Community Health Assessment Presentation: Central Region

Presented by Christopher O'Malley

Presented to Central Region Leadership Team

County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit
Monday, July 22nd, 2024

Data Measures

- **Numbers tell you how many**

  - Example: 25 children under age 15 in San Diego died of cancer in 2012.

- **Percentages tell you a proportion of the whole**

  - Example: 90% of attendees who ate potato salad at a picnic experienced symptoms of food poisoning.

- **Rates tell you how many per a given population and allow you to compare year to year or group to group.**

  - Example: The rate of children injured due to motor vehicle crashes dropped from 321.9 per 100,000 to 295.2 per 100,000 after the implementation of the booster seat program.

What are subregional areas (SRAs)?

Subregional areas, SRAs, are aggregations of census tracts defined by SANDAG.[1]

San Diego County has 41 SRAs
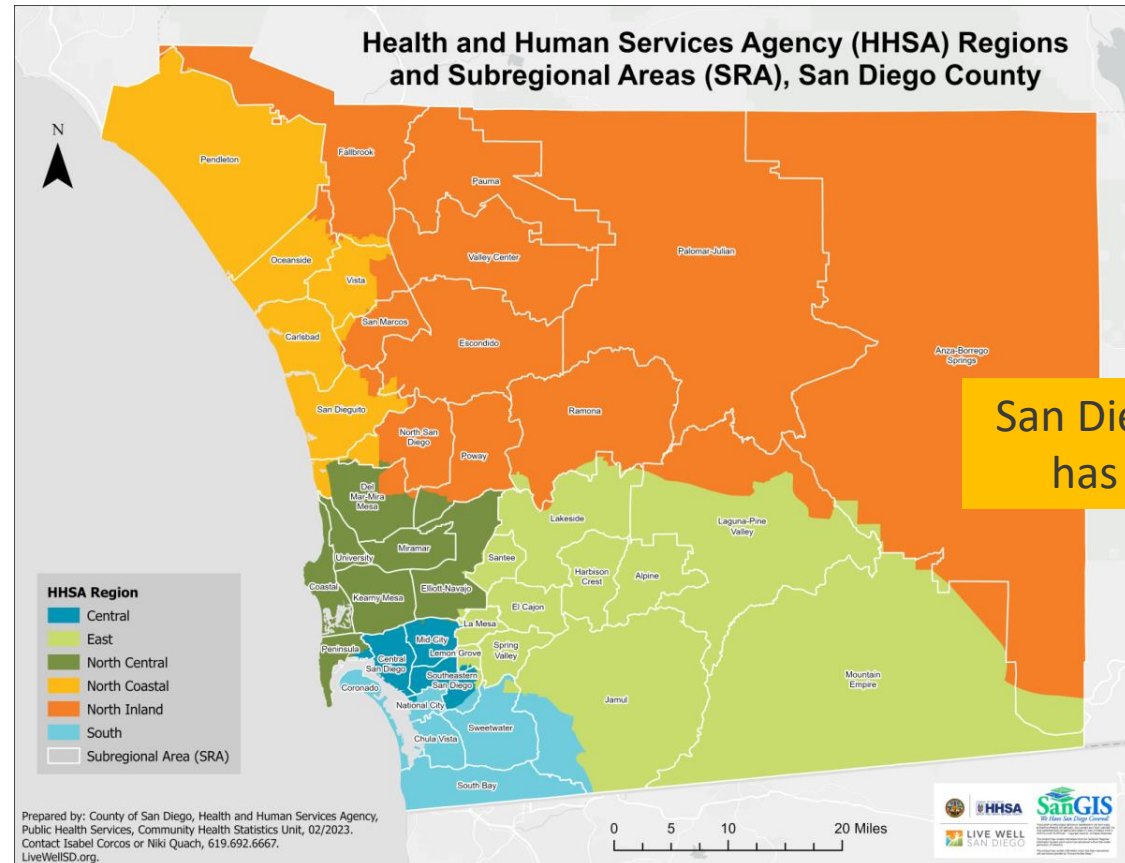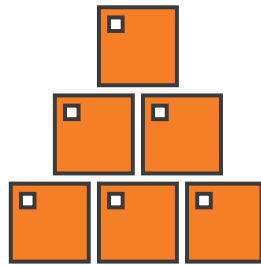
While the boundaries of many geographical areas, such as cities, change over time, SRA boundaries have remained essentially the same since their formation which allows for meaningful comparisons of time series information because identical areas are being compared.

Health and Human Services Agency (HHSA) Regions and Subregional Areas (SRA), San Diego County

HHSA Region
- Central
- East
- North Central
- North Coastal
- North Inland
- South
- Subregional Area (SRA)

Prepared by: County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit, 02/2023.
Contact Isabel Corcos or Niki Quach, 619.692.6667.
LiveWellSD.org.

[1] SANDAG info. Demystifying Geographies: Peeling Back the Layers. May 2014. http://www.sandag.org/uploads/publicationid/publicationid_1853_17597.pdf (Accessed November 16, 2020).

San Diego County Health and Human Services Agency
Central Region and Its Neighborhoods
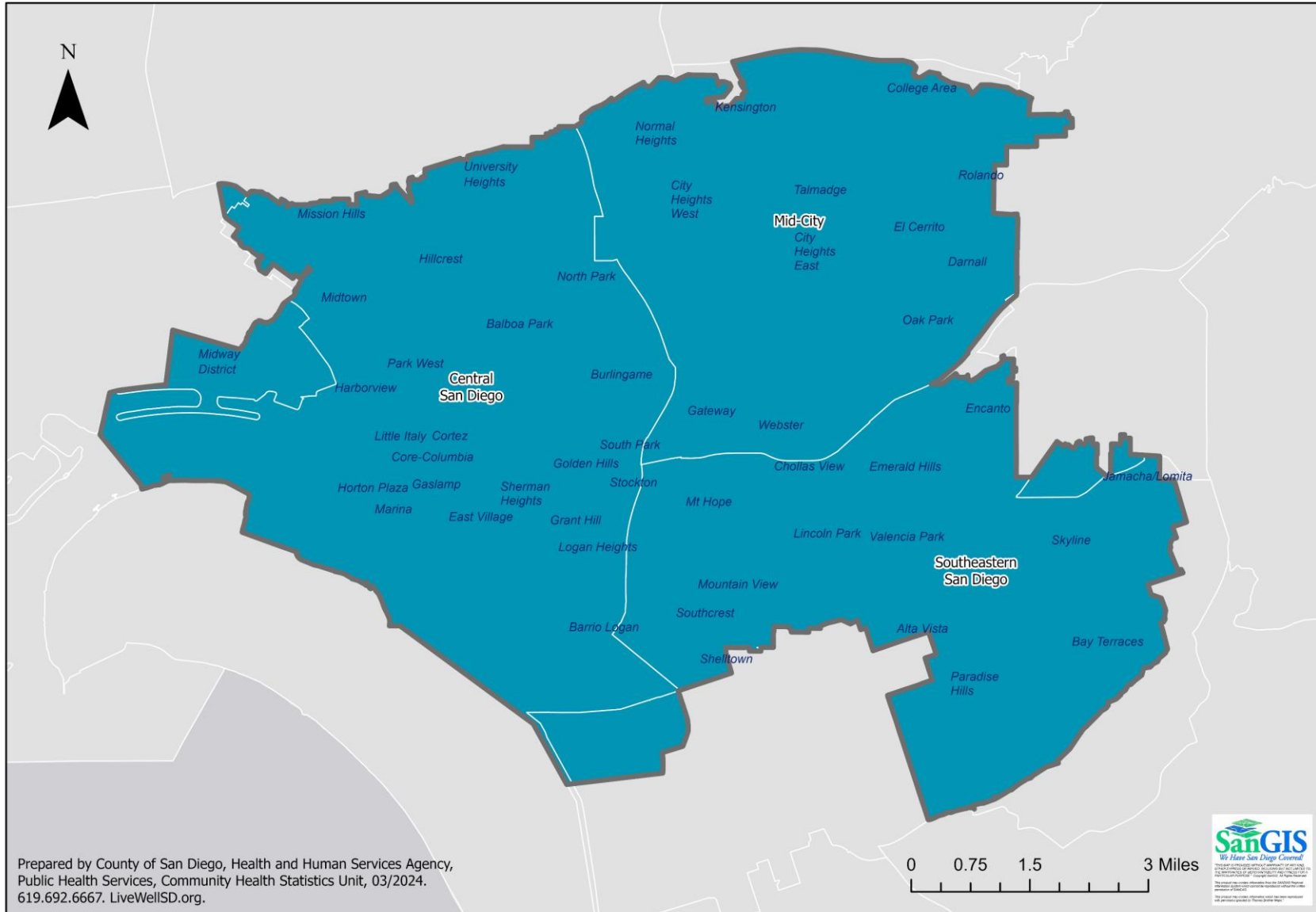
Central Region Zip Codes:

- 92101
- 92102
- 92103
- 92104
- 92105
- 92113
- 92114
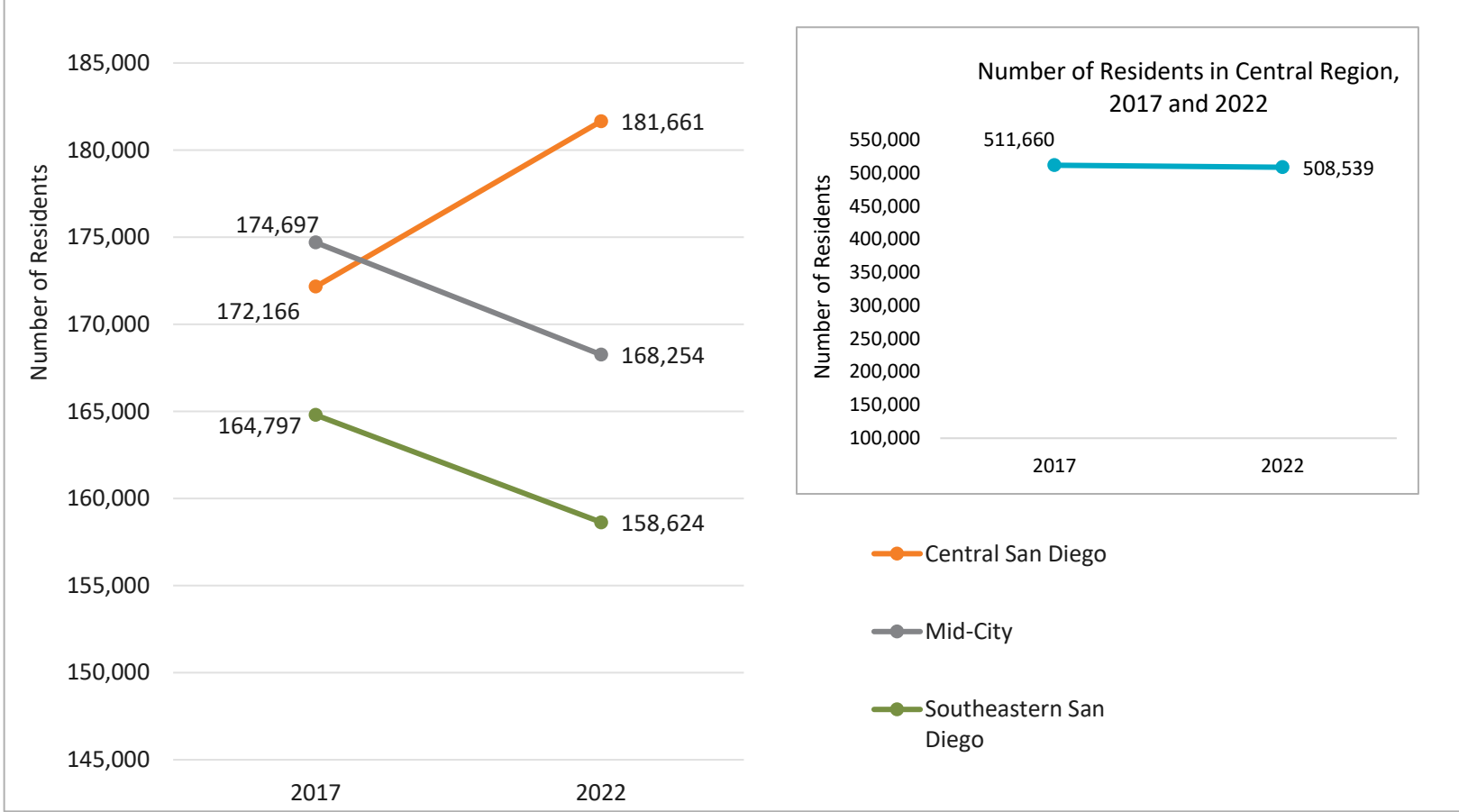- 92115
- 92116
- 92134
- 92136
- 92139
- 92182

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Public Health Services, Community Health Statistics Unit, 03/2024.
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Population

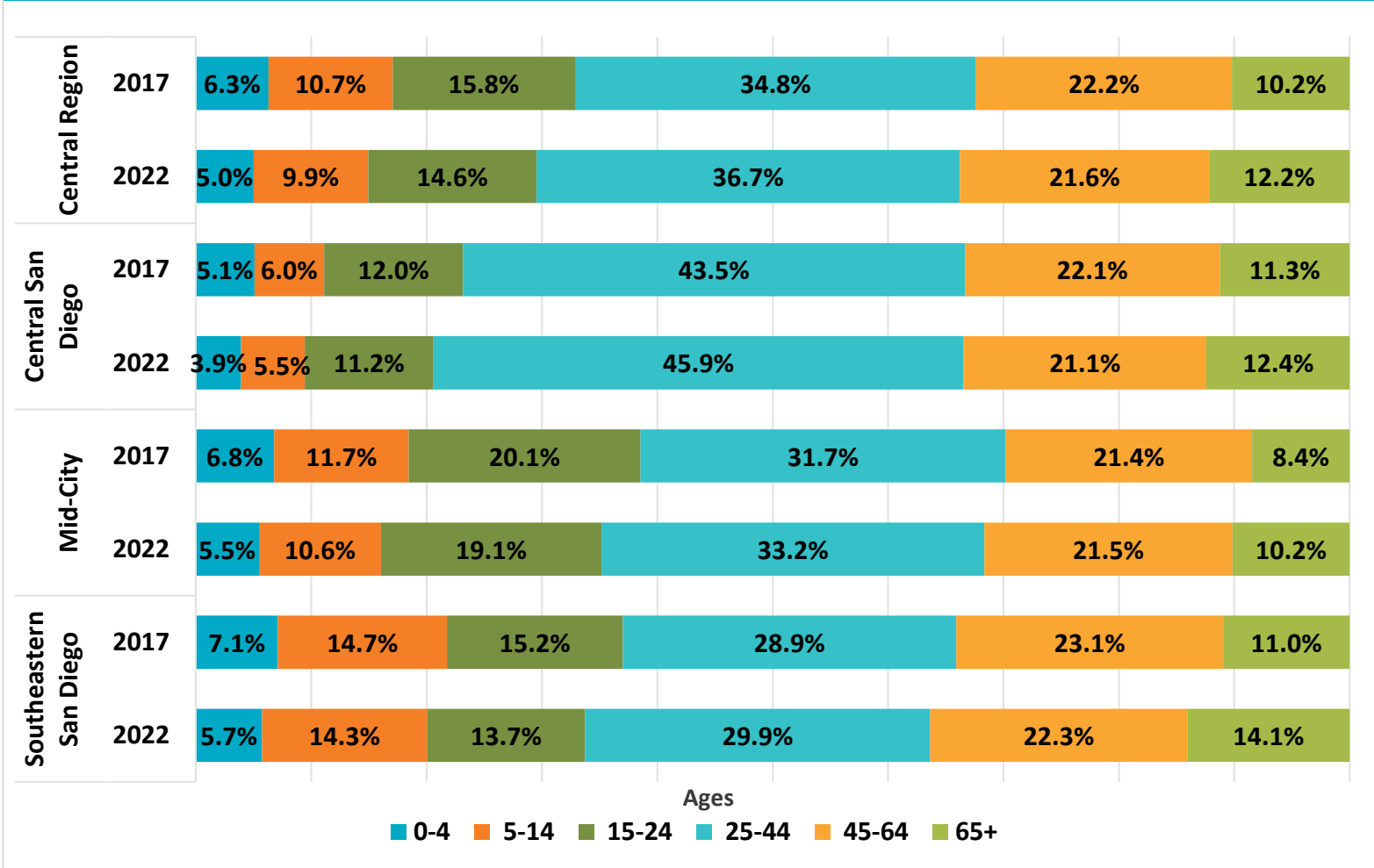**Number of Residents in Central Region and its Subregional Areas (SRAs), 2017 and 2022**

Chart shows Number of Residents on the y-axis (145,000 to 185,000) for 2017 and 2022:
- Central San Diego: 172,166 (2017) → 181,661 (2022)
- Mid-City: 174,697 (2017) → 168,254 (2022)
- Southeastern San Diego: 164,797 (2017) → 158,624 (2022)

Inset chart — Number of Residents in Central Region, 2017 and 2022:
- 511,660 (2017) → 508,539 (2022)

Legend: Central San Diego; Mid-City; Southeastern San Diego

Central Region Population

- In 2022, Central Region was home to 508,539 residents or 15.5% of San Diego County's population.

- Overall, the number of residents in Central Region remained stable between 2017 and 2022, with a decrease of 0.6%.

- The population living in Central San Diego SRA increased by 5.5% from 2017 to 2022.

- From 2017 to 2022, Mid-City and Southeastern San Diego SRAs experienced a 3.7% population decrease.

Population by Age

Population by Age Group in Central Region and its Subregional Areas (SRAs), 2017 and 2022

Central Region
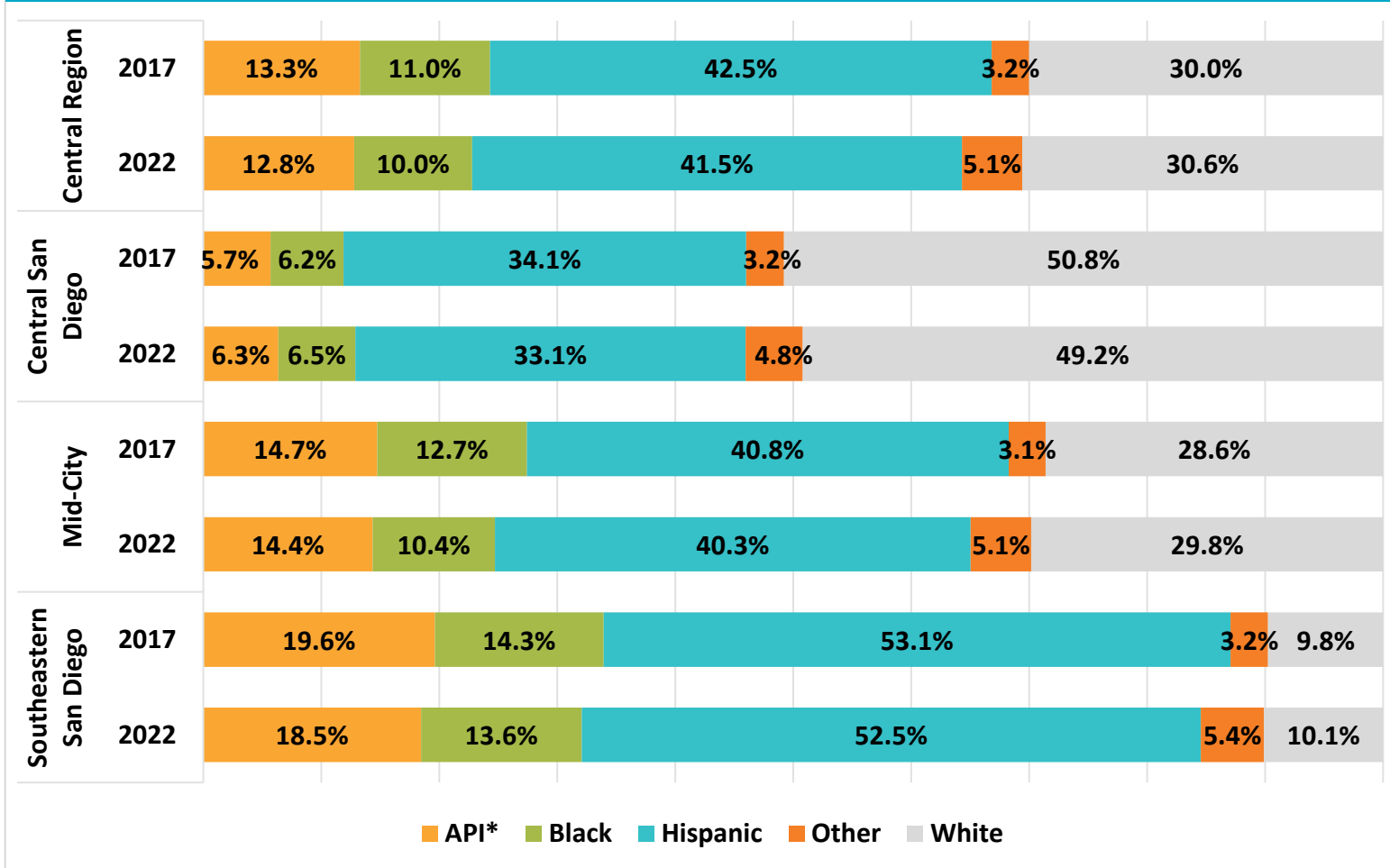- 2017: 6.3% | 10.7% | 15.8% | 34.8% | 22.2% | 10.2%
- 2022: 5.0% | 9.9% | 14.6% | 36.7% | 21.6% | 12.2%

Central San Diego
- 2017: 5.1% | 6.0% | 12.0% | 43.5% | 22.1% | 11.3%
- 2022: 3.9% | 5.5% | 11.2% | 45.9% | 21.1% | 12.4%

Mid-City
- 2017: 6.8% | 11.7% | 20.1% | 31.7% | 21.4% | 8.4%
- 2022: 5.5% | 10.6% | 19.1% | 33.2% | 21.5% | 10.2%

Southeastern San Diego
- 2017: 7.1% | 14.7% | 15.2% | 28.9% | 23.1% | 11.0%
- 2022: 5.7% | 14.3% | 13.7% | 29.9% | 22.3% | 14.1%

Ages

■ 0-4 ■ 5-14 ■ 15-24 ■ 25-44 ■ 45-64 ■ 65+

Age in Central Region

- In 2022, over one-third (36.7%) of Central Region residents were 25–44-year-olds.

- Between 2017 and 2022, Central Region and its communities saw increases in the proportion of residents aged 25-44 and 65 years and older.

- The older resident population, aged 65 years and older, increased by nearly 19%, while the population aged 25-44 increased by 5%.

Population by Race/Ethnicity

Percent of Residents by Race/Ethnicity in Central Region and its Subregional Areas (SRAs), 2017 and 2022

Central Region

2017: API* 13.3% | Black 11.0% | Hispanic 42.5% | Other 3.2% | White 30.0%
2022: API* 12.8% | Black 10.0% | Hispanic 41.5% | Other 5.1% | White 30.6%

Central San Diego

2017: API* 5.7% | Black 6.2% | Hispanic 34.1% | Other 3.2% | White 50.8%
2022: API* 6.3% | Black 6.5% | Hispanic 33.1% | Other 4.8% | White 49.2%

Mid-City

2017: API* 14.7% | Black 12.7% | Hispanic 40.8% | Other 3.1% | White 28.6%
2022: API* 14.4% | Black 10.4% | Hispanic 40.3% | Other 5.1% | White 29.8%

Southeastern San Diego

2017: API* 19.6% | Black 14.3% | Hispanic 53.1% | Other 3.2% | White 9.8%
2022: API* 18.5% | Black 13.6% | Hispanic 52.5% | Other 5.4% | White 10.1%

Legend: ■ API* ■ Black ■ Hispanic ■ Other ■ White

Race/Ethnicity in Central Region

- In 2022, Hispanic (41.5%) and non-Hispanic (NH) White (30.6%) residents made up 72% of Central Region's population.

- Compared to other regions in 2022, Central Region had the highest proportion of NH Black residents (10.0%).

- Between 2017 and 2022, the number of NH White and NH Other race/ethnicity residents increased in Central Region, while the number of Hispanic, NH Black, and NH Asian/Pacific Islander residents decreased.

*Asian/Pacific Islander.
Source: U.S. Census Bureau; 2013-2017 American Community Survey 5-Year Estimates, Table B03002; 2018-2022 American Community Survey 5-Year Estimates, Table B03002.
Prepared by County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit, 2024.

