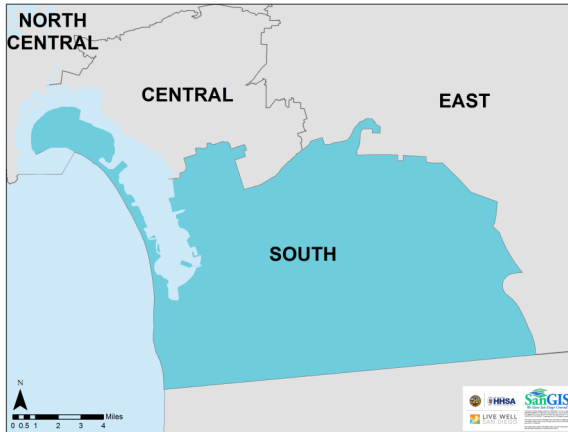


# San Diego County Health Briefs

## South Region, 2021



Demographics <sup>1</sup>	South Region (%)	County (%)
Ages 0-9	14.9%	12.9%
Ages 10-19	15.8%	13.8%
Ages 20-29	15.7%	14.0%
Ages 30-39	12.6%	12.9%
Ages 40-49	12.0%	12.4%
Ages 50-59	11.4%	12.1%
Ages 60-69	9.2%	11.0%
Ages 70-79	5.4%	7.0%
Ages 80+	3.1%	3.9%
White	20.6%	45.8%
Black	5.1%	4.8%
Hispanic	60.0%	34.3%
Asian/Pacific Islander	10.9%	11.0%
Other	3.4%	4.1%
Population with income less than 100% Federal Poverty Level (FPL) <sup>†</sup>	10.9%	10.7%

Health Outcomes <sup>2, 3, 4</sup>	South Region		County	
	Number	Rate*	Number	Rate*
<b>Coronary Heart Disease</b>				
Death	394	78.3	2,604	78.5
Hospitalization	1,024	203.6	5,640	170.1
Emergency Department Discharge	183	36.4	1,205	36.3
<b>Stroke</b>				
Death	242	48.1	1,710	51.6
Hospitalization	1,199	238.4	6,607	199.3
Emergency Department Discharge	389	77.3	2,614	78.8
<b>Overall Heart Disease<sup>^</sup></b>				
Death	725	144.2	4,961	149.6
Hospitalization	5,562	1,106.0	31,941	963.4
Emergency Department Discharge	10,713	2,130.2	58,124	1,753.1
<b>Acute Myocardial Infarction (Heart Attack)</b>				
Death	119	23.7	670	20.2
Hospitalization	694	138.0	3,735	112.7
Emergency Department Discharge	87	17.3	484	14.6
<b>Heart Failure</b>				
Death	147	29.2	1,090	32.9
Hospitalization	1,275	253.5	7,023	211.8
Emergency Department Discharge	381	75.8	2,095	63.2

For more data and statistics, visit [www.SDHealthStatistics.com](http://www.SDHealthStatistics.com)

# San Diego County Health Briefs

## South Region, 2021



### Non-Communicable (Chronic) Disease

Health Outcomes continued <sup>2, 3, 4</sup>	South Region		County	
	Number	Rate*	Number	Rate*
<b>Overall Hypertensive Diseases~</b>				
Death	178	35.4	1,055	31.8
Hospitalization	1,979	393.5	10,192	307.4
Emergency Department Discharge	1,966	390.9	9,153	276.1
<b>Cancer, All Causes</b>				
Death	769	152.9	5,050	152.3
Hospitalization	1,460	290.3	8,532	257.3
Emergency Department Discharge	227	45.1	1,357	40.9
<b>Diabetes</b>				
Death	163	32.4	895	27.0
Hospitalization	1,070	212.8	4,943	149.1
Emergency Department Discharge	1,108	220.3	4,847	146.2
<b>COPD &amp; Chronic Lower Respiratory Diseases</b>				
Death	115	22.9	870	26.2
Hospitalization	184	36.6	1,453	43.8
Emergency Department Discharge	353	70.2	2,473	74.6
<b>Asthma</b>				
Death	§	§	17	0.5
Hospitalization	177	35.2	846	25.5
Emergency Department Discharge	952	189.3	4,833	145.8
<b>Parkinson's Disease</b>				
Death	57	11.3	399	12.0
Hospitalization	38	7.6	179	5.4
Emergency Department Discharge	14	2.8	116	3.5
<b>Lupus and Connective Tissue Disorders</b>				
Death	§	§	29	0.9
Hospitalization	69	13.7	314	9.5
Emergency Department Discharge	18	3.6	129	3.9
<b>Health Behaviors<sup>5</sup> (2019-2021)</b>		<b>South Region (%)</b>		<b>County (%)</b>
Current Smoker (ages 18+)		4.5%		5.9%
Overweight/Obese (ages 18+)		65.5%		58.1%
Rated Overall health as Fair or Poor (ages 18+)		17.1%		12.1%
Ever Diagnosed with High Blood Pressure (ages 18+)		29.0%		24.1%
Ever Diagnosed with Diabetes (ages 18+)		10.2%		8.4%
Ever Diagnosed with Asthma (all ages)		10.7%		14.4%

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# San Diego County Health Briefs

## South Region, 2021



### Sources

1. San Diego Association of Governments (SANDAG) Population Estimates, 2021 (v09/2022). **Population estimates were derived using the 2010 Census and data should be considered preliminary.**
2. California Department of Public Health, Center for Health Statistics, Office of Health Information and Research, Vital Records Business Intelligence System (VRBIS), 2021.
3. California Department of Health Care Access and Information (HCAI), Patient Discharge Data, 2021.
4. California Department of Health Care Access and Information (HCAI), Emergency Department Discharge Data, 2021.
5. UCLA Center for Health Policy Research, California Health Interview Survey (CHIS), 2019-2021. Accessed October 31, 2022.

