San Diego County Health Briefs
North Inland Region, 2022

Non-Communicable (Chronic) Disease

Demographics[1]	North Inland Region (%)	County (%)
Ages 0-9	13.1%	12.2%
Ages 10-19	13.7%	12.9%
Ages 20-29	11.0%	14.8%
Ages 30-39	13.1%	14.1%
Ages 40-49	12.8%	12.4%
Ages 50-59	12.9%	12.1%
Ages 60-69	11.9%	10.9%
Ages 70-79	7.5%	6.9%
Ages 80+	3.9%	3.8%
White	45.9%	42.5%
Black	2.0%	4.4%
Hispanic	31.4%	34.1%
Asian/Pacific Islander	14.3%	13.1%
Other	6.5%	5.9%
Population with income less than 100% Federal Poverty Level (FPL)†	8.8%	10.6%

Health Outcomes[2,3,4]	North Inland Region		County	
	Number	Rate*	Number	Rate*
Coronary Heart Disease				
Death	468	77.6	2,431	74.0
Hospitalization	984	163.2	5,564	169.3
Emergency Department Discharge	264	43.8	1,060	32.2
Stroke				
Death	335	55.6	1,561	47.5
Hospitalization	1,075	178.3	6,851	208.4
Emergency Department Discharge	587	97.3	2,484	75.6
Overall Heart Disease^				
Death	988	163.8	4,928	149.9
Hospitalization	5,270	874.0	33,150	1,008.4
Emergency Department Discharge	9,917	1,644.6	59,490	1,809.7
Acute Myocardial Infarction (Heart Attack)				
Death	113	18.7	576	17.5
Hospitalization	684	113.4	3,717	113.1
Emergency Department Discharge	132	21.9	460	14.0
Heart Failure				
Death	267	44.3	1,161	35.3
Hospitalization	1,129	187.2	7,451	226.7
Emergency Department Discharge	275	45.6	2,009	61.1

San Diego County Health Briefs
North Inland Region, 2022

Non-Communicable (Chronic) Disease

Health Outcomes continued [2, 3, 4]	North Inland Region		County	
	Number	Rate*	Number	Rate*
Overall Hypertensive Diseases~				
Death	189	31.3	1,132	34.4
Hospitalization	1,618	268.3	10,880	331.0
Emergency Department Discharge	1,417	235.0	9,152	278.4
Cancer, All Causes				
Death	995	165.0	5,179	157.5
Hospitalization	1,495	247.9	8,591	261.3
Emergency Department Discharge	232	38.5	1,570	47.8
Diabetes				
Death	135	22.4	907	27.6
Hospitalization	757	125.5	5,323	161.9
Emergency Department Discharge	793	131.5	5,074	154.4
COPD & Chronic Lower Respiratory Diseases				
Death	173	28.7	896	27.3
Hospitalization	180	29.9	1,696	51.6
Emergency Department Discharge	345	57.2	2,533	77.1
Asthma				
Death	§	§	17	§
Hospitalization	203	33.7	1,402	42.6
Emergency Department Discharge	805	133.5	6,805	207.0
Parkinson's Disease				
Death	88	14.6	413	12.6
Hospitalization	32	5.3	196	6.0
Emergency Department Discharge	21	3.5	118	3.6
Lupus and Connective Tissue Disorders				
Death	§	§	29	0.9
Hospitalization	53	8.8	311	9.5
Emergency Department Discharge	16	§	110	3.3

Health Behaviors[5] (2020-2022)	North Inland Region (%)	County (%)
Current Smoker (ages 18+)	3.4%	5.1%
Overweight/Obese (ages 18+)	58.1%	58.5%
Rated Overall Health as Fair or Poor (ages 18+)	9.0%	11.6%
Ever Diagnosed with High Blood Pressure (ages 18+)	24.2%	24.5%
Ever Diagnosed with Diabetes (ages 18+)	7.6%	7.9%
Ever Diagnosed with Asthma (all ages)	15.8%	14.2%

For more data and statistics, visit www.SDHealthStatistics.com

San Diego County Health Briefs
North Inland Region, 2022

Sources

1. San Diego Association of Governments (SANDAG) Population Estimates, 2022 (v11/2023). Population estimates were derived using the 2020 decennial census.

