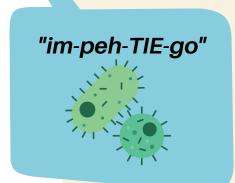
Impetigo Fact Sheet

What is it?

- Impetigo: What you need to know
 - It is a skin infection caused by the same type of bacteria that cause strep throat, scarlet fever, and pneumonia.
 - It spreads easily from person-to-person. It is most common in young children.
 - You need medicine from a doctor to treat impetigo.





How does it spread?

- Impetigo causes sores on your skin.
- If someone touches your sores, or touches the liquid that comes out of them, they can get impetigo germs.

How do I know if I have it?

- If you have impetigo, first you will see red, itchy sores.
 They're usually on "exposed" skin, meaning skin not covered by clothing.
- The sores will leak a clear liquid, or pus, for several days.
- As the sores heal, the scabs will be yellow, or "honeycolored."
- These sores do not leave a scar when they heal.



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How can I protect myself?

- Practice good hygiene:
 - Wash your hands, face, and body.
 - · Wash your clothes after each wear.
 - Keep wounds clean and bandaged.
- Keep personal items to yourself and avoid kissing someone who has sores.



How can I take care of myself or someone who has Impetigo?



- Go to the doctor. They can give you two types of medicine:
 - o Topical a cream you put on your skin, OR
 - o Oral medicine you swallow.
- Medicine will help impetigo heal more quickly.
- It will also prevent the germs from spreading to more people, making them sick.

When should I see a doctor?

- Go to a doctor as soon as you think you have impetigo.
 They can tell what it is by looking at it, and usually do not need to do a test.
- You need the medicine from a doctor to treat impetigo.
- Treating impetigo is important so that it doesn't lead to other problems.







To learn more, visit the Impetigo webpage at www.cdc.gov.



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