



# Polio Vaccine Checklist

Polio, or poliomyelitis, is an infectious caused by the poliovirus. It can cause lifelong paralysis (loss of movement) in the arms or legs. In the United States (U.S.), polio is very rare, but it still exists in other parts of the world. If polio germs exist anywhere, they can spread when people travel. **Use this checklist to help make sure your child has gotten the right vaccines.**



Make sure your child is up to date on polio vaccines, especially if you plan to travel with them. Polio is very rare in the U.S., but it still exists in other countries.

**Check your child's records to make sure they got the vaccines they need.**



There is more than one vaccine for polio. In the U.S., children get the inactivated poliovirus vaccine (IPV).

Children are protected from polio after receiving four (4) doses of the polio vaccine, which can be a combination of:

- 4 doses of IPV,
- 4 doses of the trivalent oral vaccine (tOPV), or
- A combination of 4 doses of IPV and tOPV.



You must show proof your child has gotten the polio vaccines. **It must be written and dated records with the type of vaccine.**

If you do not have proof, your child might need to get the vaccines again.



**Speak to your child's doctor if:**

- You do not have proof your child got vaccinated,
- Your child has not been vaccinated, or
- If you have questions about the vaccines they have had.



**CONNECT WITH A COUNTY OF SAN DIEGO  
PUBLIC HEALTH NURSE FOR MORE INFORMATION**

**CALL: 1 (866) 358-2966 OPTION 5  
EMAIL: PHS-IZPHN.HHSA@SDCOUNTY.CA.GOV**