2. California Department of Public Health, Center for Health Statistics, Office of Health Information and Research, Vital Records

Business Intelligence System (VRBIS), 2022.

3. California Department of Health Care Access and Information (HCAI), Patient Discharge Data, 2022.

4. California Department of Health Care Access and Information (HCAI), Emergency Department Discharge Data, 2022.

5. UCLA Center for Health Policy Research, California Health Interview Survey (CHIS), 2020-2022. Accessed June 26, 2024.

† Source: U.S. Census Bureau; 2018-2022 American Community Survey 5-Year Estimates, Table B17024.

    -Federal Poverty Level Thresholds for 2022 ($15,225 for single person, $29,678 for four-person-family [2 adults with 2 related children under 18 years]) per the U.S. Census Bureau, "Poverty Thresholds," accessed from https://www.census.gov/data/tables/time-series/demo/income-poverty/historical-poverty-thresholds.html on September 20, 2024.

* Rates are per 100,000 population.

§ Rates not calculated for fewer than 11 events. Rates based on events <20 are suppressed due to statistical instability.

^ Includes entire ICD-10-CM diagnosis chapter for diseases of the circulatory system.
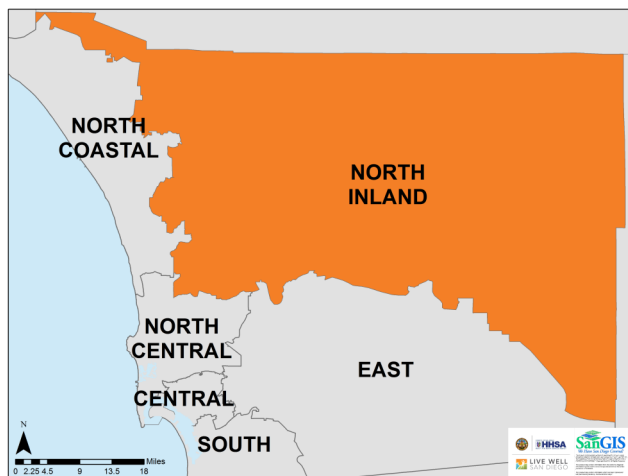
~ Includes Primary Hypertension.

San Diego County Health Briefs
North Inland Region, 2022

Demographics[1]	North Inland Region (%)	County (%)
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Asian/Pacific Islander	14.3%	13.1%
Other	6.5%	5.9%
Population with income less than 100% Federal Poverty Level (FPL)†	8.8%	10.6%

Health Outcomes[2,3,4,5,6]	North Inland Region		County	
	Number	Rate*	Number	Rate*
Tuberculosis	12	§	208	6.3
Chlamydia Reported	1,967	326.2	18,144	551.9
Gonorrhea Reported	675	111.9	7,694	234.1
Primary and Secondary Syphilis Reported	71	11.8	1,131	34.4
Deaths				
Influenza (Flu) and Pneumonia	79	13.1	237	7.2
Hospitalizations				
Influenza	95	15.8	699	21.3
Pneumonia	548	90.9	2,758	83.9
Emergency Department Discharges				
Influenza	1,561	258.9	10,574	321.7
Pneumonia	988	163.8	4,826	146.8

Health Behaviors & Related Health Factors[7] (2022)	North Inland Region (%)	County (%)
Has had Flu Vaccination in Past 12 Months (ages 18+)	—	52.7%

San Diego County Health Briefs
North Inland Region, 2022

Sources

1. San Diego Association of Governments (SANDAG) Population Estimates, 2022 (v11/2023). Population estimates were derived using the 2020 decennial census.

2. County of San Diego, Health and Human Services Agency, Tuberculosis Control Program, County TB Registry; SANDAG, Current Population Estimates, released 11/2023.

3. County of San Diego, Health and Human Services Agency, HIV, STD and Hepatitis Branch, Morbidity Database; SANDAG, Current Population Estimates, released 11/2023.

4. California Department of Public Health, Center for Health Statistics, Office of Health Information and Research, Vital Records

Business Intelligence System (VRBIS), 2022.

