

LUS QHIA TXOG XWM TXHEEJ KUB NTXHOV RAU COV NEEG TSIS MUAJ TSEV NYOB



HMN

LUS HMOOB

LOS KUJ MUAJ NYOB
HAUV:

English

Español

中文

Filipino

Tiếng Việt

한국어



TSWV XEEV LUB
CHAW UA HAUJ LWM
PAB CUAM XWM
TXHEEJ CEEV:
CalOES.ca.gov



CALIFORNIA CHAV
HAUJ LWM NTSIG
TXOG COV KEV PAB
CUAM ZEJ TSOOM:
CDSS.ca.gov



CALIFORNIA KEV LAG
LUAM, KEV PAB CUAM
TUS SIV THIAB LUB
CHAW SAWV CEV VAJ
TSEV NYOB:
BCSH.ca.gov

QHOV CHAW MUS TXAIS KEV CEEB TOOM THIAB NTAUB NTAWV

Cov kev ceeb toom tuaj yeem muab sij hawm ceeb toom li ntawm ob peb feeb rau koj los nqa koj tej khoom, koj tus tsiaj yug thiab koj tus kheej tawm ntawm qhov phom sij.

- ✓ Yog tias koj muaj ib lub xov tooj ntawm tes thiab muaj internet siv, tso npe nkag rau ntawm **CalAlerts.org** rau cov kev ceeb toom xwm txheej ceev kom xa mus rau koj lub xov tooj. Mus saib koj lub cheeb nroog lub vas sab mus tso npe nkag rau lwm cov kev ceeb toom hauv zos.
- ✓ Yog tias koj muaj lub xov tooj cua mloog, mloog rau lus qhia txog xwm txheej ceev.
- ✓ Yog tias koj siv computer saum huab cua, raws qab saib **@CAL_FIRE** nyob hauv Twitter.



THAUM KOJ HNOV HU CES KHIAY TAWM

Yog tias koj tab tom nyob sab nrauv thiab tau txais kev ceeb toom nyob rau hauv koj lub xov tooj kom kхиav, nqa tej yam khoom uas tseem ceeb rau koj thiab tawm mus.



Hu **2-1-1** mus txais ntaub ntawv qhia txog kom kхиav tawm thiab cov chaw nkaum xwm txheej ceev. Tus neeg txais xov tooj 2-1-1 los kuj tuaj yeem qhia rau koj seb cov chaw nkaum twg kam lees txais tsiaj yug.



COV LUS QHIA KOM KHIAY DIM DEJ NYAB



Yog tias koj nyob sab nrauv thaum muaj nag los loj, txav mus rau qhov chaw siab. Dej tuaj yeem puv tuaj nyob rau cov kwj dej nyob ze cov kev thiab ntws mus rau cov kwj dej ntws thiab cov ntug dej.



Kev mus ua chaw pw raws ntug dej yog qhov pheej hmoo. Koj tsis paub thaum twg cov hav dej, cov kwj ha los sis cov kwj dej yuav nyab tuaj.



Yog tias koj raug hais kom kхиav, mus. Tsis txhab tos kom txog thaum pom dej mam li mus nqa koj tej khoom thiab mam mus rau qhov chaw siab.



Tsis txhab lam kwm-hla dej. Nws tuaj yeem ua rau koj ntog, thiab koj yuav tsis tuaj yeem paub tau tias dej tob npaum li cas los sis muaj dab tsi zais hauv dej lawm.

YOG TIAS KOJ MUAJ IB LUB TSHEB

- ✓ Nrhiav cov chaw nres kom nyab xeeb nyob rau qhov chaw siab thaum saib huab cua pom tias yuav muaj nag los loj.
- ✓ Yog tias koj tau txais kev ceeb toom hais txog dej nyab, txav koj lub tsheb mus rau qhov chaw siab.
- ✓ Tsis txhab lam tsav tsheb hla qhov chaw dej nyab los sis txhab nkag hauv tsheb thaum dej nyab.

COV LUS QHIA KOM DIM THAUM HLUAV TAWS HAV ZOOV KUB

UA NTEJ



Tsis txhob lam pov tw luam yeeb rau hauv av. Hluav taws hav zoov pib kub los ntawm qhov muaj tawm txim.



Cheb tej nplooj ntoo qhuav, cov ceg ntoo, thiab cov khaub sw tawm kom txav deb li ntawm 30-100 feet ntawm qhov chaw koj pw.



Ua zoo ceev faj yog tias koj hnov tias nws yog hnub Muaj Kev Ceeb Toom Ua Chij Liab (huab cua yuav tsim ua rau muaj hluav taws kub).



Yog tias koj muaj lub tsheb thiab hnov tau tias tsam muaj qhov pheej hmoov hluav taws hav zoov kub, nres rau qhov chaw uas **TSIS** muaj ntoo qhuav los sis tsis muaj hav nroj.

NCUA SIJ HAWM



Cov ntaub npog ntsej muag los sis cov phuam vas caj dab yuav pov thaiv tsis tau koj los ntawm cov pa ncho hluav taws hav zoo kub. Nrhiav chaw nkaum nyob sab hauv tsev yog tias ua tau.



