideation/Intentional Self-Harm)				
Death	55	11.4	359	10.9
Hospitalization	121	25.1	688	20.9
Emergency Department Discharge	1,422	294.5	7,838	238.4
Mood Disorders				
Hospitalization	46	9.5	150	4.6
Emergency Department Discharge	568	117.7	2,727	83.0
In-Patient Treatment Facility Discharge	1,041	215.6	5,926	180.3
Depression				
Hospitalization	30	6.2	91	2.8
Emergency Department Discharge	371	76.8	1,791	54.5
In-Patient Treatment Facility Discharge	650	134.6	3,795	115.4
Alcohol-Related Disorders				
Death	99	20.5	596	18.1
Hospitalization	352	72.9	2,066	62.8
Emergency Department Discharge	1,834	379.9	8,577	260.9
In-Patient Treatment Facility Discharge	217	44.9	1,493	45.4

For more data and statistics, visit www.SDHealthStatistics.com

San Diego County Health Briefs
Central Region, 2022

Behavioral Health

Health Outcomes continued[2, 3, 4]	Central Region		County	
	Number	**Rate***	**Number**	**Rate***
Substance Use/Abuse/Dependency~				
Death	§	§	29	0.9
Hospitalization	89	18.4	220	6.7
Emergency Department Discharge	992	205.5	3,628	110.4
In-Patient Treatment Facility Discharge	71	14.7	417	12.7
Opioid Use/Abuse/Dependency~				
Hospitalization	43	8.9	89	2.7
Emergency Department Discharge	305	63.2	1,221	37.1
In-Patient Treatment Facility Discharge	25	5.2	186	5.7
Cannabis Use/Abuse/Dependency~				
Hospitalization	§	§	21	0.6
Emergency Department Discharge	176	36.5	611	18.6
In-Patient Treatment Facility Discharge	§	§	27	0.8
All Opioid Overdoses^				
Multiple Cause of Death	152	31.5	715	21.8
All Drug Overdoses^				
Underlying Cause of Death	205	42.5	974	29.6

Mental Health Behaviors & Related Health Factors[5] (2020-2022)	Central Region (%)	County (%)
Likely Has Had Serious Psychological Distress During Past Year (ages 18+)	19.6%	15.5%
Likely Has Had Serious Psychological Distress During Past Month (ages 18+)	11.6%	8.0%
Emotions Severely Impaired Social Life in Past Year (ages 18+ with moderate to severe psychological distress in past year)	17.2%	12.3%
Emotions Severely Impaired Work in Past 12 Months (ages 18-70)	13.5%	9.9%
Unable to Work 8 Days or More Due to Mental Problems (ages 18+ with psychological distress in past year)	67.3%	56.4%
Saw Any Healthcare Provider for Emotional-Mental and/or Alcohol-Drug Issues in Past Year (ages 18+)	21.0%	18.9%
Has Taken Prescription Medicine for 2 or More Weeks for Emotional/Mental Health Issues in Past Year (ages 18+)	14.1%	11.4%
Ever Seriously Thought About Committing Suicide (ages 18+)	22.3%	17.4%

Substance Abuse Health Behaviors & Related Health Factors [5,6] (2020-2023)	Central Region (%)	County (%)
Ever Tried Marijuana or Hashish (18+)	60.4%	52.9%
Binge Drinking in the Past 30 days (ages 18+) (2021-2022)	26.2%	21.0%
Binge Drinking in Past 30 Days (11th grade) (2021-2023)	—	5.0%

Behavioral Health

Sources

1. San Diego Association of Governments (SANDAG) Population Estimates, 2022 (v11/2023). Population estimates were derived using the 2020 decennial census.

2. California Department of Public Health, Center for Health Statistics, Office of Health Information and Research, Vital Records Business Intelligence System (VRBIS), 2022.

3. California Department of Health Care Access and Information (HCAI), Patient Discharge Data, 2022.

4. California Department of Health Care Access and Information (HCAI), Emergency Department Discharge Data, 2022.

5. UCLA Center for Health Policy Research, California Health Interview Survey (CHIS), 2020-2022. Accessed June 26, 2024.

6. California Department of Education, California Healthy Kids Survey (CHKS), 2021-2023.

† Source: U.S. Census Bureau; 2018-2022 American Community Survey 5-Year Estimates, Table B17024.