5. California Department of Health Care Access and Information (HCAI), Patient Discharge Data, 2022.

6. California Department of Health Care Access and Information (HCAI), Emergency Department Discharge Data, 2022.

7. Centers for Disease Control and Prevention (CDC), Behavioral Risk Factor Surveillance System Survey (BRFSS) Data. Atlanta, Georgia: U.S. Department of Health and Human Services, Centers for Disease Control and Prevention, 2022.

† Source: U.S. Census Bureau; 2018-2022 American Community Survey 5-Year Estimates, Table B17024.

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San Diego County Health Briefs
North Inland Region, 2022

Maternal & Child Health

Demographics[1]	North Inland Region (%)	County (%)
Ages 0-9	13.1%	12.2%
Ages 10-19	13.7%	12.9%
Ages 20-29	11.0%	14.8%
Ages 30-39	13.1%	14.1%
Ages 40-49	12.8%	12.4%
Ages 50-59	12.9%	12.1%
Ages 60-69	11.9%	10.9%
Ages 70-79	7.5%	6.9%
Ages 80+	3.9%	3.8%
White	45.9%	42.5%
Black	2.0%	4.4%
Hispanic	31.4%	34.1%
Asian/Pacific Islander	14.3%	13.1%
Other	6.5%	5.9%
Population with income less than 100% Federal Poverty Level (FPL)†	8.8%	10.6%

| Health Outcomes[2,3,4] | North Inland Region | | | County | |
	Number	% of Region	% of County	Number	(%)
Live Births	6,563	100.0%	17.4%	37,753	100.0%
Live Births to Teens, Ages 15-17	27	0.4%	19.1%	141	0.4%
Live Births with Early Prenatal Care, % of Known Prenatal Care	5,954	91.0%	18.3%	32,557	86.7%
Live Births Born Preterm	602	9.2%	17.9%	3,371	8.9%
Low Birth Weight Births	450	6.9%	17.0%	2,653	7.0%
Very Low Birth Weight Births	71	1.1%	17.4%	409	1.1%

Health Outcomes[3]	Number	Rate*	Number	Rate*
Infant Mortality, Rate per 1,000 live births	10	1.51	105	2.79

Health Behaviors[5] (2020-2022)	North Inland Region (%)	County (%)
Adults Under 200% FPL Unable to Afford Enough Food	34.7%	30.8%
Rated Overall Health as Fair or Poor (18+)	9.0%	11.6%
Women with a High School Degree or Less Education (ages 25+)	31.3%	29.3%
Child Attends Preschool, Nursery school, or Head Start Program At Least 10 hrs/wk (ages 6 and under)	7.6%	12.4%
Agree or Strongly Agree that People in Neighborhood can be Trusted (ages 12-17)	**	85.8%
No Dental Insurance Coverage in the Past Year (ages 3-11)	**	6.6%

San Diego County Health Briefs
North Inland Region, 2022

Sources

1. San Diego Association of Governments (SANDAG) Population Estimates, 2022 (v11/2023). Population estimates were derived using the 2020 decennial census.

2. State of California, Department of Public Health (CDPH), Center for Health Statistics and Informatics, Birth Statistical Master Files and Birth Public Use Files, 2022.

3. State of California, Department of Public Health (CDPH), Center for Health Statistics and Informatics, Birth and Fetal Death Statistical Master Files, 2022.

4. State of California, Department of Public Health (CDPH), Center for Health Statistics and Informatics, Birth Cohort Statistical Master Files, 2021.

5. UCLA Center for Health Policy Research, California Health Interview Survey (CHIS), 2020-2022. Accessed June 26, 2022.

† Source: U.S. Census Bureau; 2018-2022 American Community Survey 5-Year Estimates, Table B17024.

