

Leading Health Conditions Among Older Adults in San Diego County by Supervisorial District, 2022



November 2024

**County of San Diego, Health and Human Services Agency,
Public Health Services, Community Health Statistics Unit**

Leading Health Conditions Among Older Adults in San Diego County by Supervisorial District, 2022

November 2024



This document was developed by the Community Health Statistics Unit of County of San Diego and is in support of *Live Well San Diego*.

All materials in this document are in the public domain and may be reproduced and copied without permission. However, citation to source is appreciated.

Suggested citation: County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit. (2024). *Leading Health Conditions Among Older Adults in San Diego County by Supervisorial District, 2022*. Retrieved MM/DD/YY from www.SDHealthStatistics.com.

Inquiries regarding this document may be directed to:

Community Health Statistics Unit

5469 Kearny Villa Road

San Diego, CA 92123

(619) 692-6667

www.SDHealthStatistics.com

Table of Contents



Leading Health Conditions Among Older Adults (60+)	Page #
Overview	1
Resources	2
Supervisory District 1	3
Supervisory District 2	6
Supervisory District 3	9
Supervisory District 4	12
Supervisory District 5	15



COUNTY OF SAN DIEGO
HEALTH AND HUMAN SERVICES AGENCY



LIVE WELL
SAN DIEGO



PAGE INTENTIONALLY LEFT BLANK



Overview: Leading Health Conditions Among Older Adults in San Diego County by Supervisorial District, 2022

Below is a summary of the leading health conditions (LHCs) among older adults, aged 60 years and over, in San Diego County in 2022. The tables in this report provide the LHCs for each Supervisorial District by health outcome (death, hospitalization, and emergency department discharge).

Older Adults in San Diego County

- Among all older adults, aged 60 and over, in San Diego County in 2022, **Overall Heart Disease, COVID-19, Stroke, Diabetes, and Falls** were LHCs found across all health outcomes in all Supervisorial Districts.
- In 2022, **Overall Heart Disease** was one of the top two LHCs, across all outcomes and Supervisorial Districts, among older adults aged 60 years and over. In 2022, the most common heart diseases impacting older adults in San Diego County were **Overall Hypertensive Diseases, Heart Failure, and Coronary Heart Disease (CHD)**.
- In 2022, **Overall Cancer** was a leading cause of death and hospitalization among all older adults aged 60 and over in San Diego County. In 2022, the most common cancers impacting older adults in San Diego County were **Lung Cancer, Colorectal Cancer, Pancreatic Cancer, Prostate Cancer, and Liver Cancer**.
- In San Diego County, **Falls** were a leading cause of hospitalization and emergency department discharges among older adults aged 60 and over in 2022.

Death

- In 2022, **Overall Cancer** was the number one LHC for deaths among older adults in Supervisorial Districts 1, 2, and 3, while **Overall Heart Disease** was the number one LHC for death in Supervisorial Districts 4 and 5.
- Among the Supervisorial Districts, the highest rates of death due to **Overall Cancer** and **Overall Heart Disease** among older adults occurred in Supervisorial District 5.

Hospitalization

- In 2022, **Overall Heart Disease** and **Falls** were the first and second LHC for hospitalizations among older adults in all Supervisorial Districts.
- Older adults in Supervisorial District 1 experienced the highest rate of hospitalization due to **Overall Heart Disease**, while those in Supervisorial District 4 experienced the greatest rate of **Falls**, compared to the other districts.

Emergency Department Discharge

- Across all Supervisorial Districts, the four leading causes of emergency department were ranked in the same order—**Falls, Overall Heart Disease, COVID-19, and Urinary Tract Infections**.
- Among older adults, across all districts, Supervisorial District 4 had the highest rate of emergency department discharge due to **Falls**, while Supervisorial District 1 had the highest rates of **Overall Heart Disease, COVID-19, and Urinary Tract Infections**.

