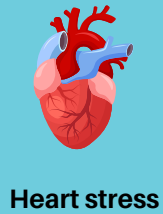




# AIR QUALITY IN SCHOOLS



## BREATHING KEEPS YOU ALIVE, BUT DIRTY AIR CAN ALSO HARM YOUR HEALTH

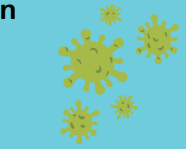


Lung damage



Asthma

Poor brain function



Virus exposure

Eye irritation



Shorter life

## CLEAN AIR=HEALTH AND SUCCESS!



Stronger brains! Faster thinking, better memory and focus

Better health, safer air for people with asthma and other diseases



More comfortable environment

Fresh air = less odor



Happier teachers and students = higher graduation rate, better teacher retention

Fewer germs in the air, less sickness, lower chance of outbreaks



## THINGS TO BEWARE IN OUR AIR



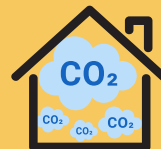
Smoke: wildfires, cigarettes, etc.

Ground level ozone



Allergens, like pollen

Particulate pollution



Carbon monoxide, sulfur dioxide and build-up of carbon dioxide in indoor settings

Lead, such as from plane fuel



Airborne germs, like the flu, RSV, COVID, chickenpox and others

## THINGS YOU CAN DO FOR CLEANER AIR

Fresh air is usually the best air! **Open windows and doors.**

If there are **active air threats** outside, such as wildfire, **do NOT** open the windows.



Follow the QR code for instructions to build your own portable air filter, such as the Corsi-Rosenthal model.