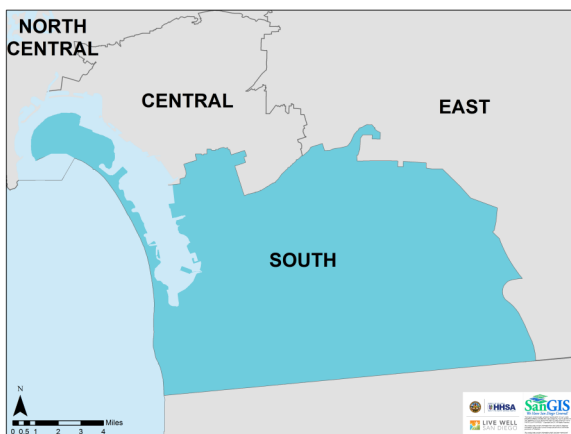


# San Diego County Health Briefs

## South Region, 2022



### Non-Communicable (Chronic) Disease



Demographics <sup>1</sup>	South Region (%)	County (%)
Ages 0-9	12.6%	12.2%
Ages 10-19	14.4%	12.9%
Ages 20-29	13.9%	14.8%
Ages 30-39	13.5%	14.1%
Ages 40-49	12.8%	12.4%
Ages 50-59	12.4%	12.1%
Ages 60-69	10.6%	10.9%
Ages 70-79	6.1%	6.9%
Ages 80+	3.7%	3.8%
White	17.7%	42.5%
Black	3.9%	4.4%
Hispanic	60.2%	34.1%
Asian/Pacific Islander	13.9%	13.1%
Other	4.4%	5.9%
Population with income less than 100% Federal Poverty Level (FPL) <sup>†</sup>	10.3%	10.6%

Health Outcomes <sup>2, 3, 4</sup>	South Region		County	
	Number	Rate*	Number	Rate*
<b>Coronary Heart Disease</b>				
Death	349	68.5	2,431	74.0
Hospitalization	1,005	197.1	5,564	169.3
Emergency Department Discharge	157	30.8	1,060	32.2
<b>Stroke</b>				
Death	260	51.0	1,561	47.5
Hospitalization	1,264	247.9	6,851	208.4
Emergency Department Discharge	412	80.8	2,484	75.6
<b>Overall Heart Disease<sup>^</sup></b>				
Death	693	135.9	4,928	149.9
Hospitalization	5,843	1,146.1	33,150	1,008.4
Emergency Department Discharge	10,962	2,150.2	59,490	1,809.7
<b>Acute Myocardial Infarction (Heart Attack)</b>				
Death	88	17.3	576	17.5
Hospitalization	669	131.2	3,717	113.1
Emergency Department Discharge	85	16.7	460	14.0
<b>Heart Failure</b>				
Death	171	33.5	1,161	35.3
Hospitalization	1,339	262.6	7,451	226.7
Emergency Department Discharge	357	70.0	2,009	61.1

For more data and statistics, visit [www.SDHealthStatistics.com](http://www.SDHealthStatistics.com)



# San Diego County Health Briefs

## South Region, 2022



### Non-Communicable (Chronic) Disease

Health Outcomes continued <sup>2, 3, 4</sup>	South Region		County	
	Number	Rate*	Number	Rate*
<b>Overall Hypertensive Diseases~</b>				
Death	204	40.0	1,132	34.4
Hospitalization	2,116	415.0	10,880	331.0
Emergency Department Discharge	1,942	380.9	9,152	278.4
<b>Cancer, All Causes</b>				
Death	763	149.7	5,179	157.5
Hospitalization	1,511	296.4	8,591	261.3
Emergency Department Discharge	330	64.7	1,570	47.8
<b>Diabetes</b>				
Death	204	40.0	907	27.6
Hospitalization	1,114	218.5	5,323	161.9
Emergency Department Discharge	1,101	216.0	5,074	154.4
<b>COPD &amp; Chronic Lower Respiratory Diseases</b>				
Death	106	20.8	896	27.3
Hospitalization	236	46.3	1,696	51.6
Emergency Department Discharge	371	72.8	2,533	77.1
<b>Asthma</b>				
Death	§	§	17	§
Hospitalization	298	58.5	1,402	42.6
Emergency Department Discharge	1,343	263.4	6,805	207.0
<b>Parkinson's Disease</b>				
Death	57	11.2	413	12.6
Hospitalization	34	6.7	196	6.0
Emergency Department Discharge	17	§	118	3.6
<b>Lupus and Connective Tissue Disorders</b>				
Death	§	§	29	0.9
Hospitalization	64	12.6	311	9.5
Emergency Department Discharge	22	4.3	110	3.3
<b>Health Behaviors<sup>5</sup> (2020-2022)</b>		<b>South Region (%)</b>		<b>County (%)</b>
Current Smoker (ages 18+)		3.8%		5.1%
Overweight/Obese (ages 18+)		68.3%		58.5%
Rated Overall health as Fair or Poor (ages 18+)		14.5%		11.6%
Ever Diagnosed with High Blood Pressure (ages 18+)		29.3%		24.5%
Ever Diagnosed with Diabetes (ages 18+)		10.4%		7.9%
Ever Diagnosed with Asthma (all ages)		11.8%		14.2%

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# San Diego County Health Briefs

## South Region, 2022



### Sources

1. San Diego Association of Governments (SANDAG) Population Estimates, 2022 (v11/2023). Population estimates were derived using the 2020 decennial census.
2. California Department of Public Health, Center for Health Statistics, Office of Health Information and Research, Vital Records Business Intelligence System (VRBIS), 2022.
3. California Department of Health Care Access and Information (HCAI), Patient Discharge Data, 2022.
4. California Department of Health Care Access and Information (HCAI), Emergency Department Discharge Data, 2022.
5. UCLA Center for Health Policy Research, California Health Interview Survey (CHIS), 2020-2022. Accessed June 26, 2024.