Resources

Aging & Independence Services

Call the Aging & Independence Services (AIS) Call Center at (800) 339-4661 or visit www.sandiegocounty.gov/content/sdc/hhsa/programs/ais/Older-Adults.html to find more information on:

- Help with living at home
- Healthy living
- Meals and senior dining
- Safety
- Mental health
- Financial/legal and health insurance services
- Additional programs and resources

Live Well San Diego and Age Well San Diego

Live Well San Diego is a vision for a region that is Building Better Health, Living Safely, and Thriving. Through collective impact and the diverse resources and backbone support of the County of San Diego, the vision aligns efforts across sectors to help all 3.3 million San Diego County residents live well.

Age Well San Diego is a regional initiative led by the County of San Diego to make our communities better places for people of all ages to live healthy, safe and thriving lives. Through Age Well, the County joins forces with San Diego Foundation, AARP®, the World Health Organization, Dementia Friendly America, and numerous community partners and residents to work toward making our communities more age-friendly.

The Age Well Action Plan includes goals in the areas of Health & Community Support, Housing, Social Participation, Transportation and Dementia. Age Well aligns with the broader goals of Live Well San Diego. Find more information at www.livewellsd.org/i-want-to/learn-more/aging/age-well-san-diego.

Additional Health Data

Visit www.sandiegocounty.gov/content/sdc/hhsa/programs/phs/community_health_statistics/health-data.html to explore additional health data by the lenses of health equity: age, sex, geography, socioeconomic status, and race/ethnicity. There are dashboards with over 70 conditions with four outcomes available (death, hospitalization, emergency department discharge, and in-patient treatment). Data are available for the Health and Human Services Agency (HHS) Regions and their respective subregional areas (SRAs), as well as for the 18 municipalities and the unincorporated area of San Diego County. For technical notes for users of the Community Profiles' morbidity and mortality data, see the Community Profile Data Guides and Data Dictionaries in the section linked above.



Leading Health Conditions Among Older Adults (60+), Supervisorial District 1, 2022

Conditions	Deaths	
	Rates*	Cases
Overall Cancer	621.6	781
Lung Cancer	117.1	147
Pancreatic Cancer	59.3	75
Liver Cancer	52.4	66
Overall Heart Disease	609.0	765
Coronary Heart Disease (CHD)	312.0	392
Overall Hypertensive Diseases	172.1	216
Heart Failure	142.2	179
Alzheimer's Disease and Related Dementias (ADRD)	354.1	445
Chronic Kidney Disease	305.8	384
Stroke	210.0	264
COVID-19	203.8	256
Diabetes	166.4	209
COPD/Chronic Lower Respiratory Diseases	109.3	137
Parkinson's Disease	44.6	56
Falls	37.7	47

*Rates per 100,000 population. Population estimates for 2022 were derived using the 2020 Census and data should be considered preliminary. Starting with data year 2022, all rates based on events fewer than 20 are suppressed due to statistical instability.

Deaths in this report are the underlying cause of death, except for chronic kidney disease and traumatic brain injury, which refer to the multiple or contributing cause of death. Medical encounter data from emergency department (ED) and hospital discharges refer to the principal diagnosis at the time of discharge, except for falls and motor vehicle injury, which may appear anywhere in the medical record.

Sources: California Department of Public Health, Center for Health Statistics, Office of Health Information and Research, Vital Records Business Intelligence System (VRBIS), 2022. California Department of Healthcare Access and Information (HCAI), Emergency Department Discharge Database and Patient Discharge Database, 2022. SANDAG 2022 Population Estimates (v11/2023). Prepared by County of San Diego (CoSD), Health and Human Services Agency (HHS), Public Health Services (PHS), Community Health Statistics Unit, November 2024.

Leading Health Conditions Among Older Adults (60+), Supervisorial District 1, 2022

Conditions	Hospitalizations	
	Rates*	Cases
Overall Heart Disease	4,169.6	5,240
Overall Hypertensive Diseases	1,315.3	1,653
Heart Failure	1,033.8	1,299
Coronary Heart Disease (CHD)	673.8	847
Falls	1,717.6	2,159
Overall Cancer	947.2	1,190
Colorectal Cancer	109.9	138
Lung Cancer	109.6	138
Pancreatic Cancer	57.4	72
Stroke	898.8	1,130
COVID-19	819.9	1,030
Diabetes	533.6	671
Urinary Tract Infection	416.4	523
Flu/Pneumonia	398.2	500
Hip Fractures	297.5	374
Traumatic Brain Injury	230.9	290

*Rates per 100,000 population. Population estimates for 2022 were derived using the 2020 Census and data should be considered preliminary. Starting with data year 2022, all rates based on events fewer than 20 are suppressed due to statistical instability.

