



Have Questions?

Connect with a County of San Diego Public Health Nurse for more information:



Phone Number

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E-mail Address

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Call your child's doctor to make sure your child is up-to-date on vaccinations.



To learn more about rotavirus, scan the QR code below.



SCAN ME!



LIVE WELL
SAN DIEGO

Rotavirus

Everything you need to protect yourself and your child.



Rotavirus



Rotavirus is a virus that affects the stomach and intestines. It is most common in infants and young children, however, older children and adults can also get sick from rotavirus.

Since rotavirus can cause severe vomiting and diarrhea, it can lead to dehydration (loss of bodily fluids). Severe dehydration may require hospitalization.

Transmission



Rotavirus spreads easily among infants and young children. Kids can get infected when they put their fingers in their mouths after touching a contaminated surface (like a toy) or eating contaminated food.



Signs and Symptoms

The most common symptoms of rotavirus are:

- Severe watery diarrhea,
- Vomiting,
- Fever, and
- Belly cramps.



Additional symptoms may include loss of appetite and dehydration, which can be especially dangerous for infants and young children.

Symptoms of dehydration include:

- Decreased urination,
- Dry mouth and throat,
- Feeling dizzy when standing up,
- Crying with few or no tears, and
- Unusual sleepiness or fussiness.

Prevention



Good hygiene (like handwashing) and cleaning shared toys are important, but are not enough to control the spread of disease. Rotavirus vaccination is the best way to protect your children, family, and community from rotavirus disease.

Vaccination



The rotavirus vaccine is a liquid given by mouth to babies. Depending on the vaccine brand, one dose is given at:

- 2 and 4 months, or
- 2, 4, and 6 months.



According to the Centers for Disease Control and Prevention, **about 9 out of 10 children who get the vaccine will be protected** from severe rotavirus illness.