† Source: U.S. Census Bureau; 2018-2022 American Community Survey 5-Year Estimates, Table B17024.

-Federal Poverty Level Thresholds for 2022 (\$15,225 for single person, \$29,678 for four-person-family [2 adults with 2 related children under 18 years]) per the U.S. Census Bureau, "Poverty Thresholds," accessed from <https://www.census.gov/data/tables/time-series/demo/income-poverty/historical-poverty-thresholds.html> on September 20, 2024.

\* Rates are per 100,000 population.

§ Rates not calculated for fewer than 11 events. Rates based on events <20 are suppressed due to statistical instability.

^ Includes entire ICD-10-CM diagnosis chapter for diseases of the circulatory system.

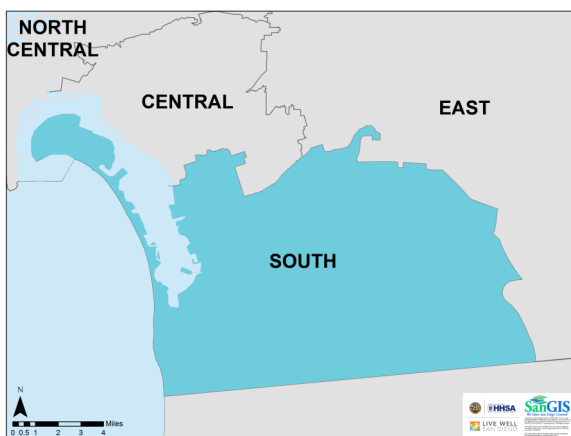
~ Includes Primary Hypertension.

# San Diego County Health Briefs

## South Region, 2022



### Communicable Disease



Demographics <sup>1</sup>	South Region (%)	County (%)
Ages 0-9	12.6%	12.2%
Ages 10-19	14.4%	12.9%
Ages 20-29	13.9%	14.8%
Ages 30-39	13.5%	14.1%
Ages 40-49	12.8%	12.4%
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Ages 70-79	6.1%	6.9%
Ages 80+	3.7%	3.8%
White	17.7%	42.5%
Black	3.9%	4.4%
Hispanic	60.2%	34.1%
Asian/Pacific Islander	13.9%	13.1%
Other	4.4%	5.9%
Population with income less than 100% Federal Poverty Level (FPL) <sup>†</sup>	10.3%	10.6%

Health Outcomes <sup>2, 3, 4, 5, 6</sup>	South Region		County	
	Number	Rate*	Number	Rate*
Tuberculosis	69	13.5	208	6.3
Chlamydia Reported	3,209	629.4	18,144	551.9
Gonorrhea Reported	1,034	202.8	7,694	234.1
Primary and Secondary Syphilis Reported	157	30.8	1,131	34.4
<b>Deaths</b>				
Influenza (Flu) and Pneumonia	32	6.3	237	7.2
<b>Hospitalizations</b>				
Influenza	143	28.0	699	21.3
Pneumonia	495	97.1	2,758	83.9
<b>Emergency Department Discharges</b>				
Influenza	2,492	488.8	10,574	321.7
Pneumonia	908	178.1	4,826	146.8
<b>Health Behaviors &amp; Related Health Factors<sup>7</sup> (2022)</b>				
Has had Flu Vaccination in Past 12 Months (ages 18+)		—		52.7%



# San Diego County Health Briefs South Region, 2022



## Sources

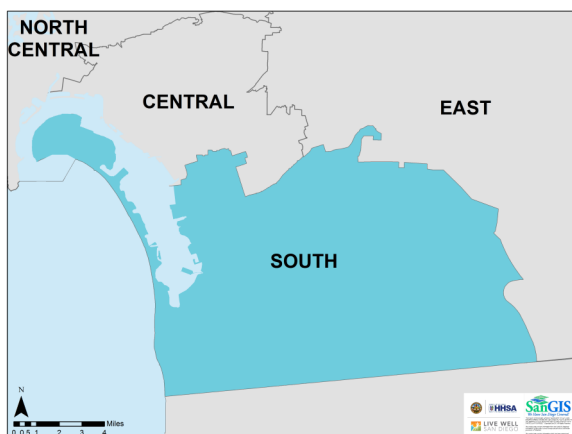
1. San Diego Association of Governments (SANDAG) Population Estimates, 2022 (v11/2023). Population estimates were derived using the 2020 decennial census.
  2. County of San Diego, Health and Human Services Agency, Tuberculosis Control Program, County TB Registry; SANDAG, Current Population Estimates, released 11/2023.
  3. County of San Diego, Health and Human Services Agency, HIV, STD and Hepatitis Branch, Morbidity Database; SANDAG, Current Population Estimates, released 11/2023.
  4. California Department of Public Health, Center for Health Statistics, Office of Health Information and Research, Vital Records Business Intelligence System (VRBIS), 2022.
  5. California Department of Health Care Access and Information (HCAI), Patient Discharge Data, 2022.
  6. California Department of Health Care Access and Information (HCAI), Emergency Department Discharge Data, 2022.
  7. Centers for Disease Control and Prevention (CDC), Behavioral Risk Factor Surveillance System Survey (BRFSS) Data. Atlanta, Georgia: U.S. Department of Health and Human Services, Centers for Disease Control and Prevention, 2022.
- † Source: U.S. Census Bureau; 2018-2022 American Community Survey 5-Year Estimates, Table B17024.

