SCABIES

WHAT IS SCABIES?

Scabies is a skin condition caused by an infestation of tiny mites. These mites crawl under a person's skin and lay eggs. This can cause itching on most of the body.

WHAT SHOULD I KNOW?

Scabies spreads by direct skin-to-skin contact with a person who has scabies. It also spreads among families through contact with used clothing, bedding, and towels.

HOW DO I KNOW IF I HAVE IT?



Red bumps or a bumpy rash.



Severe itching, especially at night.



Tiny burrows under the skin.

HOW CAN I PREVENT IT?



Avoid skin-to-skin contact with a person who has scabies.



Wash and dry family towels, clothing, or bedding on hot water and hot dryer cycles.



Clean and vacuum rooms where the person with scabies has been.

TREATMENT TIPS:

- Your doctor will prescribe a topical cream that can treat scabies.
- Store infected items, that cannot be washed, in a sealed plastic bag for at least 72 hours.

WHEN TO ASK A DOCTOR?

If you think you or a family member has scabies, talk to a doctor. All family members should be treated at the same time to prevent a scabies re-infestation.

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