



To: CAHAN San Diego Participants

Date: June 8, 2023

From: Public Health Services

Health Advisory: Fungal Meningitis in U.S. Patients Following Epidural Anesthesia in Mexico

#### Key Messages

- The Centers for Disease Control and Prevention (CDC) has reported an outbreak of suspected fungal meningitis among U.S. patients following epidural anesthesia in Matamoros, Mexico.
- CDC is hosting a Clinician Outreach and Communication Activity (COCA) call on June 8, 2023 at 11 AM PST on [Interim Recommendations for Diagnosing and Managing Suspected Fungal Meningitis Associated with Epidural Anesthesia Administered in Matamoros, Mexico](#).
- Healthcare Providers should immediately report suspected fungal meningitis cases to the Epidemiology Unit by faxing a [Confidential Morbidity Report](#) or by calling 619-692-8499 (Monday-Friday 8 AM-5 PM) or 858-565-5255.

#### Situation

On May 17, 2023, the Centers for Disease Control and Prevention (CDC) issued a [Health Advisory on Fungal Meningitis](#) in U.S. patients following procedures requiring epidural anesthesia in at two clinics in Matamoros, Mexico.

#### Background

As of May 12, 2023, five patients have been diagnosed with suspected fungal meningitis; all have been hospitalized, and one has died. On June 1, 2023, CDC issued a [Health Update](#) with additional information on the status of the ongoing fungal meningitis outbreak and highlights interim recommendations for diagnosis and treatment.

#### Actions Requested

1. **Stay up to date** on the [fungal meningitis outbreak associated with procedures performed under epidural anesthesia in Matamoros, Mexico](#).
2. **Take a travel history** including history of medical treatments received outside the U.S. from patients presenting with febrile illness.
3. **Report** immediately suspected fungal meningitis cases to the Epidemiology Unit by faxing a [Confidential Morbidity Report](#) or by calling 619-692-8499 (Monday-Friday 8 AM-5 PM) or 858-565-5255 (after hours, during weekends, and on County-observed holidays).

#### Resources

- [Fungal Meningitis Outbreak Associated with Procedures Performed in Matamoros, Mexico | CDC](#)

Thank you for your participation.

#### CAHAN San Diego

County of San Diego Health & Human Services Agency

Phone: (619) 692-8499; Fax: (858) 715-6458

E-mail: [cahan@sdcounty.ca.gov](mailto:cahan@sdcounty.ca.gov)

Public Website: <http://www.cahansandiego.com>

Epidemiology and Immunization Services Branch

Urgent Phone for pm/weekends/holidays: (858) 565-5255

Secure Website: <http://cahan.ca.gov>