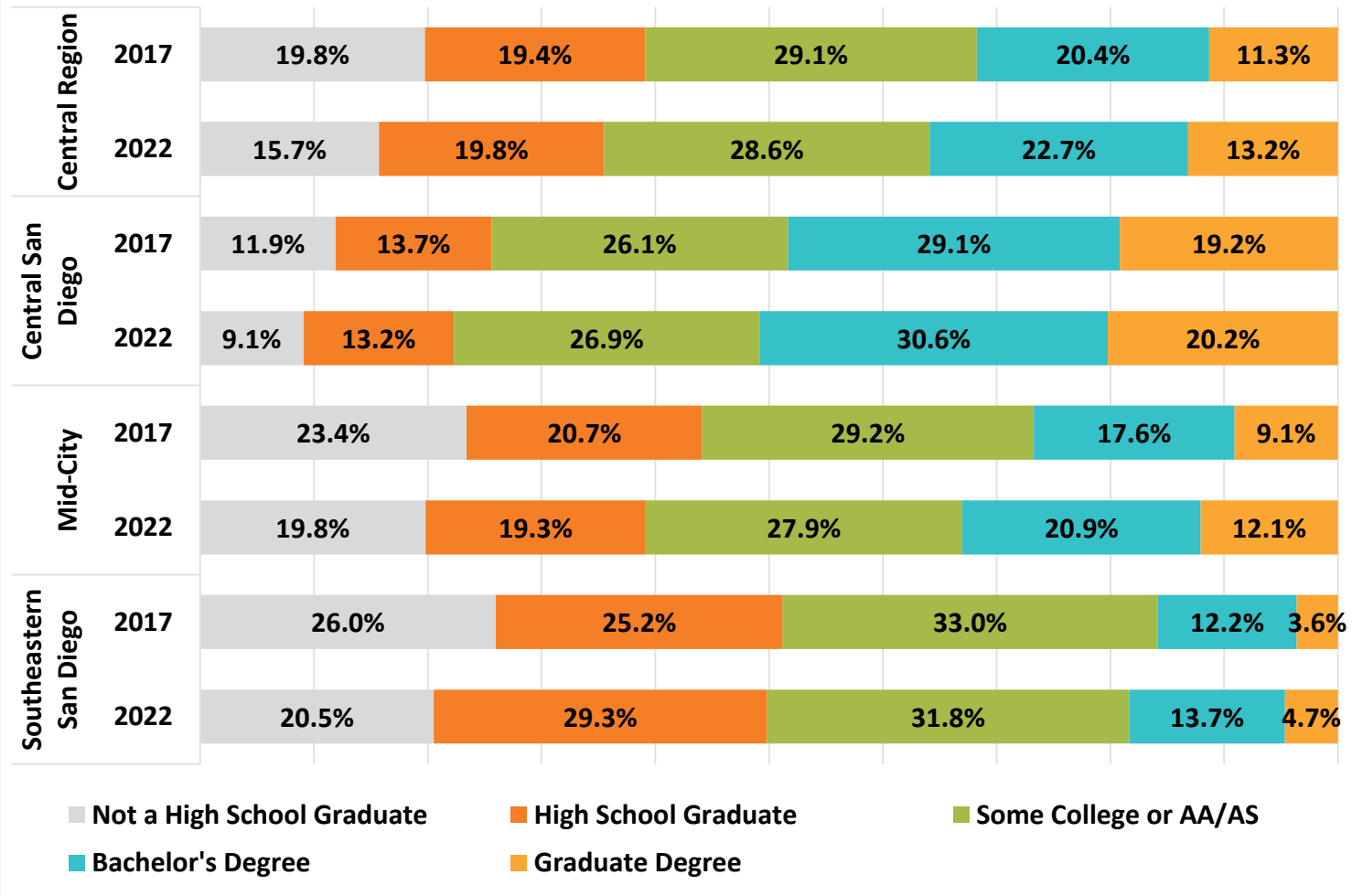# Education and Economic Development

Educational Attainment

Percent of Adults 25 Years and Older by Educational Attainment in Central Region and its Subregional Areas (SRAs), 2017 and 2022

Region	Year	Not a High School Graduate	High School Graduate	Some College or AA/AS	Bachelor's Degree	Graduate Degree
Central Region	2017	19.8%	19.4%	29.1%	20.4%	11.3%
Central Region	2022	15.7%	19.8%	28.6%	22.7%	13.2%
Central San Diego	2017	11.9%	13.7%	26.1%	29.1%	19.2%
Central San Diego	2022	9.1%	13.2%	26.9%	30.6%	20.2%
Mid-City	2017	23.4%	20.7%	29.2%	17.6%	9.1%
Mid-City	2022	19.8%	19.3%	27.9%	20.9%	12.1%
Southeastern San Diego	2017	26.0%	25.2%	33.0%	12.2%	3.6%
Southeastern San Diego	2022	20.5%	29.3%	31.8%	13.7%	4.7%

Legend:
- ■ Not a High School Graduate
- ■ High School Graduate
- ■ Some College or AA/AS
- ■ Bachelor's Degree
- ■ Graduate Degree

Educational Attainment in Central Region

- In 2022, compared to other regions in the county, Central Region had the second highest proportion of adults 25 years and older who did not have a high school diploma (15.7%) and the third lowest proportion of residents with a bachelor's degree or higher (35.9%).

- However, between 2017 and 2022, the percent of adults 25 years and older in Central Region and its communities without a high school diploma decreased, while the percentages with a bachelor's degree and higher increased.

- In 2022, Mid-City SRA had the greatest percent increase in adults 25 years and older with a bachelor's degree or higher.

Labor Force by Occupation

2017					
Geography	Civilian employed population 16+	Management, business, science, and arts occupations	Service occupations	Sales and office occupations	Natural resources, construction, and maintenance occupations	Production, transportation, and material moving occupations
Central Region	250,176	36.7%	25.4%	21.9%	7.5%	8.5%
Central San Diego	96,466	52.0%	18.7%	19.8%	4.1%	5.4%
Mid-City	84,282	30.7%	29.2%	22.0%	8.0%	10.1%
Southeastern San Diego	69,428	22.8%	30.0%	24.8%	11.6%	10.8%
San Diego County	1,536,073	41.3%	19.6%	23.0%	7.6%	8.4%
2022					
Geography	Civilian employed population 16+	Management, business, science, and arts occupations	Service occupations	Sales and office occupations	Natural resources, construction, and maintenance occupations	Production, transportation, and material moving occupations
Central Region	256,497	41.2%	22.6%	18.4%	6.6%	11.2%
Central San Diego	100,902	54.3%	18.3%	16.4%	3.8%	7.1%
Mid-City	84,182	37.9%	25.5%	18.3%	7.1%	11.1%
Southeastern San Diego	71,413	26.6%	25.2%	21.2%	10.1%	17.0%
San Diego County	1,574,825	45.4%	17.9%	19.6%	7.2%	9.8%

- In 2022, the occupations with the highest percent of employed persons 16 years and older in Central Region and its communities were *management, business, science, and arts* and *service*.

- The proportion of employed persons 16 years and older in *management, business, science, and arts* and *production, transportation, and material moving* occupations increased between 2017 and 2022.

Labor Force by Industry

Top 5 Industry Types, 2017		
Rank	**Industry**	**Central Region**
1	Educational services, and health care and social assistance	21.0%
2	Arts, entertainment, & recreation, & accommodation and food services	16.1%
3	Professional, scientific, & management, & admin and waste management services	15.3%
4	Retail trade	10.3%
5	Manufacturing	6.8%

Top 5 Industry Types, 2022		
Rank	**Industry**	**Central Region**
1	Educational services, and health care and social assistance	22.0%
2	Professional, scientific, & management, & admin and waste management services	16.7%
3	Arts, entertainment, & recreation, & accommodation and food services	13.5%
4	Retail trade	9.6%
5	Manufacturing	7.6%

- The percent of workers in the *transportation and warehousing/utilities* industries increased the most in Central Region between 2017 and 2022, from 4.1% in 2017 to 5.0% in 2022.

- As a region, the proportion of workers in the *agriculture, forestry, fishing and hunting, and mining* industries decreased the most, from 0.5% of workers in 2017 to 0.2% in 2022.

Unemployment

Average Percent of Unemployment*, 2013-2017 and 2018-2022

Legend:
- Central Region
- Central San Diego
- Mid-City
- Southeastern San Diego
- San Diego County

	2017	2022
Southeastern San Diego	10.9%	7.7%
Mid-City	8.2%	7.6%
Central Region	7.8%	6.7%
San Diego County	6.8%	6.0%
Central San Diego	5.3%	5.4%

*Percent unemployed was derived from the number of unemployed persons out of the 16 year and older eligible labor force. Eligible labor force includes employed civilians, unemployed, and persons in the armed forces.

Source: U.S. Census Bureau; 2013-2017 American Community Survey 5-Year Estimates, Table DP03; 2018-2022 American Community Survey 5-Year Estimates, Table DP03.

Prepared by County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit, 2024.

Unemployment in Central Region

- In Central Region, the 5-year average percent of unemployed residents 16 years and older decreased from 7.8% in 2017 to 6.7% in 2022.

- Central Region had a higher 5-year average percent of unemployment than the county overall in 2017 and 2022.

- Among Central Region communities, Southeastern San Diego SRA had the highest 5-year average percent of unemployment in 2017 and 2022.

- Between 2017 and 2022, the 5-year average percent of unemployment decreased the most in Southeastern San Diego SRA.

Poverty

Percent of the Population Living Under 200% Federal Poverty Level in Central Region and Subregional Areas (SRAs), 2017 and 2022

Central Region: 2017: 44.2%, 2022: 33.8%
Central San Diego: 2017: 36.1%, 2022: 27.1%
Mid-City: 2017: 51.9%, 2022: 41.3%
Southeastern San Diego: 2017: 44.1%, 2022: 33.2%
San Diego County: 2017: 30.7%, 2022: 24.6%

Source: U.S. Census Bureau; 2013-2017 American Community Survey 5-Year Estimates, Table B17024; 2018-2022 American Community Survey 5-Year Estimates, Table B17024. Prepared by County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit, 2024.

Poverty in Central Region

- Between 2017 and 2022, the proportion of Central Region's population living below 200% FPL decreased from 44.2% in 2017 to 33.8% in 2022.

- The proportion of the population living below 200% of the federal poverty level in Central Region was higher than San Diego County overall in 2017 and 2022.

- Among Central Region communities, Mid-City SRA had the highest proportion of its population living below 200% FPL in 2017 and 2022.

Food Insecurity

Food Insecurity (Not Able to Afford Enough Food) Among Adults with Income Less than 200% Federal Poverty Level (FPL), 2018-2022

Region	Percent
San Diego County	33.5%
Central	29.1%
East	39.4%
North Central	35.9%
North Coastal	35.8%
North Inland	34.6%
South	27.0%
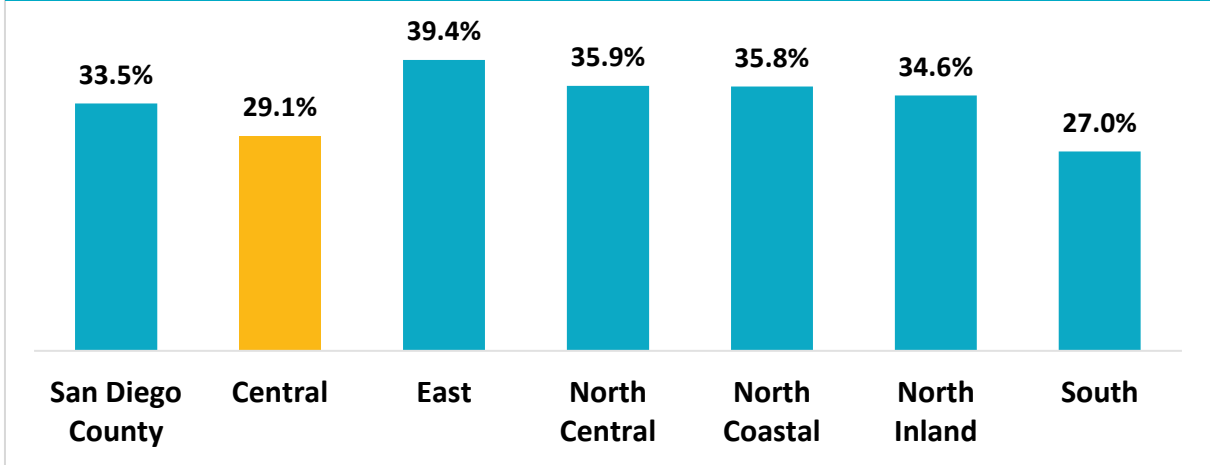
Percentage of Adults Food Insecure (Not Able to Afford Enough Food), Central Region, 2018-2022

Year	Percent^
2018	29.4%
2019	*
2020	19.7%
2021	31.8%
2022	32.9%

Food Insecurity in Central Region

- On average, nearly 1 in 3 adults (29.1%) with income less than 200% Federal Poverty Level (FPL) reported having an inability to afford enough food in Central Region between 2018-2022.

- Central Region had the second lowest proportion of adults with less than 200% FPL reporting food insecurity compared to all other HHSA Regions in San Diego County, on average between 2018-2022.

* = statistically unstable
^Asked of adults whose income is less than 200% of the Federal Poverty Level
Source: UCLA Center for Health Policy Research, Los Angeles, CA. California Health Interview Survey, AskCHIS 2018-2022. Available at http://ask.chis.ucla.edu. Exported on January 30, 2024.
Prepared by County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit, 2024.

Food Stamps

Population Currently Receiving Food Stamps Among Households at or Below 200% Federal Poverty Level, 2019-2022

- San Diego County: 25.1%
- Central: 27.4%
- East: 29.6%
- North Central: 23.5%
- North Coastal: 28.3%
- North Inland: 19.8%
- South: 22.1%
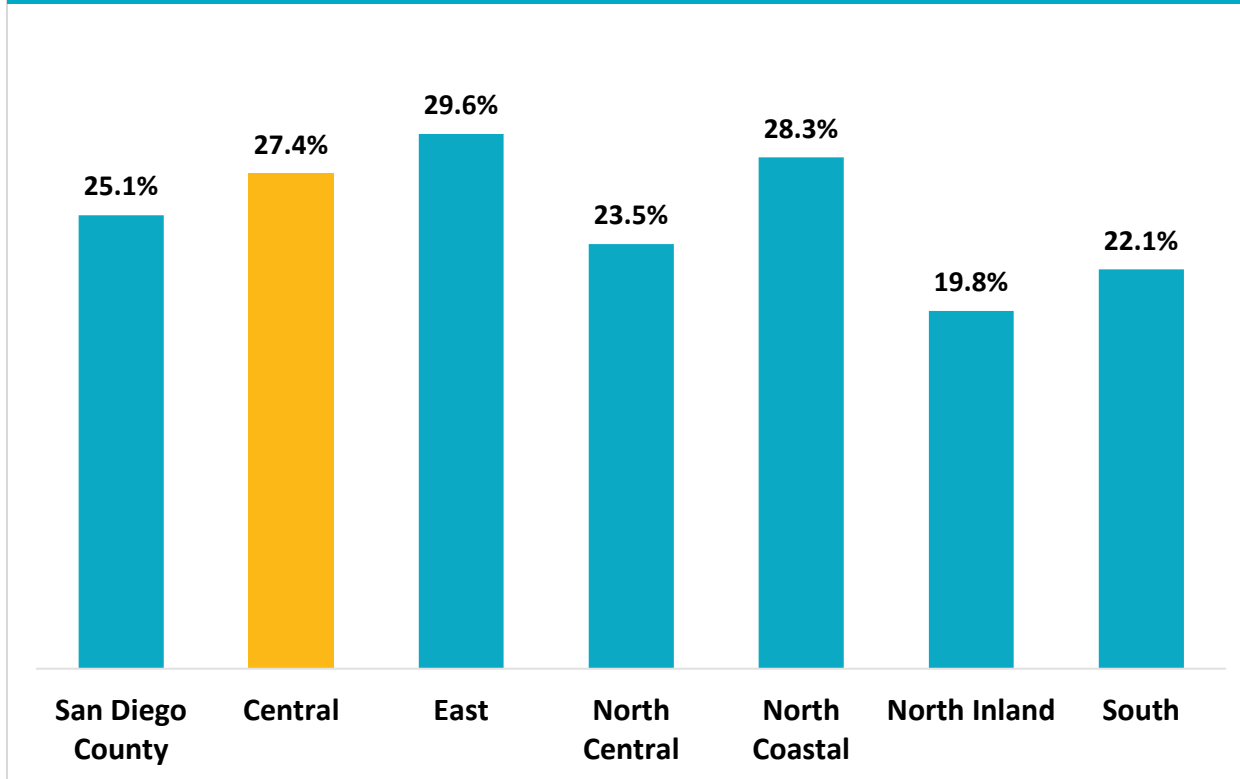
Food Stamps in Central Region

- On average, just over 27% of households with income at or below 200% Federal Poverty Level (FPL) reported receiving food stamps in Central Region between 2019-2022.

- Central Region had a higher proportion of households with income at or below 200% FPL that reported receiving food stamps than San Diego County overall between 2019-2022.

Housing For All

Self-Sufficiency

Self-Sufficiency Standard* for San Diego County, 2022^

The self-sufficiency standard measures how much income is needed for a household of a certain composition to adequately meet their basic needs without public or private assistance.

This interactive tool helps to visualize the minimum wage required for self-sufficiency based on the average amount spent on basic necessities in each Health and Human Services Agency (HHSA) Region, subregional area (SRA), and San Diego County overall.*

Select a household type to explore the differences in the income required to be economically self-sufficient:

- ○ **Single-Adult Household**
- ○ **Household with 2 Adults**
- ○ **Single-Parent Household with 2 Children (1 Preschool-Age, 1 School-Age)**
- ◉ **Household with 2 Adults, 2 Children (1 Preschool-Age, 1 School-Age)**

Select household type →

Select San Diego County/HHSA Region and subregional area (SRA) to explore the differences by geography:

San Diego County and HHSA Regions	Subregional Area (SRA)
San Diego County ▼	Central San Diego ▼

Use the drop-down filters to choose geography →

Self-Sufficiency* Income for a Household with 2 Adults, 2 Children (1 Preschool-Age, 1 School-Age), 2022
The average minimum income required to be economically self-sufficient without public or private assistance (based on each adult working 40 hours per week).

	San Diego County	Central San Diego SRA
Hourly (per adult)	$21.75	$20.22
Monthly	$7,541.29	$7,010.66
Annual	$90,495.53	$84,127.91

Monthly Contribution to Emergency Savings Fund

San Diego County	Central San Diego SRA
$247.58	$220.28

Annual Self-Sufficiency* Income for a Household with 2 Adults, 2 Children (1 Preschool-Age, 1 School-Age), Central San Diego SRA, 2022

Central San Diego $84,127.91

50 mi

© Mapbox © OSM

- This interactive tool helps to visualize the minimum wage required for self-sufficiency* based on the average amount spent on necessities in each Health and Human Services Agency (HHSA) region, subregional area (SRA), and San Diego County overall.

- Select household type to explore the differences in the income required to be economically self-sufficient.

Self-Sufficiency Standard* for San Diego County, 2022^

The self-sufficiency standard measures how much income is needed for a household of a certain composition to adequately meet their basic needs without public or private assistance.

This interactive tool helps to visualize the minimum wage required for self-sufficiency based on the average amount spent on basic necessities in each Health and Human Services Agency (HHSA) Region, subregional area (SRA), and San Diego County overall.*

Select a household type to explore the differences in the income required to be economically self-sufficient:
- ○ Single-Adult Household
- ○ Household with 2 Adults
- ○ Single-Parent Household with 2 Children (1 Preschool-Age, 1 School-Age)
- ● Household with 2 Adults, 2 Children (1 Preschool-Age, 1 School-Age)

Select San Diego County/HHSA Region and subregional area (SRA) to explore the differences by geography:

San Diego County and HHSA Regions	Subregional Area (SRA)
Central Region ▼	Mid-City ▼

Self-Sufficiency* Income for a Household with 2 Adults, 2 Children (1 Preschool-Age, 1 School-Age), 2022
The average minimum income required to be economically self-sufficient without public or private assistance (based on each adult working 40 hours per week).

	Central Region	Mid-City SRA
Hourly (per adult)	$20.02	$20.02
Monthly	$6,939.21	$6,939.06
Annual	$83,270.57	$83,268.67

Monthly Contribution to Emergency Savings Fund

Central Region	Mid-City SRA
$216.61	$216.60

Annual Self-Sufficiency* Income for a Household with 2 Adults, 2 Children (1 Preschool-Age, 1 School-Age), Mid-City SRA, 2022

Mid-City
$83,268.67

50 mi

© Mapbox © OSM

Monthly Expenses for a Household with 2 Adults, 2 Children (1 Preschool-Age, 1 School-Age), 2022
The average amount spent per month by expense type to meet basic necessities without public or private assistance.

	Central Region	Mid-City SRA
Housing	$2,116.09	$2,027.50
Transportation	$1,158.09	$1,185.06
Childcare	$1,317.91	$1,432.80
Food	$926.00	$926.00
Healthcare	$498.18	$441.60
Taxes	$677.18	$685.96
Miscellaneous	$601.63	$601.30
Child Care Tax Credit	($46.28)	($44.11)
Child Tax Credit	($151.58)	($152.02)
Excess Earned Income Credit	($158.00)	($165.03)

Annual Self-Sufficiency* Income for a Household with 2 Adults, 2 Children (1 Preschool-Age, 1 School-Age) by Subregional Area (SRA), San Diego County, 2022 *(Hover the cursor over the SRAs in the map to view interpretation)*

Annual Self-Sufficiency* Income

$76,487.31 — $107,704.03

Inset map of select subregional areas (SRAs) in Central and South Regions.

Pendleton, Fallbrook, Pauma, Oceanside, Vista, Valley Center, Palomar-Julian, San Marcos, Carlsbad, Escondido, San Dieguito, Ramona, Anza-Borrego Springs, North San Diego, Poway, Del Mar-Mira Mesa, University, Miramar, Lakeside, Laguna-Pine Valley, Coastal, Elliott-Navajo, Alpine, Kearny Mesa, Harbison Crest, El Cajon, La Mesa, Peninsula, Lemon Grove, Mountain Empire, Southeastern San Diego, National City, Jamul, Chula Vista, South Bay

Inset: Mid-City, Lemon Grove, Central San Diego, Southeastern San Diego, Coronado, National City, Chula Vista

© Mapbox © OSM — 10 mi

© 2024 Mapbox © OpenStreetMap

20 mi

LIVE WELL SAN DIEGO

HHSA HEALTH AND HUMAN SERVICES AGENCY

Housing Characteristics

Housing Occupancy Distribution in Central Region and its Subregional Areas (SRAs), 2017 and 2022

Legend: ■ 2017 ■ 2022

Percent of Housing Units

Owner-Occupied Housing Units
- Central Region: 32.9% / 34.4%
- Central San Diego: 25.1% / 25.9%
- Mid-City: 29.9% / 32.8%
- Southeastern San Diego: 51.7% / 54.2%
- San Diego County: 49.3% / 50.7%

Renter-Occupied Housing Units
- Central Region: 59.3% / 58.0%
- Central San Diego: 64.8% / 64.6%
- Mid-City: 63.5% / 60.1%
- Southeastern San Diego: 43.2% / 41.6%
- San Diego County: 43.7% / 42.7%

Unoccupied Housing Units
- Central Region: 7.8% / 7.6%
- Central San Diego: 10.0% / 9.5%
- Mid-City: 6.6% / 7.1%
- Southeastern San Diego: 5.1% / 4.2%
- San Diego County: 7.0% / 6.6%

Median Rent, 2017 and 2022

Geography	2017	2022
Central Region	$ 1,343	$ 1,855
Central San Diego	$ 1,323	$ 1,932
Mid-City	$ 1,291	$ 1,725
Southeastern San Diego	$ 1,417	$ 1,874
San Diego County	$ 1,467	$ 2,011

Median House Value, 2017 and 2022

Geography	2017	2022
Central Region	$ 426,604	$ 666,488
Central San Diego	$ 525,585	$ 764,470
Mid-City	$ 399,118	$ 640,741
Southeastern San Diego	$ 337,945	$ 544,558
San Diego County	$ 484,900	$ 725,200

Income

Median Household Income in Central Region and it's Subregional Areas (SRAs), 2017 and 2022

- Central Region: $56,665 (2017), $81,448 (2022)
- Central San Diego: $61,935 (2017), $88,945 (2022)
- Mid-City: $51,086 (2017), $71,207 (2022)
- Southeastern San Diego: $56,198 (2017), $80,743 (2022)
- San Diego County: $70,588 (2017), $96,974 (2022)
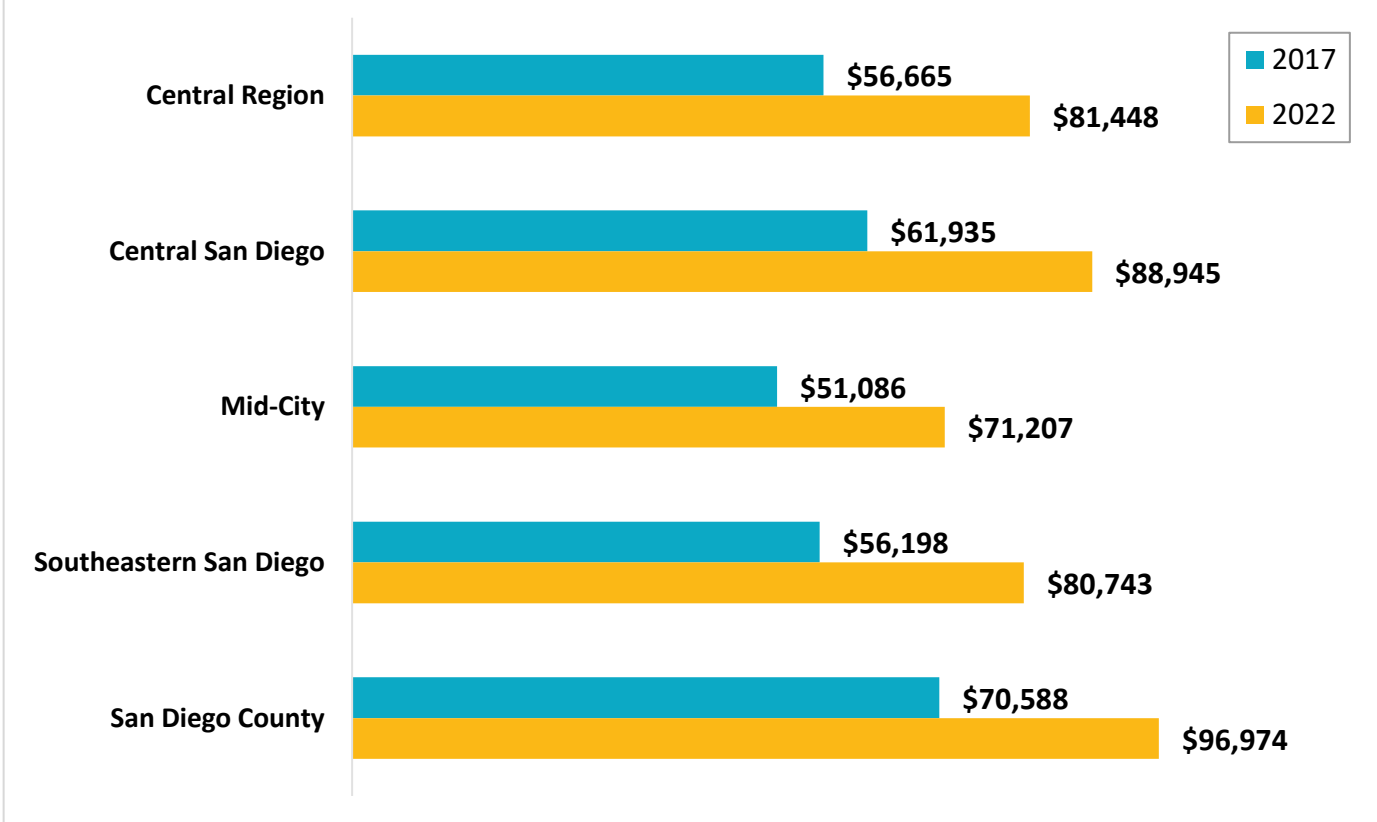
Median Household Income in Central Region

- Between 2017 and 2022, the median household income in Central Region increased from $56,665 in 2017 to $81,448 in 2022.

