

# DRUG MEDI-CAL ORGANIZED DELIVERY SYSTEM

### HEALTH AND HUMAN SERVICES AGENCY

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## Health Services Advisory Board

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## THE NEED IN SAN DIEGO COUNTY



- 1 in 8 have a Substance Use Disorder (SUD)
- 173 people are discharged from the Emergency Department every day with an SUD
- Approximately 100,000 people eligible for County services have an SUD
- Of those, approximately1 in 9 enter treatment



## DRUG MEDI-CAL ORGANIZED DELIVERY SYSTEM (DMC-ODS)



# The DMC-ODS will transform the current Substance Use Disorder system to one that has:

- New and Expanded Services with timely access to care
- Better Coordination and Continuity of Care
- Tailored Treatment to Support Long-Term Recovery



## **CULTURE SHIFTS**





- Program centered
  Patient centered & Integrated
  - Phases/fixed lengths 
     — Individualized intensity/time
  - Single program model 

     Utilization of various EBP
- Drug Free
  Abstinence from illicit drug use
- Episodic Care
  Continuous care for chronic illness
  - Movement along a continuum of care based on needs
- Wait for "rock bottom" 

   — Capture all opportunities to connect patients

## **ASAM CRITERIA**



#### 1. Acute Intoxication and/or Withdrawal Potential

• Exploring an individual's past and current experiences of substance use and withdrawal

#### 2. Biomedical Conditions and Complications

• Exploring an individual's health history and current physical condition

#### 3. Emotional, Behavioral, or Cognitive Conditions and Complications

• Exploring an individual's thoughts, emotions, and mental health issues

#### 4. Readiness to Change

Exploring an individual's readiness and interest in changing

#### 5. Relapse, Continued Use, or Continued Problem Potential

• Exploring an individual's unique relationship with relapse or continued use or problems

#### 6. Recovery/Living Environment

• Exploring an individual's recovery or living situation, and the surrounding people, places, and things

## **SERVICE IMPROVEMENTS**





Withdrawal Management

**Medication Assisted Treatment** 

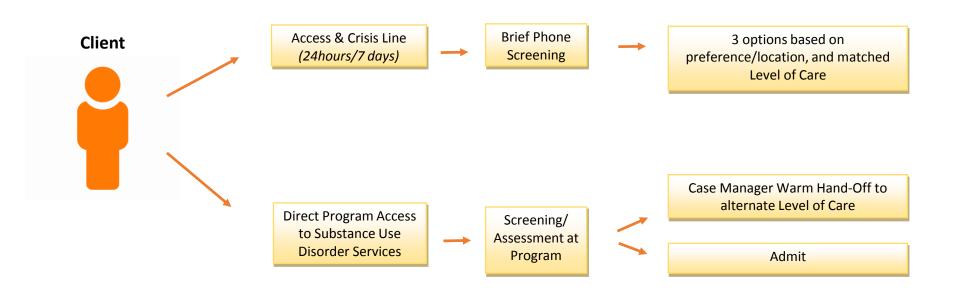
Case Management

**Recovery Services** 

Recovery Residences

## **REFERRAL FLOW**





## WHO DO WE SERVE



- Persons with Medi-Cal or Medi-Cal eligible
- Low income individuals (up to 200% FPL) who may have other 3<sup>rd</sup> party insurance such as Medicare



- Insured persons with no insurance coverage for SUD services (case-by-case basis)
- Persons receiving services must meet medical necessity criteria

## **MEDICAL NECESSITY**



## Under the DMC-ODS Medical Necessity is defined as:

- All clients must meet the ASAM Criteria definition for medical necessity for a specific level of care
- Youth/Young adults (ages 12-20) at least one SUD diagnosis
- Adult clients (ages 21 and older) at least one SUD diagnosis (except Tobacco-Related Disorders and non-substance related disorders, like gambling)

## DEFINING & MEASURING SUCCESS



- Client access to timely care
- Retention in treatment
- Reduction in criminal justice system involvement
- Improvement to quality of life, such as employment and housing status
- Reducing substance use relapse while in treatment program

## **MOVING FORWARD**



Build system capacity

Emergency Department linkages

Countywide prevention

collaboration



## QUESTIONS & COMMENTS

EMAIL: Info-DMC-ODS.HHSA@sdcounty.ca.gov

WEBSITE: www.sandiegocounty.gov/dmc

Thank-you



## **AOA SUD SYSTEM OF CARE**



- Residential Treatment
  - 17 Residential programs with a total of 798 treatment beds
- Outpatient Treatment
  - 12 Outpatient Treatment Programs
  - TAY track for Outpatient Services program in the Central Region
- Withdrawal Management
  - 91 withdrawal management beds
- Opioid Treatment Programs
  - Oversight of 10 Opioid Treatment Programs sites





## **CYF SUD SYSTEM OF CARE**



Specialty programming for teens and pregnant and/or parenting women

- Teen Recovery
  - 7 Teen Recovery Centers
  - 2 Adolescent Residential Programs
- Perinatal Programs
  - 6 Outpatient Perinatal Programs
  - 3 Perinatal Residential Programs
- Withdrawal Management
  - 25 Withdrawal management beds