-Federal Poverty Level Thresholds for 2022 ($15,225 for single person, $29,678 for four-person-family [2 adults with 2 related children under 18 years]) per the U.S. Census Bureau, "Poverty Thresholds," accessed from https://www.census.gov/data/tables/time-series/demo/income-poverty/historical-poverty-thresholds.html on September 20, 2024.
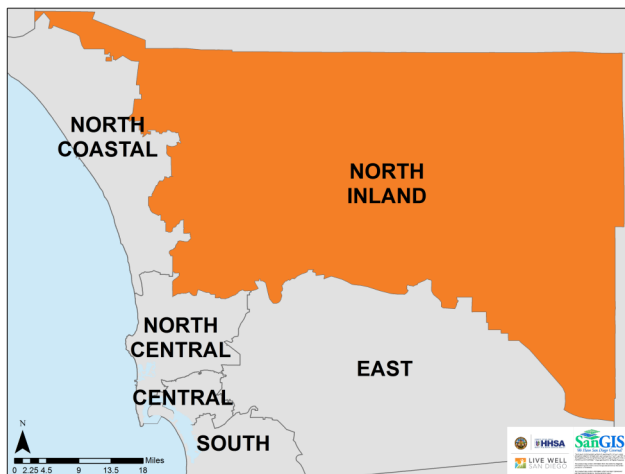
* Rates are per 1,000 population.

** Indicates statistically unstable estimate.

San Diego County Health Briefs
North Inland Region, 2022

Demographics[1]	North Inland Region (%)	County (%)
Ages 0-9	13.1%	12.2%
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White	45.9%	42.5%
Black	2.0%	4.4%
Hispanic	31.4%	34.1%
Asian/Pacific Islander	14.3%	13.1%
Other	6.5%	5.9%
Population with income less than 100% Federal Poverty Level (FPL)†	8.8%	10.6%

Health Outcomes[2,3,4,5]	North Inland Region		County	
	Number	Rate*	Number	Rate*
Unintentional Injury (All Causes)				
Death	300	49.8	1,796	54.6
Hospitalization	4,156	689.2	24,812	754.8
Emergency Department Discharge	28,391	4,708.2	165,534	5,035.6
Fall-Related Injury				
Death	90	14.9	417	12.7
Hospitalization	2,517	417.4	14,842	451.5
Emergency Department Discharge	11,830	1,961.8	66,284	2,016.4
Poisoning				
Death	117	19.4	972	29.6
Hospitalization	316	52.4	2,413	73.4
Emergency Department Discharge	1,000	165.8	6,223	189.3
Motor Vehicle Injuries				
Deaths due to Motor Vehicle (MV) Injury Collision	53	8.8	276	8.4
Hospitalizations due to MV Injury Collision	391	64.8	2,352	71.5
Emergency Department Discharges due to MV Injury Collision	2,872	476.3	17,371	528.4
Injuries due to MV Injury Collision (2021)[5]	3,230	535.0	18,159	552.2

Injury

Health Outcomes continued[2, 3, 4, 5]	North Inland Region		County	
	Number	Rate*	Number	Rate*
Pedestrian Injuries				
Deaths due to Motor Vehicle (MV) Injury Collision	14	§	85	2.6
Hospitalizations due to MV Injury Collision	32	5.3	240	7.3
Emergency Department Discharges due to MV Injury Collision	86	14.3	690	21.0
Injuries due to MV Injury Collision (2021)[5]	104	17.2	974	29.6
Assault				
Homicide	16	§	110	3.3
Hospitalization	94	15.6	967	29.4
Emergency Department Discharge	969	160.7	7,759	236.0
Suicide (or Suicide Attempt/Ideation/Intentional Self-Harm)				
Death	59	9.8	359	10.9
Hospitalization	92	15.3	688	20.9
Emergency Department Discharge	1,403	232.7	7,838	238.4
Firearm-Related Injuries				
Death	33	5.5	205	6.2
Hospitalization	18	§	198	6.0
Emergency Department Discharge	14	§	141	4.3

Health Behaviors[5] (2021)	North Inland Region		County	
	Number	Rate*	Number	Rate*
Alcohol-Involved MV Injury Collisions	501	83.0	2,820	85.8
Drinking Drivers Involved in MV Injury Collisions	360	59.6	2,006	61.0

Health Behaviors[6,7] (2020-2022)	North Inland Region	County (%)
Ever Seriously Thought About Committing Suicide (ages 18+)	14.5%	17.4%
Binge Drinking in Past 30 Days (ages 18+)	15.2%	21.0%

San Diego County Health Briefs
North Inland Region, 2022

Injury

San Diego County Health Briefs
North Inland Region, 2022

Behavioral Health

Demographics[1]	North Inland Region (%)	County (%)
Ages 0-9	13.1%	12.2%
Ages 10-19	13.7%	12.9%
Ages 20-29	11.0%	14.8%
Ages 30-39	13.1%	14.1%
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Black	2.0%	4.4%
Hispanic	31.4%	34.1%
Asian/Pacific Islander	14.3%	13.1%
Other	6.5%	5.9%
Population with income less than 100% Federal Poverty Level (FPL)†	8.8%	10.6%