- The median household income in Central Region remained lower than in San Diego County overall from 2017 to 2022.

Housing Affordability

Percent of All Homes Affordable for 80% AMI Family by Census Tract, San Diego County, 2021

Legend:
- 0.0 - 10.9%
- 11.0 - 20.9%
- 21.0 - 39.9%
- 40.0 - 59.9%
- 60.0 - 79.9%
- 80.0% or more
- Military census tract
- No data available

Military census tracts include substantial military group quarters population, a special population with unique demographics, needs, and resources.

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20 mi

- At or below 80% AMI = low income
- At or below 50% AMI = very low income
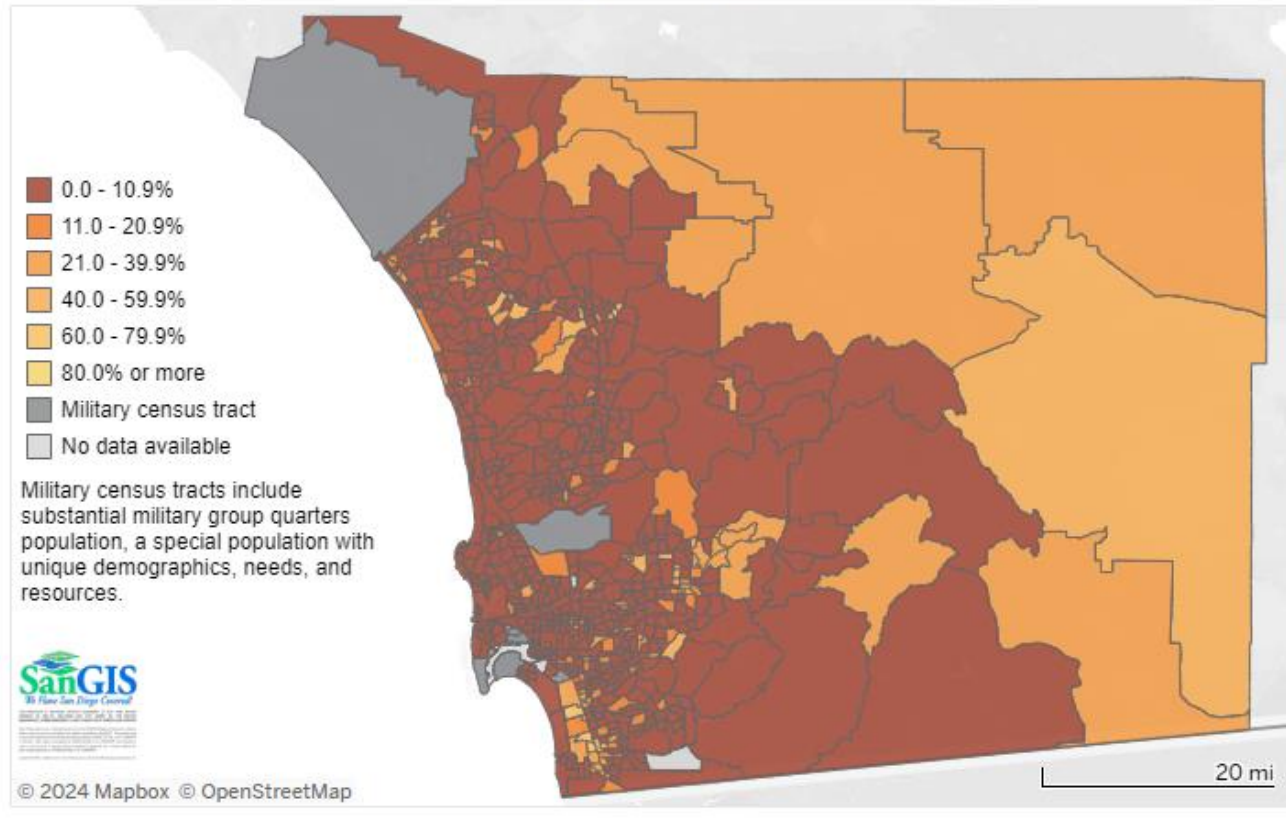
Homeownership Affordability in Central Region

Area median income (AMI) is defined as the midpoint of a specific area's income distribution and is calculated on an annual basis by the Department of Housing and Urban Development (HUD).

Home Ownership Affordability estimates assume that a family can afford to purchase a home valued at three times their annual salary.

- In 2021, less than 11% of homes were affordable for families that were low income (at or below 80% of Area Median Income (AMI)) in more than 87% of census tracts in Central Region.

- Similarly, for those with very low income (at or below 50% of AMI), less than 11% of homes were affordable in nearly 89% of census tracts in Central Region.

Housing Affordability

Percent of 2 Bedroom Rental Units Affordable for 4-Person Family 80% AMI by Census Tract, San Diego County, 2021

Legend:
- 0.0 - 10.9%
- 11.0 - 20.9%
- 21.0 - 39.9%
- 40.0 - 59.9%
- 60.0 - 79.9%
- 80.0% or more
- Military census tract
- No data available

Military census tracts include substantial military group quarters population, a special population with unique demographics, needs, and resources.

20 mi

© 2024 Mapbox © OpenStreetMap

- At or below 80% AMI = low income
- At or below 50% AMI = very low income
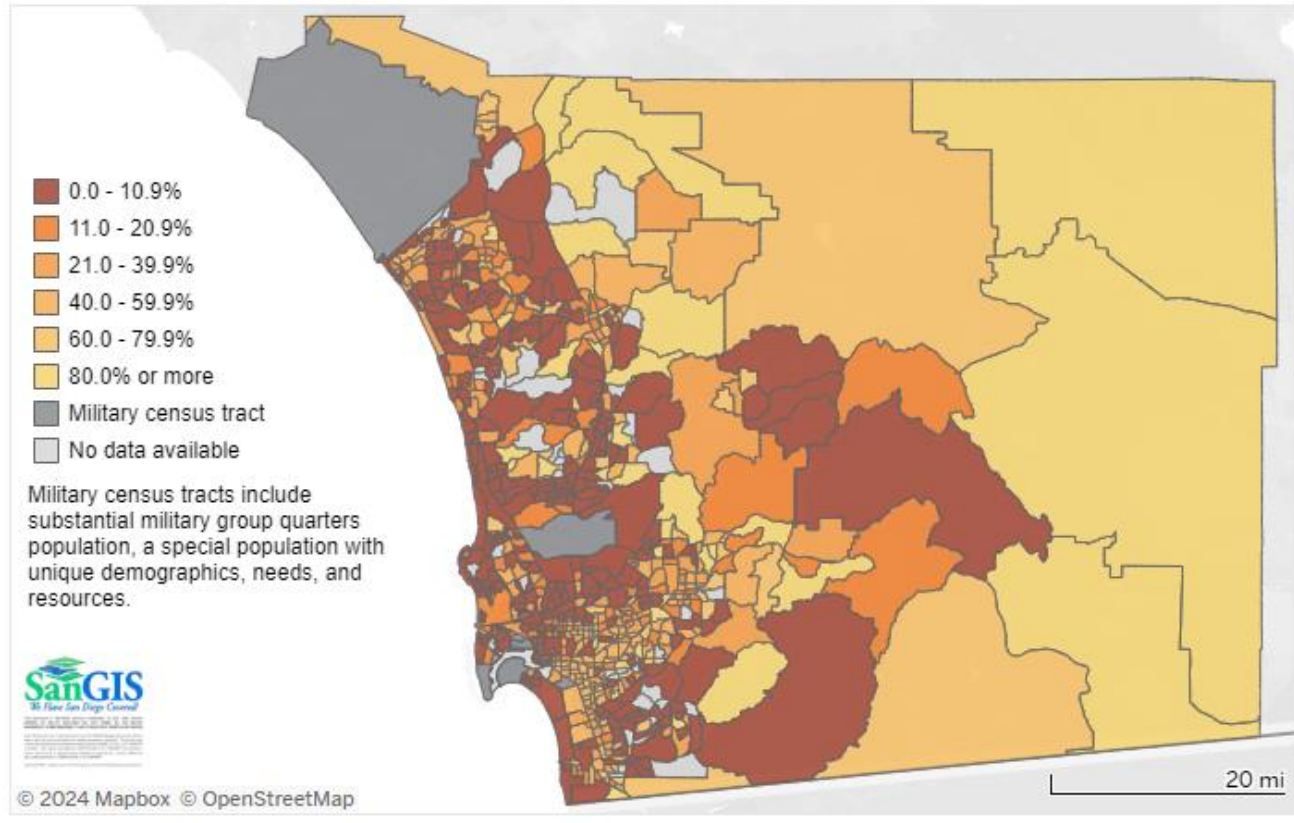
Rental Unit Affordability in Central Region

Rental Affordability calculations assume that a family can afford to spend 30% or less of their income on rent, which corresponds to the threshold for housing cost burden as defined by the Census Bureau.

- In 2021, less than 11% of 2-bedroom rental units were affordable for low-income 4-person families (at or below 80% of AMI) in more than 27% of census tracts in Central Region.

- The 2-bedroom rental unit affordability was the same for both very low income (50% of AMI) and middle income (100% of AMI) families in Central Region.

2024 Point-In-Time Data

	% of the Region	Total Homeless Persons
City of San Diego	64%	6,783
North County Inland	8.6%	876
North County Coastal	7.8%	865
South County	8%	849
East County	11.6%	1,232

North County Coastal 7.8%
North County Inland 8.6%
City of San Diego 64%
East County 11.6%
South County 8%

Regional Breakdown
SHELTERED + UNSHELTERED
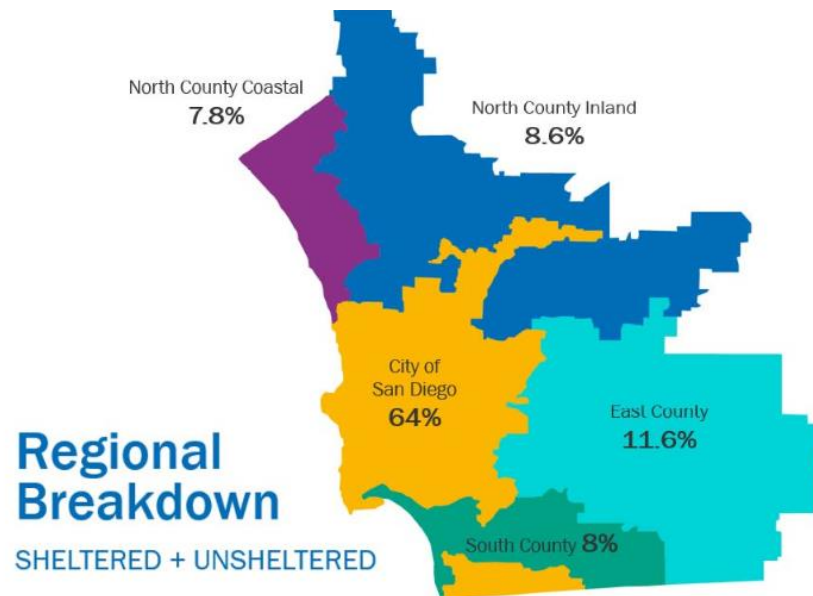
Region	City	2024 Sheltered				2024 Unsheltered	2023 Unsheltered	2023-24 Unsheltered Change
		ES	TH	SH	Total	Total Unsheltered	Total Unsheltered	% Change
Central Region	San Diego City	2,650	588	56	3,294	3,489	3,285	6.2%
North Coastal Region	Carlsbad	77	0	0	77	112	60	86.7%
	Oceanside	90	71	0	161	361	290	24.5%
	Encinitas (San Dieguito, Solana Beach & Del Mar)	14	17	0	31	123	73	68.5%
South Region	Coronado	0	0	0	0	0	1	-100.0%
	National City	0	5	0	5	174	159	9.4%
	Chula Vista (Sweetwater)	72	75	0	147	503	318	58.2%
	Imperial Beach	0	0	0	0	20	19	5.3%
East Region	El Cajon	160	357	0	517	283	203	39.4%
	La Mesa	8	6	0	14	53	36	47.2%
	Lemon Grove	0	0	0	0	111	60	85.0%
	Santee	0	0	0	0	73	76	-3.9%
	Alpine (Crest-Dehesa)*	0	0	0	0	0	4	-100.0%
	Lakeside*	0	0	0	0	52	78	-33.3%
	Spring Valley (Casa de Oro)*	0	0	0	0	129	71	81.7%
North Inland Region	Escondido (NC Metro & Hidden Meadows)	82	62	4	148	401	304	31.9%
	Vista (Bonsall)	24	77	0	101	170	88	93.2%
	Poway	0	0	0	0	1	2	-50.0%
	Fallbrook*	0	0	0	0	7	19	-63.2%
	San Marcos	0	0	0	0	35	2	1,650.0%
	Ramona*	0	0	0	0	13	23	-43.5%
	TOTAL	3,177	1,258	60	4,495	6,110	5,171	18.2%

*Regions with an asterisk represent unincorporated regions.

2024 Point-In-Time Data

City of San Diego

Emergency Shelter	Safe Haven	Transitional Housing	Unsheltered
2,650	56	588	3,489*
Total: 6,783			

*Includes Caltrans Count of 283

Homeless Profile	% of Unsheltered Persons*	# of Homeless Persons	% Sheltered Persons*	# Sheltered Persons
Veteran	9%	311	7%	226
Female	29%	372	38%	1,260
Families	3%	100	22%	710
Youth	9%	321	23%	745
Chronically Homeless	45%	1,570	29%	969

*Percentages rounded to nearest whole number

Housing Inventory	Beds	Utilization
Emergency Shelter	3,050	87%
Safe Haven	61	92%
Transitional Housing	992	59%
Permanent Supportive Housing	6,664	83%
Rapid Re-Housing	1,525	100%
Other Permanent Housing	1,863	90%

2023 to 2024 Changes

	2023 Total	2024 Total	2023-2024 Overall Change
Region	Total	Total	% of Total
City of San Diego	6,500	6,783	4%

	2024 Unsheltered	2023 Unsheltered	2023-2024 Unsheltered Change
City	Count	Count	% of Total
City of San Diego	3,489	3,285	6%

	2023 Sheltered				2024 Sheltered	2023-2024 Sheltered Change
Region	ES	TH	SH	Total	Total	% of Total
City of San Diego	2,598	572	45	3,215	3,294	2%

2024 Sheltered Count breakdown by Project Type		
ES	TH	SH
2650	588	56

Source: Regional Taskforce for the Homeless. City of San Diego 2024 Point-in-Time Count Data. Available at: https://www.rtfhsd.org/wp-content/uploads/2024-City-of-San-Diego-Region-Breakdown.pdf.

2024 Point-In-Time Data

COUNTY OF SAN DIEGO
Health and Human Services Agency

LIVE WELL SAN DIEGO

Unsheltered Persons Experiencing Homelessness by Gender in the City of San Diego, 2024

Legend:
- Male
- Female
- Non-Binary
- More than one gender

Pie chart values: 69%, 29%, 1%, 1%
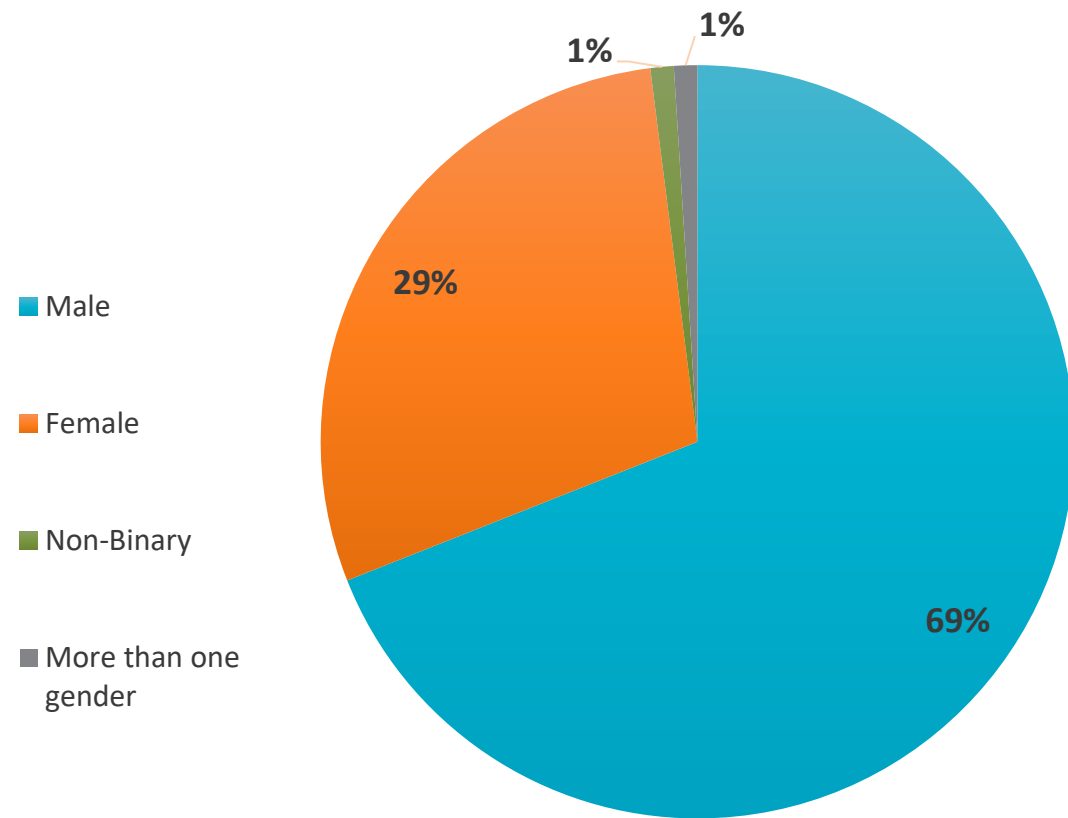
Unsheltered Persons Experiencing Homelessness by Race in the City of San Diego, 2024

Legend:
- NH American Indian
- NH Asian or Asian American
- NH Black, African American, or African
- NH Native Hawaiian or Pacific Islander
- NH White
- NH Multiple Races
- Hispanic
- White (Hispanic)
- Multiple Races (Hispanic)

Pie chart values: 3%, 2%, 21%, 1%, 43%, 3%, 24%, 1%, 1%

Hospital Discharge Data for Persons Experiencing Homelessness in San Diego County

Demographics

2021 Hospital Discharge Data for Persons Experiencing Homelessness

Demographics	Health	Top Diagnosis Groups

Number of Individuals Experiencing Homelessness Discharged from the Hospital

4,820

Total Number of Hospital Discharges Experiencing Homelessness

8,655

Average Number of Visits per Person

1.8

Median Age

53

Age Range

0 to 98 years old

Sex by Age
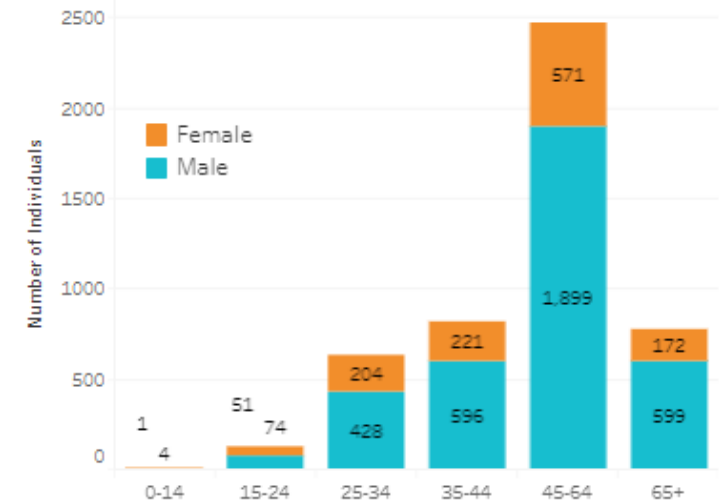
- Female
- Male

Number of Individuals

- 0-14: 1, 4
- 15-24: 51, 74
- 25-34: 204, 428
- 35-44: 221, 596
- 45-64: 571, 1,899
- 65+: 172, 599

Race/Ethnicity

- Hispanic: 1,064
- White, non-Hispanic: 2,495
- Black, non-Hispanic: 766
- Asian, non-Hispanic: 76
- AIAN, non-Hispanic: 22
- NHPI, non-Hispanic: 12
- Multiple Race: 115
- Some Other Race: 235
- Unknown: 35
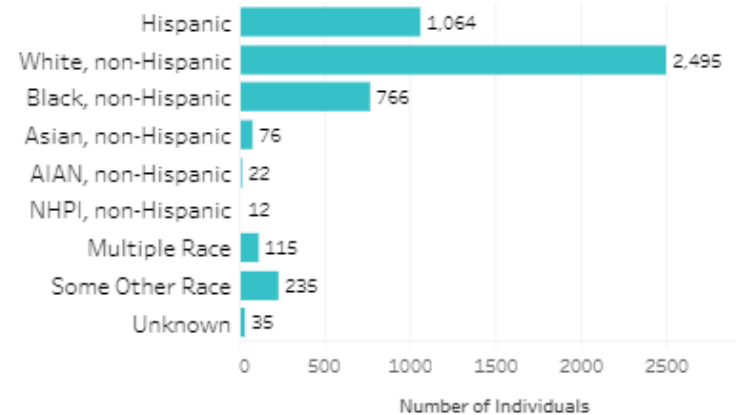
Number of Individuals

Preferred Language Spoken

- English: 4,600
- Spanish: 196
- Other: 17
- Unknown: 7

Footnote: Additional discharges of the same individual were removed from the total. All hospitalizations represent acute care facilities only. AIAN: American Indian/Alaska Native. NHPI: Native Hawaiian/Pacific Islander. Source: California Department of Healthcare Access and Information (HCAI), Patient Discharge Data, 2021. Prepared by: County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit, 06/2023.

Demographics | **Health** | Top Diagnosis Groups

Hospital Discharge Data for Persons Experiencing Homelessness in San Diego County

Health

Admission Day and Month

Day	Count
Sun	653
Mon	699
Tues	699
Wed	711
Thur	729
Fri	696
Sat	633

Number of Individuals by month: Jan 433, Feb 448, Mar 432, Apr 484, May 424, Jun 433, Jul 369, Aug 371, Sep 373, Oct 324, Nov 326, Dec 403
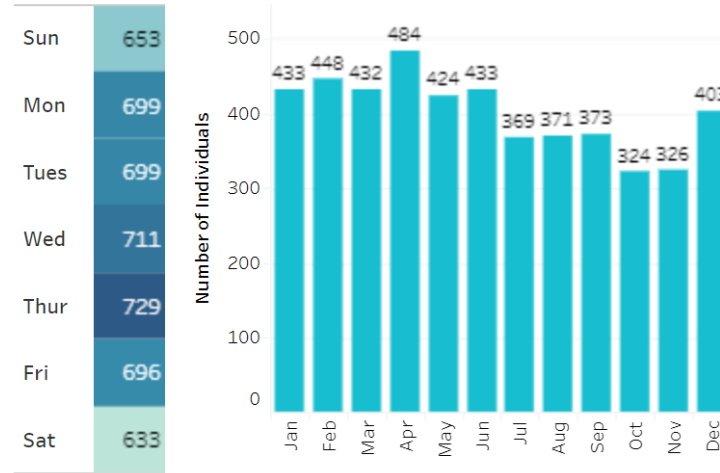
Average Length of Stay: **7 days**

Top 10 Primary Diagnoses

Diagnosis	Count
Septicemia	609
Skin and subcutaneous tissue infections	437
Alcohol-related disorders	249
Heart failure	233
Poisoning by drugs, initial encounter	222
Diabetes mellitus with complication	155
Coronavirus disease - 2019 (COVID-19)	146
Traumatic brain injury (TBI); concussion, initial encounter	90
Fracture of the lower limb (except hip), initial encounter	76
Cerebral infarction	72

Top 5 Facility Zipcodes

Zipcode	Count
92103	2,328
91942	640
92123	376
92037	217
92120	197

Top 5 Expected Sources of Payment

Source	Count
Medi-Cal	3,442
Medicare	1,053
Private Coverage	115
Other Government	99
Self-Pay	93

Top 3 Patient Dispositions

Disposition	Count
Discharged to home or self care (routine discharge)	2,897
Discharged/transferred to skilled nursing facility (SNF) with Medicare certification in in anticipation of skilled care	865
Left against medical advice or discontinued care	475

Footnote: Additional discharges of the same individual were removed from the total. All hospitalizations represent acute care facilities only. Source: California Department of Healthcare Access and Information (HCAI), Patient Discharge Data, 2021.

Prepared by: County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit, 06/2023.

Demographics	Health	Top Diagnosis Groups	

Hospital Discharge Data for Persons Experiencing Homelessness in San Diego County

Top Diagnosis Groups

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Fracture of the lower limb (except hip), initial encounter	76
Cerebral infarction	72

Top 10 Primary Diagnoses by Age Group**

	15-24	25-34	35-44	45-64	65+
Septicemia	13	91	106	309	90
Skin and subcutaneous tissue infections		67	97	225	37
Alcohol-related disorders		25	50	135	35
Heart failure			15	157	55
Poisoning by drugs, initial encounter	11	40	57	99	15
Diabetes mellitus with complication		15	25	92	20
Coronavirus disease - 2019 (COVID-19)			18	85	35
Traumatic brain injury (TBI); concussion, initial encounter		13	13	44	16
Fracture of the lower limb (except hip), initial encounter		13	14	41	
Cerebral infarction				51	19

Top 3 Primary Diagnoses for 3 Most Common Race/Ethnicities*

Hispanic
- Septicemia — 147
- Skin and subcutaneous tissue infections — 98
- Coronavirus disease - 2019 (COVID-19) — 44
- Diabetes mellitus with complication — 44

White, non-Hispanic
- Septicemia — 322
- Skin and subcutaneous tissue infections — 252
- Alcohol-related disorders — 175

Black, non-Hispanic
- Septicemia — 86
- Heart failure — 64
- Skin and subcutaneous tissue infections — 48
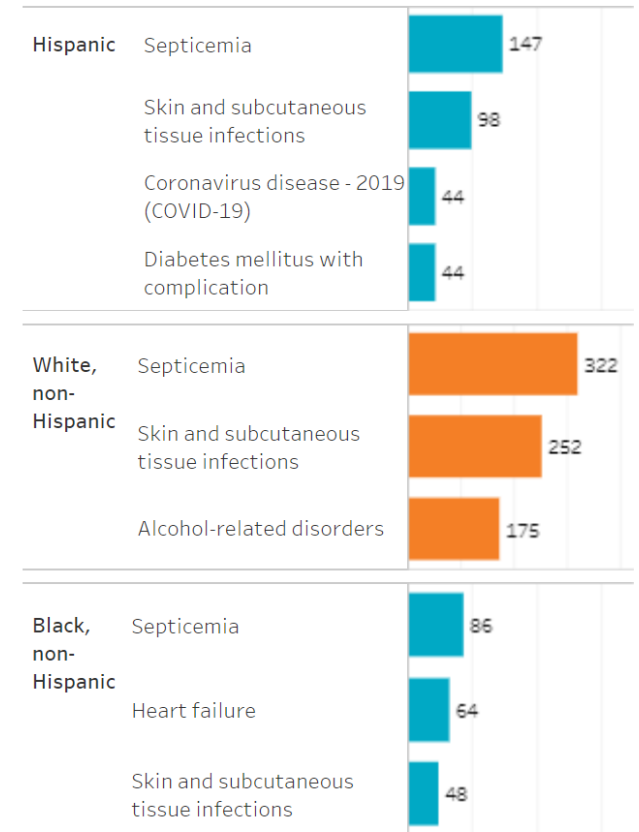
*Hispanic, Non-Hispanic White, and Non-Hispanic Black make up 90% of homeless individuals who were discharged from a hospital in 2021.

