

Vaccines for Respiratory Viruses



Vaccines lower the risk of getting very sick from COVID-19, flu, or RSV. Talk to your doctor about which vaccines are right for you, or visit [MyTurn.ca.gov](https://www.myturn.ca.gov).

VACCINE

WHO

WHAT

WHEN

COVID-19



- Everyone 6 months and older
- Updated 2024-2025 COVID-19 vaccine
- 2 doses for people age 65 and older
- Every year
- Must wait at least 2 months since last dose
- If 65 or older, waiting 6 months is recommended

INFLUENZA (Flu)



- Everyone 6 months and older
- Updated 2024-2025 flu vaccine
- Every flu season
- Beginning September to October, and continuing throughout flu season

RSV



- Older adults 60 years and older
- 1 dose only
- Available year round, but recommended in late summer or early fall
- Not currently an annual vaccine



- Pregnant people who have not received RSV vaccine during a prior pregnancy
- 1 dose only to pass protection to the baby for the first 6 months of life
- If 32-36 weeks pregnant during months of September through January

RSV (Monoclonal Antibody)



- Infants 8 months old and younger and mother has not received RSV vaccine during pregnancy, or
- High-risk infants 8-19 months old
- 1 dose
- Not a vaccine, provides antibodies to protect from illness
- During, or entering, RSV season (October to March)