

Caabuqa Fayraska Cagaarshoowga A

Cagaarshoowga A waa caabuq aad u faafa oo ku dhaca beerka waxaana sababa fayraska cagaarshoowga A.

Sida Looga Hortago Cagaarshoowga A:



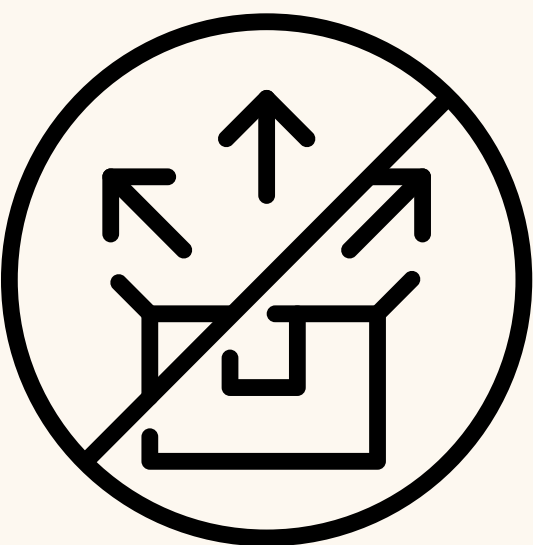
Talaalka ayaa ah qaabka ugu fiican ee looga hortago cagaarshoowga A. Qaadashada 2-da kuuro ee mudada 6 bilood ah u dhexayso ayaa qofka siinaysa difaaca ugu fiican.

Shaqsiyaadka ayaa qabsan kara balan si ay u qaataan talaalka cagaarshoowga A ayagoo la xariiraaya dhakhtarka, ama wacaaya 2-1-1 haddii aysan haysan dhakhtar.



Ilaai nadaafadaada wanaagsan.

Ku farxalo saabuun iyo biyo ugu yaraan 20 sakin kadib marka aad isticmaasho musqusha, aad ilmaha ka badesho xafaayada, iyo kahor intaadan diyaarin ama cunin cuntada.



Hala wadaagin cuntada, cabitaannada, ama agabka shaqsiya ah dadka kale.

Wixii xog dheeraad ah, booqo: www.sandiegocounty.gov/hepa