Deaths in this report are the underlying cause of death, except for chronic kidney disease and traumatic brain injury, which refer to the multiple or contributing cause of death. Medical encounter data from emergency department (ED) and hospital discharges refer to the principal diagnosis at the time of discharge, except for falls and motor vehicle injury, which may appear anywhere in the medical record.

Sources: California Department of Public Health, Center for Health Statistics, Office of Health Information and Research, Vital Records Business Intelligence System (VRBIS), 2022. California Department of Healthcare Access and Information (HCAI), Emergency Department Discharge Database and Patient Discharge Database, 2022. SANDAG 2022 Population Estimates (v11/2023). Prepared by County of San Diego (CoSD), Health and Human Services Agency (HHS), Public Health Services (PHS), Community Health Statistics Unit, November 2024.

Leading Health Conditions Among Older Adults (60+), Supervisorial District 1, 2022

Conditions	Emergency Department Discharges	
	Rates*	Cases
Falls	4,640.5	5,832
Overall Heart Disease	4,258.2	5,352
Overall Hypertensive Diseases	1,066.8	1,341
Heart Failure	272.8	343
Coronary Heart Disease (CHD)	100.0	126
COVID-19	1,785.4	2,244
Urinary Tract Infection	1,402.9	1,763
Diabetes	540.4	679
Flu/Pneumonia	540.1	679
Motor Vehicle Injuries	419.7	527
COPD/Chronic Lower Respiratory Diseases	313.6	394
Stroke	283.2	356
Overall Cancer	209.2	263

*Rates per 100,000 population. Population estimates for 2022 were derived using the 2020 Census and data should be considered preliminary. Starting with data year 2022, all rates based on events fewer than 20 are suppressed due to statistical instability.

Deaths in this report are the underlying cause of death, except for chronic kidney disease and traumatic brain injury, which refer to the multiple or contributing cause of death. Medical encounter data from emergency department (ED) and hospital discharges refer to the principal diagnosis at the time of discharge, except for falls and motor vehicle injury, which may appear anywhere in the medical record.

Sources: California Department of Public Health, Center for Health Statistics, Office of Health Information and Research, Vital Records Business Intelligence System (VRBIS), 2022. California Department of Healthcare Access and Information (HCAI), Emergency Department Discharge Database and Patient Discharge Database, 2022. SANDAG 2022 Population Estimates (v11/2023). Prepared by County of San Diego (CoSD), Health and Human Services Agency (HHS), Public Health Services (PHS), Community Health Statistics Unit, November 2024.

Leading Health Conditions Among Older Adults (60+), Supervisorial District 2, 2022

Conditions	Deaths	
	Rates*	Cases
Overall Cancer	622.0	982
Lung Cancer	116.8	184
Colorectal Cancer	56.5	89
Pancreatic Cancer	50.5	80
Overall Heart Disease	612.1	966
Coronary Heart Disease (CHD)	294.9	466
Heart Failure	162.0	256
Overall Hypertensive Diseases	133.4	211
Alzheimer's Disease and Related Dementias (ADRD)	361.8	571
Chronic Kidney Disease	225.6	356
Stroke	197.6	312
COVID-19	168.7	266
COPD/Chronic Lower Respiratory Diseases	136.3	215
Diabetes	95.3	150
Parkinson's Disease	59.0	93
Falls	53.5	84

*Rates per 100,000 population. Population estimates for 2022 were derived using the 2020 Census and data should be considered preliminary. Starting with data year 2022, all rates based on events fewer than 20 are suppressed due to statistical instability.