Footnote: Additional discharges of the same individual were removed from the total. All hospitalizations represent acute care facilities only. **Counts less than 11 were surpressed. Ages 0-14 had no top 10 diagnoses greater than 11. Source: California Department of Healthcare Access and Information (HCAI), Patient Discharge Data, 2021. Prepared by: County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit, 06/2023.
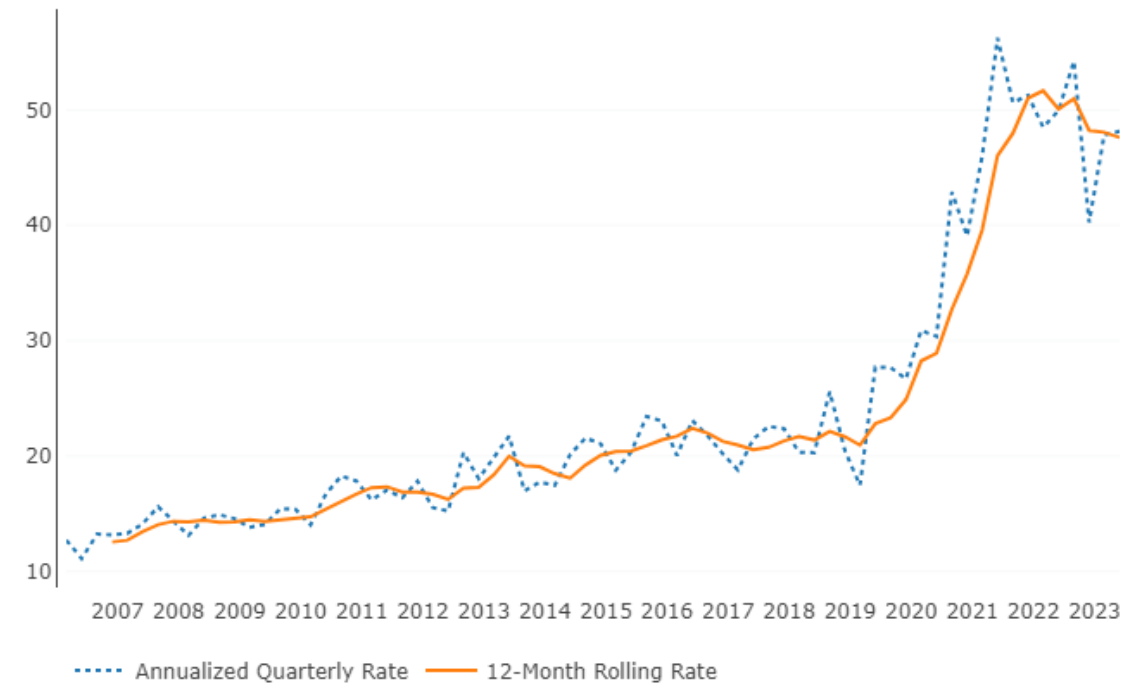
Emergency Department Discharge Data for Persons Experiencing Homelessness in San Diego County

Demographics

2021 Emergency Department Data for Persons Experiencing Homelessness

Demographics	Health	Top Diagnosis Groups

Number of Individuals Experiencing Homelessness Discharged from the ED

11,549

Total Number of ED Discharges Experiencing Homelessness

35,790

Average Number of Visits per Person

3.1

Median Age

43

Age Range

0 to 97 years old

Sex by Age*

Age	Female	Male
0-14	20	17
15-24	285	429
25-34	767	1,902
35-44	768	1,862
45-64	1,252	3,354
65+	227	658

Race/Ethnicity

	Number of Individuals
Hispanic	2,851
White, non-Hispanic	5,702
Black, non-Hispanic	1,968
Asian, non-Hispanic	140
AIAN, non-Hispanic	32
NHPI, non-Hispanic	23
Multiple Race	155
Some Other Race	549
Unknown	129

Preferred Language Spoken

Language	
English	11,139
Spanish	357
Other	37
Unknown	15
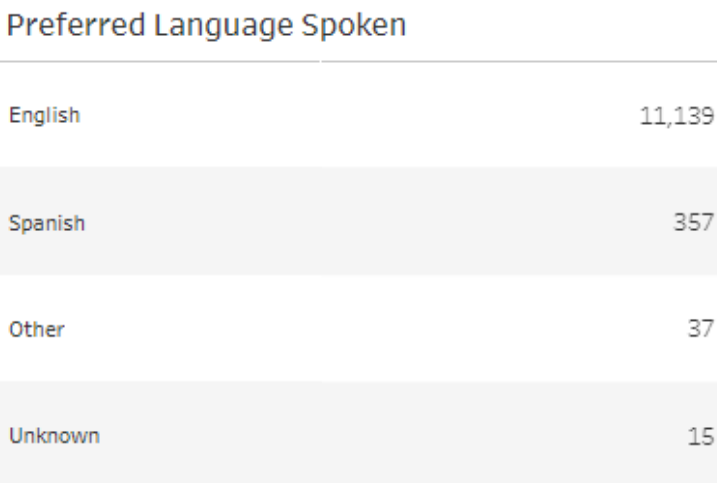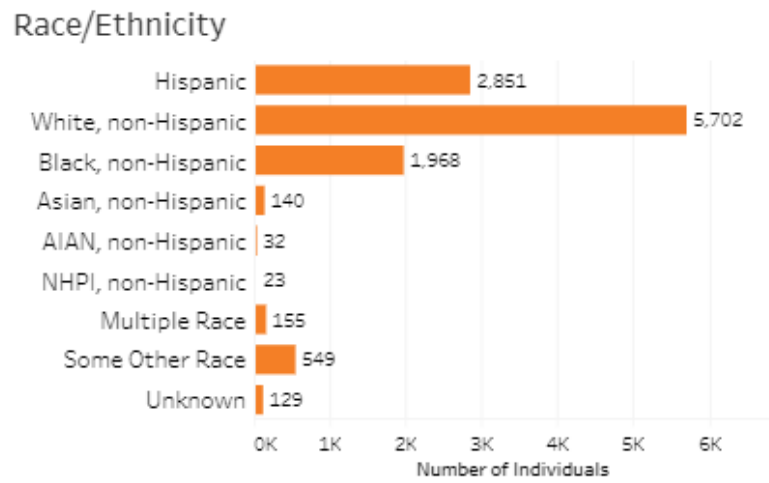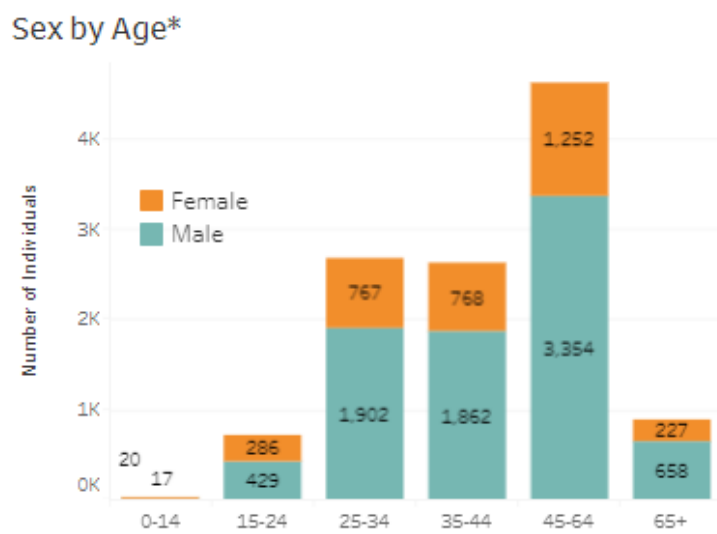
Footnote: Additional discharges of the same individual were removed from the total. AIAN: American Indian/Alaska Native. NHPI: Native Hawaiian/Pacific Islander.

*Individuals with unknown sex or age are not included in count of sex by age.

Source: Department of Health Care Access and Information (HCAI), Emergency Department Discharge Data, 2021.

Prepared by: County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit, 06/2023.

Demographics	Health	Top Diagnosis Groups

Emergency Department Discharge Data for Persons Experiencing Homelessness in San Diego County

Health

Admission Day and Month

Day	Number
Sun	1,538
Mon	1,684
Tues	1,647
Wed	1,737
Thur	1,692
Fri	1,688
Sat	1,563

Monthly (Number of Individuals):
- Jan: 1,575
- Feb: 1,148
- Mar: 1,302
- Apr: 855
- May: 851
- Jun: 957
- Jul: 898
- Aug: 896
- Sep: 887
- Oct: 725
- Nov: 680
- Dec: 775

Top 10 Primary Diagnosis Groups

Skin and subcutaneous tissue infections	728
Schizophrenia spectrum and other psychotic disorders	562
Alcohol-related disorders	491
Suicidal ideation/attempt/intentional self-harm	458
Musculoskeletal pain, not low back pain	452
Superficial injury; contusion, initial encounter	441
Abdominal pain and other digestive/abdomen signs and symptoms	421
Poisoning by drugs, initial encounter	354
Nonspecific chest pain	343
Stimulant-related disorders	281

Top 5 Facility Zipcodes

92103	6,109
91942	1,521
92123	701
92025	580
92120	481

Top 5 Expected Sources of Payment

Medicaid (Medi-Cal)	8,415
Medicare Part B	988
Self-Pay	865
Health Maintenance Organization (HMO) Medicare Risk	640
Health Maintenance Organization	186

Top 3 Patient Dispositions

Discharged to home or self care (routine discharge)	10,106
Left against medical advice or discontinued care	549
Discharged/Transferred to a psychiatric hospital or psychiatric distinct part unit of a hospital	352

Footnote: Additional discharges of the same individual were removed from the total.
Source: Department of Health Care Access and Information (HCAI), Emergency Department Discharge Data, 2021.
Prepared by: County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit, 06/2023.

< Demographics | Health | **Top Diagnosis Groups** >

Emergency Department Discharge Data for Persons Experiencing Homelessness in San Diego County

Top Diagnosis Groups

Top 10 Primary Diagnosis Groups

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Poisoning by drugs, initial encounter	354
Nonspecific chest pain	343
Stimulant-related disorders	281

Top 10 Primary Diagnosis Groups by Age Group**

	15-24	25-34	35-44	45-64	65+
Skin and subcutaneous tissue infections	24	175	216	281	32
Schizophrenia spectrum and other psychotic disorders	45	189	144	164	20
Alcohol-related disorders	16	83	121	231	40
Suicidal ideation/attempt/intentional self-harm	61	130	110	136	20
Musculoskeletal pain, not low back pain	14	78	92	221	46
Superficial injury; contusion, initial encounter	46	97	94	174	29
Abdominal pain and other digestive/abdomen signs and symptoms	34	85	86	177	36
Poisoning by drugs, initial encounter	27	128	98	94	
Nonspecific chest pain	15	42	69	178	39
Stimulant-related disorders	26	87	80	83	

Top 3 Primary Diagnosis Groups for 3 Most Common Race/Ethnicities*

Hispanic
Skin and subcutaneous tissue infections	191
Superficial injury; contusion, initial encounter	125
Abdominal pain and other digestive/abdomen signs and symptoms	117

White, non-Hispanic
Skin and subcutaneous tissue infections	426
Alcohol-related disorders	306
Schizophrenia spectrum and other psychotic disorders	267

Black, non-Hispanic
Schizophrenia spectrum and other psychotic disorders	126
Musculoskeletal pain, not low back pain	99
Suicidal ideation/attempt/intentional self-harm	84

* Hispanic, Non-Hispanic White, and Non-Hispanic Black make up 91% of homeless individuals who presented to the emergency department (ED) in 2021.

Footnote: Additional discharges of the same individual were removed from the total. **Counts less than 11 were surpressed. Ages 0-14 had no top 10 diagnoses greater than 11. Source: Department of Health Care Access and Information (HCAI), Emergency Department Discharge Data, 2021. Prepared by: County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit, 06/2023.

Youth Experiencing Homelessness

Homeless Student (Preschool-Adult) by Subregional Area, San Diego County, 2022-2023
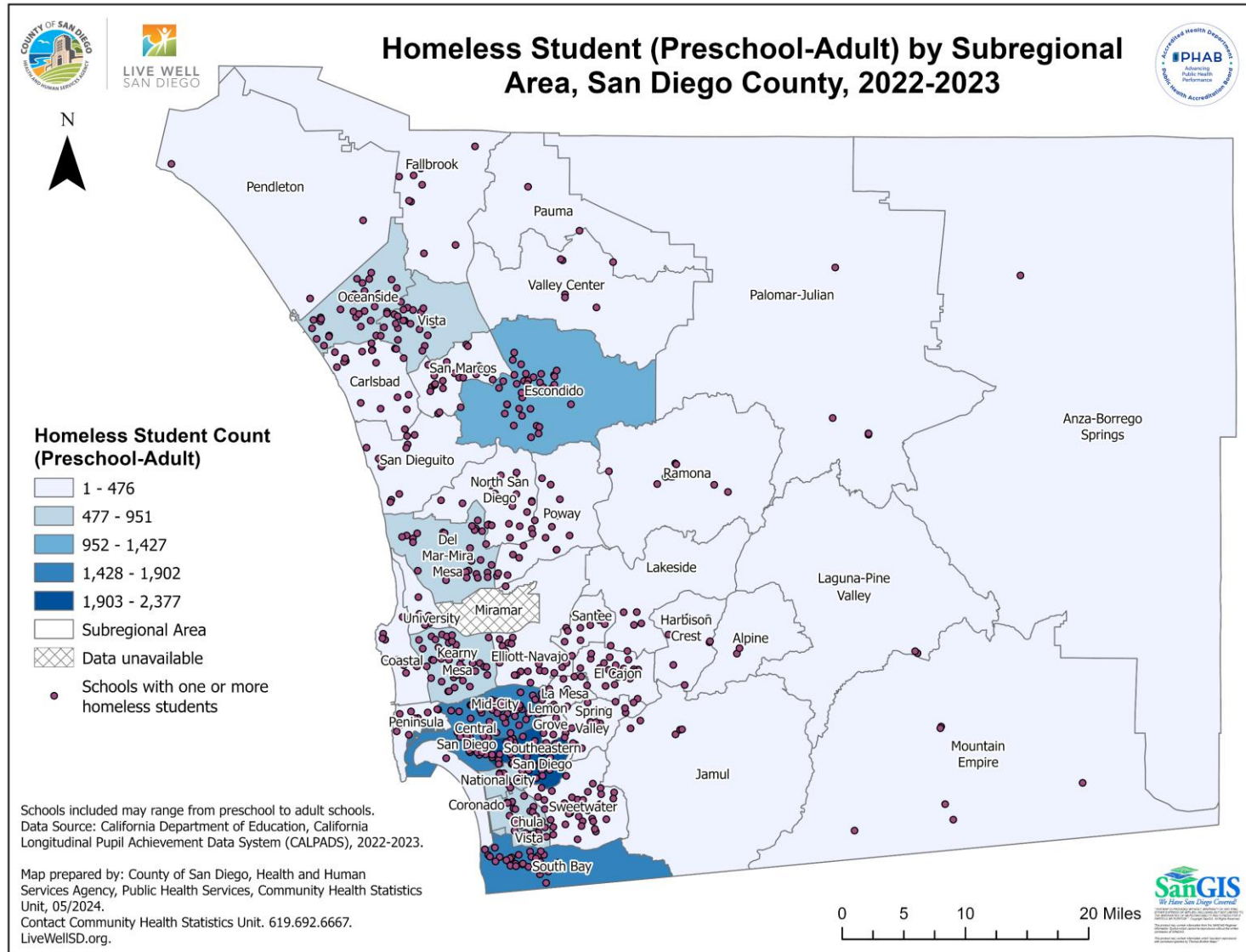
Overall, there were **5,320** homeless students reported by schools in Central Region in the 2022-2023 school year.

All SRAs within Central Region contained schools with at least one homeless student.

Among Central Region SRAs, Southeastern San Diego had the most homeless students, compared to the other SRAs within the region.

Health and Well-Being

Health Insurance

Percent of the Population with Health Insurance in Central Region and its Subregional Areas (SRAs), 2017 and 2022

Chart data points:
- San Diego County: 89.6% (2017) → 92.7% (2022)
- Central San Diego: 86.8% (2017) → 91.6% (2022)
- Central Region: 84.8% (2017) → 90.0% (2022)
- Southeastern San Diego: 83.6% (2017) → 89.9% (2022)
- Mid-City: 84.0% (2017) → 88.6% (2022)

Legend: Central Region, Central San Diego, Mid-City, Southeastern San Diego, San Diego County
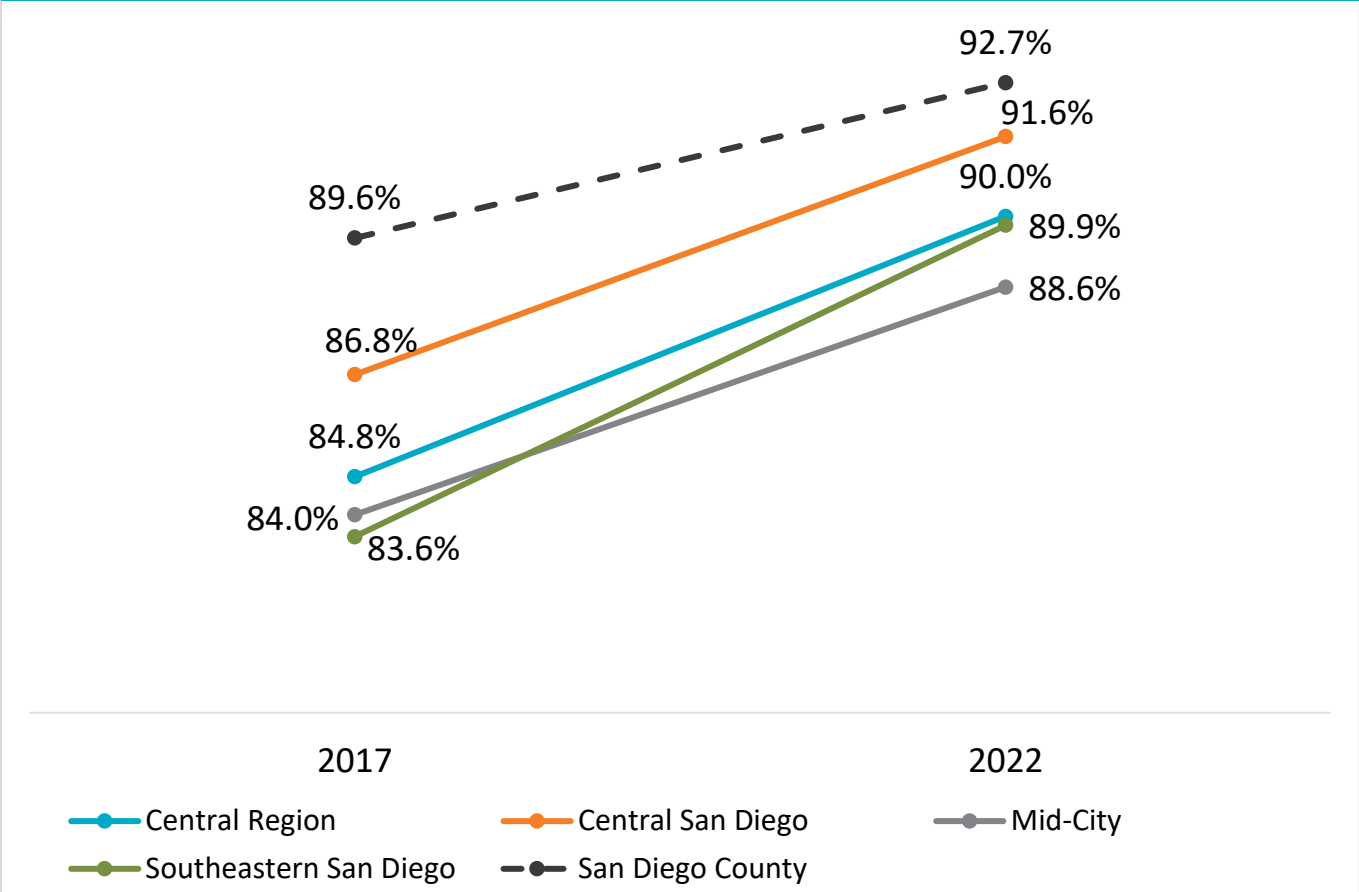
Health Insurance in Central Region

- Compared to the overall county, Central Region residents were less likely to have health insurance in 2017 and 2022.

- However, the proportion of residents with health insurance increased between 2017 and 2022 for Central Region and all its communities.

- Among Central Region communities, Southeastern San Diego SRA had the highest increase in the proportion of residents with health insurance from 2017 to 2022.

- As of 2022, Mid-City SRA had the lowest proportion of residents in Central Region with health insurance coverage.

Health Status and Usual Source of Care

Health Status (Self-Reported) in Central Region, 2018-2022

Legend: Excellent, Good/Very good, Fair/Poor

Good/Very good: 60.8%, 53.2%, 49.3%, 63.5%, 60.6%
Excellent: 26.0%, 32.6%, 32.9%, 25.3%, 24.6%
Fair/Poor: 13.2%, 14.2%, 17.7%, 11.3%, 14.7%

Years: 2018, 2019, 2020, 2021, 2022
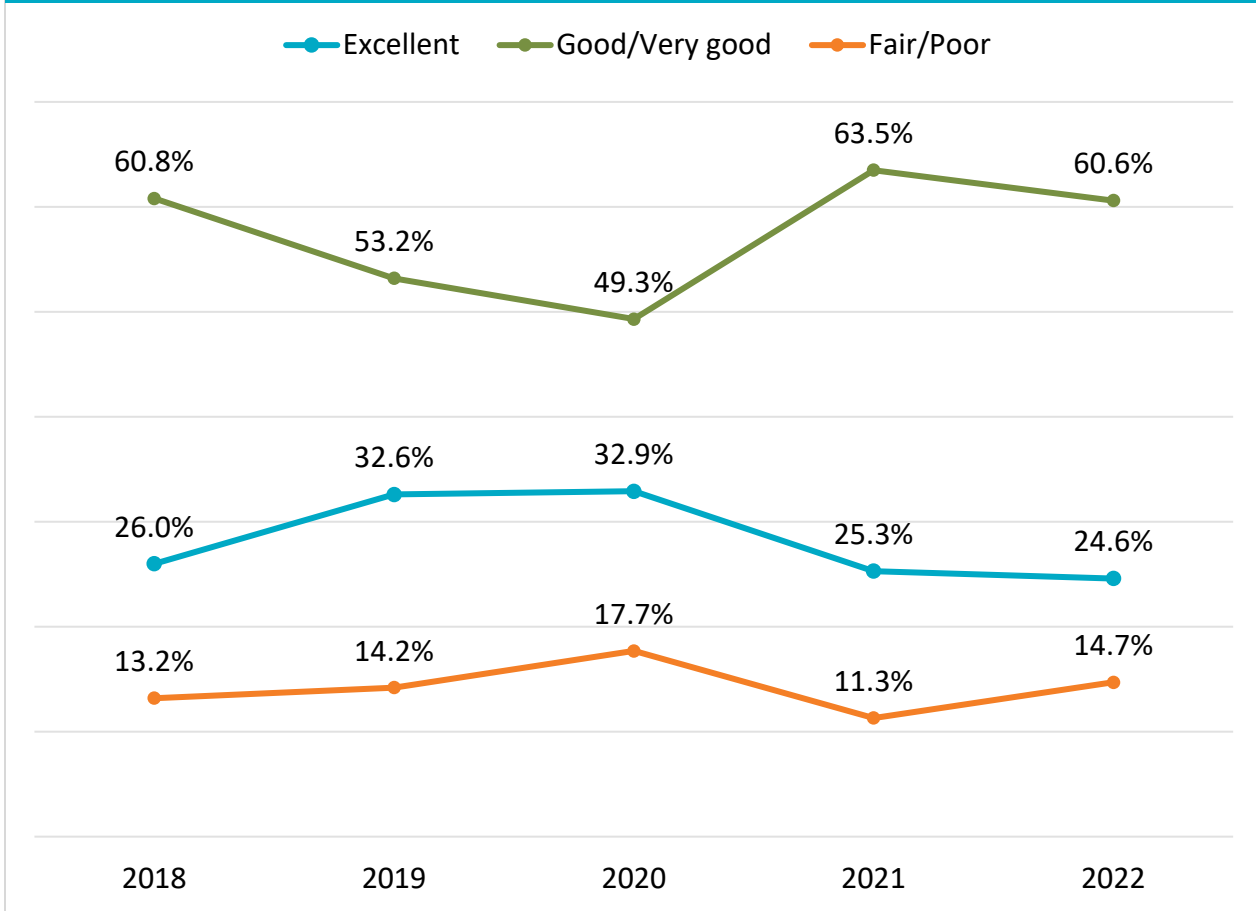
Percent of Residents with Usual Place to go When Sick or in Need of Health Advice, 2018-2022

Year	Percent
2018	*
2019	81.2%
2020	85.8%
2021	83.8%
2022	79.6%

Health Status

- 1 in 7 Central Region residents self-reported their health status as fair/poor in 2022.
- The percentage of residents reporting good/very good health was similar in 2018 (60.8%) and 2022 (60.6%).