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*Rates are per 100,000 population.

— Data are unavailable.

§ Rates not calculated for fewer than 11 events. Rates based on events <20 are suppressed due to statistical instability.

~Related Disorders groups contain specific abuse, dependence, use, and poisoning ICD-10 codes.

^Drug overdose deaths represent only a small proportion of the overall burden of drug misuse, dependence, and overdose.
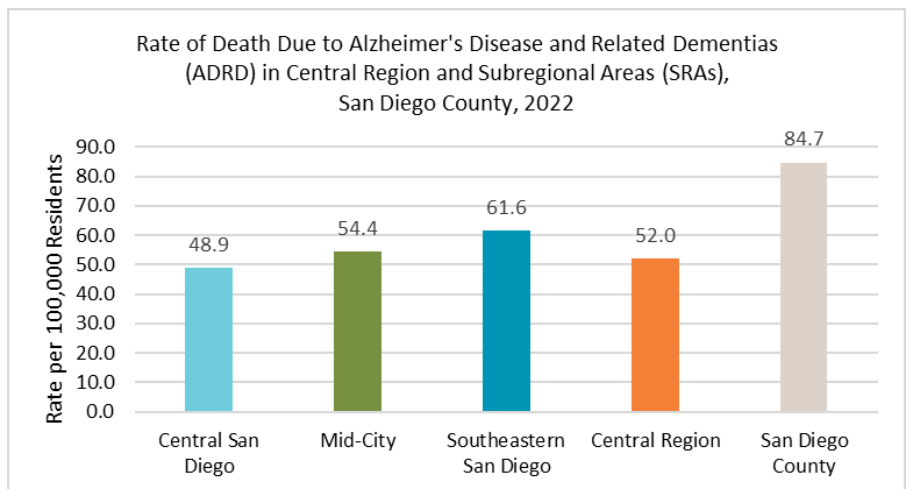
San Diego County Health Briefs
Central Region, 2022

Alzheimer's Disease and Related Dementias (ADRD)

Demographics[1]	Central Region (%)	County (%)
Ages 0-9	10.4%	12.2%
Ages 10-19	11.5%	12.9%
Ages 20-29	18.8%	14.8%
Ages 30-39	17.5%	14.1%
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Hispanic	41.1%	34.1%
Asian/Pacific Islander	14.1%	13.1%
Other	4.8%	5.9%
Population with income less than 100% Federal Poverty Level (FPL)†	15.6%	10.6%

Health Outcomes[2,3,4]	Central Region		County	
	Number	Rate*	Number	Rate*
Alzheimer's Disease and Related Dementias (ADRD)				
Death	251	52.0	2,785	84.7
Hospitalization	71	14.7	518	15.8
Emergency Department Discharge	92	19.1	748	22.8

Alzheimer's Disease and Related Dementias (ADRD) in Central Region

- In San Diego County, Central Region had the lowest rate of death due to Alzheimer's Disease and Related Dementias (ADRD) compared to the other regions in 2022.
- Within Central Region, Southeastern San Diego subregional area (SRA) had the highest rate of death due to ADRD in 2022, with a rate of 61.6 deaths per 100,000 residents.
- Central San Diego SRA had the lowest rate of death due to ADRD in 2022, with a rate of 48.9 deaths per 100,000 residents.

Rate of Death Due to Alzheimer's Disease and Related Dementias (ADRD) in Central Region and Subregional Areas (SRAs), San Diego County, 2022

Alzheimer's Disease and Related Dementias (ADRD)

Health Behaviors[5] (2020-2022)	Central Region (%)	County (%)
Current Smoker (ages 18+)	6.8%	5.1%
Overweight/Obese (ages 18+)	60.0%	58.5%
Rated Overall Health as Fair or Poor (ages 18+)	19.1%	11.6%
Ever Diagnosed with High Blood Pressure (ages 18+)	24.8%	24.5%
Ever Diagnosed with Diabetes (ages 18+)	7.1%	7.9%
Ever Diagnosed with Asthma (all ages)	13.5%	14.2%

Sources

1. San Diego Association of Governments (SANDAG) Population Estimates, 2022 (v11/2023). Population estimates were derived using the 2020 decennial census.

