

SOCIAL DETERMINANTS OF HEALTH UNDER THE FIVE AREAS OF INFLUENCE



Health

- ❖ Healthcare access and utilization
- ❖ Provider availability, linguistic and cultural competency
- ❖ Quality of care
- ❖ Lifestyle behaviors



Knowledge

- ❖ Literacy
- ❖ Early childhood education
- ❖ Educational attainment



Standard of Living

- ❖ Socioeconomic Status
- ❖ Income
- ❖ Employment
- ❖ Expenses and debt
- ❖ Medical bills
- ❖ Support
- ❖ Food insecurity
- ❖ Homelessness



Community

- ❖ Housing
- ❖ Transportation
- ❖ Safety
- ❖ Environment
- ❖ Parks
- ❖ Playgrounds
- ❖ Walkability



Social

- ❖ Stress
- ❖ Social integration
- ❖ Support systems
- ❖ Community engagement and involvement

Structural Discrimination

(including racism, sexism, ageism, ableism, classism)
Impacts all 5 Areas of Influence, predicts health outcomes, and leads to health disparities



Health



Social



Health and Well-Being Outcomes

(Premature mortality, morbidity and mortality indicators, life expectancy, healthcare expenditure, health status, functional limitations and other health inequities)



Knowledge



Community



Standard of Living