Usual Place of Care

- In 2022, nearly 80% of residents reported having a usual place to go when sick or in need of health advice.

Disability

Number and Percent of Residents with Any Type of Disability, 2017 and 2022				
Geography	2017		2022	
	#	%	#	%
Central Region	49,960	10.1%	53,167	11.0%
Central San Diego	16,691	10.4%	17,623	10.8%
Mid-City	16,365	9.4%	17,519	10.6%
Southeastern San Diego	16,904	10.4%	18,025	11.6%
San Diego County	312,565	9.8%	331,418	10.4%

- The percent of residents with a disability in Central Region had a slight increase from 10.1% in 2017 to 11.0% in 2022.

- About 1 in 9 residents in Central Region reported having a disability in 2022.

Mortality Measures

Life Expectancy

Life Expectancy in Central Region and its Subregional Areas (SRAs), 2018-2022
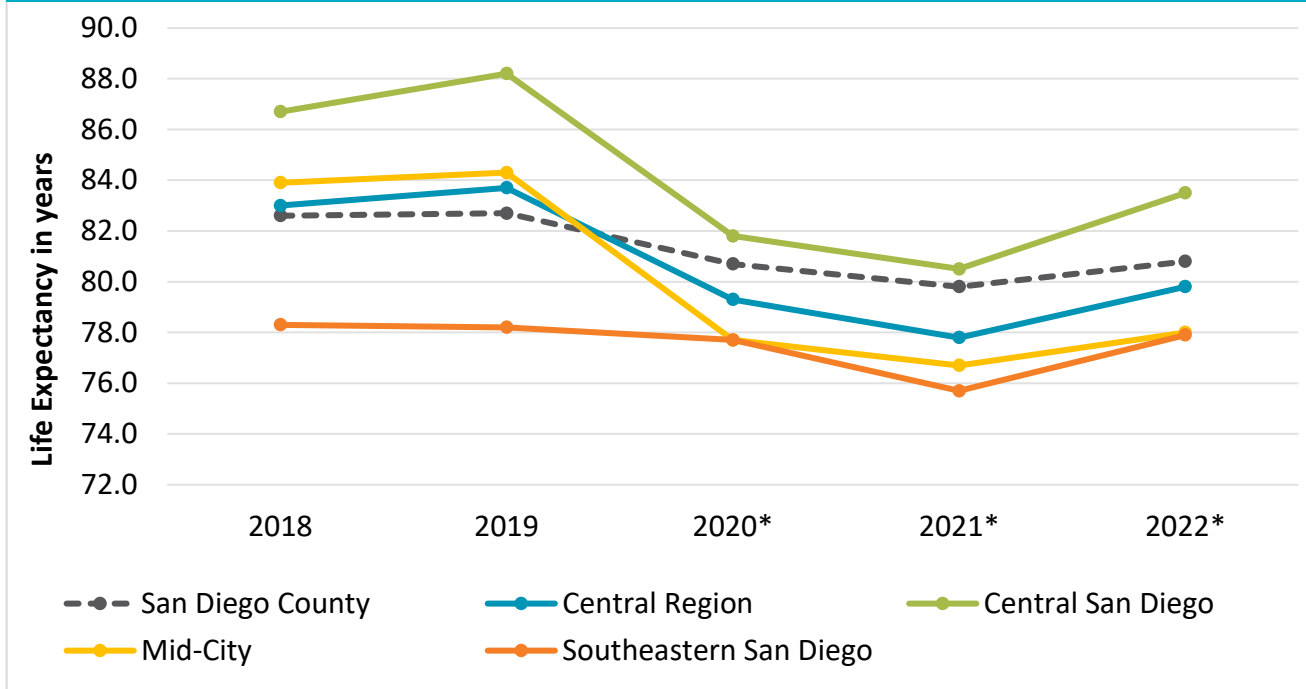
Legend:
- San Diego County (dashed)
- Central Region
- Central San Diego
- Mid-City
- Southeastern San Diego

Life Expectancy in Central Region and its Subregional Areas (SRAs), 2022

Area	Life Expectancy
San Diego County	80.8
Central Region	79.8
Central San Diego	83.5
Mid-City	78.0
Southeastern San Diego	77.9
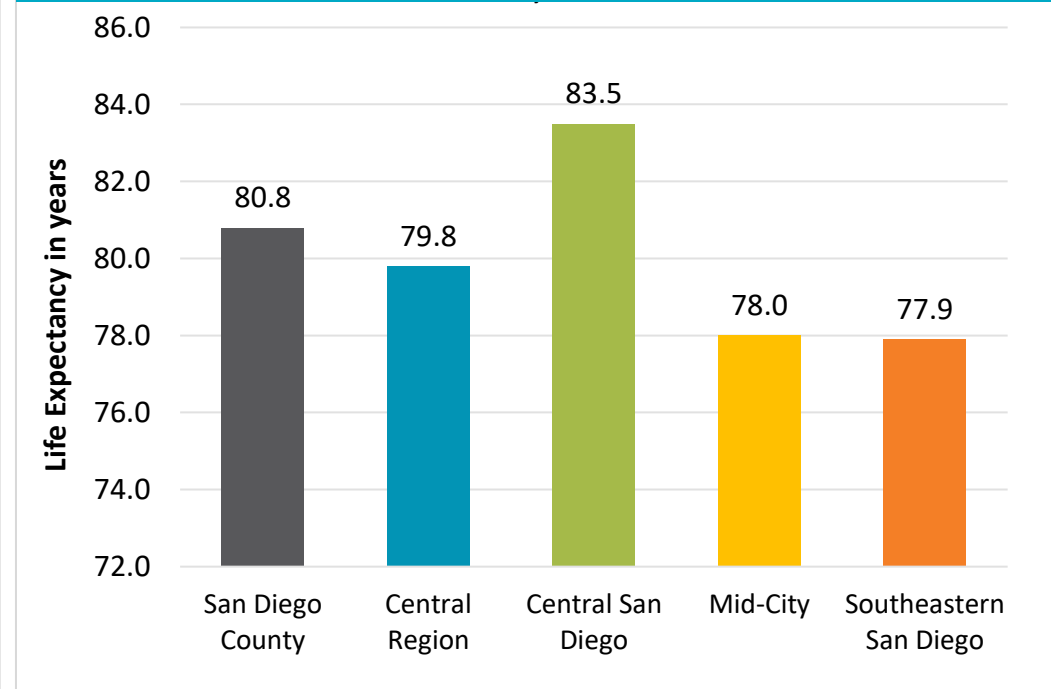
- All Central Region subregional areas (SRAs) had a decrease in life expectancy from 2018-2022.

- In 2022, Mid-City SRA and Southeastern San Diego SRA had lower life expectancies than San Diego County and Central Region.

- Central San Diego SRA had a higher life expectancy than San Diego County and Central Region.

Leading Causes of Death

2022 San Diego County Leading Causes of Death by Health and Human Services Agency (HHSA) Region: Central

Rank	Leading Causes of Death	Death Count (Percent of Total Deaths)
1	Diseases Of The Heart	708 (21.4%)
2	Malignant Neoplasms	652 (19.7%)
3	Accidents/Unintentional Injuries	300 (9.1%)
4	Cerebrovascular Diseases	195 (5.9%)
5	COVID-19	173 (5.2%)
6	Diabetes Mellitus	156 (4.7%)
7	Chronic Lower Respiratory Diseases	114 (3.5%)
8	Alzheimer's Disease	106 (3.2%)
9	Essential Hypertension And Hypertensive Renal Disease	84 (2.5%)
10	Chronic Liver Disease And Cirrhosis	61 (1.8%)
11	Intentional Self-Harm (Suicide)	55 (1.7%)
12	Pneumonitis Due To Solids And Liquids	36 (1.1%)
13	Parkinson's Disease	30 (0.9%)
14	Influenza And Pneumonia	27 (0.8%)
15	Assault (Homicide)	26 (0.8%)
16	All other causes (not rankable)	579 (17.5%)

In 2022, there were a total of 3,302 deaths in Central Region.

- In 2022, diseases of the heart were the number one leading cause of death in Central Region, followed by cancer.

- Of the 15 leading causes of death in Central Region, 9 were due to chronic disease.

Rank is based on total number of deaths in each of the National Center for Health Statistics (NCHS) "rankable" categories. The top 15 leading causes of death presented here are based on the San Diego County residents for their respective years.
Cause of death is based on the underlying cause of death reported on death certificates as classified by ICD-10 codes.
Deaths for specific demographics or geographic area may not equal the total deaths for San Diego County due to missing data.
The COVID-19 pandemic was associated with increases in all-cause mortality. COVID-19 deaths have affected the patterns of mortality including Leading Causes of Death.
Source: California Department of Public Health, Center for Health Statistics, Office of Health Information and Research, Vital Records Business Intelligence System.
Prepared by: County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit, January 2024.
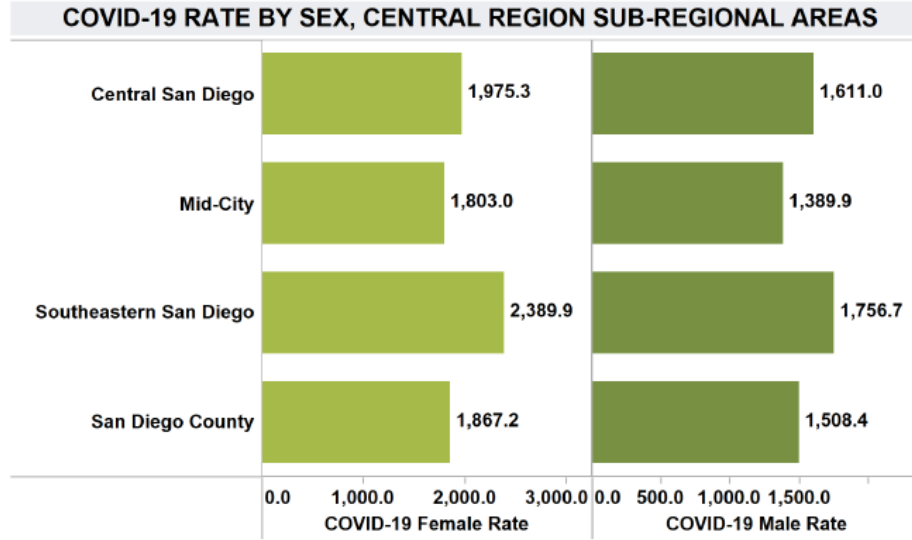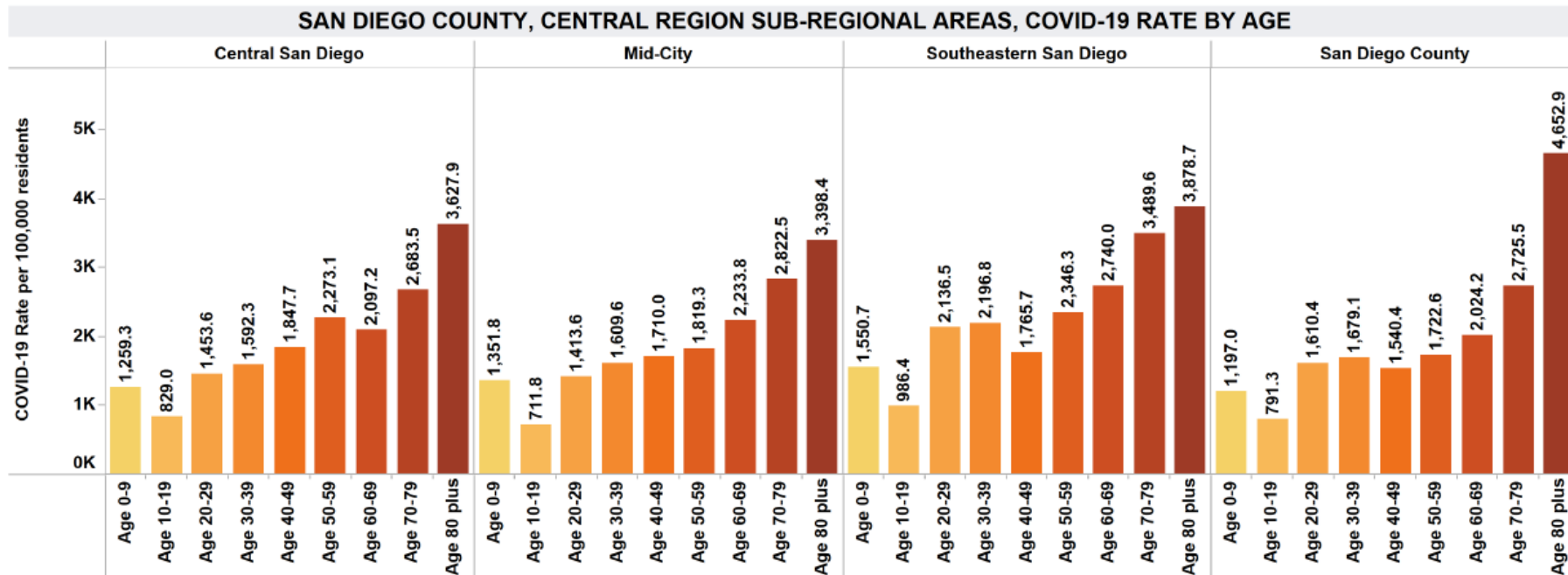
California Overdose Surveillance Dashboard

Any Opioid-Related Overdose Deaths – San Diego County Total Population Age-Adjusted Rate per 100,000 Residents – **2023 Data are preliminary**
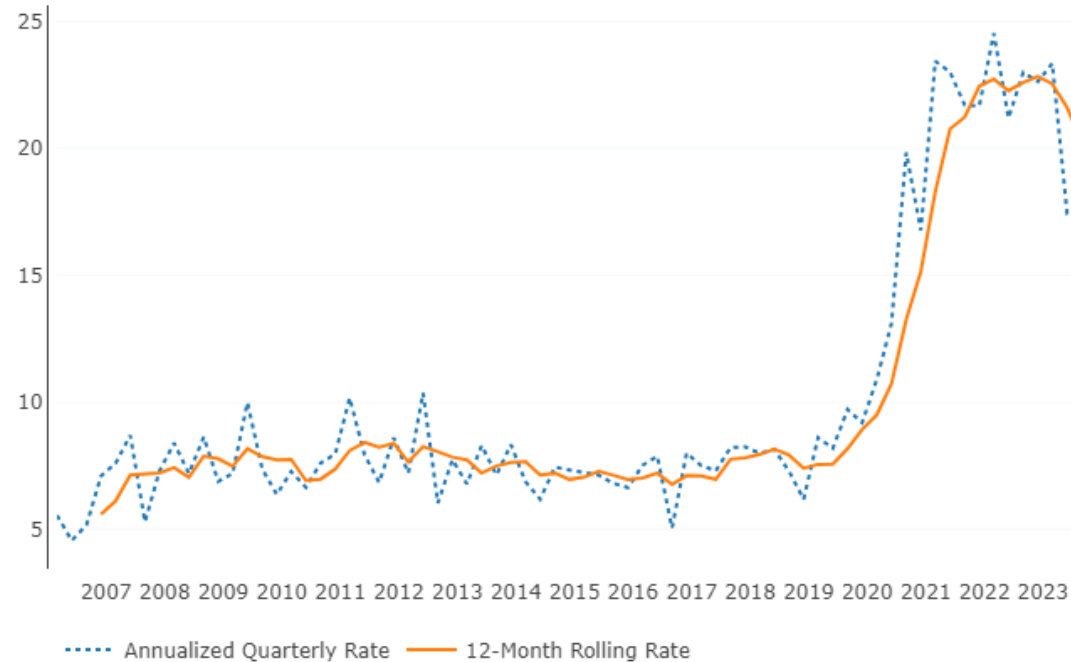
Any Opioid-Related Overdose ED Visits – San Diego County Total Population Age-Adjusted Rate per 100,000 Residents

Health Outcomes

3-4-50: Chronic Disease Deaths

3 Lead to **BEHAVIORS**
No Physical Activity
Poor Diet
Tobacco Use

4 Result in **DISEASES**
Cancer
Heart Disease & Stroke
Type 2 Diabetes
Lung Disease

More than **50** **PERCENT**
of Deaths
in San Diego

The proportion of deaths due to 3-4-50 chronic diseases in San Diego County decreased from 63% in 2000 to 44% in 2022.

Improve your health by…

Walking at least 30 minutes every day.

Eating healthy foods (5 servings of fruits and vegetables).

Not smoking.

www.sdhealthstatistics.com

3-4-50: Chronic Disease Deaths

Percentages, Trend 2000-2022

3-4-50 Death† Percentages
Among San Diego County Residents,
Central Region, 2000-2022**

*3-4-50 deaths as a percentage of all cause deaths. Rates per 100,000 population.
†3-4-50 deaths include stroke, coronary heart disease (CHD), diabetes, COPD, asthma, and cancer.
Beginning with 2017, COPD includes chronic lower respiratory diseases (COPD/chronic lower respiratory diseases).
§Rates and percentages not calculated for fewer than 5 events for the years 2000 to 2019. Rates and percentages not calculated for fewer than 11 events for the years 2020-2022. Rates and percentages not calculated in cases where zip code is unknown.
**The COVID-19 pandemic was associated with increases in all-cause mortality. COVID-19 deaths have affected the patterns of mortality including those of 3-4-50 chronic diseases.
Source: California Department of Public Health, 2000-2013 Death Statistical Master Files, 2014-2022 California Vital Records Business Intelligence System (VRBIS). SANDAG, Current Population Estimates. Population estimates for 2020 and 2021 were derived using the 2010 decennial census and data should be considered preliminary. 2022 population estimates were derived from the 2020 decennial census. Prepared by County of San Diego (CoSD), Health and Human Services Agency (HHSA), Public Health Services (PHS), Community Health Statistics Unit, January 2024.

3-4-50 Death Percentages in Central Region

- Despite a decrease, 3-4-50 chronic diseases still accounted for 45% of all deaths in the Central Region in 2022.

- From 2000-2022, the overall percent of all deaths due to 3-4-50 chronic diseases decreased in the Central Region and its subregional areas (SRAs).

- Among the Central Region SRAs, Southeastern San Diego had the highest percentage of deaths due to 3-4-50 chronic diseases in 2022.

3-4-50: Chronic Disease Deaths

Rates, Trend 2000-2022

3-4-50 Death† Rates
Among San Diego County Residents,
Central Region, 2000-2022**
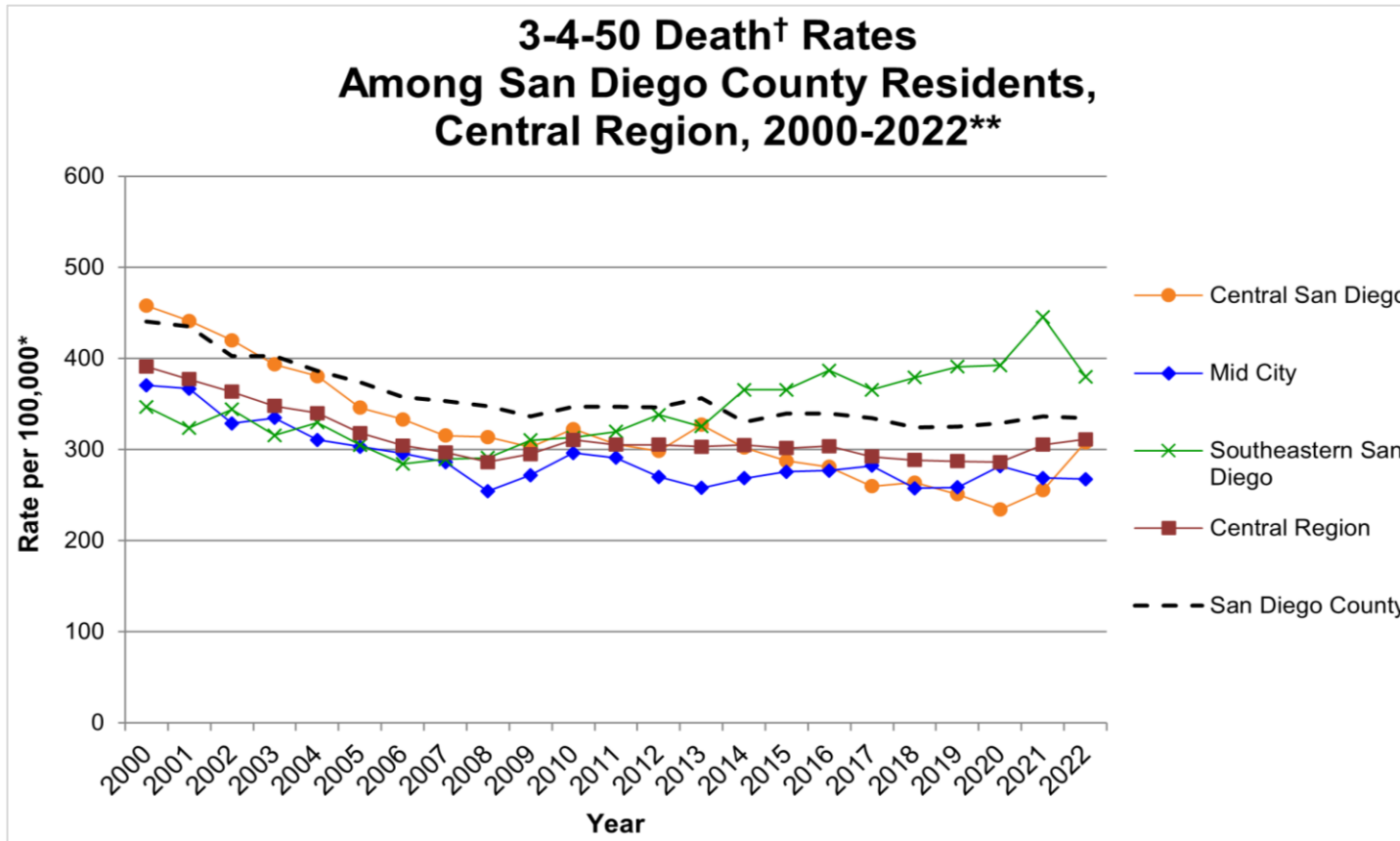
3-4-50 Death Rates in Central Region

- Overall, 3-4-50 chronic disease death rates have decreased in the Central Region and its SRAs from 2000-2022 with the exception of the Southeastern San Diego SRA, which increased by 9.6%.

- Among the Central Region SRAs, Southeastern San Diego had the highest death rate due to 3-4-50 chronic diseases in 2022.

*3-4-50 deaths as a percentage of all cause deaths. Rates per 100,000 population.
†3-4-50 deaths include stroke, coronary heart disease (CHD), diabetes, COPD, asthma, and cancer.
Beginning with 2017, COPD includes chronic lower respiratory diseases (COPD/chronic lower respiratory diseases).
§Rates and percentages not calculated for fewer than 5 events for the years 2000 to 2019. Rates and percentages not calculated for fewer than 11 events for the years 2020-2022. Rates and percentages not calculated in cases where zip code is unknown.
**The COVID-19 pandemic was associated with increases in all-cause mortality. COVID-19 deaths have affected the patterns of mortality including those of 3-4-50 chronic diseases.
Source: California Department of Public Health, 2000-2013 Death Statistical Master Files, 2014-2022 California Vital Records Business Intelligence System (VRBIS). SANDAG, Current Population Estimates. Population estimates for 2020 and 2021 were derived using the 2010 decennial census and data should be considered preliminary. 2022 population estimates were derived from the 2020 decennial census. Prepared by County of San Diego (CoSD), Health and Human Services Agency (HHSA), Public Health Services (PHS), Community Health Statistics Unit, January 2024.