Health Outcomes[2,3,4]	North Inland Region		County	
	Number	Rate*	Number	Rate*
Schizophrenia				
Hospitalization	§	§	210	6.4
Emergency Department Discharge	614	101.8	3,579	108.9
In-Patient Treatment Facility Discharge	341	56.5	3,671	111.7
Suicide (or Suicide Attempt/Ideation/Intentional Self-Harm)				
Death	59	9.8	359	10.9
Hospitalization	92	15.3	688	20.9
Emergency Department Discharge	1,403	232.7	7,838	238.4
Mood Disorders				
Hospitalization	18	§	150	4.6
Emergency Department Discharge	422	70.0	2,727	83.0
In-Patient Treatment Facility Discharge	850	141.0	5,926	180.3
Depression				
Hospitalization	§	§	91	2.8
Emergency Department Discharge	225	37.3	1,791	54.5
In-Patient Treatment Facility Discharge	535	88.7	3,795	115.4
Alcohol-Related Disorders~				
Death	94	15.6	596	18.1
Hospitalization	291	48.3	2,066	62.8
Emergency Department Discharge	1,015	168.3	8,577	260.9
In-Patient Treatment Facility Discharge	184	30.5	1,493	45.4

For more data and statistics, visit www.SDHealthStatistics.com

San Diego County Health Briefs
North Inland Region, 2022

Behavioral Health

Health Outcomes continued[2, 3, 4]	North Inland Region		County	
	Number	**Rate***	**Number**	**Rate***
Substance Use/Abuse/Dependency~				
Death	§	§	29	0.9
Hospitalization	18	§	220	6.7
Emergency Department Discharge	389	64.5	3,628	110.4
In-Patient Treatment Facility Discharge	64	10.6	417	12.7
Opioid Use/Abuse/Dependency~				
Hospitalization	§	§	89	2.7
Emergency Department Discharge	139	23.1	1,221	37.1
In-Patient Treatment Facility Discharge	26	4.3	186	5.7
Cannabis Use/Abuse/Dependency~				
Hospitalization	§	§	21	0.6
Emergency Department Discharge	69	11.4	611	18.6
In-Patient Treatment Facility Discharge	§	§	27	0.8
All Opioid Overdoses^				
Multiple Cause of Death	93	15.4	715	21.8
All Drug Overdoses^				
Underlying Cause of Death	118	19.6	974	29.6

Mental Health Behaviors & Related Health Factors[5] (2020-2022)	North Inland Region (%)	County (%)
Likely Has Had Serious Psychological Distress During Past Year (ages 18+)	13.2%	15.5%
Likely Has Had Serious Psychological Distress During Past Month (ages 18+)	7.1%	8.0%
Emotions Severely Impaired Social Life in Past Year (ages 18+ with moderate to severe psychological distress in past year)	9.8%	12.3%
Emotions Severely Impaired Work in Past 12 Months (ages 18-70)	8.8%	9.9%
Unable to Work 8 Days or More Due to Mental Problems (ages 18+ with psychological distress in past year)	54.9%	56.4%
Saw Any Healthcare Provider for Emotional-Mental and/or Alcohol-Drug Issues in Past Year (ages 18+)	16.8%	18.9%
Has Taken Prescription Medicine for 2 or More Weeks for Emotional/ Mental Health Issues in Past Year (ages 18+)	9.3%	11.4%
Ever Seriously Thought About Committing Suicide (ages 18+)	14.5%	17.4%

San Diego County Health Briefs
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Behavioral Health

Substance Abuse Health Behaviors & Related Health Factors[5,6] (2020-2022)	North Inland Region (%)	County (%)
Ever Tried Marijuana or Hashish (ages 18+)	45.5%	52.9%
Binge Drinking in Past 30 Days (ages 18+) (2021-2022)	15.2%	21.0%
Binge Drinking in Past 30 Days (11th grade) (2021-2023)	—	5.0%

Sources

1. San Diego Association of Governments (SANDAG) Population Estimates, 2022 (v11/2023). Population estimates were derived using the 2020 decennial census.