† Source: U.S. Census Bureau; 2017-2021 American Community Survey 5-Year Estimates, Table B17024.

-Federal Poverty Level Thresholds for 2021 (\$13,788 for single person, \$27,479 for four-person-family [2 adults with 2 related children under 18 years]) per the U.S. Census Bureau, "Poverty Thresholds," accessed from <https://www.census.gov/data/tables/time-series/demo/income-poverty/historical-poverty-thresholds.html> on May 24, 2023.

\* Rates are per 100,000 population.

§ Rates not calculated for fewer than 11 events.

^ Includes entire ICD-10-CM diagnosis chapter for diseases of the circulatory system.

~ Includes Primary Hypertension.

# San Diego County Health Briefs

## South Region, 2021



### Communicable Disease



Demographics <sup>1</sup>	South Region (%)	County (%)
Ages 0-9	14.9%	12.9%
Ages 10-19	15.8%	13.8%
Ages 20-29	15.7%	14.0%
Ages 30-39	12.6%	12.9%
Ages 40-49	12.0%	12.4%
Ages 50-59	11.4%	12.1%
Ages 60-69	9.2%	11.0%
Ages 70-79	5.4%	7.0%
Ages 80+	3.1%	3.9%
White	20.6%	45.8%
Black	5.1%	4.8%
Hispanic	60.0%	34.3%
Asian/Pacific Islander	10.9%	11.0%
Other	3.4%	4.1%
Population with income less than 100% Federal Poverty Level (FPL) <sup>†</sup>	10.9%	10.7%

Health Outcomes <sup>2, 3, 4, 5, 6</sup>	South Region		County	
	Number	Rate*	Number	Rate*
Tuberculosis	62	12.3	201	6.1
Chlamydia Reported	3,072	610.8	18,074	545.2
Gonorrhea Reported	1,131	224.9	7,883	237.8
Primary and Secondary Syphilis Reported	164	32.6	1,262	38.1
<b>Deaths</b>				
Influenza (Flu) and Pneumonia	27	5.4	164	4.9
<b>Hospitalizations</b>				
Influenza	§	§	18	0.5
Pneumonia	346	68.8	2,014	60.7
<b>Emergency Department Discharges</b>				
Influenza	197	39.2	621	18.7
Pneumonia	686	136.4	3,459	104.3

For more data and statistics, visit [www.SDHealthStatistics.com](http://www.SDHealthStatistics.com)

# San Diego County Health Briefs

## South Region, 2021



### Sources

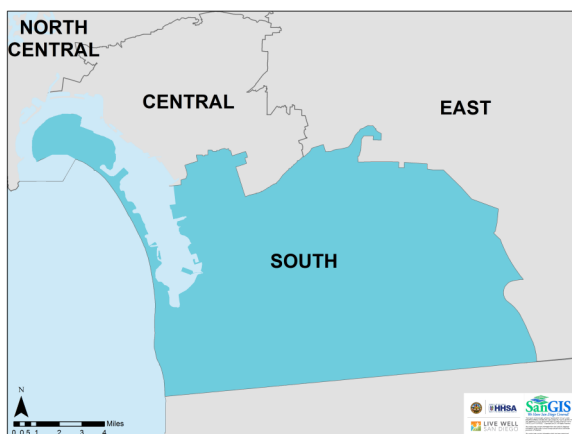
1. San Diego Association of Governments (SANDAG) Population Estimates, 2021 (v09/2022). **Population estimates were derived using the 2010 Census and data should be considered preliminary.**
  2. County of San Diego, Health and Human Services Agency, Tuberculosis Control Program, County TB Registry; SANDAG, Current Population Estimates, released 09/2022.
  3. County of San Diego, Health and Human Services Agency, HIV, STD and Hepatitis Branch, Morbidity Database; SANDAG, Current Population Estimates, released 09/2022.
  4. California Department of Public Health, Center for Health Statistics, Office of Health Information and Research, Vital Records Business Intelligence System (VRBIS), 2021.
  5. California Department of Health Care Access and Information (HCAI), Patient Discharge Data, 2021.
  6. California Department of Health Care Access and Information (HCAI), Emergency Department Discharge Data, 2021.
- † Source: U.S. Census Bureau; 2017-2021 American Community Survey 5-Year Estimates, Table B17024.
- Federal Poverty Level Thresholds for 2021 (\$13,788 for single person, \$27,479 for four-person-family [2 adults with 2 related children under 18 years]) per the U.S. Census Bureau, "Poverty Thresholds," accessed from <https://www.census.gov/data/tables/time-series/demo/income-poverty/historical-poverty-thresholds.html> on May 24, 2023.
- \* Rates are per 100,000 population.
- § Rates not calculated for fewer than 11 events.