2. California Department of Public Health, Center for Health Statistics, Office of Health Information and Research, Vital Records Business Intelligence System (VRBIS), 2022.

3. California Department of Health Care Access and Information (HCAI), Patient Discharge Data, 2022.

4. California Department of Health Care Access and Information (HCAI), Emergency Department Discharge Data, 2022.

5. UCLA Center for Health Policy Research, California Health Interview Survey (CHIS), 2020-2022. Accessed June 26, 2024.

† Source: U.S. Census Bureau; 2018-2022 American Community Survey 5-Year Estimates, Table B17024.

-Federal Poverty Level Thresholds for 2022 ($15,225 for single person, $29,678 for four-person-family [2 adults with 2 related children under 18 years]) per the U.S. Census Bureau, "Poverty Thresholds," accessed from https://www.census.gov/data/tables/time-series/demo/income-poverty/historical-poverty-thresholds.html on September 20, 2024.

*Rates are per 100,000 population.

San Diego County Health Briefs Central Region, 2022

Environmental Health

Demographics[1]	Central Region (%)	County (%)
Ages 0-9	10.4%	12.2%
Ages 10-19	11.5%	12.9%
Ages 20-29	18.8%	14.8%
Ages 30-39	17.5%	14.1%
Ages 40-49	11.9%	12.4%
Ages 50-59	10.8%	12.1%
Ages 60-69	9.6%	10.9%
Ages 70-79	6.1%	6.9%
Ages 80+	3.6%	3.8%
White	30.7%	42.5%
Black	9.3%	4.4%
Hispanic	41.1%	34.1%
Asian/Pacific Islander	14.1%	13.1%
Other	4.8%	5.9%
Population with income less than 100% Federal Poverty Level (FPL)†	15.6%	10.6%

Health Outcomes[2,3,4]	Central Region		County	
	Number	Rate*	Number	Rate*
Asthma				
Death	§	§	17	§
Hospitalization	272	56.3	1,402	42.6
Emergency Department Discharge	1,578	326.9	6,805	207.0
Coronary Heart Disease				
Death	385	79.7	2,431	74.0
Hospitalization	808	167.4	5,564	169.3
Emergency Department Discharge	123	25.5	1,060	32.2
Cancer, All Causes				
Death	652	135.1	5,179	157.5
Hospitalization	1,211	250.8	8,591	261.3
Emergency Department Discharge	234	48.5	1,570	47.8
COPD & Chronic Lower Respiratory Diseases				
Death	113	23.4	896	27.3
Hospitalization	329	68.1	1,696	51.6
Emergency Department Discharge	513	106.3	2,533	77.1
Diabetes				
Death	156	32.3	907	27.6
Hospitalization	1,062	220.0	5,323	161.9
Emergency Department Discharge	1,193	247.1	5,074	154.4

For more data and statistics, visit www.SDHealthStatistics.com

San Diego County Health Briefs
Central Region, 2022

Health Outcomes[2, 3, 4]	Central Region		County	
	Number	**Rate***	**Number**	**Rate***
Depression				
Hospitalization	30	6.2	91	2.8
Emergency Department Discharge	371	76.8	1,791	54.5
In-Patient Treatment Facility Discharge	650	134.6	3,795	115.4
Heat Illness/Injury				
Hospitalization	11	§	59	1.8
Emergency Department Discharge	42	8.7	227	6.9

Air Quality[5] (2019-2022)	Central Region	County
Percent of Days that Air Quality was Rated as Unhealthy for Sensitive Populations (2022)	—	2.1%
Average of Ozone Concentration of the 4th high 8-hr intervals over a 3 year period (2019)	0.061	—
3-Year average of the 98th percentile of collected samples for a 24 hr standard (particulate matter 2.5) (2019)	24.7	—

Place of Residence[5, 6] (2020-2022)	Central Region	County
Feels Safe in the Neighborhood All or Most of the Time (among adults 18+)	85.3%	90.5%
Agree or Strongly Agree that People in the Neighborhood can be Trusted (among adults 18+)	70.6%	83.0%
Agree or Strongly Agree that People in the Neighborhood are Willing to Help (among adults 18+)	75.1%	82.5%
Agree or Strongly Agree that there is a Nearby Park or Playground that is Safe During the Day (children ages 1+)	**	91.6%
Percent of Population Living within 1/4 mile from Park or Community Space (2021)	78.7%	62.0%
Rate of Recreational Facilities per 100,000 People (2021)	—	22.5
Percent of Population using Public Transportation to Work (2021)	5.0%	2.4%
Percent of Population with Travel Time to Work over 60 Minutes (2021)	7.2%	7.1%

