

K-12 Schools Telebriefing: Q&A Report

June 4th, 2024

This report includes questions submitted by telebriefing attendees that were answered during the [K-12 Schools Telebriefing](#) via the Q&A function. **Answers are only accurate as of June 4th,**

2024. If you have a specific question or need clarification, please email us at

LiveWellEducation@sdcounty.ca.gov.

| Topic | Question | Answer |
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| Close Contact Notifications | Do employees identified as close contacts for COVID-19 still need to be notified? Can a group posting be used for 1 case? | Yes, employees identified as close contacts <i>do</i> need to be notified as soon as possible. |
| Contact Information | What is Dr. Beatty's contact information? | Dr. Mark Beatty, MD, MPH Mark.Beatty@sdcounty.ca.gov |
| Health Messaging | What tactics have you found most effective in reaching kids with health messages? | <p>Having student leaders (early adopters) model good behavior is one strategy and can help normalize desired behaviors.</p> <p>There are Education Materials on the County's Public Health Services website – these materials contain information and resources that can be shared and discussed with students.</p> <p>The County's Public Health Services department in partnership with the San Diego County Office of Education hosts an annual Public Health Peer Advocacy Camp for high school students. Registration has already closed for this year's camp in July, but you can check out this article on last year's camp to learn more.</p> <p>The County's Public Health Services department is establishing and implementing a High School Peer Education Program (PEP) which is comprised of the four components below. Stay tuned for updates on the launch of the program.</p> <ol style="list-style-type: none">1) Public Health Peer Education Program2) Health Education Topics3) Public Health Workforce Speaker's Bureau (public health careers)4) Public Health Peer Advocate Camp |

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| | | <p>Check out this fact sheet for the Epidemiology and Immunization Services Branch (EISB) School Infectious Disease Prevention and Response Program. It includes information on airborne disease trainings for teachers.</p> <p>For any questions or to request a training, please reach out to Kym Hodge with the EISB Public Health Services at Kym.Hodge@sdcounty.ca.gov.</p> |
| Isolation | <p>Can you review the recommendations for how long children should stay home from school? Does it depend on their symptoms? I've seen 24-hour and 48-hour recommendations.</p> | <p>In general, a child can return when they meet ALL of the following conditions:</p> <ol style="list-style-type: none"> 1. Symptoms are improving, the child is feeling better and can meaningfully participate in routine childcare/school activities. 2. Staff can meet the child's care needs without compromising the health and safety of other children and staff. 3. Specific symptoms (like fever or vomiting) have met return recommendations in Table 2 of the CDPH document, Considerations When a Child has Symptoms of Illness in Child Care or School. |
| Isolation | <p>If there is fever, vomiting, or diarrhea, what is the time frame for students to stay home?</p> | <p>Please see this CDPH document, Considerations When a Child has Symptoms of Illness in Child Care or School, for information on the advised time frame to stay at home.</p> |
| Over-the-Counter Medications | <p>We have a couple of questions about the "Administration of Over-the-Counter Medications in School" letter from Dr. Taras:</p> <ol style="list-style-type: none"> 1. If only school nurses can offer un-prescribed, non-emergency over-the-counter medication, do designated school personnel have to get permission from a school nurse to administer ibuprofen? If yes, what should they do if the school does not have a nurse? 2. How should training for administering over-the-counter medications take place, and when? 3. Can the answers to these questions be added to the letter, for future reference? | <p>Unless otherwise specified, schools without a school nurse should not give over-the-counter medication with Dr. Taras' standing order. Rather, they should have students remain in school without medication (if well enough), send students home if they do not feel well enough to learn, or have parents come and administer medication to the student. There may be some doctors whose standing orders will be less stringent than Dr. Taras'.</p> |

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| Telebriefing Logistics | Where can we access this slide deck? | You can access a PDF of the June 4th K-12 Telebriefing slide deck here , in our Telebriefing Recap email, and on our website . |
| Ventilation | What type of air filter does the County recommend for schools? Should we use the same high particulate filters we used for COVID-19 and is there any guidance on that? | MERV 13 filters will help prevent COVID-19 and other diseases, so that is the best approach. For HVAC systems that do not support MERV 13, use HEPA filters. DIY filtration for home or office settings are also an option – check out the instructions for putting together a DIY Corsi-Rosenthal filtration box . |