# San Diego County Health Briefs

## South Region, 2021



### Maternal & Child Health



Demographics <sup>1</sup>	South Region (%)	County (%)
Ages 0-9	14.9%	12.9%
Ages 10-19	15.8%	13.8%
Ages 20-29	15.7%	14.0%
Ages 30-39	12.6%	12.9%
Ages 40-49	12.0%	12.4%
Ages 50-59	11.4%	12.1%
Ages 60-69	9.2%	11.0%
Ages 70-79	5.4%	7.0%
Ages 80+	3.1%	3.9%
White	20.6%	45.8%
Black	5.1%	4.8%
Hispanic	60.0%	34.3%
Asian/Pacific Islander	10.9%	11.0%
Other	3.4%	4.1%
Population with income less than 100% Federal Poverty Level (FPL) <sup>†</sup>	10.9%	10.7%

Health Outcomes <sup>2, 3, 4</sup>	South Region			County	
	Number	% of Region	% of County	Number	(%)
Live Birth	6,660	100%	17.8%	37,436	100%
Live Births to Teens, Ages 15-17	38	0.6%	23.0%	165	0.4%
Live Births with Early Prenatal Care, % of Known Prenatal Care	5,859	88.3%	17.6%	33,270	89.2%
Live Births Born Preterm	640	9.6%	19.5%	3,279	8.8%
Low Birth Weight Births	497	7.5%	19.3%	2,581	6.9%
Very Low Birth Weight Births	84	1.3%	20.8%	404	1.1%
Health Outcomes <sup>3</sup>	Number	Rate*		Number	Rate*
Infant Mortality, Rate per 1,000 live births	20	3.0		102	2.7
Health Behaviors <sup>5</sup> (2019-2021)	South Region (%)		County (%)		
Adults Under 200% FPL Unable to Afford Enough Food	25.6%		32.0%		
Rated Overall Health as Fair or Poor (18+)	17.1%		12.1%		
Women with a High School Degree or Less Education (ages 25+)	39.0%		30.0%		
Child Attends Preschool, Nursery school, or Head Start Program At Least 10 hrs/wk (ages 6 and under)	**		13.8%		
Agree or Strongly Agree that People in Neighborhood can be Trusted (ages 12-17)	**		86.6%		
No Dental Insurance Coverage in the Past Year (ages 3-11)	**		7.5%		

For more data and statistics, visit [www.SDHealthStatistics.com](http://www.SDHealthStatistics.com)

# San Diego County Health Briefs

## South Region, 2021



### Sources

1. San Diego Association of Governments (SANDAG) Population Estimates, 2021 (v09/2022). **Population estimates were derived using the 2010 Census and data should be considered preliminary.**
2. State of California, Department of Public Health (CDPH), Center for Health Statistics and Informatics, Birth Statistical Master Files and Birth Public Use Files, 2021.
3. State of California, Department of Public Health (CDPH), Center for Health Statistics and Informatics, Birth and Fetal Death Statistical Master Files, 2021.
4. State of California, Department of Public Health (CDPH), Center for Health Statistics and Informatics, Birth Cohort Statistical Master Files, 2021.
5. UCLA Center for Health Policy Research, California Health Interview Survey (CHIS), 2019-2021. Accessed October 31, 2022.

† Source: U.S. Census Bureau; 2017-2021 American Community Survey 5-Year Estimates, Table B17024.

-Federal Poverty Level Thresholds for 2021 (\$13,788 for single person, \$27,479 for four-person-family [2 adults with 2 related children under 18 years]) per the U.S. Census Bureau, "Poverty Thresholds," accessed from <https://www.census.gov/data/tables/time-series/demo/income-poverty/historical-poverty-thresholds.html> on May 24, 2023.

\* Rates are per 1,000 population.

\*\* Indicates statistically unstable estimate.

# San Diego County Health Briefs

## South Region, 2021



### Injury



Demographics <sup>1</sup>	South Region (%)	County (%)
Ages 0-9	14.9%	12.9%
Ages 10-19	15.8%	13.8%
Ages 20-29	15.7%	14.0%
Ages 30-39	12.6%	12.9%
Ages 40-49	12.0%	12.4%
Ages 50-59	11.4%	12.1%
Ages 60-69	9.2%	11.0%
Ages 70-79	5.4%	7.0%
Ages 80+	3.1%	3.9%
White	20.6%	45.8%
Black	5.1%	4.8%
Hispanic	60.0%	34.3%
Asian/Pacific Islander	10.9%	11.0%
Other	3.4%	4.1%
Population with income less than 100% Federal Poverty Level (FPL) <sup>†</sup>	10.9%	10.7%

Health Outcomes <sup>2, 3, 4, 5</sup>	South Region		County	
	Number	Rate*	Number	Rate*
<b>Unintentional Injury (All Causes)</b>				
Death	233	46.3	1,795	54.1
Hospitalization	4,610	916.7	28,792	868.4
Emergency Department Discharge	27,810	5,529.8	157,155	4,740.1
<b>Fall-Related Injury</b>				
Death	42	8.4	355	10.7
Hospitalization	2,355	468.3	14,062	424.1
Emergency Department Discharge	10,501	2,088.0	61,585	1,857.5
<b>Poisoning</b>				
Death	120	23.9	963	29.0
Hospitalization	400	79.5	2,651	80.0
Emergency Department Discharge	994	197.6	6,405	193.2
<b>Motor Vehicle Injuries</b>				
Deaths due to Motor Vehicle (MV) Injury Collision	51	10.1	317	9.6
Hospitalizations due to MV Injury Collision	457	90.9	2,587	78.0
Emergency Department Discharges due to MV Injury Collision	2,947	586.0	15,993	482.4
Injuries due to MV Injury Collision (2020) <sup>5</sup>	1,874	372.4	15,042	451.5