Deaths in this report are the underlying cause of death, except for chronic kidney disease and traumatic brain injury, which refer to the multiple or contributing cause of death. Medical encounter data from emergency department (ED) and hospital discharges refer to the principal diagnosis at the time of discharge, except for falls and motor vehicle injury, which may appear anywhere in the medical record.

Sources: California Department of Public Health, Center for Health Statistics, Office of Health Information and Research, Vital Records Business Intelligence System (VRBIS), 2022. California Department of Healthcare Access and Information (HCAI), Emergency Department Discharge Database and Patient Discharge Database, 2022. SANDAG 2022 Population Estimates (v11/2023). Prepared by County of San Diego (CoSD), Health and Human Services Agency (HHS), Public Health Services (PHS), Community Health Statistics Unit, November 2024.

Leading Health Conditions Among Older Adults (60+), Supervisorial District 2, 2022

Conditions	Hospitalizations	
	Rates*	Cases
Overall Heart Disease	3,541.9	5,593
Overall Hypertensive Diseases	856.0	1,352
Heart Failure	743.7	1,174
Coronary Heart Disease (CHD)	601.4	950
Falls	1,572.3	2,483
Overall Cancer	739.4	1,167
Colorectal Cancer	96.9	153
Lung Cancer	86.2	136
Pancreatic Cancer	40.9	65
Stroke	722.8	1,141
COVID-19	657.1	1,038
Urinary Tract Infection	371.1	586
Flu/Pneumonia	348.9	551
Hip Fractures	322.2	509
Diabetes	315.9	499
COPD/Chronic Lower Respiratory Diseases	244.0	385

*Rates per 100,000 population. Population estimates for 2022 were derived using the 2020 Census and data should be considered preliminary. Starting with data year 2022, all rates based on events fewer than 20 are suppressed due to statistical instability.

Deaths in this report are the underlying cause of death, except for chronic kidney disease and traumatic brain injury, which refer to the multiple or contributing cause of death. Medical encounter data from emergency department (ED) and hospital discharges refer to the principal diagnosis at the time of discharge, except for falls and motor vehicle injury, which may appear anywhere in the medical record.

Sources: California Department of Public Health, Center for Health Statistics, Office of Health Information and Research, Vital Records Business Intelligence System (VRBIS), 2022. California Department of Healthcare Access and Information (HCAI), Emergency Department Discharge Database and Patient Discharge Database, 2022. SANDAG 2022 Population Estimates (v11/2023). Prepared by County of San Diego (CoSD), Health and Human Services Agency (HHS), Public Health Services (PHS), Community Health Statistics Unit, November 2024.

Leading Health Conditions Among Older Adults (60+), Supervisorial District 2, 2022

Conditions	Emergency Department Discharges	
	Rates*	Cases
Falls	4,256.8	6,722
Overall Heart Disease	3,680.0	5,811
Overall Hypertensive Diseases	732.7	1,157
Heart Failure	222.2	351
Coronary Heart Disease (CHD)	151.6	239
COVID-19	1,395.0	2,203
Urinary Tract Infection	962.9	1,520
Flu/Pneumonia	380.5	601
Stroke	336.3	531
COPD/Chronic Lower Respiratory Diseases	330.1	521
Motor Vehicle Injuries	301.2	476
Diabetes	246.9	390
Traumatic Brain Injury	208.7	329

*Rates per 100,000 population. Population estimates for 2022 were derived using the 2020 Census and data should be considered preliminary. Starting with data year 2022, all rates based on events fewer than 20 are suppressed due to statistical instability.

Deaths in this report are the underlying cause of death, except for chronic kidney disease and traumatic brain injury, which refer to the multiple or contributing cause of death. Medical encounter data from emergency department (ED) and hospital discharges refer to the principal diagnosis at the time of discharge, except for falls and motor vehicle injury, which may appear anywhere in the medical record.