Non-Communicable (Chronic) Diseases

Death Rates, 2018-2022

Age-Adjusted **Death Rates due to Overall Cancer** in Central Region by Subregional Area (SRA), San Diego County, 2018-2022
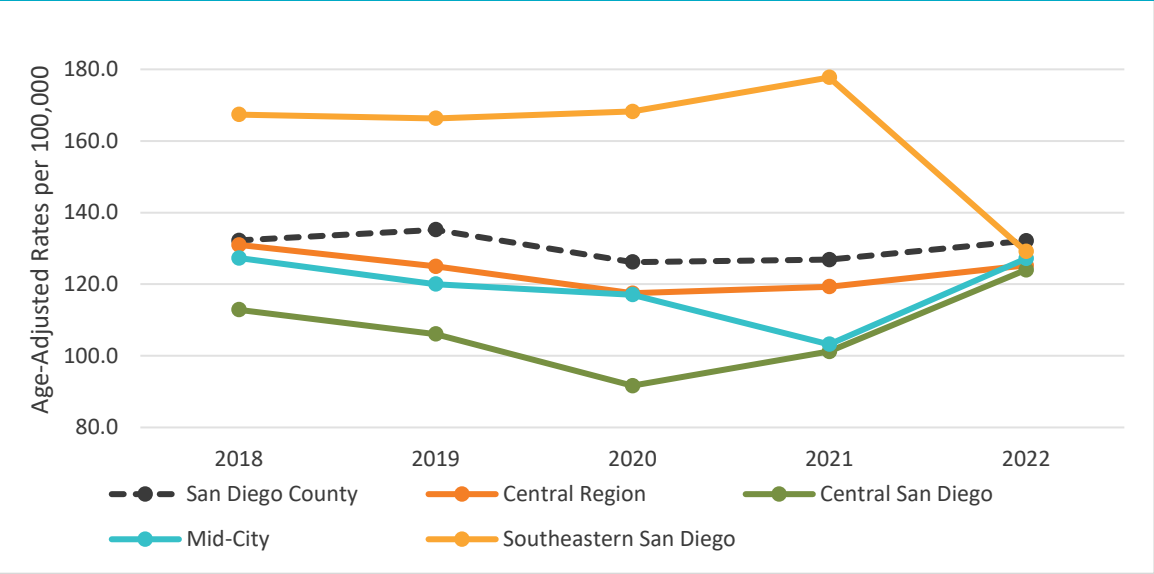
Age-Adjusted **Death Rates due to Overall Heart Disease** in Central Region by Subregional Area (SRA), San Diego County, 2018-2022
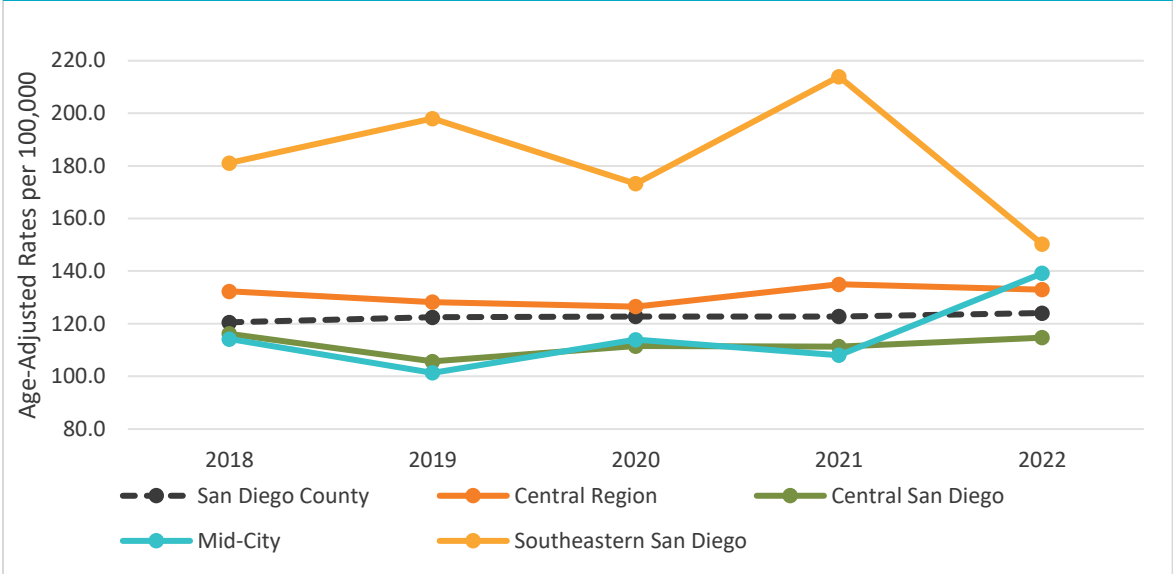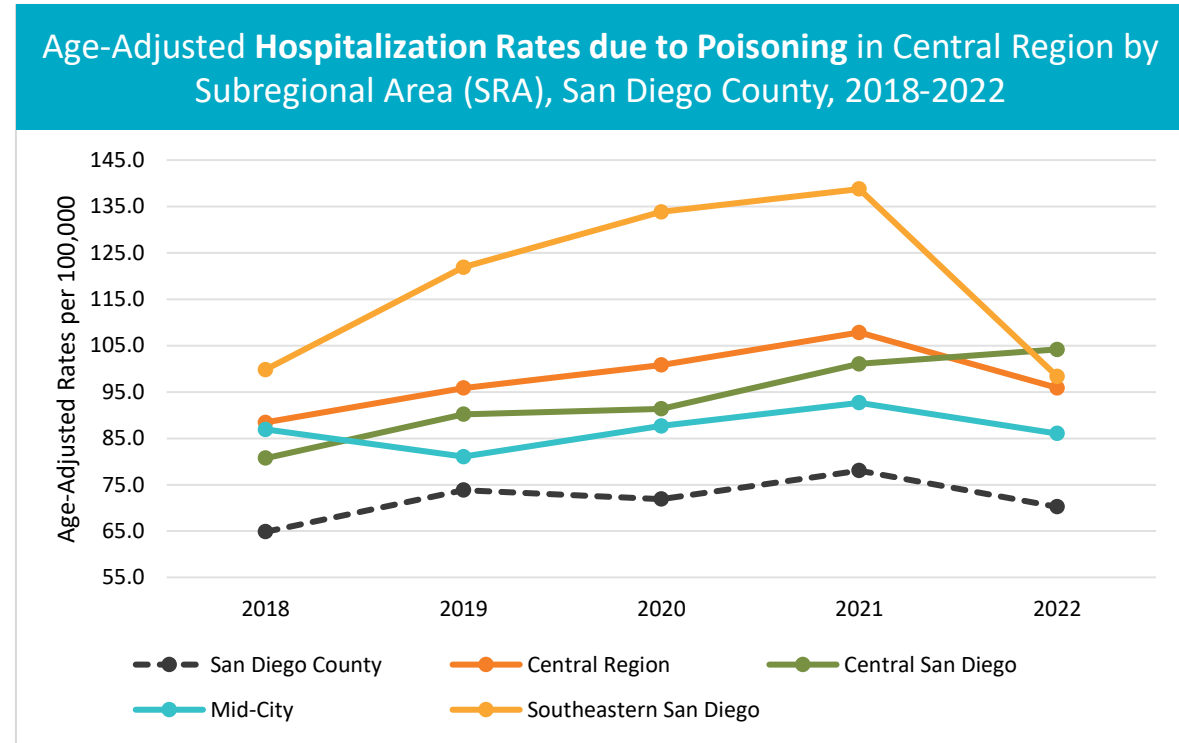

From 2018-2022, the age-adjusted death rate due to overall cancer **decreased** in Central Region from 131.0 to 125.2 per 100,000 residents. Among Central Region SRAs, **Southeastern San Diego** had the highest age-adjusted death rate due to overall cancer every year from 2018-2022.

From 2018-2022, the age-adjusted death rate due to overall heart disease remained stable in **Central Region.** Among Central Region SRAs, **Southeastern San Diego SRA** had the highest age-adjusted death rate due to overall heart disease every year from 2018-2022.

Non-Communicable (Chronic) Diseases

Emergency Department (ED) Discharge Rates, 2018-2022

Age-Adjusted **Emergency Department (ED) Discharge Rates due to Overall Heart Disease** in Central Region by Subregional Area (SRA), San Diego County, 2018-2022

Legend: San Diego County, Central Region, Central San Diego, Mid-City, Southeastern San Diego

Age-Adjusted **Emergency Department (ED) Discharge Rates due to Asthma** in Central Region by Subregional Area (SRA), San Diego County, 2018-2022

Legend: San Diego County, Central Region, Central San Diego, Mid-City, Southeastern San Diego

From 2018-2022, the age-adjusted ED discharge rate due to overall heart disease **decreased** in Central Region from 2,031.1 to 2,016.0 per 100,000 residents. Among Central Region SRAs, **Southeastern San Diego** had the highest age-adjusted ED discharge rate due to overall heart disease every year from 2018-2022.

From 2018-2022, the age-adjusted ED discharge rate due to asthma **decreased** in Central Region from 394.6 to 359.8 per 100,000 residents. Among Central Region SRAs, **Southeastern San Diego** had the highest age-adjusted ED discharge rate due to asthma every year from 2018-2022.

Non-Communicable (Chronic) Diseases

Hospitalization Rates, 2018-2022

Age-Adjusted **Hospitalization Rates due to Overall Heart Disease** in Central Region by Subregional Area (SRA), San Diego County, 2018-2022

Legend: San Diego County, Central Region, Central San Diego, Mid-City, Southeastern San Diego

Age-Adjusted **Hospitalization Rates due to Overall Cancer** in Central Region by Subregional Area (SRA), San Diego County, 2018-2022

Legend: San Diego County, Central Region, Central San Diego, Mid-City, Southeastern San Diego
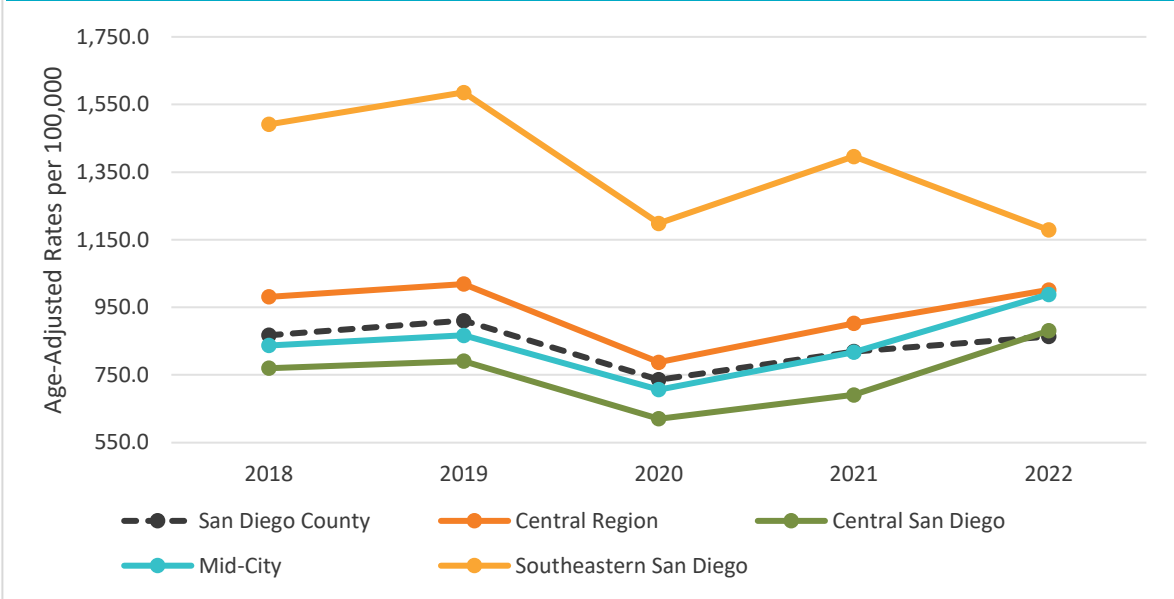
From 2018-2022, the age-adjusted hospitalization rate due to overall heart disease **increased** in Central Region from 981.2 to 1,001.7 per 100,000 residents. Among Central Region SRAs, **Southeastern San Diego** had the highest age-adjusted hospitalization rate due to overall heart disease every year from 2018-2022.
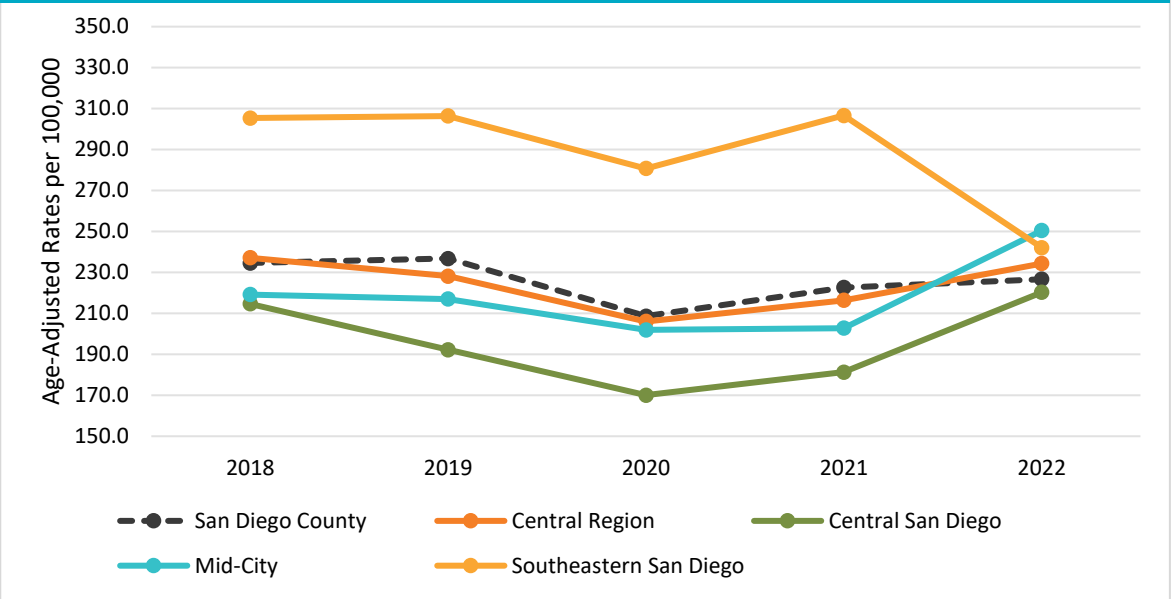
From 2018-2022, the age-adjusted hospitalization rate due to overall cancer **decreased** in Central Region from 237.2 to 234.3 per 100,000 residents. Among Central Region SRAs, **Mid-City** had the highest age-adjusted hospitalization rate due to overall cancer (250.4 per 100,000 residents) in 2022.
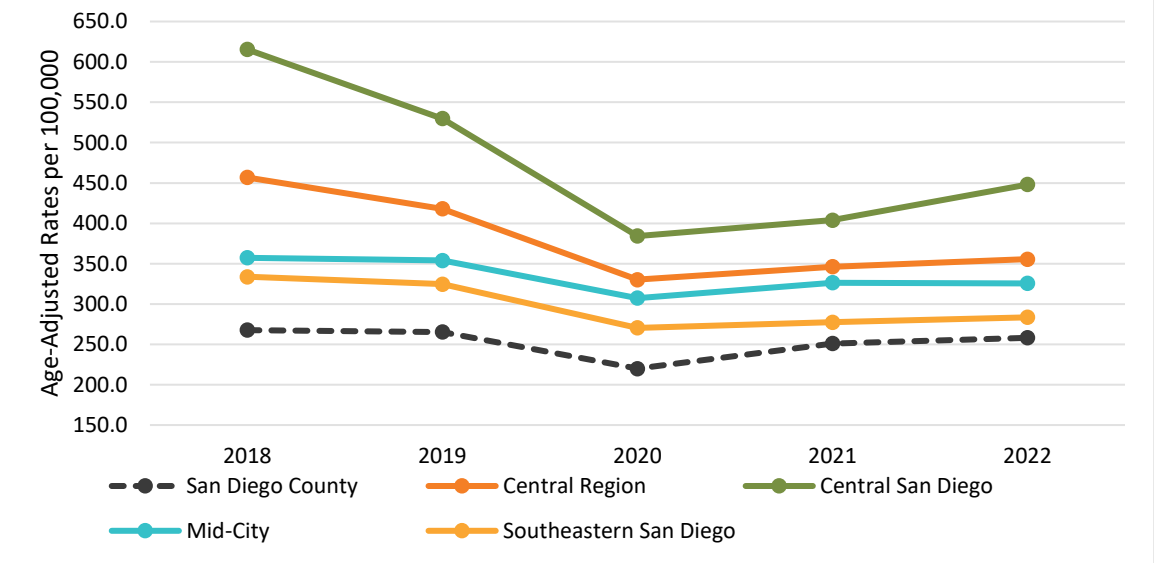
*Rates not calculated for fewer than 11 events prior to 2022. Starting with data year 2022, geographies with less than 20,000 population contain no age-adjusted rates and all rates based on events <20 are suppressed due to statistical instability. Source: California Department of Health Care Access and Information (HCAI), Emergency Department Discharge Database and Patient Discharge Databases, 2018-2022; SANDAG Population Estimates, 2018 (v7/2019), 2019 (v5/2020), 2020, 2021 (v9/2022), 2022 (v11/2023). 2020 and 2021 population estimates were derived using the 2010 Census and data should be considered preliminary. 2022 population estimates were derived from the 2020 decennial census. Prepared by County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit, May 2024.

Communicable (Infectious) Diseases
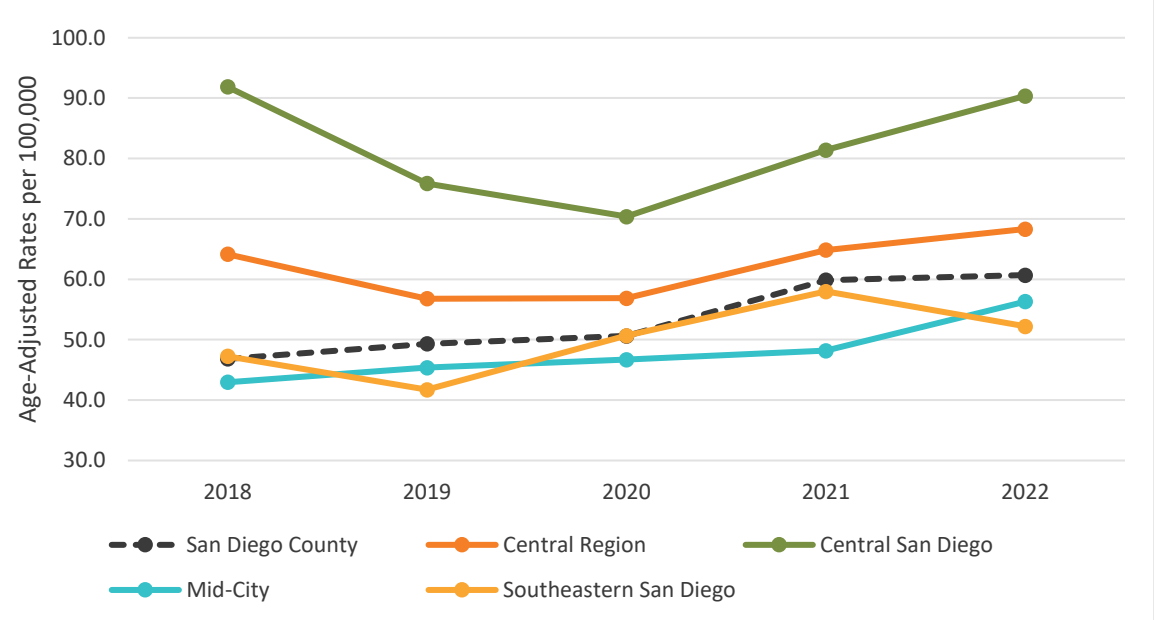
Emergency Department (ED) Discharge Rates, 2018-2022

Age-Adjusted Emergency Department (ED) Discharge Rates due to Urinary Tract Infection in Central Region by Subregional Area (SRA), San Diego County, 2018-2022

Age-Adjusted Emergency Department (ED) Discharge Rates due to Flu/Pneumonia in Central Region by Subregional Area (SRA), San Diego County, 2018-2022
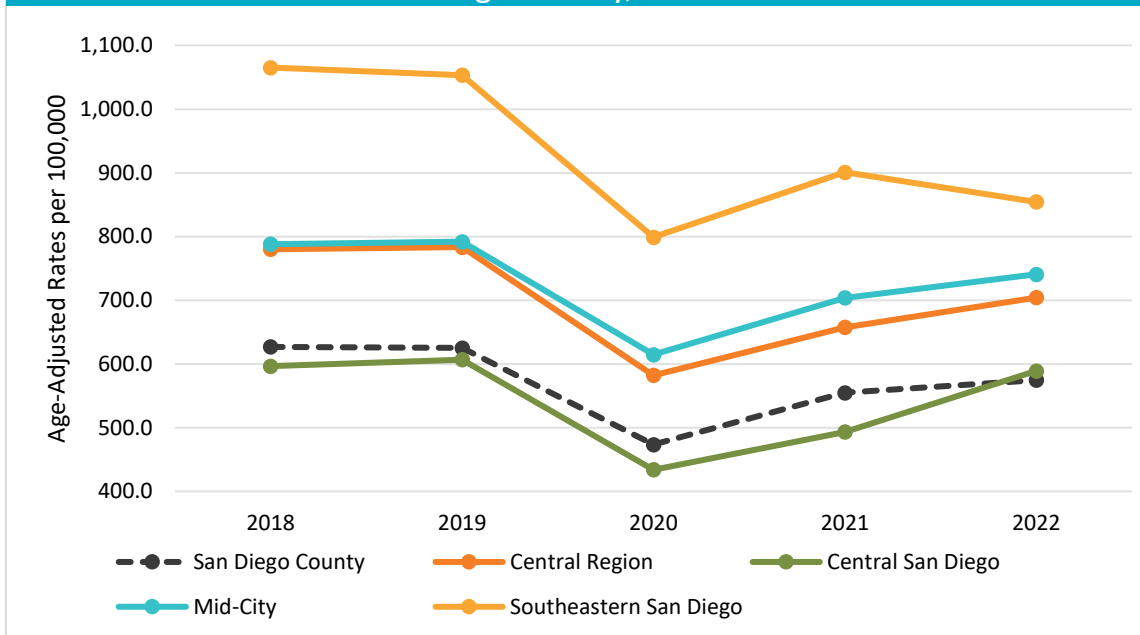
From 2018-2022, the age-adjusted ED discharge rate due to urinary tract infection **decreased** in Central Region from 780.0 to 704.2 per 100,000 residents. Among Central Region SRAs, **Southeastern San Diego** had the highest age-adjusted ED discharge rate due to urinary tract infection every year from 2018-2022.
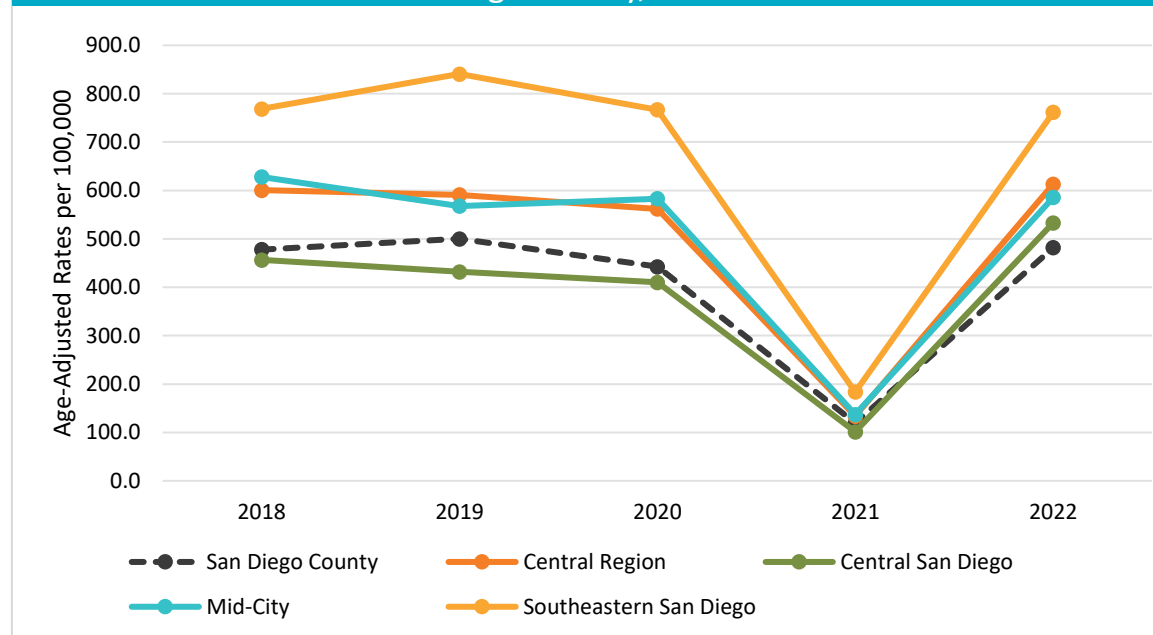
From 2018-2022, the age-adjusted ED discharge rate due to flu/pneumonia **increased** in Central Region from 600.6 to 613.1 per 100,000 residents. Among Central Region SRAs, **Southeastern San Diego** had the highest age-adjusted ED discharge rate due to flu/pneumonia every year from 2018-2022.

Communicable (Infectious) Diseases

Hospitalization Rates, 2018-2022

Age-Adjusted **Hospitalization Rates due to Urinary Tract Infection** in Central Region by Subregional Area (SRA), San Diego County, 2018-2022

Age-Adjusted **Hospitalization Rates due to Flu/Pneumonia** in Central Region by Subregional Area (SRA), San Diego County, 2018-2022
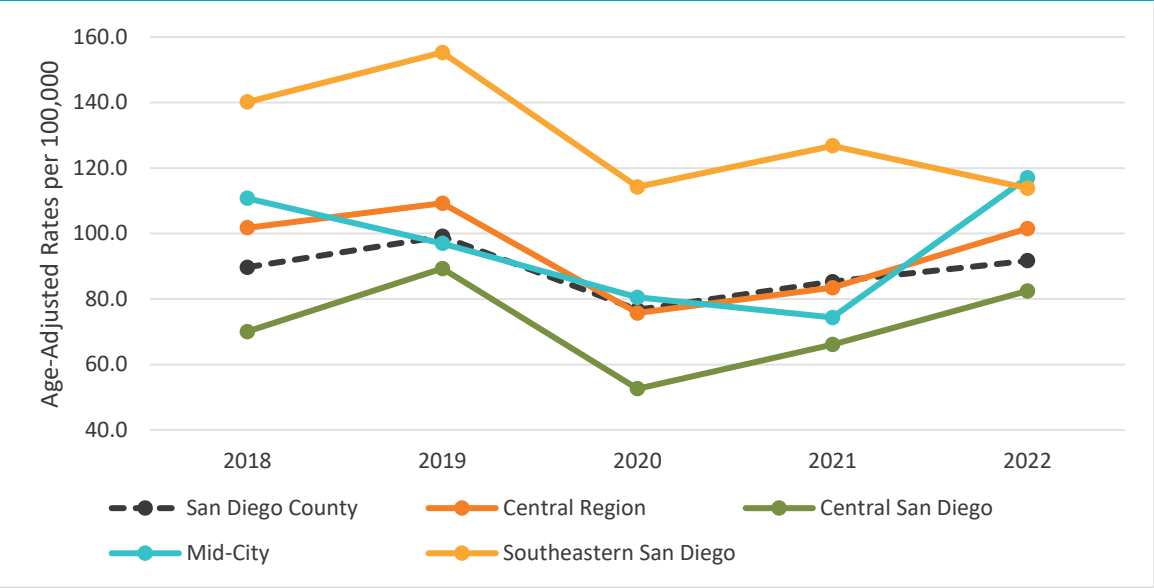
From 2018-2022, the age-adjusted hospitalization rate due to urinary tract infection **remained stable** in Central Region with rates of 101.8 in 2018 and 101.5 per 100,000 residents in 2022. Among Central Region SRAs, **Mid-City** had the highest age-adjusted hospitalization rate due to urinary tract infection (117.1 per 100,000 residents) in 2022.
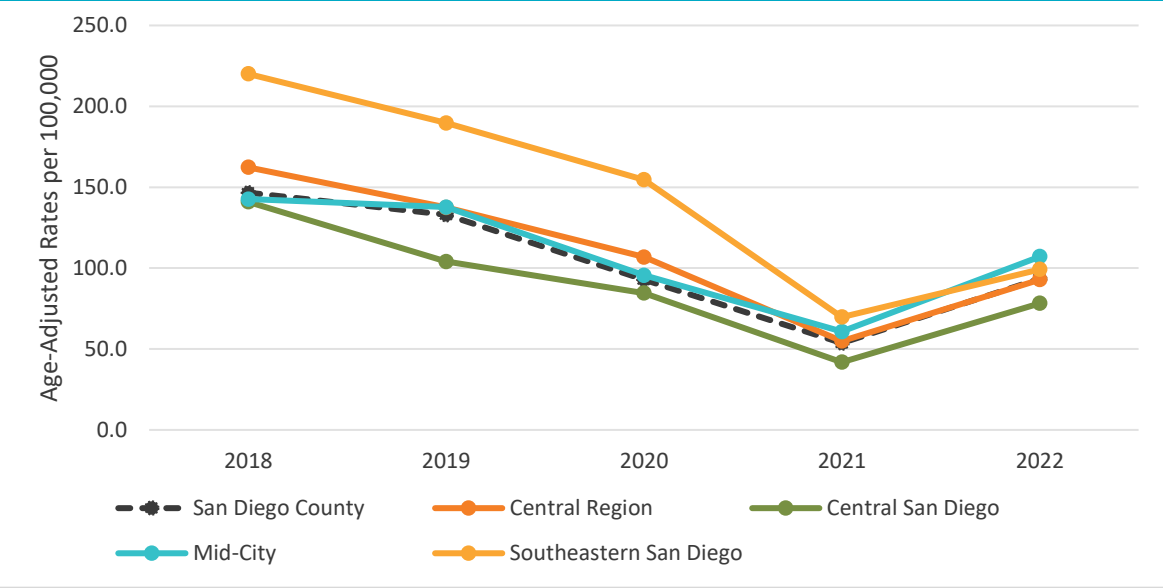
From 2018-2022, the age-adjusted hospitalization rate due to flu/pneumonia **decreased** in Central Region from 162.3 to 92.9 per 100,000 residents. Among Central Region SRAs, **Mid-City** had the highest age-adjusted hospitalization rate due to flu/pneumonia (107.2 per 100,000 residents) in 2022.