2. California Department of Public Health, Center for Health Statistics, Office of Health Information and Research, Vital Records Business Intelligence System (VRBIS), 2022.

3. California Department of Health Care Access and Information (HCAI), Patient Discharge Data, 2022.

4. California Department of Health Care Access and Information (HCAI), Emergency Department Discharge Data, 2022.

5. UCLA Center for Health Policy Research, California Health Interview Survey (CHIS), 2020-2022. Accessed June 26, 2024.

6. California Department of Education, California Healthy Kids Survey (CHKS), 2021-2023.

† Source: U.S. Census Bureau; 2018-2022 American Community Survey 5-Year Estimates, Table B17024.

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*Rates are per 100,000 population.

— Data are unavailable.

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~Related Disorders groups contain specific abuse, dependence, use, and poisoning ICD-10 codes.

^Drug overdose deaths represent only a small proportion of the overall burden of drug misuse, dependence, and overdose.

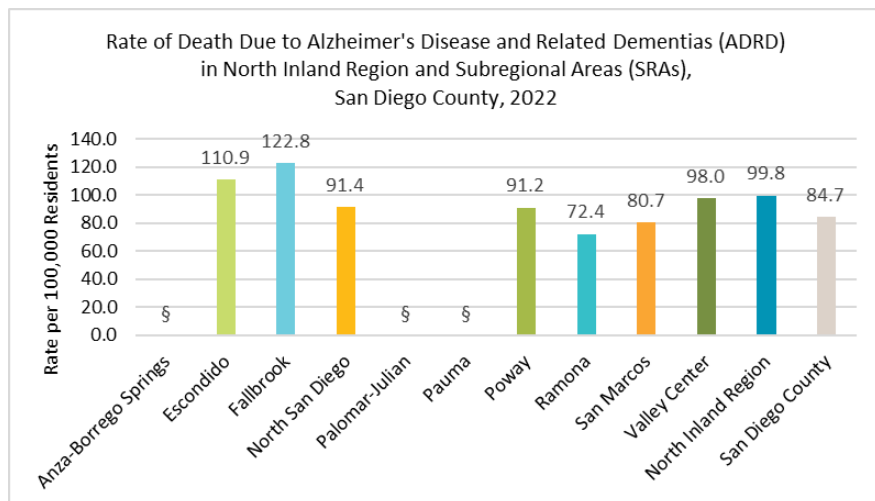# San Diego County Health Briefs
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Asian/Pacific Islander	14.3%	13.1%
Other	6.5%	5.9%
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| Health Outcomes[2,3,4] | North Inland Region | | County | |
	Number	Rate*	Number	Rate*
Alzheimer's Disease and Related Dementias (ADRD)				
Death	602	99.8	2,785	84.7
Hospitalization	54	9.0	518	15.8
Emergency Department Discharge	162	26.9	748	22.8

Alzheimer's Disease and Related Dementias (ADRD) in North Inland Region

- In San Diego County, North Inland Region had the highest rate of death due to Alzheimer's Disease and Related Dementias (ADRD) compared to other regions in 2022.
- Within North Inland Region, Fallbrook subregional area (SRA) had the highest rate of death due to ADRD in 2022, with a rate of 122.8 deaths per 100,000 residents, and Ramona SRA had the lowest rate of death due to ADRD, with a rate of 72.4 deaths per 100,000 residents.

Rate of Death Due to Alzheimer's Disease and Related Dementias (ADRD) in North Inland Region and Subregional Areas (SRAs), San Diego County, 2022

SRA	Rate per 100,000 Residents
Anza-Borrego Springs	§
Escondido	110.9
Fallbrook	122.8
North San Diego	91.4
Palomar-Julian	§
Pauma	§
Poway	91.2
Ramona	72.4
San Marcos	80.7
Valley Center	98.0
North Inland Region	99.8
San Diego County	84.7

Alzheimer's Disease and Related Dementias (ADRD)

Health Behaviors[5] (2020-2022)	North Inland Region (%)	County (%)
Current Smoker (ages 18+)	3.4%	5.1%
Overweight/Obese (ages 18+)	58.1%	58.5%
Rated Overall Health as Fair or Poor (ages 18+)	9.0%	11.6%
Ever Diagnosed with High Blood Pressure (ages 18+)	24.2%	24.5%
Ever Diagnosed with Diabetes (ages 18+)	7.6%	7.9%
Ever Diagnosed with Asthma (all ages)	15.8%	14.2%

Sources

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5. UCLA Center for Health Policy Research, California Health Interview Survey (CHIS), 2020-2022. Accessed June 26, 2024.