Sources: California Department of Public Health, Center for Health Statistics, Office of Health Information and Research, Vital Records Business Intelligence System (VRBIS), 2022. California Department of Healthcare Access and Information (HCAI), Emergency Department Discharge Database and Patient Discharge Database, 2022. SANDAG 2022 Population Estimates (v11/2023). Prepared by County of San Diego (CoSD), Health and Human Services Agency (HHS), Public Health Services (PHS), Community Health Statistics Unit, November 2024.

Leading Health Conditions Among Older Adults (60+), Supervisorial District 3, 2022

Conditions	Deaths	
	Rates*	Cases
Overall Cancer	560.0	833
Lung Cancer	92.0	137
Prostate Cancer	53.8	80
Pancreatic Cancer	51.8	77
Overall Heart Disease	516.1	767
Coronary Heart Disease (CHD)	238.3	354
Heart Failure	134.9	201
Overall Hypertensive Diseases	94.7	141
Alzheimer's Disease and Related Dementias (ADRD)	414.1	616
Chronic Kidney Disease	185.0	275
Stroke	172.0	256
COPD/Chronic Lower Respiratory Diseases	103.0	153
COVID-19	96.6	144
Parkinson's Disease	71.0	106
Falls	57.6	86
Diabetes	55.9	83

*Rates per 100,000 population. Population estimates for 2022 were derived using the 2020 Census and data should be considered preliminary. Starting with data year 2022, all rates based on events fewer than 20 are suppressed due to statistical instability.

Deaths in this report are the underlying cause of death, except for chronic kidney disease and traumatic brain injury, which refer to the multiple or contributing cause of death. Medical encounter data from emergency department (ED) and hospital discharges refer to the principal diagnosis at the time of discharge, except for falls and motor vehicle injury, which may appear anywhere in the medical record.

Sources: California Department of Public Health, Center for Health Statistics, Office of Health Information and Research, Vital Records Business Intelligence System (VRBIS), 2022. California Department of Healthcare Access and Information (HCAI), Emergency Department Discharge Database and Patient Discharge Database, 2022. SANDAG 2022 Population Estimates (v11/2023). Prepared by County of San Diego (CoSD), Health and Human Services Agency (HHS), Public Health Services (PHS), Community Health Statistics Unit, November 2024.

Leading Health Conditions Among Older Adults (60+), Supervisorial District 3, 2022

Conditions	Hospitalizations	
	Rates*	Cases
Overall Heart Disease	2,987.8	4,442
Overall Hypertensive Diseases	679.0	1,009
Heart Failure	644.0	957
Coronary Heart Disease (CHD)	474.6	706
Falls	1,625.6	2,417
Overall Cancer	789.7	1,174
Colorectal Cancer	93.4	139
Lung Cancer	75.8	113
Female Reproductive Cancer	43.1	64
Stroke	619.8	922
COVID-19	403.7	600
Hip Fractures	312.8	465
Urinary Tract Infection	264.6	393
Flu/Pneumonia	259.8	386
Traumatic Brain Injury	199.8	297
Diabetes	147.2	219

*Rates per 100,000 population. Population estimates for 2022 were derived using the 2020 Census and data should be considered preliminary. Starting with data year 2022, all rates based on events fewer than 20 are suppressed due to statistical instability.

Deaths in this report are the underlying cause of death, except for chronic kidney disease and traumatic brain injury, which refer to the multiple or contributing cause of death. Medical encounter data from emergency department (ED) and hospital discharges refer to the principal diagnosis at the time of discharge, except for falls and motor vehicle injury, which may appear anywhere in the medical record.

Sources: California Department of Public Health, Center for Health Statistics, Office of Health Information and Research, Vital Records Business Intelligence System (VRBIS), 2022. California Department of Healthcare Access and Information (HCAI), Emergency Department Discharge Database and Patient Discharge Database, 2022. SANDAG 2022 Population Estimates (v11/2023). Prepared by County of San Diego (CoSD), Health and Human Services Agency (HHS), Public Health Services (PHS), Community Health Statistics Unit, November 2024.

