

Sewage Safety



Sewage is water that comes from toilets, sinks, and buildings. This water may contain harmful germs (bacteria and viruses) and chemicals that can make you sick.

STEPS TO TAKE TO BE SAFE FROM SEWAGE



Personal Hygiene

- Wash your hands well with water and soap.
- Do not touch your nose, mouth, eyes, or ears with your hands unless your hands have been washed.
- Shower and change out of dirty clothes.
- Wash contaminated clothing in hot water.



Protective Measures

- Wear waterproof gloves when handling sewage water.
- Do not let sewage get into open cuts, sores, or wounds.
- Wash with soap and water immediately if sewage gets into open wounds.
- Do not walk barefoot in areas where there is sewage.



Health Precautions

- Talk to your doctor or nurse if you are sick after being exposed to sewage. If you do not have a doctor or nurse, contact [2-1-1 San Diego](https://www.211.org/).
- Stay up-to-date with your vaccines, especially Hepatitis A vaccines.



Scan QR code for more resources and updates, or visit [South Region Illness Concerns](#).



Scan QR code to see if water areas are monitored, under advisory, or have been closed for health or safety reasons, or visit the [Beach & Bay Water Quality Program](#).