For more data and statistics, visit [www.SDHealthStatistics.com](http://www.SDHealthStatistics.com)



# San Diego County Health Briefs

## South Region, 2021



### Injury

Health Outcomes continued <sup>2, 3, 4, 5</sup>	South Region		County	
	Number	Rate*	Number	Rate*
<b>Pedestrian Injuries</b>				
Deaths due to Motor Vehicle (MV) Injury Collision	19	3.8	101	3.0
Hospitalizations due to MV Injury Collision	53	10.5	282	8.5
Emergency Department Discharges due to MV Injury Collision	113	22.5	663	20.0
Injuries due to MV Injury Collision (2020) <sup>5</sup>	113	22.5	920	27.6
<b>Assault</b>				
Homicide	19	3.8	113	3.4
Hospitalization	212	42.2	935	28.2
Emergency Department Discharge	1,353	269.0	6,956	209.8
<b>Suicide (or Suicide Attempt)</b>				
Death	33	6.6	344	10.4
Hospitalization	110	21.9	719	21.7
Emergency Department Discharge	952	189.3	7,630	230.1
<b>Firearm-Related Injuries</b>				
Death	22	4.4	205	6.2
Hospitalization	53	10.5	231	7.0
Emergency Department Discharge	41	8.2	199	6.0
<b>Health Behaviors<sup>5</sup> (2020)</b>				
Alcohol-Involved MV Injury Collisions	248	49.3	2,262	67.9
Drinking Drivers Involved in MV Injury Collisions	193	38.4	1,582	47.5
<b>Health Behaviors<sup>6</sup> (2019-2021)</b>				
Ever Seriously Thought About Committing Suicide (ages 18+)	14.0%		15.8%	
Binge Drinking in Past 30 Days (ages 18+) (2021)	17.6%		20.5%	

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# San Diego County Health Briefs

## South Region, 2021



### Sources

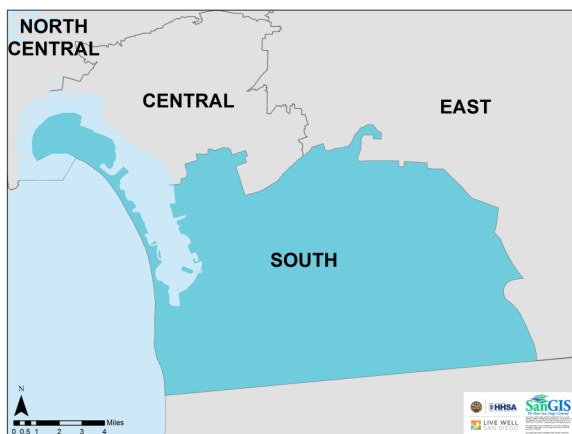
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  2. California Department of Public Health, Center for Health Statistics, Office of Health Information and Research, Vital Records Business Intelligence System (VRBIS), 2021.
  3. California Department of Health Care Access and Information (HCAI), Patient Discharge Database, 2021.
  4. California Department of Health Care Access and Information (HCAI), Emergency Department Discharge Database, 2021.
  5. California Highway Patrol data from Transportation Injury Mapping System (TIMS), accessed 08/17/2022. The location (city or unincorporated county area) is based on reports filed by law enforcement report and may not contain specific geographic coordinates.
    - Data pertains to motor vehicle collisions that occurred on public roads, where at least one victim was injured/killed. Geographic location pertains to where the collision occurred.
  6. UCLA Center for Health Policy Research, California Health Interview Survey (CHIS), 2019-2021.
- † Source: U.S. Census Bureau; 2017-2021 American Community Survey 5-Year Estimates, Table B17024.
- Federal Poverty Level Thresholds for 2021 (\$13,788 for single person, \$27,479 for four-person-family [2 adults with 2 related children under 18 years]) per the U.S. Census Bureau, "Poverty Thresholds," accessed from <https://www.census.gov/data/tables/time-series/demo/income-poverty/historical-poverty-thresholds.html> on May 24, 2023.
- \* Rates are per 100,000 population.
- Data are unavailable.

# San Diego County Health Briefs

## South Region, 2021



### Behavioral Health



Demographics <sup>1</sup>	South Region (%)	County (%)
Ages 0-9	14.9%	12.9%
Ages 10-19	15.8%	13.8%
Ages 20-29	15.7%	14.0%
Ages 30-39	12.6%	12.9%
Ages 40-49	12.0%	12.4%
Ages 50-59	11.4%	12.1%
Ages 60-69	9.2%	11.0%
Ages 70-79	5.4%	7.0%
Ages 80+	3.1%	3.9%
White	20.6%	45.8%
Black	5.1%	4.8%
Hispanic	60.0%	34.3%
Asian/Pacific Islander	10.9%	11.0%
Other	3.4%	4.1%
Population with income less than 100% Federal Poverty Level (FPL) <sup>†</sup>	10.9%	10.7%