Leading Health Conditions Among Older Adults (60+), Supervisorial District 3, 2022

Conditions	Emergency Department Discharges	
	Rates*	Cases
Falls	3,831.8	5,697
Overall Heart Disease	3,056.5	4,544
Overall Hypertensive Diseases	564.1	839
Heart Failure	132.4	197
Coronary Heart Disease (CHD)	80.8	120
COVID-19	957.3	1,423
Urinary Tract Infection	672.8	1,000
Stroke	255.3	380
Motor Vehicle Injuries	254.5	378
Flu/Pneumonia	254.3	378
Alcohol-Related Disorders	176.7	263
Traumatic Brain Injury	135.3	201
Diabetes	135.0	201

*Rates per 100,000 population. Population estimates for 2022 were derived using the 2020 Census and data should be considered preliminary. Starting with data year 2022, all rates based on events fewer than 20 are suppressed due to statistical instability.

Deaths in this report are the underlying cause of death, except for chronic kidney disease and traumatic brain injury, which refer to the multiple or contributing cause of death. Medical encounter data from emergency department (ED) and hospital discharges refer to the principal diagnosis at the time of discharge, except for falls and motor vehicle injury, which may appear anywhere in the medical record.

Sources: California Department of Public Health, Center for Health Statistics, Office of Health Information and Research, Vital Records Business Intelligence System (VRBIS), 2022. California Department of Healthcare Access and Information (HCAI), Emergency Department Discharge Database and Patient Discharge Database, 2022. SANDAG 2022 Population Estimates (v11/2023). Prepared by County of San Diego (CoSD), Health and Human Services Agency (HHS), Public Health Services (PHS), Community Health Statistics Unit, November 2024.

Leading Health Conditions Among Older Adults (60+), Supervisorial District 4, 2022

Conditions	Deaths	
	Rates*	Cases
Overall Heart Disease	721.0	988
Coronary Heart Disease (CHD)	368.9	506
Overall Hypertensive Diseases	180.5	247
Heart Failure	162.4	223
Overall Cancer	663.3	909
Lung Cancer	127.7	175
Colorectal Cancer	59.9	82
Pancreatic Cancer	53.5	73
Alzheimer's Disease and Related Dementias (ADRD)	384.1	526
Chronic Kidney Disease	282.3	387
Stroke	208.8	286
COVID-19	176.2	241
COPD/Chronic Lower Respiratory Diseases	129.5	177
Diabetes	124.5	171
Alcohol-Related Disorders	47.9	66
Falls	47.9	66

*Rates per 100,000 population. Population estimates for 2022 were derived using the 2020 Census and data should be considered preliminary. Starting with data year 2022, all rates based on events fewer than 20 are suppressed due to statistical instability.

Deaths in this report are the underlying cause of death, except for chronic kidney disease and traumatic brain injury, which refer to the multiple or contributing cause of death. Medical encounter data from emergency department (ED) and hospital discharges refer to the principal diagnosis at the time of discharge, except for falls and motor vehicle injury, which may appear anywhere in the medical record.

Sources: California Department of Public Health, Center for Health Statistics, Office of Health Information and Research, Vital Records Business Intelligence System (VRBIS), 2022. California Department of Healthcare Access and Information (HCAI), Emergency Department Discharge Database and Patient Discharge Database, 2022. SANDAG 2022 Population Estimates (v11/2023). Prepared by County of San Diego (CoSD), Health and Human Services Agency (HHS), Public Health Services (PHS), Community Health Statistics Unit, November 2024.

Leading Health Conditions Among Older Adults (60+), Supervisorial District 4, 2022

Conditions	Hospitalizations	
	Rates*	Cases
Overall Heart Disease	3,933.2	5,390
Overall Hypertensive Diseases	1,097.3	1,504
Heart Failure	916.7	1,256
Coronary Heart Disease (CHD)	613.6	841
Falls	1,817.5	2,491
Stroke	865.5	1,186
Overall Cancer	857.0	1,174
Colorectal Cancer	126.1	173
Lung Cancer	98.1	134
Non-Hodgkin's Lymphoma	45.2	62
COVID-19	672.9	922
Diabetes	430.0	589
Urinary Tract Infection	373.5	512
Flu/Pneumonia	361.0	495
Hip Fractures	342.9	470
COPD/Chronic Lower Respiratory Diseases	260.0	356

*Rates per 100,000 population. Population estimates for 2022 were derived using the 2020 Census and data should be considered preliminary. Starting with data year 2022, all rates based on events fewer than 20 are suppressed due to statistical instability.