COVID-19 in Central Region

SAN DIEGO COUNTY CUMULATIVE COVID-19 RATE* PER 100,000 RESIDENTS BY CENTRAL REGION SUB-REGIONAL AREAS^ (DATA THROUGH JANUARY 1, 2023 - DECEMBER 31, 2023)

COVID-19 RATE BY SEX, CENTRAL REGION SUB-REGIONAL AREAS

Sub-Regional Area	COVID-19 Female Rate	COVID-19 Male Rate
Central San Diego	1,975.3	1,611.0
Mid-City	1,803.0	1,389.9
Southeastern San Diego	2,389.9	1,756.7
San Diego County	1,867.2	1,508.4

SAN DIEGO COUNTY COVID-19 RATE BY CENTRAL REGION SUB-REGIONAL AREAS (MEDIAN HOUSEHOLD INCOME IN DOLLARS)

Mid-City $61,339
Central San Diego $81,553
Southeastern San Diego $75,563

COVID-19 Rate per 100,000
1,614.2 — 2,100.1

© 2024 Mapbox © OpenStreetMap
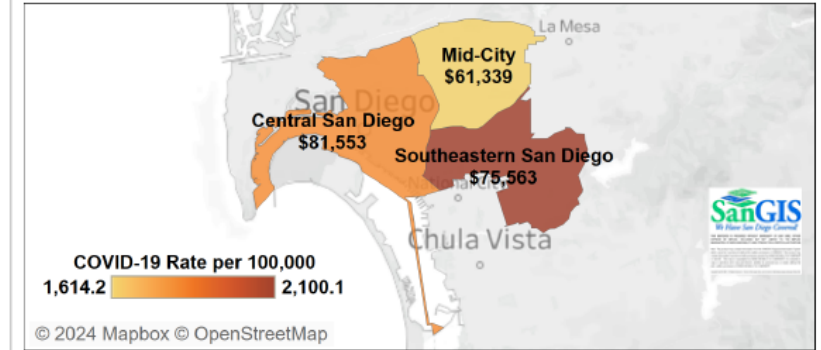
Median household income source: ESRI Community Analyst, 2022. *A rate is the number of cases divided by the population, usually multiplied by a constant (100,000 in the following example). For example 987 cases, divided by population of 654,321, would be a rate of 150.8 per 100,000 population. This means for every 100,000 people, 150- 151 cases would be expected.

Health equity is achieved when "every person has the opportunity to 'attain his or her full health potential' and no one is disadvantaged from achieving this potential because of social position or other socially determined circumstances." -Centers for Disease Control and Prevention

COVID-19 RATE BY RACE/ETHNICITY**, CENTRAL REGION SUB-REGIONAL AREAS

Race/Ethnicity	Central San Diego	Mid-City	Southeastern San Diego	San Diego County
American Indian/Alaska Native	2,134.1	3,321.8	3,365.0	1,400.3
Asian	942.2	887.1	1,389.3	1,192.3
Black	2,471.3	1,892.2	2,272.7	1,974.5
Hispanic	1,432.9	1,243.2	1,651.2	1,313.7
Native Hawaiian/Pacific Islander	1,849.5	1,491.5	2,914.5	2,662.6
White	1,311.8	1,239.2	2,065.5	1,320.0
Multiple Race	219.4	172.0	158.8	171.3
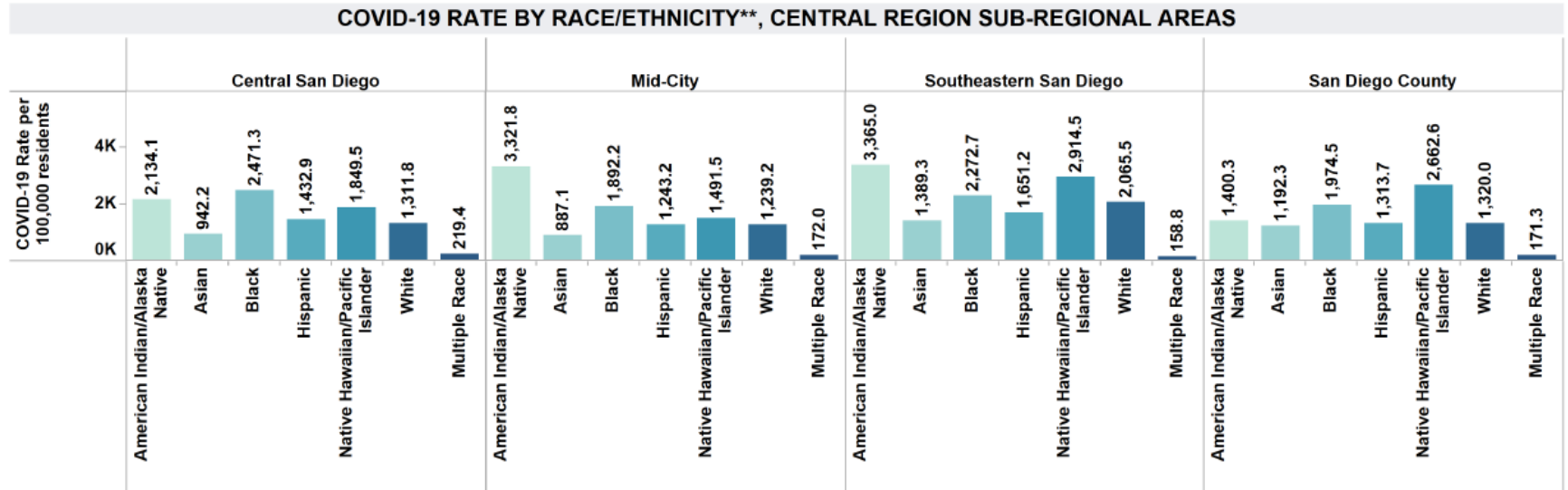
**Persons of Hispanic/Latino ethnicity may belong to any race group. All categories except Hispanic/Latino include persons for whom race is known but ethnicity is non-Hispanic or unknown. Data through 1/1/2023-12/31/2023. Data are preliminary and subject to change. More information may become available as individual case investigations are completed.
^SRA of residence, which may not be location of exposure, only cases with known zip code are included in rate calculation. Data source: San Diego County Communicable Disease Registry.
Prepared by: County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit, 2/26/2024.

COVID-19 in Central Region

SAN DIEGO COUNTY CUMULATIVE COVID-19 RATE* PER 100,000 RESIDENTS BY CENTRAL REGION SUB-REGIONAL AREAS^ (DATA THROUGH JANUARY 1, 2023 - DECEMBER 31, 2023)

SAN DIEGO COUNTY, CENTRAL REGION SUB-REGIONAL AREAS, COVID-19 RATE BY AGE

Central San Diego
- Age 0-9: 1,259.3
- Age 10-19: 829.0
- Age 20-29: 1,453.6
- Age 30-39: 1,592.3
- Age 40-49: 1,847.7
- Age 50-59: 2,273.1
- Age 60-69: 2,097.2
- Age 70-79: 2,683.5
- Age 80 plus: 3,627.9

Mid-City
- Age 0-9: 1,351.8
- Age 10-19: 711.8
- Age 20-29: 1,413.6
- Age 30-39: 1,609.6
- Age 40-49: 1,710.0
- Age 50-59: 1,819.3
- Age 60-69: 2,233.8
- Age 70-79: 2,822.5
- Age 80 plus: 3,398.4

Southeastern San Diego
- Age 0-9: 1,550.7
- Age 10-19: 986.4
- Age 20-29: 2,136.5
- Age 30-39: 2,196.8
- Age 40-49: 1,765.7
- Age 50-59: 2,346.3
- Age 60-69: 2,740.0
- Age 70-79: 3,489.6
- Age 80 plus: 3,878.7

San Diego County
- Age 0-9: 1,197.0
- Age 10-19: 791.3
- Age 20-29: 1,610.4
- Age 30-39: 1,679.1
- Age 40-49: 1,540.4
- Age 50-59: 1,722.6
- Age 60-69: 2,024.2
- Age 70-79: 2,725.5
- Age 80 plus: 4,652.9

*A rate is the number of cases divided by the population, usually multiplied by a constant (100,000 in the following example). For example 987 cases, divided by population of 654,321, would be a rate of 150.8 per 100,000 population. This means for every 100,000 people, 150- 151 cases would be expected.

Health equity is achieved when "every person has the opportunity to 'attain his or her full health potential' and no one is disadvantaged from achieving this potential because of social position or other socially determined circumstances." -Centers for Disease Control and Prevention

COVID-19 MORTALITY RATES BY CENTRAL REGION SUB-REGIONAL AREAS
- Central San Diego: 12.0
- Mid-City: 8.0
- Southeastern San Diego: 18.0
- San Diego County: 16.2

Data through 1/1/2023-12/31/2023. Data are preliminary and subject to change. More information may become available as individual case investigations are completed. ^SRA of residence, which may not be location of exposure, only cases with known zip code are included in rate calculation. Data source: San Diego County Communicable Disease Registry. Prepared by: County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit, 2/26/2024.

Injury Outcomes

Death Rates, 2018-2022

Age-Adjusted **Death Rates due to Poisoning** in Central Region by Subregional Area (SRA), San Diego County, 2018-2022

Age-Adjusted **Death Rates due to Motor Vehicle Injuries** in Central Region by Subregional Area (SRA), San Diego County, 2018-2022
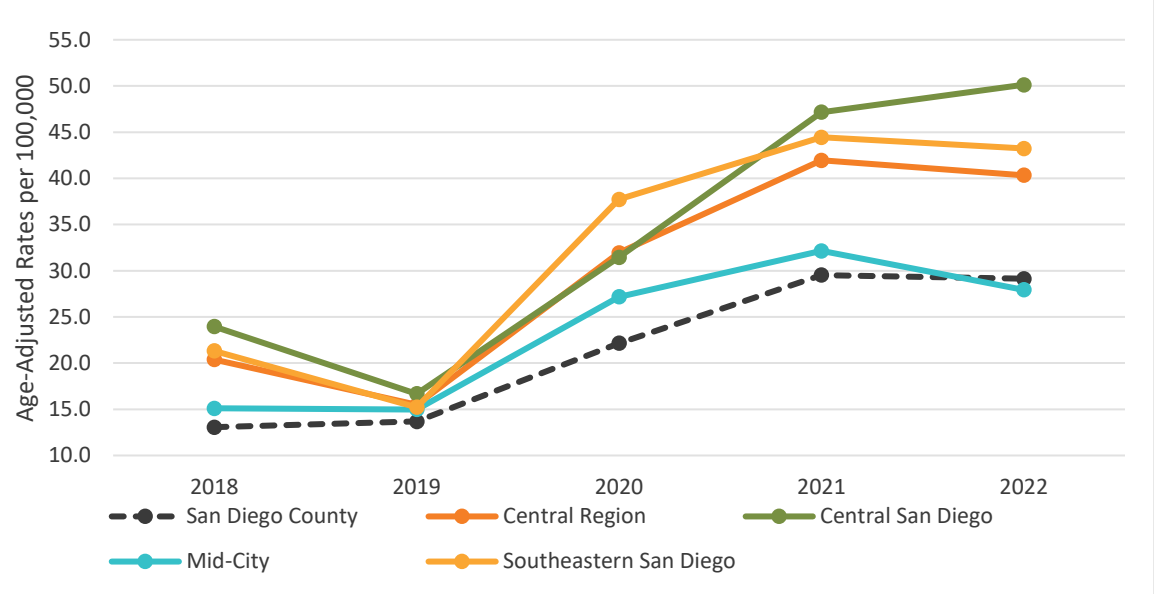
From 2018-2022, the age-adjusted death rate due to poisoning **increased** in Central Region from 20.4 to 40.3 per 100,000 residents. Among Central Region SRAs, **Central San Diego** had the highest age-adjusted death rate due to poisoning (50.1 per 100,000 residents) in 2022.
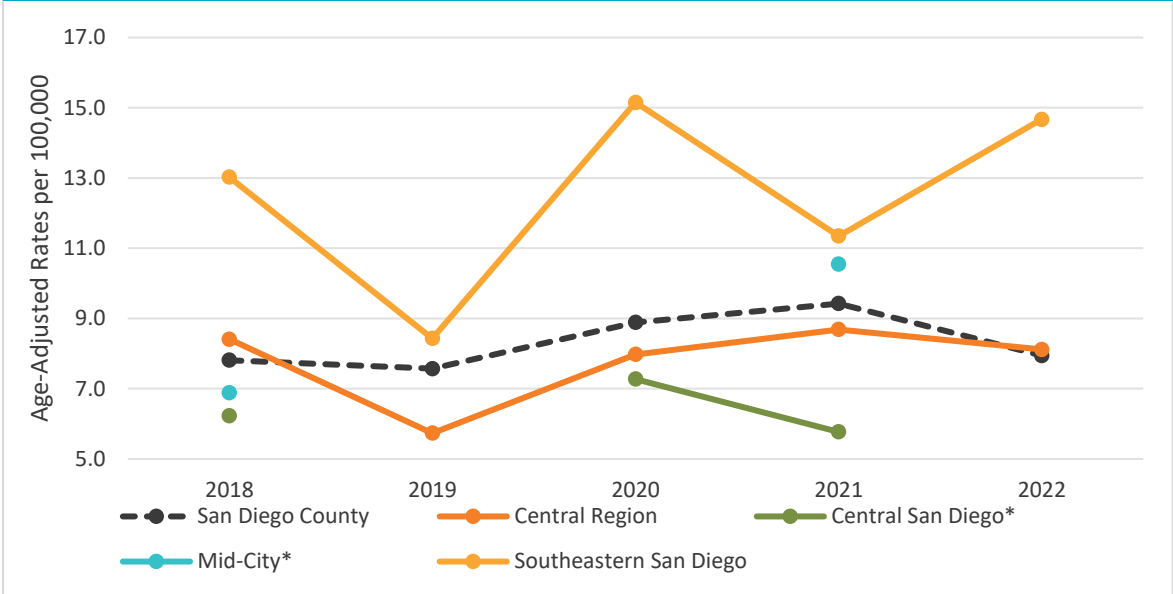
From 2018-2022, the age-adjusted death rate due to motor vehicle injuries **decreased** slightly in **Central Region** from 8.4 to 8.1 per 100,000 residents. Among Central Region SRAs, **Southeastern San Diego SRA** had the highest age-adjusted death rate due to motor vehicle injuries every year from 2018-2022.

Injury Outcomes

Emergency Department (ED) Discharge Rates, 2018-2022

Age-Adjusted **Emergency Department (ED) Discharge Rates due to Falls** in Central Region by Subregional Area (SRA), San Diego County, 2018-2022

Age-Adjusted **Emergency Department (ED) Discharge Rates due to Motor Vehicle Injuries** in Central Region by Subregional Area (SRA), San Diego County, 2018-2022

From 2018-2022, the age-adjusted ED discharge rate due to falls **increased** in Central Region from 2,203.9 to 2,226.4 per 100,000 residents. Among Central Region SRAs, **Southeastern San Diego** had the highest age-adjusted ED discharge rate due to falls every year from 2018-2022.
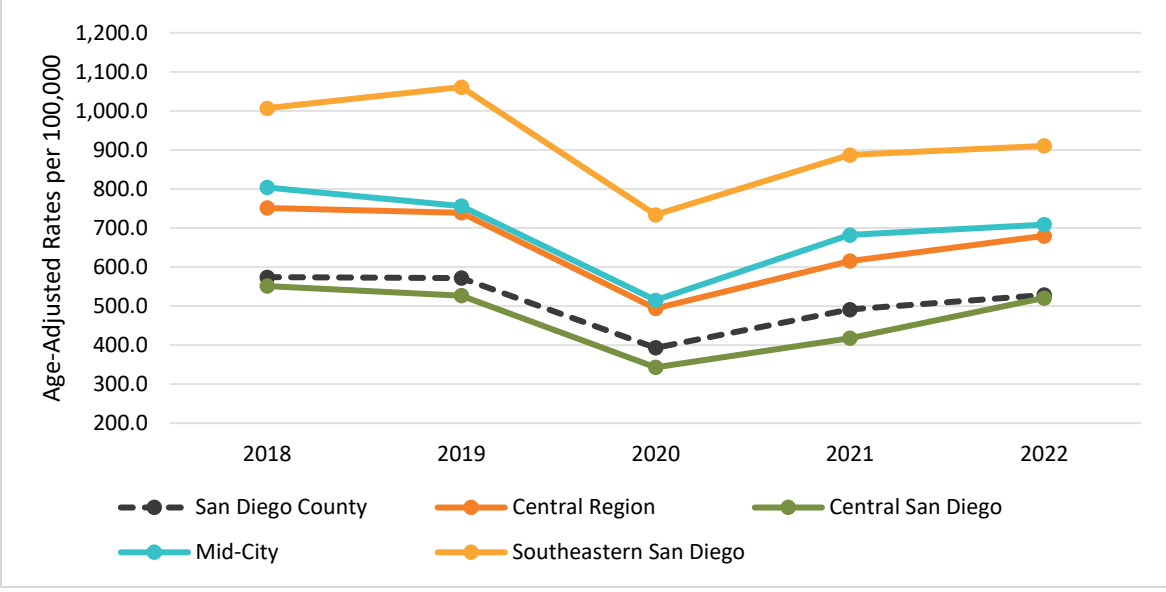
From 2018-2022, the age-adjusted ED discharge rate due to motor vehicle injuries **decreased** in Central Region from 751.3 to 679.4 per 100,000 residents. Among Central Region SRAs, **Southeastern San Diego** had the highest age-adjusted ED discharge rate due to motor vehicle injuries every year from 2018-2022.

*Rates not calculated for fewer than 11 events prior to 2022. Starting with data year 2022, geographies with less than 20,000 population contain no age-adjusted rates and all rates based on events <20 are suppressed due to statistical instability. Source: California Department of Health Care Access and Information (HCAI), Emergency Department Discharge Database and Patient Discharge Databases, 2018-2022; SANDAG Population Estimates, 2018 (v7/2019), 2019 (v5/2020), 2020, 2021 (v9/2022), 2022 (v11/2023). 2020 and 2021 population estimates were derived using the 2010 Census and data should be considered preliminary. 2022 population estimates were derived from the 2020 decennial census. Prepared by County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit, May 2024.

Injury Outcomes

Hospitalization Rates, 2018-2022

Age-Adjusted **Hospitalization Rates due to Falls** in Central Region by Subregional Area (SRA), San Diego County, 2018-2022
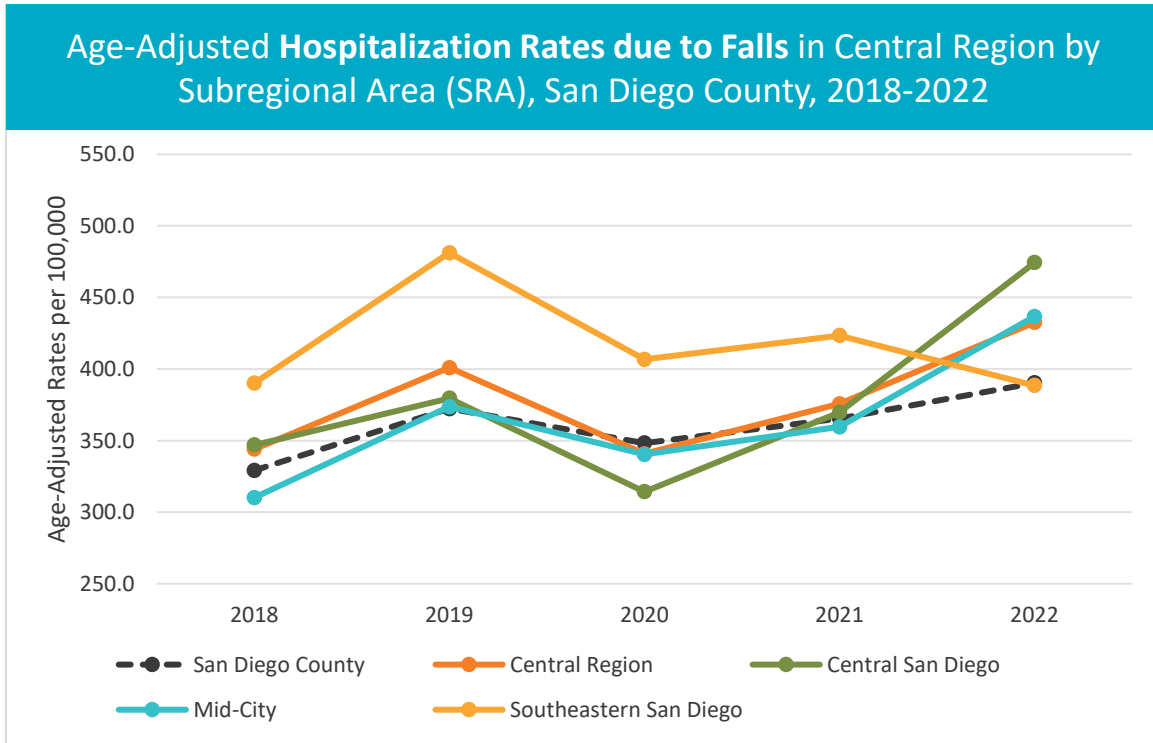
From 2018-2022, the age-adjusted hospitalization rate due to falls **increased** in Central Region from 344.1 to 432.5 per 100,000 residents. Among Central Region SRAs, **Central San Diego** had the highest age-adjusted hospitalization rate due to falls (474.4 per 100,000 residents) in 2022.

Age-Adjusted **Hospitalization Rates due to Poisoning** in Central Region by Subregional Area (SRA), San Diego County, 2018-2022

From 2018-2022, the age-adjusted hospitalization rate due to poisoning **increased** in Central Region from 88.4 to 95.9 per 100,000 residents. Among Central Region SRAs, **Central San Diego** had the highest age-adjusted hospitalization rate due to poisoning (104.2 per 100,000 residents) in 2022.

*Rates not calculated for fewer than 11 events prior to 2022. Starting with data year 2022, geographies with less than 20,000 population contain no age-adjusted rates and all rates based on events <20 are suppressed due to statistical instability. Source: California Department of Health Care Access and Information (HCAI), Emergency Department Discharge Database and Patient Discharge Databases, 2018-2022; SANDAG Population Estimates, 2018 (v7/2019), 2019 (v5/2020), 2020, 2021 (v9/2022), 2022 (v11/2023). 2020 and 2021 population estimates were derived using the 2010 Census and data should be considered preliminary. 2022 population estimates were derived from the 2020 decennial census. Prepared by County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit, May 2024.

Behavioral Health Outcomes

Death Rates, 2018-2022

Age-Adjusted **Death Rates due to Alcohol Related Disorders** in Central Region by Subregional Area (SRA), San Diego County, 2018-2022

Legend: San Diego County, Central Region, Central San Diego, Mid-City, Southeastern San Diego
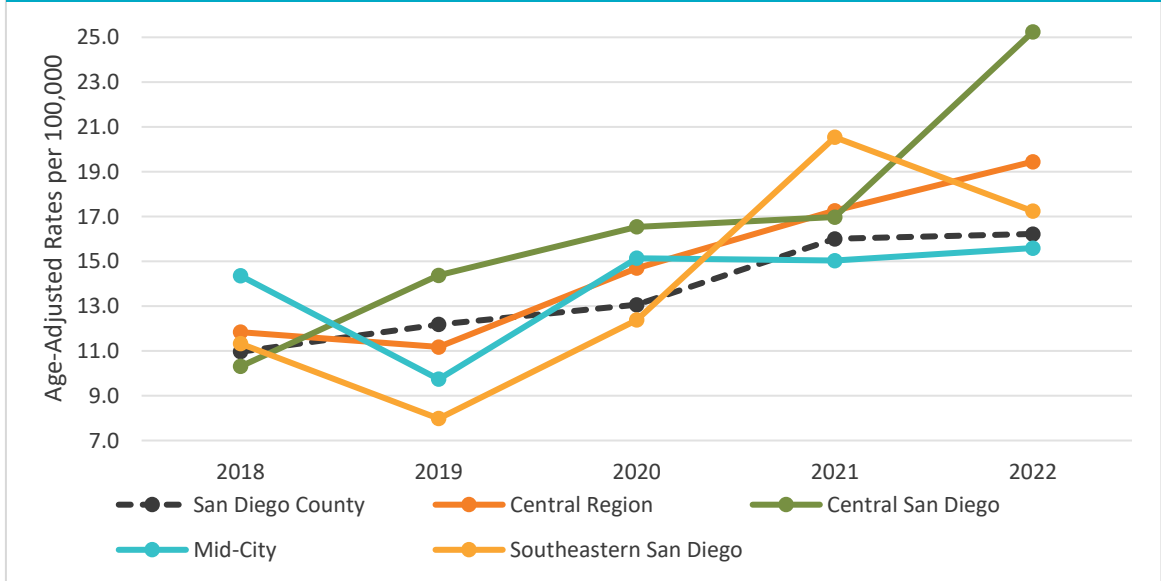
From 2018-2022, the age-adjusted death rate due to alcohol related disorders **increased** in Central Region from 11.8 to 19.4 per 100,000 residents. Among Central Region SRAs, **Central San Diego** had the highest age-adjusted death rate due to alcohol related disorders (25.2 per 100,000 residents) in 2022.

