

K-12 Schools Telebriefing: Q&A Report

April 1, 2025

This report includes questions submitted by telebriefing attendees that were answered during the [K-12 Schools Telebriefing](#) via the Q&A function. **Answers are accurate as of April 1, 2025.** If you have a specific question or need clarification, please email us at

LiveWellEducation@sdcounty.ca.gov.

Topic	Question	Answer
Public Health Advocate Camp	What other types of opportunities are there for people interested in public health?	The Epidemiology and Immunization Services Branch has a variety of different public health education trainings, school programs, and career panelist opportunities. Please feel free to email Jessica Mendelsohn if you have any questions - jessica.mendelsohn@sdcounty.ca.gov .
Soluna & BrightLife Kids	Are users able to use the app anonymously?	Yes, teens and young adults who use the app can use it anonymously.
Soluna & BrightLife Kids	Do either of these programs address marijuana use and mental health?	<p>BrightLife Kids can provide low tier support as their coaches are not licensed therapists, so that means getting families connected to external resources if there's a need for high acuity support.</p> <p>For Soluna, it's about focusing on making the right choices for youth, situations they could be in, empowering students on how to say no, thought processes, etc. Regarding the dangers of marijuana use, there is no specific guideline on the app, but youth can bring this up individually with their coach.</p>