Deaths in this report are the underlying cause of death, except for chronic kidney disease and traumatic brain injury, which refer to the multiple or contributing cause of death. Medical encounter data from emergency department (ED) and hospital discharges refer to the principal diagnosis at the time of discharge, except for falls and motor vehicle injury, which may appear anywhere in the medical record.

Sources: California Department of Public Health, Center for Health Statistics, Office of Health Information and Research, Vital Records Business Intelligence System (VRBIS), 2022. California Department of Healthcare Access and Information (HCAI), Emergency Department Discharge Database and Patient Discharge Database, 2022. SANDAG 2022 Population Estimates (v11/2023). Prepared by County of San Diego (CoSD), Health and Human Services Agency (HHS), Public Health Services (PHS), Community Health Statistics Unit, November 2024.

Leading Health Conditions Among Older Adults (60+), Supervisorial District 4, 2022

Conditions	Emergency Department Discharges	
	Rates*	Cases
Falls	4,729.6	6,482
Overall Heart Disease	4,047.7	5,547
Overall Hypertensive Diseases	880.4	1,207
Heart Failure	274.3	376
Coronary Heart Disease (CHD)	112.8	155
COVID-19	1,488.8	2,040
Urinary Tract Infection	1,183.6	1,622
Flu/Pneumonia	435.2	596
Diabetes	404.1	554
Motor Vehicle Injuries	399.0	547
COPD/Chronic Lower Respiratory Diseases	346.3	475
Alcohol-Related Disorders	310.1	425
Stroke	268.8	368

*Rates per 100,000 population. Population estimates for 2022 were derived using the 2020 Census and data should be considered preliminary. Starting with data year 2022, all rates based on events fewer than 20 are suppressed due to statistical instability.

Deaths in this report are the underlying cause of death, except for chronic kidney disease and traumatic brain injury, which refer to the multiple or contributing cause of death. Medical encounter data from emergency department (ED) and hospital discharges refer to the principal diagnosis at the time of discharge, except for falls and motor vehicle injury, which may appear anywhere in the medical record.

Sources: California Department of Public Health, Center for Health Statistics, Office of Health Information and Research, Vital Records Business Intelligence System (VRBIS), 2022. California Department of Healthcare Access and Information (HCAI), Emergency Department Discharge Database and Patient Discharge Database, 2022. SANDAG 2022 Population Estimates (v11/2023). Prepared by County of San Diego (CoSD), Health and Human Services Agency (HHS), Public Health Services (PHS), Community Health Statistics Unit, November 2024.

Leading Health Conditions Among Older Adults (60+), Supervisorial District 5, 2022

Conditions	Deaths	
	Rates*	Cases
Overall Heart Disease	741.3	1,041
Coronary Heart Disease (CHD)	370.6	520
Heart Failure	178.3	250
Overall Hypertensive Diseases	137.4	193
Overall Cancer	680.3	955
Lung Cancer	115.1	162
Pancreatic Cancer	68.7	97
Colorectal Cancer	55.9	78
Alzheimer's Disease and Related Dementias (ADRD)	431.4	606
Stroke	243.8	342
Chronic Kidney Disease	233.3	328
COVID-19	179.8	252
COPD/Chronic Lower Respiratory Diseases	138.8	195
Diabetes	98.8	139
Falls	74.0	104
Parkinson's Disease	60.7	85

*Rates per 100,000 population. Population estimates for 2022 were derived using the 2020 Census and data should be considered preliminary. Starting with data year 2022, all rates based on events fewer than 20 are suppressed due to statistical instability.

Deaths in this report are the underlying cause of death, except for chronic kidney disease and traumatic brain injury, which refer to the multiple or contributing cause of death. Medical encounter data from emergency department (ED) and hospital discharges refer to the principal diagnosis at the time of discharge, except for falls and motor vehicle injury, which may appear anywhere in the medical record.