-Federal Poverty Level Thresholds for 2022 (\$15,225 for single person, \$29,678 for four-person-family [2 adults with 2 related children under 18 years]) per the U.S. Census Bureau, "Poverty Thresholds," accessed from <https://www.census.gov/data/tables/time-series/demo/income-poverty/historical-poverty-thresholds.html> on September 20, 2024.

\* Rates are per 100,000 population.

# San Diego County Health Briefs

## South Region, 2022



Demographics <sup>1</sup>	South Region (%)	County (%)
Ages 0-9	12.6%	12.2%
Ages 10-19	14.4%	12.9%
Ages 20-29	13.9%	14.8%
Ages 30-39	13.5%	14.1%
Ages 40-49	12.8%	12.4%
Ages 50-59	12.4%	12.1%
Ages 60-69	10.6%	10.9%
Ages 70-79	6.1%	6.9%
Ages 80+	3.7%	3.8%
White	17.7%	42.5%
Black	3.9%	4.4%
Hispanic	60.2%	34.1%
Asian/Pacific Islander	13.9%	13.1%
Other	4.4%	5.9%
Population with income less than 100% Federal Poverty Level (FPL) <sup>†</sup>	10.3%	10.6%

### Maternal & Child Health

Health Outcomes <sup>2, 3,4</sup>	South Region			County	
	Number	% of Region	% of County	Number	(%)
Live Birth	6,842	100.0%	18.1%	37,753	100.0%
Live Births to Teens, Ages 15-17	24	0.4%	17.0%	141	0.4%
Live Births with Early Prenatal Care, % of Known Prenatal Care	5,678	83.7%	17.4%	32,557	86.7%
Live Births Born Preterm	643	9.4%	19.1%	3,371	8.9%
Low Birth Weight Births	515	7.5%	19.4%	2,653	7.0%
Very Low Birth Weight Births	73	1.1%	17.8%	409	1.1%
Health Outcomes <sup>3</sup>	Number	Rate*		Number	Rate*
Infant Mortality, Rate per 1,000 live births	22	3.30		105	2.79
Health Behaviors <sup>5</sup> (2020-2022)	South Region (%)		County (%)		
Adults Under 200% FPL Unable to Afford Enough Food	23.3%		30.8%		
Rated Overall Health as Fair or Poor (18+)	14.5%		11.6%		
Women with a High School Degree or Less Education (ages 25+)	37.3%		29.3%		
Child Attends Preschool, Nursery school, or Head Start Program At Least 10 hrs/wk (ages 6 and under)	**		12.4%		
Agree or Strongly Agree that People in Neighborhood can be Trusted (ages 12-17)	**		85.8%		
No Dental Insurance Coverage in the Past Year (ages 3-11)	**		6.6%		

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# San Diego County Health Briefs

## South Region, 2022



### Sources

1. San Diego Association of Governments (SANDAG) Population Estimates, 2022 (v11/2023). Population estimates were derived using the 2020 decennial census.
2. State of California, Department of Public Health (CDPH), Center for Health Statistics and Informatics, Birth Statistical Master Files and Birth Public Use Files, 2022.
3. State of California, Department of Public Health (CDPH), Center for Health Statistics and Informatics, Birth and Fetal Death Statistical Master Files, 2022.
4. State of California, Department of Public Health (CDPH), Center for Health Statistics and Informatics, Birth Cohort Statistical Master Files, 2021.
5. UCLA Center for Health Policy Research, California Health Interview Survey (CHIS), 2020-2022. Accessed June 26, 2022.

† Source: U.S. Census Bureau; 2018-2022 American Community Survey 5-Year Estimates, Table B17024.

-Federal Poverty Level Thresholds for 2022 (\$15,225 for single person, \$29,678 for four-person-family [2 adults with 2 related children under 18 years]) per the U.S. Census Bureau, "Poverty Thresholds," accessed from <https://www.census.gov/data/tables/time-series/demo/income-poverty/historical-poverty-thresholds.html> on September 20, 2024.

\* Rates are per 1,000 population.

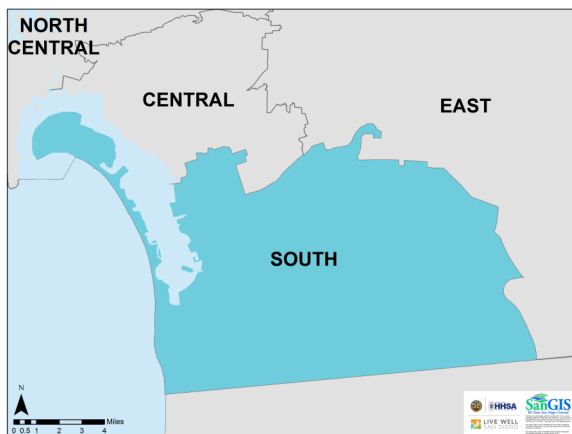
\*\* Indicates statistically unstable estimate.