Age-Adjusted **Death Rates due to Suicide** in Central Region by Subregional Area (SRA), San Diego County, 2018-2022

Legend: San Diego County, Central Region, Central San Diego, Mid-City*, Southeastern San Diego*
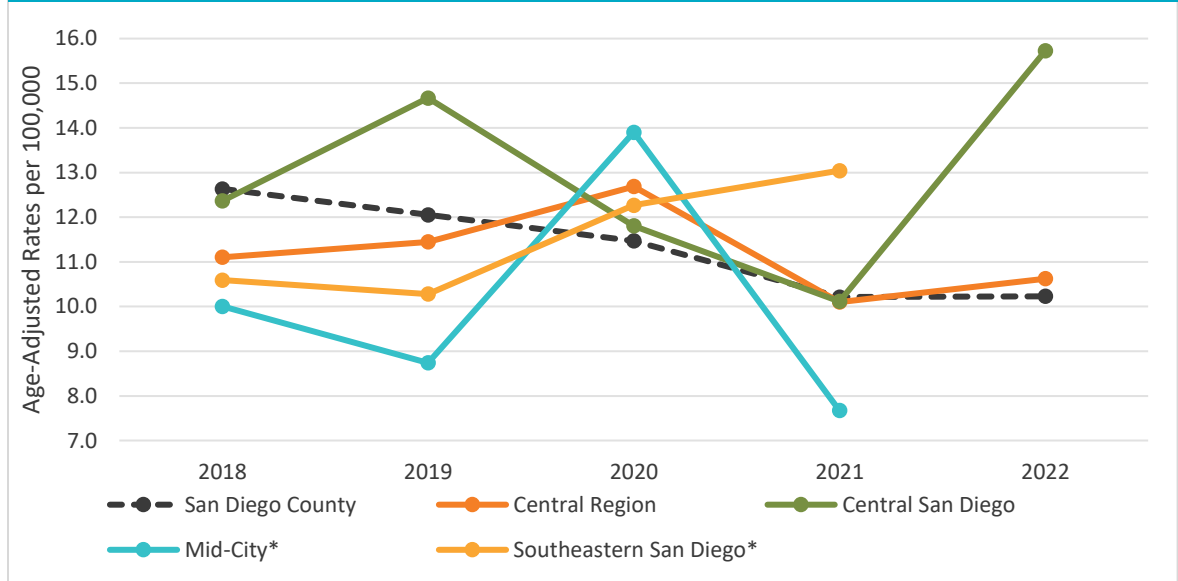
From 2018-2022, the age-adjusted death rate due to suicide **decreased** slightly in Central Region from 11.1 to 10.6 per 100,000 residents. Among Central Region SRAs, **Central San Diego** had the highest age-adjusted death rate due to suicide (15.7 per 100,000 residents) in 2022.

Behavioral Health Outcomes

Emergency Department (ED) Discharge Rates, 2018-2022

Age-Adjusted **Emergency Department (ED) Discharge Rates due to Alcohol Related Disorders** in Central Region by Subregional Area (SRA), San Diego County, 2018-2022

Age-Adjusted **Emergency Department (ED) Discharge Rates due to Suicide Attempt/Ideation/Intentional Self-Harm** in Central Region by Subregional Area (SRA), San Diego County, 2018-2022
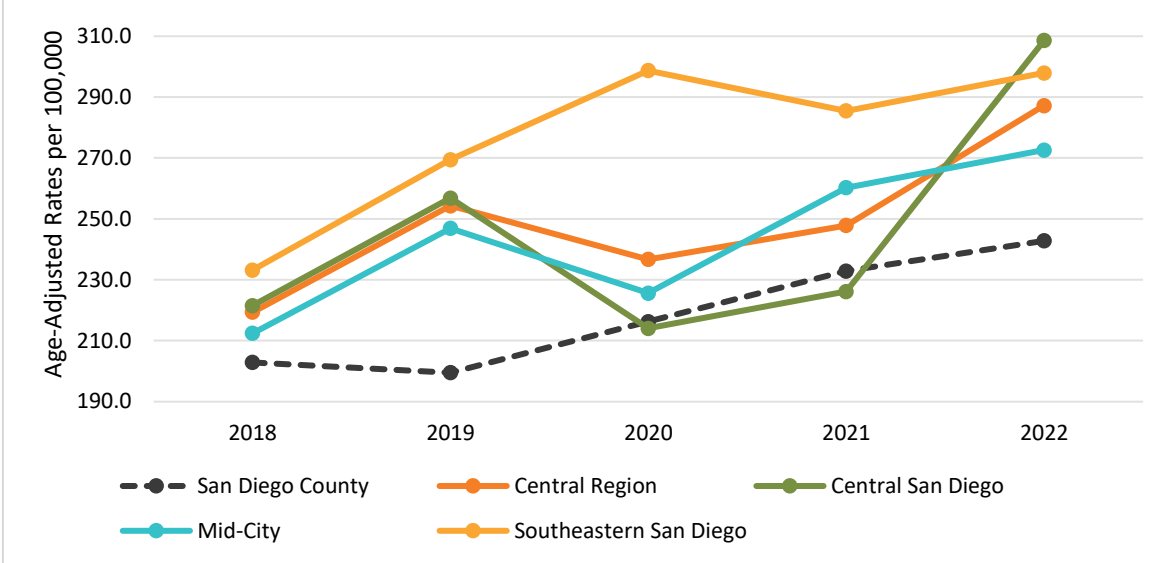
From 2018-2022, the age-adjusted ED discharge rate due to alcohol related disorders **decreased** in Central Region from 456.9 to 355.5 per 100,000 residents. Among Central Region SRAs, **Central San Diego** had the highest age-adjusted ED discharge rate due to alcohol related disorders every year from 2018-2022.

From 2018-2022, the age-adjusted ED discharge rate due to suicide attempt/ideation/intentional self-harm **increased** in Central Region from 219.4 to 287.2 per 100,000 residents. Among Central Region SRAs, **Central San Diego** had the highest age-adjusted ED discharge rate due to suicide attempt/ideation/intentional self-harm (308.6 per 100,000 residents) in 2022.

Behavioral Health Outcomes

Hospitalization Rates, 2018-2022

Age-Adjusted **Hospitalization Rates due to Alcohol Related Disorders** in Central Region by Subregional Area (SRA), San Diego County, 2018-2022

Legend: San Diego County (black dashed), Central Region (orange), Central San Diego (green), Mid-City (teal), Southeastern San Diego (yellow)

Age-Adjusted **Hospitalization Rates due to All Drug Overdoses** in Central Region by Subregional Area (SRA), San Diego County, 2022

	Age-Adjusted Rates per 100,000
San Diego County	52.0
Central Region	73.1
Central San Diego	81.1
Mid-City	62.6
Southeastern San Diego	74.2

From 2018-2022, the age-adjusted hospitalization rate due alcohol related disorders **increased** in Central Region from 64.2 to 68.3 per 100,000 residents. Among Central Region SRAs, **Central San Diego** had the highest age-adjusted hospitalization rate due to alcohol related disorders every year from 2018-2022.
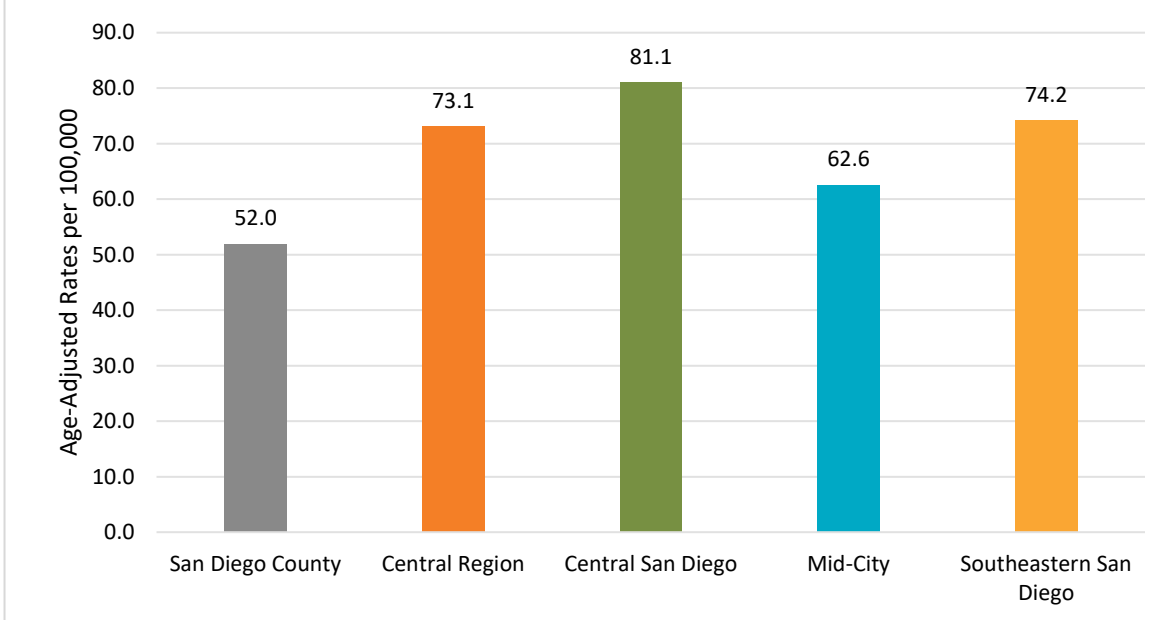
In 2022, the age-adjusted hospitalization rates due to all drug overdoses were higher in Central Region and its SRAs than in San Diego County overall. Among Central Region SRAs, **Central San Diego** had the highest age-adjusted hospitalization rate due to all drug overdoses (81.1 per 100,000 residents) in 2022.

*Rates not calculated for fewer than 11 events prior to 2022. Starting with data year 2022, geographies with less than 20,000 population contain no age-adjusted rates and all rates based on events <20 are suppressed due to statistical instability. Source: California Department of Health Care Access and Information (HCAI), Emergency Department Discharge Database and Patient Discharge Databases, 2018-2022; SANDAG Population Estimates, 2018 (v7/2019), 2019 (v5/2020), 2020, 2021 (v9/2022), 2022 (v11/2023). 2020 and 2021 population estimates were derived using the 2010 Census and data should be considered preliminary. 2022 population estimates were derived from the 2020 decennial census. Prepared by County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit, May 2024.

Alzheimer's Disease and Related Dementias (ADRD)

Death, Emergency Department (ED) Discharge, and Hospitalization Rates, 2022

Age-Adjusted Death, Emergency Department (ED) Discharge, and Hospitalization Rates due to **Alzheimer's Disease and Related Dementias (ADRD)** in Central Region by Subregional Area (SRA), San Diego County, 2022
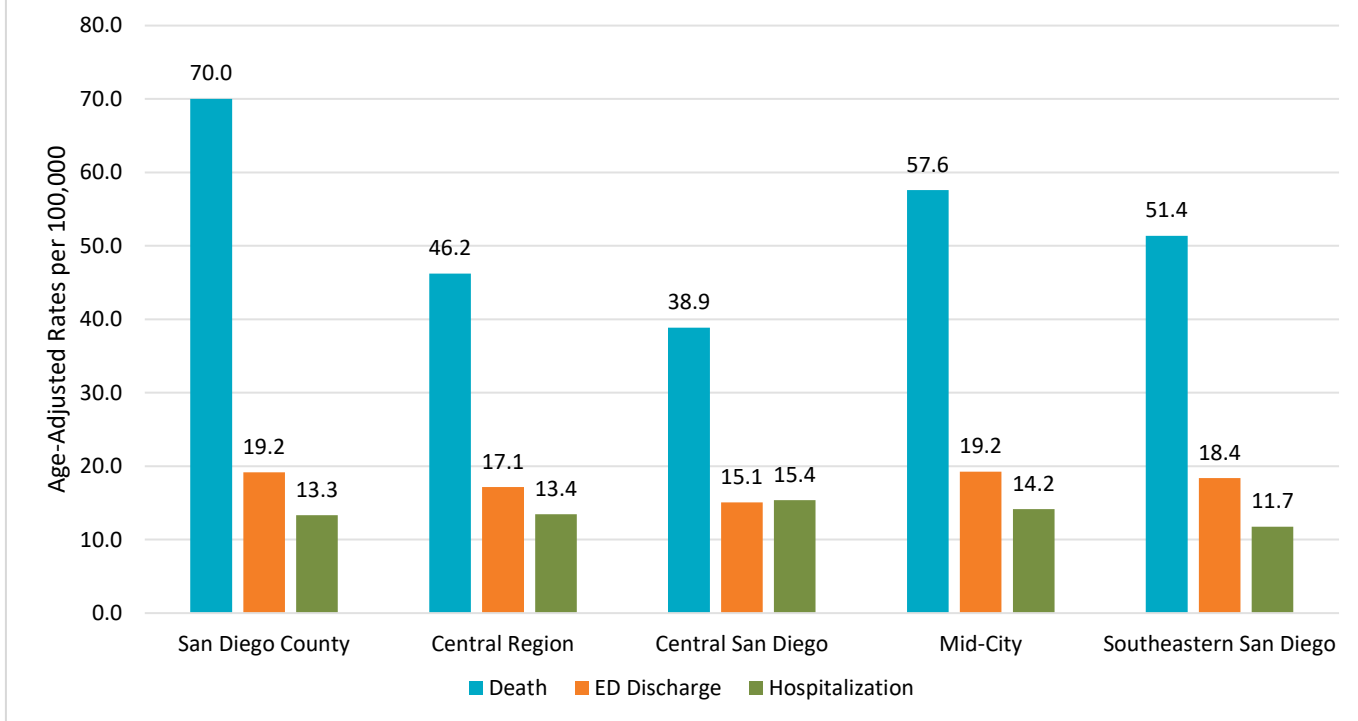
In 2022, the age-adjusted death rates due to ADRD were lower in Central Region and its SRAs than in San Diego County overall. Among Central Region SRAs, Mid-City had the highest age-adjusted death rate due to ADRD (57.6 per 100,000 residents) in 2022.

In 2022, the age-adjusted ED discharge rates due to ADRD were lower in Central Region and its SRAs than in San Diego County overall, with the exception of Mid-City SRA. Among Central Region SRAs, Mid-City had the highest age-adjusted ED discharge rate due to ADRD (19.2 per 100,000 residents) in 2022.

In 2022, the age-adjusted hospitalization rate due to ADRD in Central Region was similar to San Diego County overall. Among Central Region SRAs, Central San Diego had the highest age-adjusted hospitalization rate due to ADRD (15.4 per 100,000 residents) in 2022.

*Rates not calculated for fewer than 11 events prior to 2022. Starting with data year 2022, geographies with less than 20,000 population contain no age-adjusted rates and all rates based on events <20 are suppressed due to statistical instability. Source: California Department of Public Health, 2022 California Vital Records Business Intelligence System (VRBIS); California Department of Health Care Access and Information (HCAI), Emergency Department Discharge Database and Patient Discharge Databases, 2022; SANDAG Population Estimates, 2022 (v11/2023). 2022 population estimates were derived from the 2020 decennial census. **The COVID-19 pandemic was associated with increases in all-cause mortality. COVID-19 deaths have affected the patterns of mortality.** Prepared by County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit, March 2024.

Summary

Key Takeaways

In Central Region…

The percent of adults 25 years and older with **bachelor's and graduate degrees in** Central Region **increased** from 2017 to 2022.

The **median home values** in Central Region have **increased 57%** from 2017 to 2022.
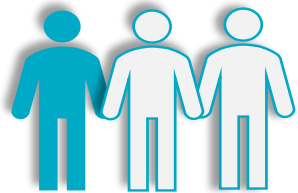
1 in 3 Central Region residents were living **below 200% FPL** in 2022.

From 2018 to 2022, **life expectancy decreased** in all Central Region SRAs.

The 5-year average percent of **unemployment** has **decreased** from 2017 to 2022 in Central Region.

In 2022, **heart disease** was the number one **leading cause of death** in Central Region.

Key Takeaways

Central Region Subregional Areas (SRAs)

Central Region SRA...

Faced **disproportionate** rates of **behavioral health conditions** compared to other SRAs in Central Region in 2022.

Mid-City SRA...

Had the **highest** age-adjusted **death rate due to ADRD** in Central Region in 2022.

Southeastern San Diego SRA...
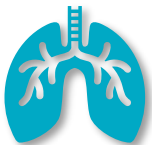
Faced **disproportionate** rates of **chronic disease** compared to other SRAs in Central Region in 2022.

Had the **largest** number of **students experiencing homelessness** in San Diego County in the 2022-2023 school year, with a count of 2,377.
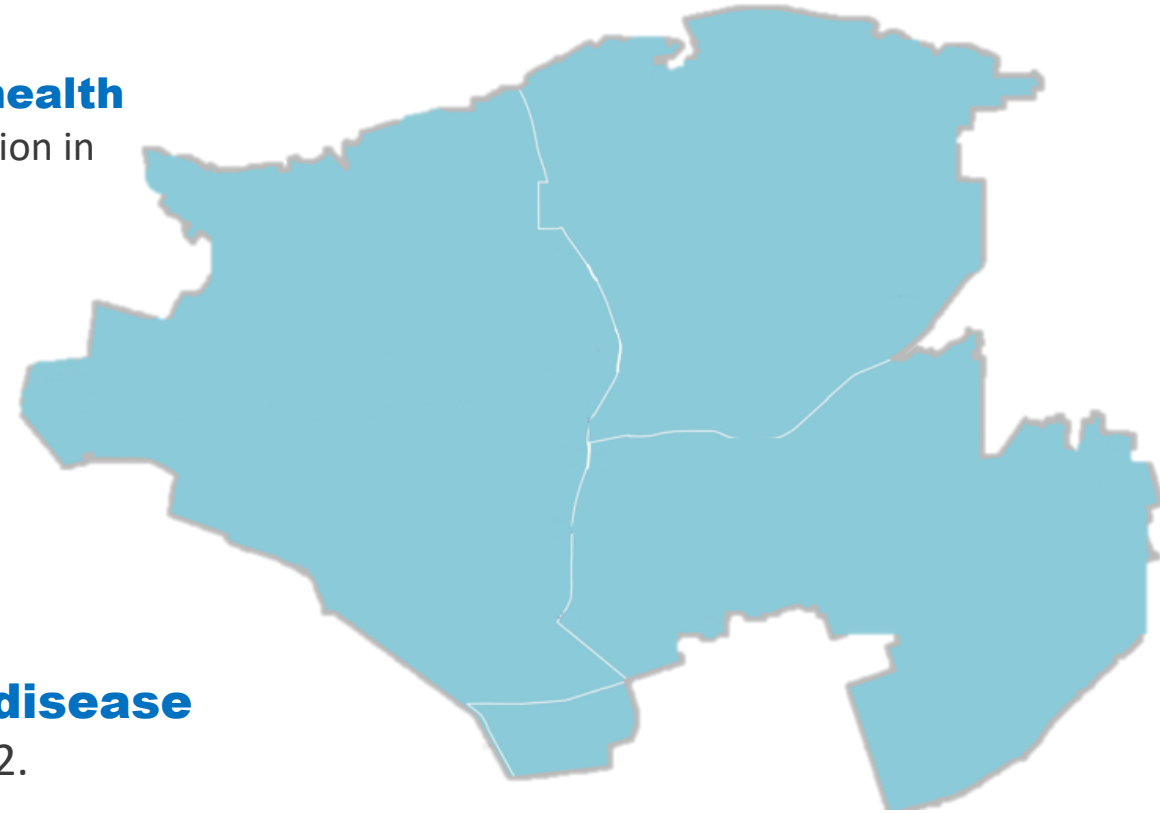
CHSU Products

Health Dashboards

Community Profiles
(by Region or Municipality)
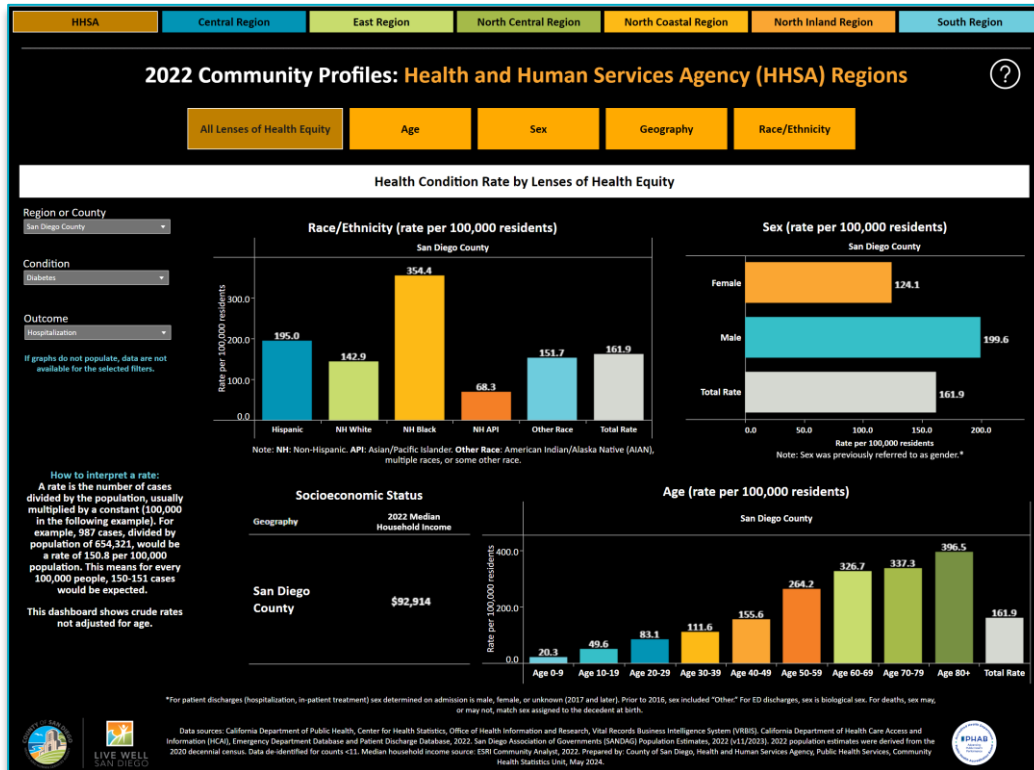
Community Profile Age-Adjusted Trends
(by Region or Municipality)
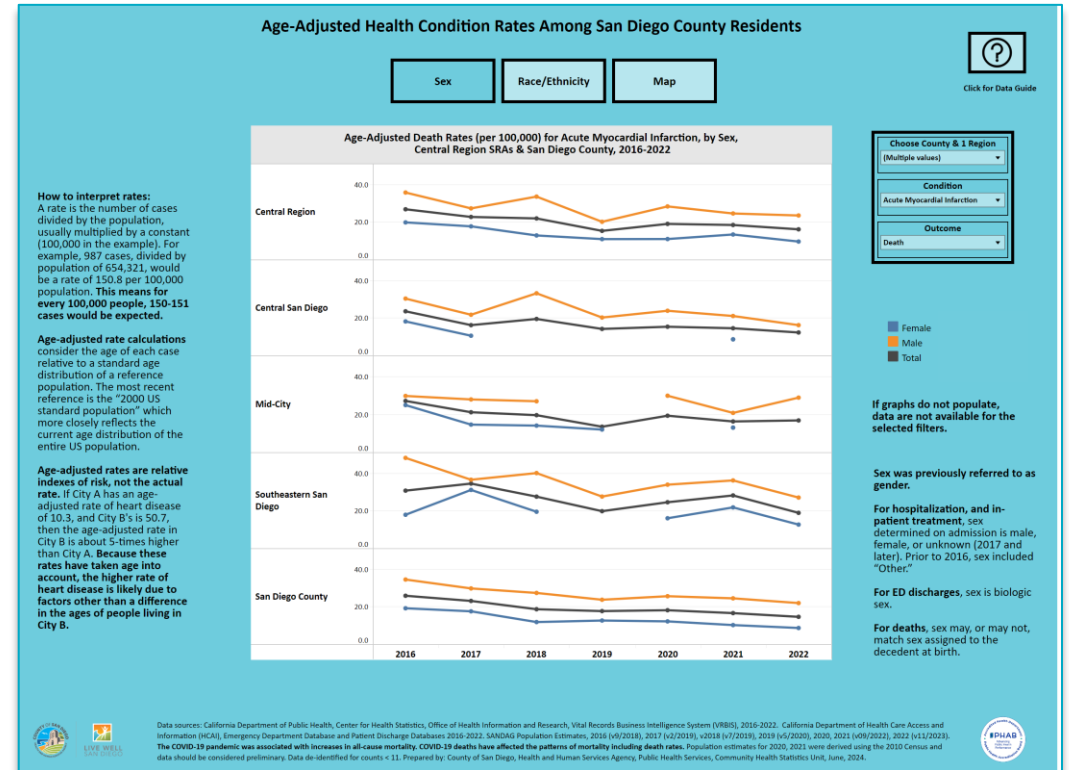
Health Dashboards

Small Populations Dashboards

Childhood Experiences Dashboard

Health Equity Dashboards

Racial Equity Dashboard

LGBQ Adult Dashboard

Poverty Dashboard Series

Self-Sufficiency Dashboard

Socioeconomic Disparities Dashboard

Demographic Profiles

Demographic Profiles

Interactive Tableau Dashboards available for:

- Census Tracts
- Regions and Subregional Areas
- Supervisorial Districts
- Cities and the Unincorporated Area

Demographic profiles in PDF format available for:

- Regions and Subregional Areas
- Supervisorial Districts
- Cities and the Unincorporated Area

For more information, including
data, resources and reports,
from Public Health Services:

www.SDHealthStatistics.com

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THANK YOU!