

STREP THROAT

WHAT IS STREP THROAT?

Strep throat is an infection that hurts your throat. This infection is caused by Strep A bacteria. Strep throat is common and can spread easily from person-to-person.

WHAT SHOULD I KNOW?

You can get strep throat when a sick person coughs or sneezes by you. These germs can also spread through shared food or drinks, or by touching an object with these germs.

HOW DO I KNOW IF I HAVE IT?



Fever



White patches on tonsils



Sore throat

HOW CAN I PREVENT IT?



Wash your hands with soap and water.



Cover your cough or sneeze.



Wash glasses, utensils, and plates after each use.

TREATMENT TIPS:

- Medicine prescribed by your doctor (antibiotics) is used to treat strep throat.
- Stay home from school or work, so you do not spread your germs to others.



WHEN TO ASK A DOCTOR?

Contact your doctor if you have a fever and a sore throat. Your doctor can test you for strep throat. You should also call your doctor if you do not feel better after taking antibiotics for 2 days.

To learn more, visit the [Strep Throat](http://www.cdc.gov) webpage at www.cdc.gov.

Last Revised 6/16/23