# San Diego County Health Briefs

## South Region, 2022



### Injury



Demographics <sup>1</sup>	South Region (%)	County (%)
Ages 0-9	12.6%	12.2%
Ages 10-19	14.4%	12.9%
Ages 20-29	13.9%	14.8%
Ages 30-39	13.5%	14.1%
Ages 40-49	12.8%	12.4%
Ages 50-59	12.4%	12.1%
Ages 60-69	10.6%	10.9%
Ages 70-79	6.1%	6.9%
Ages 80+	3.7%	3.8%
White	17.7%	42.5%
Black	3.9%	4.4%
Hispanic	60.2%	34.1%
Asian/Pacific Islander	13.9%	13.1%
Other	4.4%	5.9%
Population with income less than 100% Federal Poverty Level (FPL) <sup>†</sup>	10.3%	10.6%

Health Outcomes <sup>2, 3, 4, 5</sup>	South Region		County	
	Number	Rate*	Number	Rate*
<b>Unintentional Injury (All Causes)</b>				
Death	233	45.7	1,796	54.6
Hospitalization	3,968	778.3	24,812	754.8
Emergency Department Discharge	29,471	5,780.6	165,534	5,035.6
<b>Fall-Related Injury</b>				
Death	48	9.4	417	12.7
Hospitalization	2,325	456.0	14,842	451.5
Emergency Department Discharge	11,575	2,270.4	66,284	2,016.4
<b>Poisoning</b>				
Death	126	24.7	972	29.6
Hospitalization	402	78.9	2,413	73.4
Emergency Department Discharge	1,040	204.0	6,223	189.3
<b>Motor Vehicle Injuries</b>				
Deaths due to Motor Vehicle (MV) Injury Collision	46	9.0	276	8.4
Hospitalizations due to MV Injury Collision	440	86.3	2,352	71.5
Emergency Department Discharges due to MV Injury Collision	3,182	624.1	17,371	528.4
Injuries due to MV Injury Collision (2021) <sup>5</sup>	2,354	457.5	18,159	552.2

For more data and statistics, visit [www.SDHealthStatistics.com](http://www.SDHealthStatistics.com)





# San Diego County Health Briefs

## South Region, 2022



### Injury

Health Outcomes continued <sup>2, 3, 4, 5</sup>	South Region		County	
	Number	Rate*	Number	Rate*
<b>Pedestrian Injuries</b>				
Deaths due to Motor Vehicle (MV) Injury Collision	11	§	85	2.6
Hospitalizations due to MV Injury Collision	43	8.4	240	7.3
Emergency Department Discharges due to MV Injury Collision	121	23.7	690	21.0
Injuries due to MV Injury Collision (2021) <sup>5</sup>	145	28.2	974	29.6
<b>Assault</b>				
Homicide	22	4.3	110	3.3
Hospitalization	192	37.7	967	29.4
Emergency Department Discharge	1,499	294.0	7,759	236.0
<b>Suicide (or Suicide Attempt/Ideation/Intentional Self-Harm)</b>				
Death	47	9.2	359	10.9
Hospitalization	124	24.3	688	20.9
Emergency Department Discharge	1,114	218.5	7,838	238.4
<b>Firearm-Related Injuries</b>				
Death	33	6.5	205	6.2
Hospitalization	49	9.6	198	6.0
Emergency Department Discharge	25	4.9	141	4.3
<b>Health Behaviors<sup>5</sup> (2021)</b>				
Alcohol-Involved MV Injury Collisions	337	65.5	2,820	85.8
Drinking Drivers Involved in MV Injury Collisions	256	49.7	2,006	61.0
<b>Health Behaviors<sup>6</sup> (2020-2022)</b>				
Ever Seriously Thought About Committing Suicide (ages 18+)	12.7%		17.4%	
Binge Drinking in Past 30 Days (ages 18+) (2021-2022)	19.6%		21.0%	



# San Diego County Health Briefs

## South Region, 2022



### Sources

1. San Diego Association of Governments (SANDAG) Population Estimates, 2022 (v11/2023). Population estimates were derived using the 2020 decennial census.
2. California Department of Public Health, Center for Health Statistics, Office of Health Information and Research, Vital Records Business Intelligence System (VRBIS), 2022.
3. California Department of Health Care Access and Information (HCAI), Patient Discharge Data, 2022.
4. California Department of Health Care Access and Information (HCAI), Emergency Department Discharge Data, 2022.
5. California Highway Patrol data from Transportation Injury Mapping System (TIMS), accessed 09/26/2023. The location (city or unincorporated county area) is based on reports filed by law enforcement report and may not contain specific geographic coordinates.  
-Data pertains to motor vehicle collisions that occurred on public roads, where at least one victim was injured/killed. Geographic location pertains to where the collision occurred.
6. UCLA Center for Health Policy Research, California Health Interview Survey (CHIS), 2020-2022. Accessed June 26, 2024.

† Source: U.S. Census Bureau; 2018-2022 American Community Survey 5-Year Estimates, Table B17024.

-Federal Poverty Level Thresholds for 2022 (\$15,225 for single person, \$29,678 for four-person-family [2 adults with 2 related children under 18 years]) per the U.S. Census Bureau, "Poverty Thresholds," accessed from <https://www.census.gov/data/tables/time-series/demo/income-poverty/historical-poverty-thresholds.html> on September 20, 2024.

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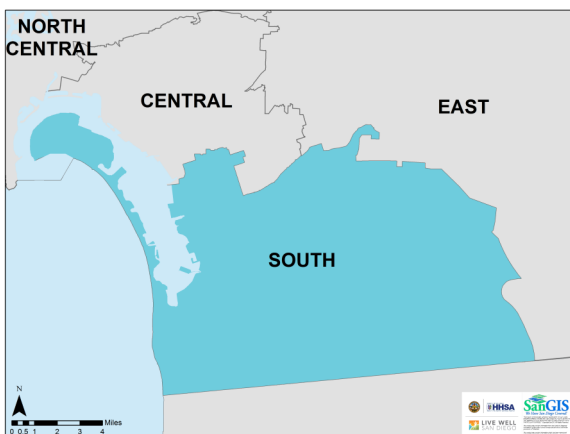
§ Rates not calculated for fewer than 11 events. Rates based on events <20 are suppressed due to statistical instability.