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-Federal Poverty Level Thresholds for 2022 ($15,225 for single person, $29,678 for four-person-family [2 adults with 2 related children under 18 years]) per the U.S. Census Bureau, "Poverty Thresholds," accessed from https://www.census.gov/data/tables/time-series/demo/income-poverty/historical-poverty-thresholds.html on September 20, 2024.

*Rates are per 100,000 population.

San Diego County Health Briefs
North Inland Region, 2022

Environmental Health

Demographics[1]	North Inland Region (%)	County (%)
Ages 0-9	13.1%	12.2%
Ages 10-19	13.7%	12.9%
Ages 20-29	11.0%	14.8%
Ages 30-39	13.1%	14.1%
Ages 40-49	12.8%	12.4%
Ages 50-59	12.9%	12.1%
Ages 60-69	11.9%	10.9%
Ages 70-79	7.5%	6.9%
Ages 80+	3.9%	3.8%
White	45.9%	42.5%
Black	2.0%	4.4%
Hispanic	31.4%	34.1%
Asian/Pacific Islander	14.3%	13.1%
Other	6.5%	5.9%
Population with income less than 100% Federal Poverty Level (FPL)†	8.8%	10.6%

Health Outcomes[2,3,4]	North Inland Region		County	
	Number	Rate*	Number	Rate*
Asthma				
Death	§	§	17	§
Hospitalization	203	33.7	1,402	42.6
Emergency Department Discharge	805	133.5	6,805	207.0
Coronary Heart Disease				
Death	468	77.6	2,431	74.0
Hospitalization	984	163.2	5,564	169.3
Emergency Department Discharge	264	43.8	1,060	32.2
Cancer, All Causes				
Death	995	165.0	5,179	157.5
Hospitalization	1,495	247.9	8,591	261.3
Emergency Department Discharge	232	38.5	1,570	47.8
COPD & Chronic Lower Respiratory Diseases				
Death	173	28.7	896	27.3
Hospitalization	180	29.9	1,696	51.6
Emergency Department Discharge	345	57.2	2,533	77.1
Diabetes				
Death	135	22.4	907	27.6
Hospitalization	757	125.5	5,323	161.9
Emergency Department Discharge	793	131.5	5,074	154.4

San Diego County Health Briefs
North Inland Region, 2022

Environmental Health

Health Outcomes[2, 3, 4]	North Inland Region		County	
	Number	**Rate***	**Number**	**Rate***
Depression				
Hospitalization	§	§	91	2.8
Emergency Department Discharge	225	37.3	1,791	54.5
In-Patient Treatment Facility Discharge	535	88.7	3,795	115.4
Heat Illness/Injury				
Hospitalization	12	§	59	1.8
Emergency Department Discharge	46	7.6	227	6.9

Air Quality [6] (2019-2022)	North Inland Region	County
Percent of Days that Air Quality was Rated as Unhealthy for Sensitive Populations (2022)	—	2.1%
Average of Ozone Concentration of the 4th High 8-hr Intervals over a 3 Year Period (2019)	0.076	—
3-Year Average of the 98th Percentile of Collected Samples for a 24 hr Standard (Particulate Matter 2.5) (2019)	17.2	—

Place of Residence[5, 6] (2020-2022)	North Inland Region	County
Feels Safe in the Neighborhood All or Most of the Time (among adults 18+)	91.9%	90.5%
Agree or Strongly Agree that People in the Neighborhood can be Trusted (among adults 18+)	89.4%	83.0%
Agree or Strongly Agree that People in the Neighborhood are Willing to Help (among adults 18+)	89.8%	82.5%
Agree or Strongly Agree that there is a Nearby Park or Playground that is Safe During the Day (children ages 1+)	**	91.6%
Percent of Population Living within 1/4 mile from Park or Community Space (2021)	42.6%	62.0%
Rate of Recreational Facilities per 100,000 People (2021)	—	22.5
Percent of Population using Public Transportation to Work (2021)	0.9%	2.4%
Percent of Population with Travel Time to Work over 60 Minutes (2021)	7.6%	7.1%

