

Rotavirus



ROTAVIRUS

Rotavirus is a virus that affects the stomach and intestines. It is most common in infants and young children, however, older children and adults can also get sick from rotavirus.



Since rotavirus can cause severe vomiting and diarrhea, it can lead to dehydration (loss of bodily fluids). Severe dehydration may require hospitalization.

SIGNS AND SYMPTOMS

The most common symptoms of rotavirus are:

- Severe watery diarrhea,
- Vomiting,
- Fever, and
- Belly cramps.



Additional symptoms may include loss of appetite and dehydration, which can be especially dangerous for babies and young children.

TRANSMISSION

Rotavirus spreads easily among infants and young children. Kids can get infected when they put their fingers in their mouths after touching a contaminated surface (like a toy) or eating contaminated food.



PREVENTION

Good hygiene (like handwashing) and cleaning shared toys are important, but are not enough to control the spread of disease.

Rotavirus vaccination is the best way to protect your children, family, and community from rotavirus disease.



The rotavirus vaccine is a liquid given by mouth to babies. Depending on the vaccine brand, one dose is given at:

- 2 and 4 months, or
- 2, 4, and 6 months.

Call your child's doctor to schedule their rotavirus vaccine today!



**CONNECT WITH A COUNTY OF SAN DIEGO
PUBLIC HEALTH NURSE FOR MORE INFORMATION**

**CALL: 1 (866) 358-2966 OPTION 5
EMAIL: PHS-IZPHN.HHSA@SDCOUNTY.CA.GOV**