# San Diego County Health Briefs

## South Region, 2022



### Behavioral Health



Demographics <sup>1</sup>	South Region (%)	County (%)
Ages 0-9	12.6%	12.2%
Ages 10-19	14.4%	12.9%
Ages 20-29	13.9%	14.8%
Ages 30-39	13.5%	14.1%
Ages 40-49	12.8%	12.4%
Ages 50-59	12.4%	12.1%
Ages 60-69	10.6%	10.9%
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Hispanic	60.2%	34.1%
Asian/Pacific Islander	13.9%	13.1%
Other	4.4%	5.9%
Population with income less than 100% Federal Poverty Level (FPL) <sup>†</sup>	10.3%	10.6%

Health Outcomes <sup>2, 3, 4</sup>	South Region		County	
	Number	Rate*	Number	Rate*
<b>Schizophrenia</b>				
Hospitalization	42	8.2	210	6.4
Emergency Department Discharge	387	75.9	3,579	108.9
In-Patient Treatment Facility Discharge	666	130.6	3,671	111.7
<b>Suicide (or Suicide Attempt/Ideation/Intentional Self-Harm)</b>				
Death	47	9.2	359	10.9
Hospitalization	124	24.3	688	20.9
Emergency Department Discharge	1,114	218.5	7,838	238.4
<b>Mood Disorders</b>				
Hospitalization	25	4.9	150	4.6
Emergency Department Discharge	368	72.2	2,727	83.0
In-Patient Treatment Facility Discharge	979	192.0	5,926	180.3
<b>Depression</b>				
Hospitalization	16	§	91	2.8
Emergency Department Discharge	279	54.7	1,791	54.5
In-Patient Treatment Facility Discharge	662	129.8	3,795	115.4
<b>Alcohol-Related Disorders<sup>~</sup></b>				
Death	76	14.9	596	18.1
Hospitalization	216	42.4	2,066	62.8
Emergency Department Discharge	1,083	212.4	8,577	260.9
In-Patient Treatment Facility Discharge	171	33.5	1,493	45.4

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# San Diego County Health Briefs

## South Region, 2022



### Behavioral Health

Health Outcomes continued <sup>2, 3, 4</sup>	South Region		County	
	Number	Rate*	Number	Rate*
<b>Substance Use/Abuse/Dependency~</b>				
Death	§	§	29	0.9
Hospitalization	29	5.7	220	6.7
Emergency Department Discharge	565	110.8	3,628	110.4
In-Patient Treatment Facility Discharge	50	9.8	417	12.7
<b>Opioid Use/Abuse/Dependency~</b>				
Hospitalization	§	§	89	2.7
Emergency Department Discharge	190	37.3	1,221	37.1
In-Patient Treatment Facility Discharge	19	§	186	5.7
<b>Cannabis Use/Abuse/Dependency~</b>				
Hospitalization	§	§	21	0.6
Emergency Department Discharge	106	20.8	611	18.6
In-Patient Treatment Facility Discharge	§	§	27	0.8
<b>All Opioid Overdoses^</b>				
Multiple Cause of Death	94	18.4	715	21.8
<b>All Drug Overdoses^</b>				
Underlying Cause of Death	128	25.1	974	29.6
<b>Mental Health Behaviors &amp; Related Health Factors<sup>5</sup> (2020-2022)</b>		<b>South Region (%)</b>		<b>County (%)</b>
Likely Has Had Serious Psychological Distress During Past Year (ages 18+)		12.0%		15.5%
Likely Has Had Serious Psychological Distress During Past Month (ages 18+)		7.3%		8.0%
Emotions Severely Impaired Social Life in Past Year (ages 18+ with moderate to severe psychological distress in past year)		10.9%		12.3%
Emotions Severely Impaired Work in Past 12 Months (ages 18-70)		9.1%		9.9%
Unable to Work 8 Days or More Due to Mental Problems (ages 18+ with psychological distress in past year)		69.1%		56.4%
Saw Any Healthcare Provider for Emotional-Mental and/or Alcohol-Drug Issues in Past Year (ages 18+)		13.9%		18.9%
Has Taken Prescription Medicine for 2 or More Weeks for Emotional/Mental Health Issues in Past Year (ages 18+)		8.0%		11.4%
Ever Seriously Thought About Committing Suicide (ages 18+)		12.7%		17.4%
<b>Substance Abuse Health Behaviors &amp; Related Health Factors<sup>5,6</sup> (2020-2022)</b>		<b>Central Region (%)</b>		<b>County (%)</b>
Ever Tried Marijuana or Hashish (18+)		36.0%		52.9%
Binge Drinking in the Past 30 days (ages 18+) (2021-2022)		19.6%		21.0%
Binge Drinking in Past 30 Days (11th grade) (2021-2023)		—		5.0%

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# San Diego County Health Briefs

## South Region, 2022



### Sources

1. San Diego Association of Governments (SANDAG) Population Estimates, 2022 (v11/2023). Population estimates were derived using the 2020 decennial census.
  2. California Department of Public Health, Center for Health Statistics, Office of Health Information and Research, Vital Records Business Intelligence System (VRBIS), 2022.
  3. California Department of Health Care Access and Information (HCAI), Patient Discharge Data, 2022.
  4. California Department of Health Care Access and Information (HCAI), Emergency Department Discharge Data, 2022.
  5. UCLA Center for Health Policy Research, California Health Interview Survey (CHIS), 2020-2022. Accessed June 26, 2024.
  6. California Department of Education, California Healthy Kids Survey (CHKS), 2021-2023.
- † Source: U.S. Census Bureau; 2018-2022 American Community Survey 5-Year Estimates, Table B17024.

