

# Talaallada Fayrasyada Neef Mareenka

Talaalladu waxay yareeyaan khatarta aad si xun ugu xanuunsan karto COVID-19, hargabka, ama RSV.

Kala hadal dhakhtarkaaga talaallada kugu haboon, ama booqo [MyTurn.ca.gov](https://MyTurn.ca.gov).



TALAALKA

CIDDA  
SAMAYNAYSA

WAXA LA  
SAMAYNAAYO

GOORTA

## COVID-19



- Qof kasto oo jira 6 bilood iyo ka weyn

- Talaalka la cusbooneysiyyay ee COVID-19 sanad dugsiyedka 2024-2025

- Sanad kasta
- Waa inaad sugtaa ugu yaraan 2 bilood kadib kuuradaadii ugu danbaysay

## DURAYGA (Hergab)



- Qof kasto oo jira 6 bilood iyo ka weyn

- Talaalka la cusbooneysiyyay ee Hergab sanad dugsiyedka 2024-2025

- Xili hargabeed kasta
- Laga bilaabo Sibteembar ilaa Oktoobar, siina soconaaya dhammaan xili hargabeedka

## RSV



- Dadka waawayn ee jira 60 sano iyo kasii wayn

- 1 kuuro keliya

- Waxaa la heli karaa sanadka oo dhan, laakiin waxa alagu talinayaan dhammaadka xagaaga ama biloowda dayrtaa
- Hadda maaha talaal sanadle ah
- Haddii aad uur leedahay 32-36 asbuuc ah inta lagu jiro bilaha Sibteembar ilaa Janaayo



- Dadka uurka leh ee aan qaadan talaalka RSV inta lagu jiray uurkii hore

- 1 kuuro keliya si loogu gudbiyo ilmaha difaaca ilmaha 6 bilood ee ugu horeeya noloshiisa

## RSV (Difaaca Jirka ee Monoclonal)



- Ilmaha dhashay ee jira 8 bilood iyo ka yar iyo hooyada aan qaadan talaalka RSV intii lagu jiray uurka, ama
- Ilmaha dhashay ee khatarta wayn ugu jira 8-19 bilod jir

- 1 kuuro
- Maaha talaal, wuxuu bixiyaa difaacyo ka dhan ah xanuunka

- Inta lagu jiro, ama la galaayo, xiliga RSV (Oktoobar ilaa Maarsa)



COUNTY OF SAN DIEGO  
HEALTH AND HUMAN SERVICES AGENCY



LIVE WELL  
SAN DIEGO



9/9/2024