

Sick with COVID-19, flu, or RSV?

Scan this QR code for more information.











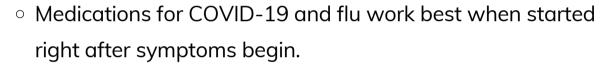
Steps to take if you are sick with COVID-19, flu, or RSV



- Stay home and separate from others.
 - Wear a high-quality mask or respirator when around others.



• Test and treat.





• Open windows to improve airflow and take steps for cleaner air.



Monitor symptoms and follow health care provider instructions.





- Practice everyday hygiene and cleaning.
 - Wash hands often, cover coughs and sneezes, avoid sharing personal household items, clean frequently touched surfaces.









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 Medications for COVID-19 and flu work best when started right after symptoms begin.



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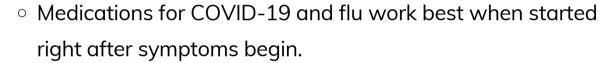
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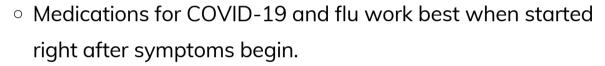
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