

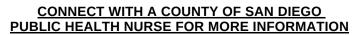
## BACTERIAL MENINGITIS FAST FACTS

- Meningitis is an infection of the membranes that protect the brain and spinal cord. Meningitis is
  most often caused by a virus (viral meningitis), but can also be caused by bacteria (bacterial
  meningitis). Bacterial meningitis is rare, but is usually serious. It can be life-threatening, if not
  treated right away.
- Common examples of how people spread these germs include:
  - o During childbirth,
  - Coughing or sneezing when in close contact with others,
  - Sharing saliva, or
  - Eating contaminated food.
- Symptoms in babies may be hard to spot, if they show symptoms at all. Symptoms, in babies, can include:
  - Being slow or inactive,
  - Irritability,
  - Vomiting,
  - Having a bulging fontanelle (the "soft spot" on a baby's head),
  - Feeding poorly, or
  - Having abnormal reflexes.
- Bacterial meningitis can cause death. However, most people get better. Those who do recover can have lifelong disabilities, such as brain damage, hearing loss, learning disabilities, and even loss of limb(s).
- Babies, young children, and people in group settings, such as daycares, schools, and college and military dormitories are more likely to get infected with bacterial meningitis.
- Vaccines are the best way to prevent types of bacterial meningitis.
   There are vaccines for four types of bacteria that can cause meningitis:
  - Meningococcal vaccines (MenACWY and MenB)
  - Pneumococcal vaccines (PCV15 or PCV20)
  - Haemophilus influenzae serotype b (Hib) vaccines
  - Bacille Calmette-Guérin (BCG) vaccine

For more information SCAN HERE!







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