Sources: California Department of Public Health, Center for Health Statistics, Office of Health Information and Research, Vital Records Business Intelligence System (VRBIS), 2022. California Department of Healthcare Access and Information (HCAI), Emergency Department Discharge Database and Patient Discharge Database, 2022. SANDAG 2022 Population Estimates (v11/2023). Prepared by County of San Diego (CoSD), Health and Human Services Agency (HHS), Public Health Services (PHS), Community Health Statistics Unit, November 2024.

Leading Health Conditions Among Older Adults (60+), Supervisorial District 5, 2022

Conditions	Hospitalizations	
	Rates*	Cases
Overall Heart Disease	3,413.1	4,792
Overall Hypertensive Diseases	918.9	1,290
Heart Failure	836.7	1,175
Coronary Heart Disease (CHD)	571.2	802
Falls	1,563.6	2,195
Overall Cancer	759.1	1,066
Colorectal Cancer	105.6	148
Lung Cancer	77.6	109
Pancreatic Cancer	50.8	71
Stroke	664.9	933
COVID-19	603.0	847
Flu/Pneumonia	360.9	507
Hip Fractures	325.8	457
Diabetes	322.2	452
Urinary Tract Infection	295.9	415
Traumatic Brain Injury	181.6	255

*Rates per 100,000 population. Population estimates for 2022 were derived using the 2020 Census and data should be considered preliminary. Starting with data year 2022, all rates based on events fewer than 20 are suppressed due to statistical instability.

Deaths in this report are the underlying cause of death, except for chronic kidney disease and traumatic brain injury, which refer to the multiple or contributing cause of death. Medical encounter data from emergency department (ED) and hospital discharges refer to the principal diagnosis at the time of discharge, except for falls and motor vehicle injury, which may appear anywhere in the medical record.

Sources: California Department of Public Health, Center for Health Statistics, Office of Health Information and Research, Vital Records Business Intelligence System (VRBIS), 2022. California Department of Healthcare Access and Information (HCAI), Emergency Department Discharge Database and Patient Discharge Database, 2022. SANDAG 2022 Population Estimates (v11/2023). Prepared by County of San Diego (CoSD), Health and Human Services Agency (HHS), Public Health Services (PHS), Community Health Statistics Unit, November 2024.

Leading Health Conditions Among Older Adults (60+), Supervisorial District 5, 2022

Conditions	Emergency Department Discharges	
	Rates*	Cases
Falls	4,022.2	5,647
Overall Heart Disease	3,419.1	4,800
Overall Hypertensive Diseases	635.4	892
Heart Failure	167.0	234
Coronary Heart Disease (CHD)	97.0	136
COVID-19	1,225.0	1,720
Urinary Tract Infection	1,002.9	1,408
Flu/Pneumonia	396.1	556
Motor Vehicle Injuries	346.1	486
Diabetes	287.4	403
Stroke	265.0	372
COPD/Chronic Lower Respiratory Diseases	251.6	353
Traumatic Brain Injury	184.3	259

*Rates per 100,000 population. Population estimates for 2022 were derived using the 2020 Census and data should be considered preliminary. Starting with data year 2022, all rates based on events fewer than 20 are suppressed due to statistical instability.

Deaths in this report are the underlying cause of death, except for chronic kidney disease and traumatic brain injury, which refer to the multiple or contributing cause of death. Medical encounter data from emergency department (ED) and hospital discharges refer to the principal diagnosis at the time of discharge, except for falls and motor vehicle injury, which may appear anywhere in the medical record.

Sources: California Department of Public Health, Center for Health Statistics, Office of Health Information and Research, Vital Records Business Intelligence System (VRBIS), 2022. California Department of Healthcare Access and Information (HCAI), Emergency Department Discharge Database and Patient Discharge Database, 2022. SANDAG 2022 Population Estimates (v11/2023). Prepared by County of San Diego (CoSD), Health and Human Services Agency (HHS), Public Health Services (PHS), Community Health Statistics Unit, November 2024.