-Federal Poverty Level Thresholds for 2022 (\$15,225 for single person, \$29,678 for four-person-family [2 adults with 2 related children under 18 years]) per the U.S. Census Bureau, "Poverty Thresholds," accessed from <https://www.census.gov/data/tables/time-series/demo/income-poverty/historical-poverty-thresholds.html> on September 20, 2024.

\*Rates are per 100,000 population.

— Data are unavailable.

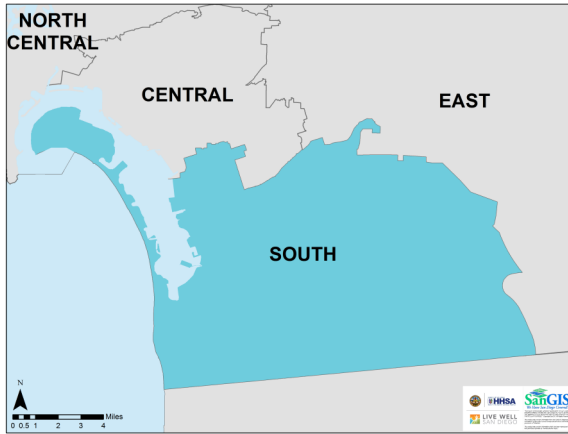
§ Rates not calculated for fewer than 11 events. Rates based on events <20 are suppressed due to statistical instability.

~Related Disorders groups contain specific abuse, dependence, use, and poisoning ICD-10 codes.

^Drug overdose deaths represent only a small proportion of the overall burden of drug misuse, dependence, and overdose.

# San Diego County Health Briefs

## South Region, 2022

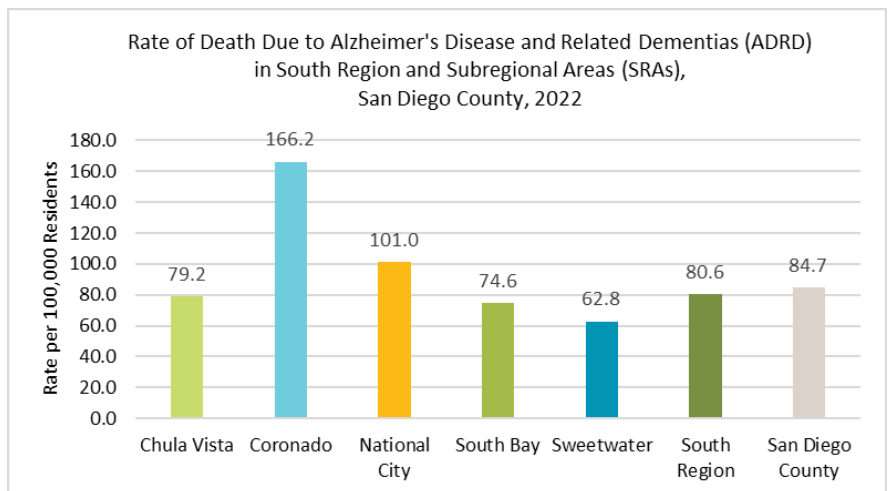


Demographics <sup>1</sup>	South Region (%)	County (%)
Ages 0-9	12.6%	12.2%
Ages 10-19	14.4%	12.9%
Ages 20-29	13.9%	14.8%
Ages 30-39	13.5%	14.1%
Ages 40-49	12.8%	12.4%
Ages 50-59	12.4%	12.1%
Ages 60-69	10.6%	10.9%
Ages 70-79	6.1%	6.9%
Ages 80+	3.7%	3.8%
White	17.7%	42.5%
Black	3.9%	4.4%
Hispanic	60.2%	34.1%
Asian/Pacific Islander	13.9%	13.1%
Other	4.4%	5.9%
Population with income less than 100% Federal Poverty Level (FPL) <sup>†</sup>	10.3%	10.6%

Health Outcomes <sup>2, 3, 4</sup>	South Region		County	
	Number	Rate*	Number	Rate*
<b>Alzheimer's Disease and Related Dementias (ADRD)</b>				
Death	411	80.6	2,785	84.7
Hospitalization	100	19.6	518	15.8
Emergency Department Discharge	96	18.8	748	22.8

### Alzheimer's Disease and Related Dementias (ADRD) in South Region

- In San Diego County, South Region had a lower rate of death due to Alzheimer's Disease and Related Dementias (ADRD) compared to the county in 2022.
- Among the South Region subregional areas (SRAs), Coronado SRA had the highest rate of death due to ADRD in 2022, with a rate of 166.2 deaths per 100,000 residents, and Sweetwater SRA had the lowest rate of death due to ADRD, with a rate of 62.8 deaths per 100,000 residents.



# San Diego County Health Briefs South Region, 2022



Health Behaviors <sup>5</sup> (2020-2022)	South Region (%)	County (%)
Current Smoker (ages 18+)	3.8%	5.1%
Overweight/Obese (ages 18+)	68.3%	58.5%
Rated Overall Health as Fair or Poor (ages 18+)	14.5%	11.6%
Ever Diagnosed with High Blood Pressure (ages 18+)	29.3%	24.5%
Ever Diagnosed with Diabetes (ages 18+)	10.4%	7.9%
Ever Diagnosed with Asthma (all ages)	11.8%	14.2%

### Sources

- San Diego Association of Governments (SANDAG) Population Estimates, 2022 (v11/2023). Population estimates were derived using the 2020 decennial census.
- California Department of Public Health, Center for Health Statistics, Office of Health Information and Research, Vital Records Business Intelligence System (VRBIS), 2022.
- California Department of Health Care Access and Information (HCAI), Patient Discharge Data, 2022.
- California Department of Health Care Access and Information (HCAI), Emergency Department Discharge Data, 2022.
- UCLA Center for Health Policy Research, California Health Interview Survey (CHIS), 2020-2022. Accessed June 26, 2024.

