

To learn more
about chickenpox:

SCAN ME



Have questions?

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Public Health Nurse

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LIVE WELL
SAN DIEGO

Chickenpox (Varicella)



**A HEALTHY FLOCK
VACCINATES AGAINST
CHICKENPOX!**

CHICKENPOX

Chickenpox, also known as varicella, is a disease caused by the varicella-zoster virus (VZV). In severe cases, it can lead to health problems and hospitalization.



SIGNS AND SYMPTOMS

The most common symptom is an itchy rash that turns into blisters.

Other symptoms may include:

- Fever
- Tiredness
- Loss of appetite
- Headache

SPREAD

Chickenpox spreads easily to people who have never had chickenpox or have never received the chickenpox vaccine. It spreads through direct contact with someone who has chickenpox. A person can spread chickenpox 1 to 2 days before rash begins and until all blisters have scabbed over.

PREVENTION

The best prevention against chickenpox is the chickenpox vaccine. The vaccine protects you, your family, and your community.

WHEN TO GET VACCINATED

The Centers for Disease Control and Prevention (CDC) recommends two doses of chickenpox vaccine for children, adolescents, and adults who have never had chickenpox and were never vaccinated.

In children, give:

- First dose at 12 to 15 months, and
- Second dose at 4 to 5 years old.

TWO DOSES OF THE CHICKENPOX VACCINE ARE MORE THAN 90% EFFECTIVE AT PREVENTING THE DISEASE.



MAKE SURE YOUR CHILD IS UP-TO-DATE WITH VACCINES

Call your child's doctor for more information and to schedule an appointment. If you do not have a doctor, please call 211.