



# DIFAAC BEERTAADA IYO XOOLAHAAGA

Durayga Avian (hargabka shinbaraha) ayaa si degdeg ah u faahi karta oo dili kara shinbiro badan oo ku jira xanaadadaada.

Hargabka shinbiraha ayaa sidoo kale cudur ku ridi kara xoolaha kale, iyo xataa dadka. Waa muhiim inaad xadido la kulanta dooradaadu la samayso xayawaannada kale, xayawaanka rabaayada ah, iyo dadka.



Dabool saqafkaaga iyo xayndaabkaaga.



Ka saar biyaha fadhiga iyo cuntada aan la cunin.



Xir oo ka saar qashin qaadeyaasha si amaan ah.



Adeegso humaago si aad u cayriso shinbiraha duurjoogta ah.



Ha soo daynsan ama la wadaagin qalab.



Yaree booqashada xeradaada xayawaannada.



Adeegso Qalabka Kahortaga Shaqsiga (PPE) marka aad maaraynayso xayawaannada jiran ama dhintay, xayndaabyada, qashinka, ama caanaha ceeriin.

## HADDII AAD JIRATO:

**Wac** dhakhtarkaaga una sheeg haddii aad taabatay shinbiro xanuunsan ama xayawaanno kale oo xanuunsan.

## SI AAD U CODSATO PPE:

Ka wac **Ismaamulka San Diego** lambarka (619) 772-4247, ama iimeyl ugu dir: [MHOAC.HHSA@sdcounty.ca.gov](mailto:MHOAC.HHSA@sdcounty.ca.gov).

## SIDA LOOSOO SHEEGO:

Hargabka shinbiraha ayaa sababi kara in shinbirahaagu isla markaba xanuunsadaan oo dhintaan. Haddii aad ku aragto tiro qayru caadi ah oo ah shinbiro jiran ama bakhtiyay oo yaala xerada doradaada, Ka wac **Waaxda Cuntada iyo Beeraha ee California** (California Department of Food and Agriculture) lambarka 1-866-922-BIRD (2473) isla markaba. Xayawaannada kale ee beerta ee jiran, wac (909) 947-5932.

Haddii shinbiro dhintay aad hesho, xaqiiji inaad u sheegto shinbirahaas **Waaxda Kaluunka iyo Durjoogtada ee California** (California Department of Fish and Wildlife) adoo raacaaya koodhka QR ee hoose.

Iskaanka mari koodhka QR si aad u hesho xo dheeri ah oo ku saabsan hargabka shinbiraha.