Health Outcomes <sup>2, 3, 4</sup>	South Region		County	
	Number	Rate*	Number	Rate*
<b>Schizophrenia</b>				
Hospitalization	48	9.5	324	9.8
Emergency Department Discharge	516	102.6	4,267	128.7
In-Patient Treatment Facility Discharge	766	152.3	3,999	120.6
<b>Suicide (or Suicide Attempt)</b>				
Death	33	6.6	344	10.4
Hospitalization	110	21.9	719	21.7
Emergency Department Discharge	952	189.3	7,630	230.1
<b>Mood Disorders</b>				
Hospitalization	27	5.4	180	5.4
Emergency Department Discharge	450	89.5	3,400	102.6
In-Patient Treatment Facility Discharge	1,007	200.2	6,297	189.9
<b>Depression</b>				
Hospitalization	20	4.0	116	3.5
Emergency Department Discharge	324	64.4	2,169	65.4
In-Patient Treatment Facility Discharge	702	139.6	3,971	119.8
<b>Alcohol-Related Disorders<sup>~</sup></b>				
Death	69	13.7	591	17.8
Hospitalization	217	43.1	2,004	60.4
Emergency Department Discharge	979	194.7	8,185	246.9
In-Patient Treatment Facility Discharge	196	39.0	1,449	43.7

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# San Diego County Health Briefs

## South Region, 2021



### Behavioral Health

Health Outcomes continued <sup>2, 3, 4</sup>	South Region		County	
	Number	Rate*	Number	Rate*
<b>Substance-Related Disorders~</b>				
Death	§	§	41	1.2
Hospitalization	40	8.0	274	8.3
Emergency Department Discharge	585	116.3	4,026	121.4
In-Patient Treatment Facility Discharge	67	13.3	498	15.0
<b>Opioid-Related Disorders~</b>				
Hospitalization	16	3.2	97	2.9
Emergency Department Discharge	199	39.6	1,258	37.9
In-Patient Treatment Facility Discharge	38	7.6	245	7.4
<b>Cannabis-Related Disorders~</b>				
Hospitalization	§	§	29	0.9
Emergency Department Discharge	105	20.9	669	20.2
In-Patient Treatment Facility Discharge	§	§	25	0.8
<b>All Opioid Overdoses^</b>				
Multiple Cause of Death	87	17.3	727	21.9
<b>Sedative Overdoses^</b>				
Multiple Cause of Death	14	2.8	152	4.6
<b>Stimulant Overdoses^</b>				
Multiple Cause of Death	84	16.7	630	19.0
<b>Mental Health Behaviors &amp; Related Health Factors<sup>5</sup> (2019-2021)</b>		<b>South Region (%)</b>		<b>County (%)</b>
Likely Has Had Serious Psychological Distress During Past Year (ages 18+)		11.9%		14.2%
Likely Has Had Serious Psychological Distress During Past Month (ages 18+)		6.7%		7.0%
Emotions Severely Impaired Social Life in Past Year (ages 18+ with moderate to severe psychological distress in past year)		9.6%		11.2%
Emotions Severely Impaired Work in Past 12 Months (ages 18-70)		5.8%		8.5%
Unable to Work 8 Days or More Due to Mental Problems (ages 18+ with psychological distress in past year)		70.9%		57.7%
Saw Any Healthcare Provider for Emotional-Mental and/or Alcohol-Drug Issues in Past Year (ages 18+)		12.8%		16.8%
Has Taken Prescription Medicine for 2 or More Weeks for Emotional/ Mental Health Issues in Past Year (ages 18+)		8.6%		10.8%
Ever Seriously Thought About Committing Suicide (ages 18+)		14.0%		15.8%

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# San Diego County Health Briefs

## South Region, 2021



Substance Abuse Health Behaviors & Related Health Factors <sup>5,6</sup>	South Region (%)	County (%)
Ever Tried Marijuana or Hashish (ages 18+)	35.6%	52.3%
Binge Drinking in Past 30 Days (ages 18+) (2021)	17.6%	20.5%
Binge Drinking in Past 30 Days (11th grade)	—	6.0%

### Sources

- San Diego Association of Governments (SANDAG) Population Estimates, 2021 (v 09/2022). **Population estimates were derived using the 2010 Census and data should be considered preliminary.**
- California Department of Public Health, Center for Health Statistics, Office of Health Information and Research, Vital Records Business Intelligence System (VRBIS), 2021.
- California Department of Health Care Access and Information (HCAI), Patient Discharge Data, 2021.
- California Department of Health Care Access and Information (HCAI), Emergency Department Discharge Data, 2021.
- UCLA Center for Health Policy Research, California Health Interview Survey (CHIS), 2019-2021. Accessed October 31, 2022.
- California Department of Education, California Healthy Kids Survey (CHKS), 2019-2021.

† Source: U.S. Census Bureau; 2017-2021 American Community Survey 5-Year Estimates, Table B17024.

-Federal Poverty Level Thresholds for 2021 (\$13,788 for single person, \$27,479 for four-person-family [2 adults with 2 related children under 18 years]) per the U.S. Census Bureau, "Poverty Thresholds," accessed from <https://www.census.gov/data/tables/time-series/demo/income-poverty/historical-poverty-thresholds.html> on May 24, 2023.

\*Rates are per 100,000 population.

— Data are unavailable.

