

PROTECT YOUR CHILD FROM COVID-19, FLU, & RSV

COVID-19, influenza (flu), and respiratory syncytial virus (RSV) are respiratory viruses that commonly spread in the fall and winter.

CHILDREN HAVE A HIGHER RISK FOR COMPLICATIONS.

All age groups can be affected, but there are groups that are more at risk than others of severe disease or complications, including young children and infants. The immune systems of infants and young children are still developing. Their lungs and airways are smaller, making viruses that affect the airways more dangerous for them than adults.

VACCINES ARE SAFE AND EFFECTIVE.

Vaccines are the safest way to build immunity from viruses. The vaccines for COVID-19, flu, and RSV have all been carefully studied by scientists and are safe for children.

CHILDREN CAN GET VACCINATED AS EARLY AS 6 MONTHS OLD.

The Centers for Disease Control & Prevention (CDC) recommends:

- **1 dose of the updated COVID-19 vaccine** for everyone aged 5 years and older. Younger children and infants (6 months to 4 years) may need 1 or 2 doses of the updated COVID-19 vaccine if they have been previously vaccinated, or 2 or 3 doses if they have not been previously vaccinated.
- **1 dose of the flu vaccine** every season for everyone 6 months of age and older.
- **1 dose of RSV monoclonal antibody products** for all infants younger than 8 months born during or entering their first RSV season.