Environmental Health

Environmental Health

Climate Change[6] (2021-2022)	Central Region (%)	County (%)
Experienced Extreme Weather-Related Event in the Past 2 Years (among adults 18+)	22.8%	29.0%
Mental Health was Affected by Extreme Weather-Related event in Past 2 Years (among adults 18+)	6.0%	4.7%
Physical Health was Affected by Extreme Weather-Related event in Past 2 Years (among adults 18+)	3.4%	2.5%
Property or Finances Harmed by Extreme Weather-Related event in Past 2 Years (among adults 18+)	**	1.9%
Climate Change Makes you Nervous/Depressed/Stressed (among teens ages 12-17)	39.4%	36.4%

Sources

1. San Diego Association of Governments (SANDAG) Population Estimates, 2022 (v11/2023). Population estimates were derived using the 2020 decennial census.

2. California Department of Public Health, Center for Health Statistics, Office of Health Information and Research, Vital Records Business Intelligence System (VRBIS), 2022.

3. California Department of Health Care Access and Information (HCAI), Patient Discharge Data, 2022.

4. California Department of Health Care Access and Information (HCAI), Emergency Department Discharge Data, 2022.

5. Live Well San Diego, Built Environment, 2022. Accessed September 4, 2024. https://www.livewellsd.org/i-want-to/learn-more/data-indicators/built-environment

6. UCLA Center for Health Policy Research, California Health Interview Survey (CHIS), 2020-2022. Accessed June 26, 2024.

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*Rates are per 100,000 population.

§ Rates not calculated for fewer than 11 events. Rates based on events <20 are suppressed due to statistical instability.

** Indicates statistically unstable estimate.

— Data are unavailable.

San Diego County Health Briefs Central Region, 2022

Access to Care

Demographics[1]	Central Region (%)	County (%)
Ages 0-9	10.4%	12.2%
Ages 10-19	11.5%	12.9%
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Hispanic	41.1%	34.1%
Asian/Pacific Islander	14.1%	13.1%
Other	4.8%	5.9%
Population with income less than 100% Federal Poverty Level (FPL)†	15.6%	10.6%

Access and Utilization[2] (2020-2022)	Central Region (%)	County (%)
No Usual Source of Care (ages 18-64)	19.9%	16.9%
Visited Emergency Room in the Past Year (ages 18-64)	16.0%	14.5%
Had a Routine Check-Up with a Doctor in Past Year (adults 18+)	60.2%	65.0%
Had Difficulty Finding Specialty Care (asked of adults who needed specialty care)	22.2%	15.8%
Delayed or Didn't get Other Medical Care (all ages)	18.1%	15.6%
Delayed or Didn't get Prescription Medicine (all ages)	9.2%	7.8%

Insurance[2] (2020-2022)	Central Region (%)	County (%)
Uninsured All or Part of Year (ages 18-64)	16.4%	13.1%
Covered by Medi-Cal (all ages)	27.9%	18.1%
Insurance Not Accepted by General Doctor in Past Year (adults 18+ with health insurance)	5.2%	4.3%

Medical Debt[2] (2020-2022)	Central Region (%)	County (%)
Ever Had Problems Paying for Self or Household family's Medical Bills in the Past Year (adults 18+)	7.2%	7.8%
Ever Unable to Pay for Basic Necessities due to Medical Bills (asked of adults 18+ who have had problems paying for self or household's medical bills)	37.6%	33.4%

Access to Care

Public Program Participation[2] (2020-2022)	Central Region (%)	County (%)
Currently Receiving Supplemental Security Income (SSI) (ages 18+, up to 200% FPL)	17.9%	11.5%
Currently Receiving TANF or CalWORKS (all ages, up to 200% FPL)	9.6%	8.3%
Children Age 6 and Under Currently on WIC (up to 200% FPL)	53.2%	48.7%
Residents Receiving Food Stamps (all ages, up to 200% FPL)	28.0%	26.8%
Women Below 200% FPL (ages 18-64)	42.7%	27.7%

Sources

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