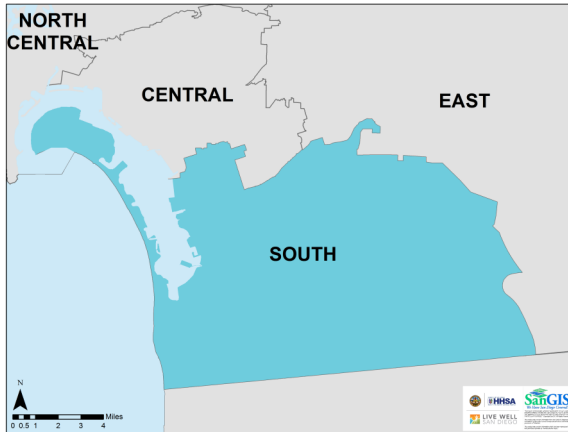
§ Rates not calculated for fewer than 11 events.

~Related Disorders groups contain specific abuse, dependence, use, and poisoning ICD-10 codes.

^Drug overdose deaths represent only a small proportion of the overall burden of drug misuse, dependence, and overdose.

# San Diego County Health Briefs

## South Region, 2021

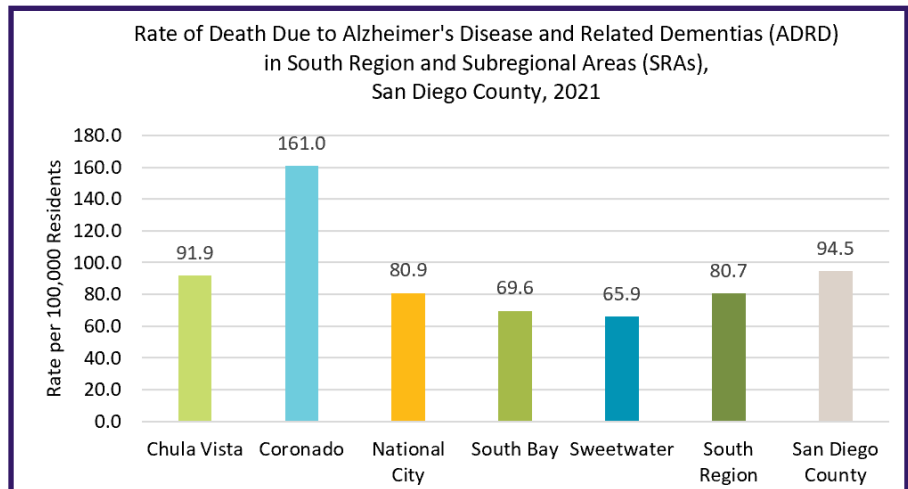


Demographics <sup>1</sup>	South Region (%)	County (%)
Ages 0-9	14.9%	12.9%
Ages 10-19	15.8%	13.8%
Ages 20-29	15.7%	14.0%
Ages 30-39	12.6%	12.9%
Ages 40-49	12.0%	12.4%
Ages 50-59	11.4%	12.1%
Ages 60-69	9.2%	11.0%
Ages 70-79	5.4%	7.0%
Ages 80+	3.1%	3.9%
White	20.6%	45.8%
Black	5.1%	4.8%
Hispanic	60.0%	34.3%
Asian/Pacific Islander	10.9%	11.0%
Other	3.4%	4.1%
Population with income less than 100% Federal Poverty Level (FPL) <sup>†</sup>	10.9%	10.7%

Health Outcomes <sup>2, 3, 4</sup>	South Region		County	
	Number	Rate*	Number	Rate*
<b>Alzheimer's Disease and Related Dementias (ADRD)</b>				
Death	406	80.7	3,133	94.5
Hospitalization	151	30.0	751	22.7
Emergency Department Discharge	113	22.5	917	27.7

### Alzheimer's Disease and Related Dementias (ADRD) in South Region

- In San Diego County, South Region had a lower rate of death due to Alzheimer's Disease and Related Dementias (ADRD) compared to the county in 2021.
- Among the South Region subregional areas (SRAs), Coronado SRA had the highest rate of death due to ADRD in 2021, with a rate of 161.0 deaths per 100,000 residents, and Sweetwater SRA had the lowest rate of death due to ADRD, with a rate of 65.9 deaths per 100,000 residents.



# San Diego County Health Briefs South Region, 2021



Health Behaviors <sup>5</sup> (2019-2021)	South Region (%)	County (%)
Current Smoker (ages 18+)	4.5%	5.9%
Overweight/Obese (ages 18+)	65.5%	58.1%
Rated Overall Health as Fair or Poor (ages 18+)	17.1%	12.1%
Ever Diagnosed with High Blood Pressure (ages 18+)	29.0%	24.1%
Ever Diagnosed with Diabetes (ages 18+)	10.2%	8.4%
Ever Diagnosed with Asthma (all ages)	10.7%	14.4%

### Sources

1. San Diego Association of Governments (SANDAG) Population Estimates, 2021 (v09/2022). **Population estimates were derived using the 2010 Census and data should be considered preliminary.**
2. California Department of Public Health, Center for Health Statistics, Office of Health Information and Research, Vital Records Business Intelligence System (VRBIS), 2021.
3. California Department of Health Care Access and Information (HCAI), Patient Discharge Data, 2021.
4. California Department of Health Care Access and Information (HCAI), Emergency Department Discharge Data, 2021.
5. UCLA Center for Health Policy Research, California Health Interview Survey (CHIS), 2019-2021. Accessed October 31, 2022.

† Source: U.S. Census Bureau; 2017-2021 American Community Survey 5-Year Estimates, Table B17024.

