# **GROUP A STREPTOCOCCUS** (GROUP A STREP)

### WHAT IS GROUP A STREP?

Group A streptococcus (group A strep) is a bacteria that lives on a person's skin or in their nose and throat. Group A strep infections can cause mild to severe illness.

### WHAT SHOULD I KNOW?

It spreads through close contact with a person who has group A strep. These germs can be passed on through coughs, sneezes, or from a wound.

### HOW DO I KNOW IF I HAVE IT?





Sore throat

**Rash around** mouth



Fever and chills







"Strawberrv" tongue

Trouble breathing

Severe headache

### **CONDITIONS &** COMPLICATIONS

#### **Conditions:**

#### **Complications:**

Pneumonia

- Strep throat
- Impetigo
- Meningitis Scarlet fever
  - Rheumatic fever

## HOW CAN I **PREVENT IT?**

The best way to prevent group A strep is to wash your hands often:

- After coughing and sneezing.
- Before eating and preparing food.

## **TREATMENT TIPS:**

- Group A strep may need to be treated with antibiotics prescribed by a doctor.
- Your doctor can decide the best treatment for you.

### WHEN TO CALL A DOCTOR?

- Talk to your doctor if you or a family member have group A symptoms.
- It is important to get tested and treated right away.