Environmental Health

Climate Change[5] (2021-2022)	North Inland Region (%)	County (%)
Experienced Extreme Weather-Related Event in the Past 2 Years (among adults 18+)	34.9%	29.0%
Mental Health was Affected by Extreme Weather-Related Event in Past 2 Years (among adults 18+)	4.8%	4.7%
Physical Health was Affected by Extreme Weather-Related Event in Past 2 Years (among adults 18+)	2.5%	2.5%
Property or Finances Harmed by Extreme Weather-Related event in Past 2 Years (among adults 18+)	2.3%	1.9%
Climate Change Makes you Nervous/Depressed/Stressed (among teens ages 12-17)	37.6%	36.4%

Sources

1. San Diego Association of Governments (SANDAG) Population Estimates, 2022 (v11/2023). Population estimates were derived using the 2020 decennial census.

2. California Department of Public Health, Center for Health Statistics, Office of Health Information and Research, Vital Records Business Intelligence System (VRBIS), 2022.

3. California Department of Health Care Access and Information (HCAI), Patient Discharge Data, 2022.

4. California Department of Health Care Access and Information (HCAI), Emergency Department Discharge Data, 2022.

5. Live Well San Diego, Built Environment, 2022. Accessed September 4, 2024. https://www.livewellsd.org/i-want-to/learn-more/data-indicators/built-environment

6. UCLA Center for Health Policy Research, California Health Interview Survey (CHIS), 2020-2022. Accessed June 26, 2024.

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§ Rates not calculated for fewer than 11 events. Rates based on events <20 are suppressed due to statistical instability.

** Indicates statistically unstable estimate.

— Data are unavailable.

San Diego County Health Briefs
North Inland Region, 2022

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Hispanic	31.4%	34.1%
Asian/Pacific Islander	14.3%	13.1%
Other	6.5%	5.9%
Population with income less than 100% Federal Poverty Level (FPL)†	8.8%	10.6%

Access and Utilization[2] (2020-2022)	North Inland Region (%)	County (%)
No Usual Source of Care (ages 18-64)	15.3%	16.9%
Visited Emergency Room in the Past Year (ages 18-64)	15.7%	14.5%
Had a Routine Check-Up with a Doctor in Past Year (adults 18+)	64.3%	65.0%
Had Difficulty Finding Specialty Care (asked of adults who needed specialty care)	10.7%	15.8%
Delayed or Didn't get Other Medical Care (all ages)	13.6%	15.6%
Delayed or Didn't get Prescription Medicine (all ages)	7.9%	7.8%

Insurance[2] (2020-2022)	North Inland Region (%)	County (%)
Uninsured All or Part of Year (ages 18-64)	11.4%	13.1%
Covered by Medi-Cal (all ages)	17.0%	18.1%
Insurance Not Accepted by General Doctor in Past Year (adults 18+ with health insurance)	2.3%	4.3%

Access to Care

San Diego County Health Briefs
North Inland Region, 2022

Access to Care

Medical Debt[2] (2020-2022)	North Inland Region (%)	County (%)
Ever Had Problems Paying for Self or Household family's Medical Bills in the Past Year (adults 18+)	8.3%	7.8%
Ever Unable to Pay for Basic Necessities due to Medical Bills (asked of adults 18+ who have had problems paying for self or household's medical bills)	**	33.4%
Public Program Participation[2] (2020-2022)	**North Inland Region (%)**	**County (%)**
Currently Receiving Supplemental Security Income (SSI) (ages 18+, up to 200% FPL)	**	11.5%
Currently Receiving TANF or CalWORKS (all ages, up to 200% FPL)	**	8.3%
Children Age 6 and Under Currently on WIC (up to 200% FPL)	**	48.7%
Residents Receiving Food Stamps (all ages, up to 200% FPL)	23.7%	26.8%
Women Below 200% FPL (ages 18-64)	28.6%	27.7%

Sources

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