† Source: U.S. Census Bureau; 2018-2022 American Community Survey 5-Year Estimates, Table B17024.

-Federal Poverty Level Thresholds for 2022 (\$15,225 for single person, \$29,678 for four-person-family [2 adults with 2 related children under 18 years]) per the U.S. Census Bureau, "Poverty Thresholds," accessed from <https://www.census.gov/data/tables/time-series/demo/income-poverty/historical-poverty-thresholds.html> on September 20, 2024.

\*Rates are per 100,000 population.

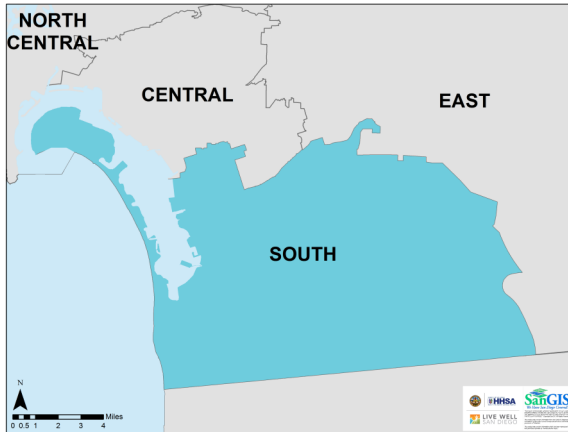


# San Diego County Health Briefs

## South Region, 2022



### Environmental Health



Demographics <sup>1</sup>	South Region (%)	County (%)
Ages 0-9	12.6%	12.2%
Ages 10-19	14.4%	12.9%
Ages 20-29	13.9%	14.8%
Ages 30-39	13.5%	14.1%
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Hispanic	60.2%	34.1%
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Other	4.4%	5.9%
Population with income less than 100% Federal Poverty Level (FPL) <sup>†</sup>	10.3%	10.6%

Health Outcomes <sup>2, 3, 4</sup>	South Region		County	
	Number	Rate*	Number	Rate*
<b>Asthma</b>				
Death	§	§	17	§
Hospitalization	298	58.5	1,402	42.6
Emergency Department Discharge	1,343	263.4	6,805	207.0
<b>Coronary Heart Disease</b>				
Death	349	68.5	2,431	74.0
Hospitalization	1,005	197.1	5,564	169.3
Emergency Department Discharge	157	30.8	1,060	32.2
<b>Cancer, All Causes</b>				
Death	763	149.7	5,179	157.5
Hospitalization	1,511	296.4	8,591	261.3
Emergency Department Discharge	330	64.7	1,570	47.8
<b>COPD &amp; Chronic Lower Respiratory Diseases</b>				
Death	106	20.8	896	27.3
Hospitalization	236	46.3	1,696	51.6
Emergency Department Discharge	371	72.8	2,533	77.1
<b>Diabetes</b>				
Death	204	40.0	907	27.6
Hospitalization	1,114	218.5	5,323	161.9
Emergency Department Discharge	1,101	216.0	5,074	154.4

For more data and statistics, visit [www.SDHealthStatistics.com](http://www.SDHealthStatistics.com)





# San Diego County Health Briefs

## South Region, 2022



### Environmental Health

Health Outcomes <sup>2, 3, 4</sup>	South Region		County	
	Number	Rate*	Number	Rate*
<b>Depression</b>				
Hospitalization	16	§	91	2.8
Emergency Department Discharge	279	54.7	1,791	54.5
In-Patient Treatment Facility Discharge	662	129.8	3,795	115.4
<b>Heat Illness/Injury</b>				
Hospitalization	§	§	59	1.8
Emergency Department Discharge	42	8.2	227	6.9
<b>Air Quality<sup>6</sup> (2019-2022)</b>				
	South Region		County	
Percent of Days that Air Quality was Rated as Unhealthy for Sensitive Populations (2022)	—		2.1%	
Average of Ozone Concentration of the 4th High 8-hr Intervals over a 3 Year Period (2019)	0.066		—	
3-Year Average of the 98th Percentile of Collected Samples for a 24 hr Standard (Particulate Matter 2.5) (2019)	25.8		—	
<b>Place of Residence<sup>5, 6</sup> (2020-2022)</b>				
	South Region		County	
Feels Safe in the Neighborhood All or Most of the Time (among adults 18+)	88.6%		90.5%	
Agree or Strongly Agree that People in the Neighborhood can be Trusted (among adults 18+)	82.4%		83.0%	
Agree or Strongly Agree that People in the Neighborhood are Willing to Help (among adults 18+)	79.5%		82.5%	
Agree or Strongly Agree that there is a Nearby Park or Playground that is Safe During the Day (children ages 1+)	**		91.6%	
Percent of Population Living within 1/4 mile from Park or Community Space (2021)	77.7%		62.0%	
Rate of Recreational Facilities per 100,000 People (2021)	—		22.5	
Percent of Population using Public Transportation to Work (2021)	3.4%		2.4%	
Percent of Population with Travel Time to Work over 60 Minutes (2021)	8.7%		7.1%	

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# San Diego County Health Briefs

