



AGING & INDEPENDENCE SERVICES
COUNTY OF SAN DIEGO • HEALTH AND HUMAN SERVICES AGENCY
LONG TERM CARE INTEGRATION PROJECT

Aging & Independence Services (AIS)
Long Term Care Integration Project (LTCIP)
Update for the Health Services Advisory Board (HSAB)
March 17, 2016

The goal of the Long Term Care Integration Project (LTCIP) is to improve the delivery of health care and long term services and supports for older adults and persons with disabilities. This report includes updates on some key LTCIP activities.

LTCIP Leadership Change Announcement

Upon retirement of AIS' current LTCIP Manager, Brenda Schmitthenner, on March 31, 2016, the baton will be passed to the newly appointed LTCIP Manager, Kristen Smith. In addition to a Master's in Public Health, Ms. Smith brings a wealth of experience to the position including analyzing the impact of trade policies on U.S. health regulations; overseeing a Master's in Public Health degree program at the University of Florida; community outreach activities for the Institute on Aging in Florida; and most recently, at AIS since 2006, leading the most dynamic health promotion team responsible for bringing *Live Well San Diego* to older adults in the form of fitness programs, healthier living programs, the National Diabetes Prevention Program as well as leading various fall prevention and health promotion task forces.

LTCIP Quarterly Stakeholder Meeting

Since its inception in 1999, the LTCIP has strived to enhance meaningful involvement of consumers, providers, caregivers, advocates and other key stakeholders. The public is welcome to participate in quarterly meetings either in-person, telephonically or through web-streaming. The LTCIP's Quarterly Stakeholder Meeting which was held on Friday, March 11, 2016 at AIS focused on health and housing.

Stable, accessible and affordable housing is an essential component to the health of individuals, particularly to seniors and persons with disabilities (SPDs) who need varying degrees of assistance with activities of daily living (ADLs – e.g., bathing, dressing) and instrumental activities of daily life (IADLs – e.g., cleaning, cooking). The proportion of San Diegans age 65 years and older is rising dramatically, and this population boom has increased the need to focus on innovative ways to address the lack of affordable housing that afford SPDs the opportunity to be healthy, safe and thriving in the community setting of their choosing. During March's Quarterly LTCIP meeting, stakeholders heard from a variety of community organizations that are utilizing various strategies to address this important issue in San Diego County.

Aging and Disability Resource Connection (ADRC)

The Aging and Disability Resource Connection (ADRC), a partnership between AIS and Access to Independence, the Independent Living Center for San Diego and Imperial Counties, was established under the LTCIP in 2004 as one of the first in the country. The ADRC provides persons of all ages, abilities, and incomes, their caregivers and service providers with free, comprehensive information about LTSS in San Diego County and delivers care transition support, care management, and options counseling. San Diego County's ADRC is the *no wrong door* access to important entitlement programs, resources, planning and communication tools. The next ADRC Advisory Committee meeting will be held on Monday, March 14, 2016. Pertinent outcomes from this meeting will be presented in April's LTCIP HSAB update.

The Community-based Care Transitions Program (CCTP)

CCTP was established under Section 3026 of the Affordable Care Act (ACA) in 2011 as a 5-year demonstration to link community based organizations with hospitals to improve care that high-risk Medicare patients receive as they transition across different care settings, reduce the readmission rate for high risk patients and reduce Medicare spending. The San Diego Care Transitions Partnership (SDCTP), a partnership between AIS and Palomar Health, Scripps Health, Sharp HealthCare and the UCSD Health System (13 hospitals) has provided comprehensive, person-centered, health care and social services to over 44,000 high-risk, fee-for-service (FFS) Medicare patients across thirteen participating hospitals since its inception in January 2013. The SDCTP's success has resulted in an extension of the Program Agreement with CMS through June 30, 2016. The SDCTP is one of only 34 of the original 101 CCTPs across the country that remains funded.

While in statute, Section 3026 of the ACA sunsets on December 31, 2016, Congressional leaders from across the country are petitioning CMS to extend the program until alternative Medicare payment models are widely adopted to support the high risk patient population served by CCTP. In the interim, the SDCTP is working collaboratively to identify ways in which person-centered, coordinated, acute and post-acute care transition services can be delivered to high-risk FFS Medicare patients as well as to other high-risk patient populations across the county.

The Coordinated Care Initiative (CCI)

San Diego County is one of seven counties in California selected to implement the Coordinated Care Initiative (CCI), an improved delivery system that provides coordinated health care and long term services and supports (LTSS) to dual eligible and Medi-Cal only beneficiaries in the county. As the 2016-2017 Regional Aging and Disability Service and Advocacy Coalition for San Diego County funded by The SCAN Foundation, the LTCIP has been actively engaged in the implementation of the CCI by supporting both the CCI Advisory Committee and CCI Communication Workgroup. According to the latest enrollment figures published by the Department of Health Care Services there were 15,796 duals in San Diego County actively enrolled in Cal MediConnect (CMC) as of February 1, 2016. Overall enrollment in CMC in San Diego County is holding steady at 33%, meaning that 67% of duals have either opted-out or have disenrolled from CMC.

After the February 2, 2016 CCI Advisory Committee meeting, the CCI Health Plans, with input from the Advisory Committee, decided to move the meetings from a monthly to a quarterly basis. It has been almost two years since CCI began in San Diego County and since then the Advisory Committee has formed strong working relationships between all partners at the table. The Advisory Committee has established clear sets of policies and procedures that are operating smoothly, and therefore the need to meet on a monthly basis is no longer required.

Brenda Schmitthenner, MPA, Aging Program Administrator
Health and Human Services Agency, Aging & Independence Services (AIS)
Manager of the Long Term Care Integration Project (LTCIP)