HELP PREVENT THE SPREAD OF COVID-19
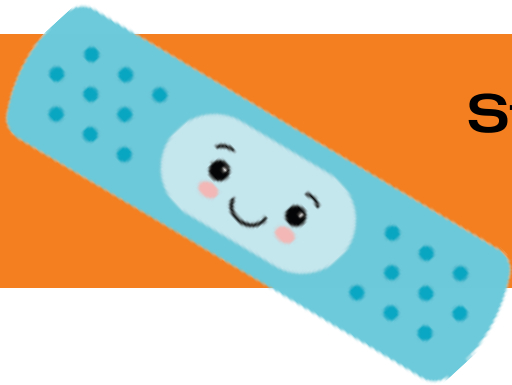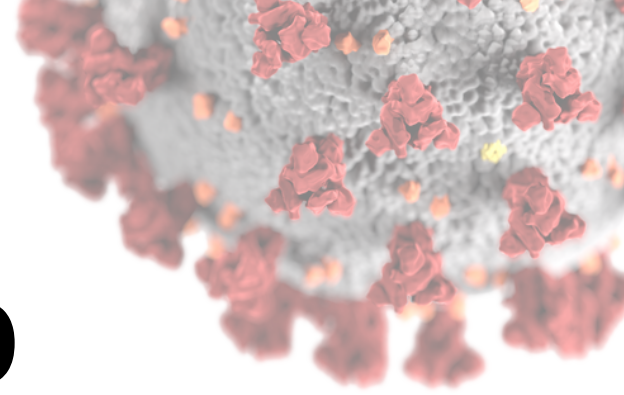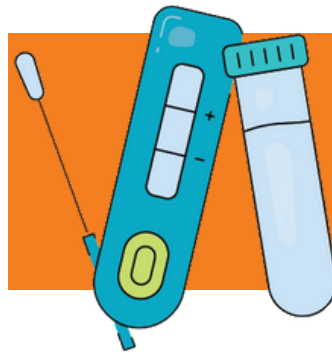
Stay up-to-date with vaccines

Get tested if exposed or feel sick

Improve air flow
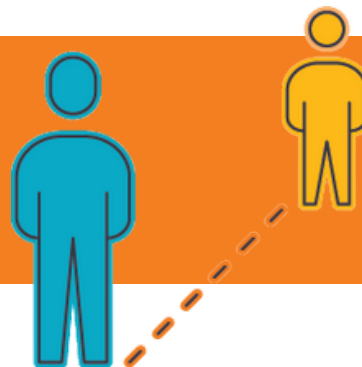
Wash your hands with soap and water often

Stay home if sick or tested positive

Follow recommendations if exposed

Wear a well fitting mask

Put more space between yourself and others

If you have health concerns, talk to your healthcare provider. If you do not have a healthcare provider, call 2-1-1 San Diego to find a healthcare provider near you.

For the latest updates, visit:

www.coronavirus-sd.com

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