-Federal Poverty Level Thresholds for 2021 (\$13,788 for single person, \$27,479 for four-person-family [2 adults with 2 related children under 18 years]) per the U.S. Census Bureau, "Poverty Thresholds," accessed from <https://www.census.gov/data/tables/time-series/demo/income-poverty/historical-poverty-thresholds.html> on May 24, 2023.

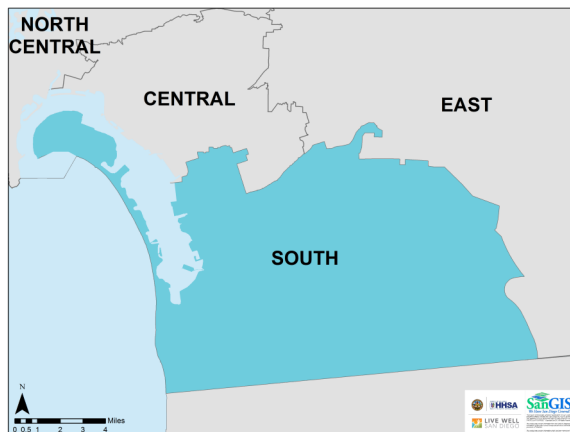
\*Rates are per 100,000 population.

# San Diego County Health Briefs

## South Region, 2021



### Environmental Health



Demographics <sup>1</sup>	South Region (%)	County (%)
Ages 0-9	14.9%	12.9%
Ages 10-19	15.8%	13.8%
Ages 20-29	15.7%	14.0%
Ages 30-39	12.6%	12.9%
Ages 40-49	12.0%	12.4%
Ages 50-59	11.4%	12.1%
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Ages 80+	3.1%	3.9%
White	20.6%	45.8%
Black	5.1%	4.8%
Hispanic	60.0%	34.3%
Asian/Pacific Islander	10.9%	11.0%
Other	3.4%	4.1%
Population with income less than 100% Federal Poverty Level (FPL) <sup>†</sup>	10.9%	10.7%

Health Outcomes <sup>2, 3, 4</sup>	South Region		County	
	Number	Rate*	Number	Rate*
<b>Asthma</b>				
Death	§	§	17	0.5
Hospitalization	177	35.2	846	25.5
Emergency Department Discharge	952	189.3	4,833	145.8
<b>Coronary Heart Disease</b>				
Death	394	78.3	2,604	78.5
Hospitalization	1,024	203.6	5,640	170.1
Emergency Department Discharge	183	36.4	1,205	36.3
<b>Cancer, All Causes</b>				
Death	769	152.9	5,050	152.3
Hospitalization	1,460	290.3	8,532	257.3
Emergency Department Discharge	227	45.1	1,357	40.9
<b>COPD &amp; Chronic Lower Respiratory Diseases</b>				
Death	115	22.9	870	26.2
Hospitalization	184	36.6	1,453	43.8
Emergency Department Discharge	353	70.2	2,473	74.6
<b>Diabetes</b>				
Death	163	32.4	895	27.0
Hospitalization	1,070	212.8	4,943	149.1
Emergency Department Discharge	1,108	220.3	4,847	146.2

For more data and statistics, visit [www.SDHealthStatistics.com](http://www.SDHealthStatistics.com)



# San Diego County Health Briefs

## South Region, 2021



### Environmental Health

Health Outcomes <sup>2, 3, 4</sup>	South Region		County	
	Number	Rate*	Number	Rate*
<b>Depression</b>				
Hospitalization	20	4.0	116	3.5
Emergency Department Discharge	324	64.4	2,169	65.4
In-Patient Treatment Facility Discharge	702	139.6	3,971	119.8
<b>Heat Illness/Injury</b>				
Hospitalization	§	§	46	1.4
Emergency Department Discharge	35	7.0	153	4.6
Air Quality <sup>6</sup> (2019-2021)	South Region		County	
Percent of Days that Air Quality was Rated as Unhealthy for Sensitive Populations (2020)	—		13.4%	
Average of Ozone Concentration of the 4th High 8-hr Intervals over a 3 Year Period (2019)	0.066		—	
3-Year Average of the 98th Percentile of Collected Samples for a 24 hr Standard (Particulate Matter 2.5) (2019)	25.8		—	
Place of Residence <sup>5, 6</sup> (2019-2021)	South Region		County	
Feels Safe in the Neighborhood All or Most of the Time (among adults 18+)	89.9%		91.0%	
Agree or Strongly Agree that People in the Neighborhood can be Trusted (among adults 18+)	84.2%		82.9%	
Agree or Strongly Agree that People in the Neighborhood are Willing to Help (among adults 18+)	78.3%		79.3%	
Agree or Strongly Agree that there is a Nearby Park or Playground that is Safe During the Day (children ages 1+)	88.0%		90.3%	
Percent of Population Living within 1/4 mile from Park or Community Space (2021)	77.7%		62.0%	
Rate of Recreational Facilities per 100,000 People (2020)	—		21.8	
Percent of Population using Public Transportation to Work (2020)	3.6%		2.6%	
Percent of Population with Travel Time to Work over 60 Minutes (2020)	9.4%		7.3%	

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# San Diego County Health Briefs

