

KNOW THE SIGNS OF MPOX



Rashes or
sores



Swollen
lymph nodes



Headache



Fever/chills



Muscle or
backaches



For updates, text COSD MPOX to 468-311. For resources, visit:
[SanDiegoCounty.gov/mpox](https://www.sandiegocounty.gov/mpox)



6/21/2024

KNOW THE SIGNS OF MPOX

**Rashes, bumps, or blisters may
appear in different forms.**



If you have an Mpox-like rash and would like to get tested, or have health concerns,
contact your healthcare provider.

If you do not have a healthcare provider or would like more information,
call [2-1-1 San Diego](tel:2147367).



For updates, text COSD MPOX to 468-311. For resources, visit:
[SanDiegoCounty.gov/mpox](https://www.sandiegocounty.gov/mpox)