## South Region, 2022



Climate Change <sup>5</sup> (2021-2022)	South Region (%)	County (%)
Experienced Extreme Weather-Related Event in the Past 2 Years (among adults 18+)	19.0%	29.0%
Mental Health was Affected by Extreme Weather-Related Event in Past 2 Years (among adults 18+)	**	4.7%
Physical Health was Affected by Extreme Weather-Related Event in Past 2 Years (among adults 18+)	**	2.5%
Property or Finances Harmed by Extreme Weather-Related event in Past 2 Years (among adults 18+)	**	1.9%
Climate Change Makes you Nervous/Depressed/Stressed (among teens ages 12-17)	22.1%	36.4%

### Sources

- San Diego Association of Governments (SANDAG) Population Estimates, 2022 (v11/2023). Population estimates were derived using the 2020 decennial census.
- California Department of Public Health, Center for Health Statistics, Office of Health Information and Research, Vital Records Business Intelligence System (VRBIS), 2022.
- California Department of Health Care Access and Information (HCAI), Patient Discharge Data, 2022.
- California Department of Health Care Access and Information (HCAI), Emergency Department Discharge Data, 2022.
- Live Well San Diego, Built Environment, 2022. Accessed September 4, 2024. <https://www.livewellsd.org/i-want-to/learn-more/data-indicators/built-environment>
- UCLA Center for Health Policy Research, California Health Interview Survey (CHIS), 2020-2022. Accessed June 26, 2024.

† Source: U.S. Census Bureau; 2018-2022 American Community Survey 5-Year Estimates, Table B17024.

-Federal Poverty Level Thresholds for 2022 (\$15,225 for single person, \$29,678 for four-person-family [2 adults with 2 related children under 18 years]) per the U.S. Census Bureau, "Poverty Thresholds," accessed from <https://www.census.gov/data/tables/time-series/demo/income-poverty/historical-poverty-thresholds.html> on September 20, 2024.

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\*\* Indicates statistically unstable estimate.

— Data are unavailable.

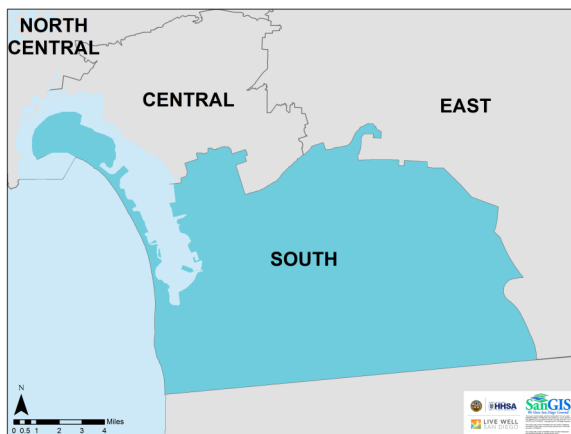


# San Diego County Health Briefs

## South Region, 2022



### Access to Care



Demographics <sup>1</sup>	South Region (%)	County (%)
Ages 0-9	12.6%	12.2%
Ages 10-19	14.4%	12.9%
Ages 20-29	13.9%	14.8%
Ages 30-39	13.5%	14.1%
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Ages 80+	3.7%	3.8%
White	17.7%	42.5%
Black	3.9%	4.4%
Hispanic	60.2%	34.1%
Asian/Pacific Islander	13.9%	13.1%
Other	4.4%	5.9%
Population with income less than 100% Federal Poverty Level (FPL) <sup>+</sup>	10.3%	10.6%

Access and Utilization <sup>2</sup> (2020-2022)	South Region (%)	County (%)
No Usual Source of Care (ages 18-64)	15.2%	16.9%
Visited Emergency Room in the Past Year (ages 18-64)	13.3%	14.5%
Had a Routine Check-Up with a Doctor in Past Year (adults 18+)	66.7%	65.0%
Had Difficulty Finding Specialty Care (asked of adults who needed specialty care)	17.0%	15.8%
Delayed or Didn't get Other Medical Care (all ages)	13.2%	15.6%
Delayed or Didn't get Prescription Medicine (all ages)	6.6%	7.8%
Insurance <sup>2</sup> (2020-2022)	South Region (%)	County (%)
Uninsured All or Part of Year (ages 18-64)	10.6%	13.1%
Covered by Medi-Cal (all ages)	22.3%	18.1%
Insurance Not Accepted by General Doctor in Past Year (adults 18+)	3.0%	4.3%
Medical Debt <sup>2</sup> (2020-2022)	South Region (%)	County (%)
Ever Had Problems Paying for Self or Household family's Medical Bills in the Past Year (adults 18+)	9.2%	7.8%
Ever Unable to Pay for Basic Necessities due to Medical Bills (asked of adults 18+ who have had problems paying for self or household's)	36.3%	33.4%

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# San Diego County Health Briefs

## South Region, 2022



Public Program Participation <sup>2</sup> (2020-2022)	South Region (%)	County (%)
Currently Receiving Supplemental Security Income (SSI) (ages 18+, up to 200% FPL)	15.2%	11.5%
Currently Receiving TANF or CalWORKS (all ages, up to 200% FPL)	9.7%	8.3%
Children Age 6 and Under Currently on WIC (up to 200% FPL)	34.6%	48.7%
Residents Receiving Food Stamps (all ages, up to 200% FPL )	24.8%	26.8%
Women Below 200% FPL (ages 18-64)	31.2%	27.7%

### Sources

1. San Diego Association of Governments (SANDAG) Population Estimates, 2022 (v11/2023). Population estimates were derived using the 2020 decennial census.

2. UCLA Center for Health Policy Research, California Health Interview Survey (CHIS), 2020-2022. Accessed June 26, 2024.

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