## South Region, 2021



Climate Change <sup>5</sup> (2021)	South Region (%)	County (%)
Experienced Extreme Weather-Related Event in the Past 2 Years (among adults 18+)	19.9%	30.3%
Mental Health was Affected by Extreme Weather-Related Event in Past 2 Years (among adults 18+)	**	4.9%
Physical Health was Affected by Extreme Weather-Related Event in Past 2 Years (among adults 18+)	**	2.6%
Property or Finances Harmed by Extreme Weather-Related event in Past 2 Years (among adults 18+)	**	2.1%
Climate Change Makes you Nervous/Depressed/Stressed (among teens ages 12-17)	**	32.5%

### Sources

- San Diego Association of Governments (SANDAG) Population Estimates, 2021 (v09/2022). **Population estimates were derived using the 2010 Census and data should be considered preliminary.**
- California Department of Public Health, Center for Health Statistics, Office of Health Information and Research, Vital Records Business Intelligence System (VRBIS), 2021.
- California Department of Health Care Access and Information (HCAI), Patient Discharge Data, 2021.
- California Department of Health Care Access and Information (HCAI), Emergency Department Discharge Data, 2021.
- Live Well San Diego, Built Environment, 2022. Accessed January 4, 2023. <https://www.livewellsd.org/i-want-to/learn-more/data-indicators/built-environment>
- UCLA Center for Health Policy Research, California Health Interview Survey (CHIS), 2019-2021. Accessed May 24, 2023.

† Source: U.S. Census Bureau; 2017-2021 American Community Survey 5-Year Estimates, Table B17024.

-Federal Poverty Level Thresholds for 2021 (\$13,788 for single person, \$27,479 for four-person-family [2 adults with 2 related children under 18 years]) per the U.S. Census Bureau, "Poverty Thresholds," accessed from <https://www.census.gov/data/tables/time-series/demo/income-poverty/historical-poverty-thresholds.html> on May 24, 2023.

\*Rates are per 100,000 population.

§ Rates not calculated for fewer than 11 events.

\*\* Indicates statistically unstable estimate.

— Data are unavailable.

# San Diego County Health Briefs

## South Region, 2021



### Access to Care



Demographics <sup>1</sup>	South Region (%)	County (%)
Ages 0-9	14.9%	12.9%
Ages 10-19	15.8%	13.8%
Ages 20-29	15.7%	14.0%
Ages 30-39	12.6%	12.9%
Ages 40-49	12.0%	12.4%
Ages 50-59	11.4%	12.1%
Ages 60-69	9.2%	11.0%
Ages 70-79	5.4%	7.0%
Ages 80+	3.1%	3.9%
White	20.6%	45.8%
Black	5.1%	4.8%
Hispanic	60.0%	34.3%
Asian/Pacific Islander	10.9%	11.0%
Other	3.4%	4.1%
Population with income less than 100% Federal	10.9%	10.7%

Access and Utilization <sup>2</sup> (2019-2021)	South Region (%)	County (%)
No Usual Source of Care (ages 18-64)	14.9%	16.1%
Visited Emergency Room in the Past Year (ages 18-64)	12.6%	14.5%
Had a Routine Check-Up with a Doctor in Past Year (adults 18+)	67.9%	65.8%
Had Difficulty Finding Specialty Care (asked of adults who)	15.1%	13.6%
Delayed or Didn't get Other Medical Care (all ages)	13.4%	15.4%
Delayed or Didn't get Prescription Medicine (all ages)	7.9%	8.2%
Insurance <sup>2</sup> (2019-2021)	South Region (%)	County (%)
Uninsured All or Part of Year (ages 18-64)	10.9%	14.3%
Covered by Medi-Cal (all ages)	22.2%	19.1%
Insurance Not Accepted by General Doctor in Past Year (adults 18+ with health insurance)	2.7%	4.1%
Medical Debt <sup>2</sup> (2019-2021)	South Region (%)	County (%)
Ever Had Problems Paying for Self or Household family's Medical Bills in the Past Year (adults 18+)	9.7%	8.3%
Ever Unable to Pay for Basic Necessities due to Medical Bills (asked of adults 18+ who have had problems paying for self or household's medical bills)	18.7%	32.8%

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# San Diego County Health Briefs

## South Region, 2021



Public Program Participation <sup>2</sup> (2019-2021)	South Region (%)	County (%)
Currently Receiving Supplemental Security Income (SSI) (ages 18+, up to 200% FPL)	16.4%	12.0%
Currently Receiving TANF or CalWORKS (all ages, up to 200% FPL)	5.3%	7.2%
Children Age 6 and Under Currently on WIC (up to 200% FPL)	46.5%	44.5%
Residents Receiving Food Stamps (all ages, up to 200% FPL )	19.0%	23.7%
Women Below 200% FPL (ages 18-64)	34.8%	29.7%

### Sources

1. San Diego Association of Governments (SANDAG) Population Estimates, 2021 (v09/2022). **Population estimates were derived using the 2010 Census and data should be considered preliminary.**

2. UCLA Center for Health Policy Research, California Health Interview Survey (CHIS), 2019-2021. Accessed May 24, 2023.

† Source: U.S. Census Bureau; 2017-2021 American Community Survey 5-Year Estimates, Table B17024.

-Federal Poverty Level Thresholds for 2021 (\$13,788 for single person, \$27,479 for four-person-family [2 adults with 2 related children under 18 years]) per the U.S. Census Bureau, "Poverty Thresholds," accessed from <https://www.census.gov/data/tables/time-series/demo/income-poverty/historical-poverty-thresholds.html> on May 24, 2023.