Hnav ris ntev, tsho npab ntev thiab ntoo kaus mom pov thaiv koj tus kheej tawm ntawm qhov kub-ntaiv thiab cov hmoov hluav taws ya kub.



Mloog cov kev tshaj tawm los ntawm tus neeg saib xyuas xwm txheej ceev thiab khiav tawm tam sim thaum muaj lus pom zoo kom khiav tawm.

COV LUS QHIA KOM DIM THAUM AV QEEG

Tiv thaiv koj tus kheej thaum muaj av co qeeg:

- ✓ **NKAG MUS NKAUM** khwb rrg siv koj ob txhais npab thiab luj tshib txheem.
- ✓ **KHWB** koj lub tob hau thiab caj pas uas yog siv txhais tes thiab txhais npab
- ✓ **TUAV KOM KHOV** kom txog thaum qhov qeeg co nres lawm



Yog tias koj nyob hauv tsev, nyob twb ywm hauv tsev thiab nkaum hauv qab rooj, **KHWB** thiab **TUAV KHOV KHOV**.



Yog tias koj nyob sab nrauv, txav deb ntawm tej yam uas yuav poob los tsoo thiab ua rau koj raug mob.



Npaj kom txhij tsam muaj av qeeg ntxiv tuaj tom qab.



Yog tias koj daig nyob rau hauv lub tsev pob, tiv thaiv koj lub qov ncauj, qhov ntseg thiab qhov muag los ntawm hmoov av. Yog tias koj muaj xov tooj ntawm tes—hu **911** yog tias koj tuaj yeem ua tau. Qw rau ntawm lub raj dej los sis pab ntsa kom lwm tus nrhiav tau koj.

TXOJ HAUV KEV NRHIAV CHAW NKAUM THIAB PAB YAM KOJ XAV TAU

Yog tias koj muaj cov kev hnyav siab hais txog ntawm kev nrhiav chaw nkaum ncua sij hawm muaj xwm txheej kub ntxhov, thov paub:



Zoo siab txais tos txhua leej mus rau ntawm cov chaw nkaum xwm txheej ceev.



Nyob rau hauv xeev California kev cai lij choj, txhua cov chaw nkaum rau zej tsoom yuav tsum mus siv tau thiab tsis muaj leej twg kхиav mus rau ntawm lub chaw nkaum tuaj yeem nug koj txog koj tus ID.

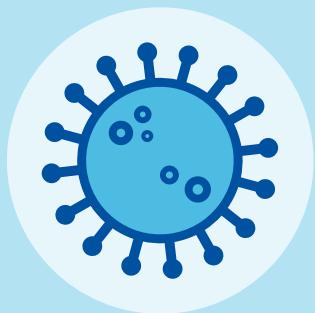


Thaum koj mus rau lub chaw nkaum nyab xeeb lawm, koj tuaj yeem siv xov tooj mus qhia rau tus neeg koj hhub paub thaum koj nyab xeeb lawm.

COVID-19

[COVID19.ca.gov](https://www.covid19.ca.gov)

Nrhiav lub chaw kuaj kab mob **COVID-19** uas nyob ze koj. Yog tias koj tsis muaj internet siv, hu **1-888-634-1123**.



Yog koj tsis muaj kev tuav pov hwm los sis muaj Medi-Cal tas sis tsis yog tus kws kho mob uas mus cuag tas li, hu **"Medi-Nurse,"** tus xov tooj pab kho mob 24/7 los sib tham txog ntawm **COVID-19** cov yam ntxwv mob muaj hais ua ntawm lus ntawm **1-877-409-9052**.

COV CHAW MUAJ KEV PAB XWM TXHEEJ CEEV

[211CA.org](https://www.211ca.org)

Nias 211 rau nug txog cov kev kхиav tawm, cov chaw nkaum.

[CalAlerts.org](https://www.calalerts.org)

Tso npe nkag mus txais koj lub Cheeb Nroog cov kev ceeb toom. Mus txais lub app xov too ceeb toom av qeeg MyShake.

[CalOES.ca.gov](https://www.caloes.ca.gov)

Lub xeev lus qhia, cov kev ceeb toom thiab cov chaw muaj kev pab.

[Response.ca.gov](https://www.response.ca.gov)

Xov xwm qhia hluav taws hav zoo kub tam sim thiab chaw nkaum.

[Ready.gov](https://www.ready.gov)

Cov chaw muaj kev pab rau cov xwm txheej kub ntxhov.

[CDSS.ca.gov/county-offices](https://www.cdss.ca.gov/county-offices)

Mus cuag nrog koj lub cheeb nroog lub chaw ua hauj lwm saib xyuas kev noj qab nyob zoo hais txog cov kev pab cuam tsev nyob thiab kev tsis muaj tsev nyob.

[BCSH.ca.gov/hcfc/documents/coc_poc.pdf](https://www.bcsdh.ca.gov/hcfc/documents/coc_poc.pdf)

Mus cuag nrog koj Lub Chaw Saib Xyuas Tus Tsis Muaj Tsev Nyob (Homeless Continuum of Care) kom mus siv tau cov kev pab cuam tsev nyob thiab kev tsis muaj tsev nyob.