



Health Services Advisory Board Meeting Public Health Services Report

December 3, 2024





Public Health Officer Update

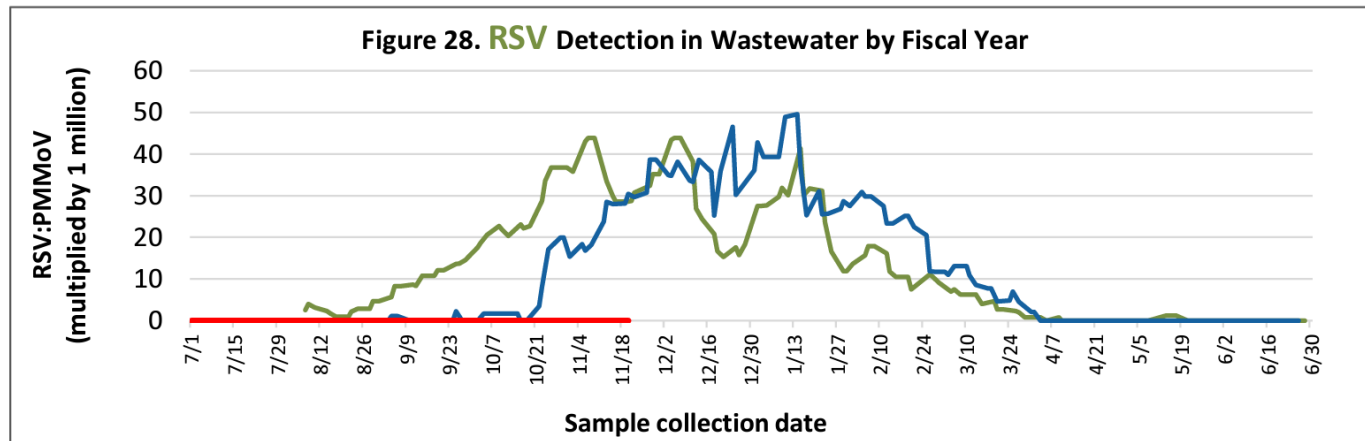
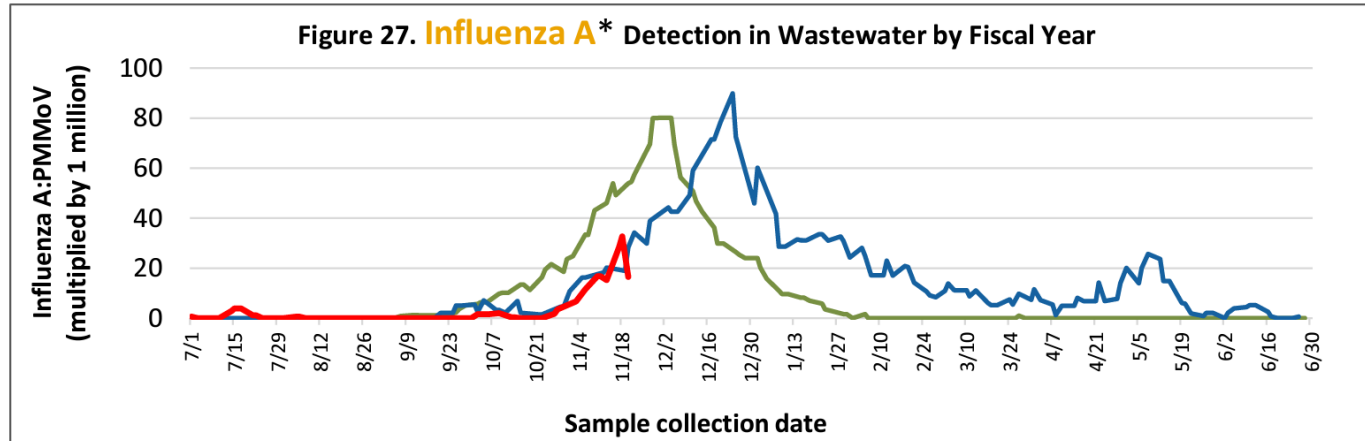
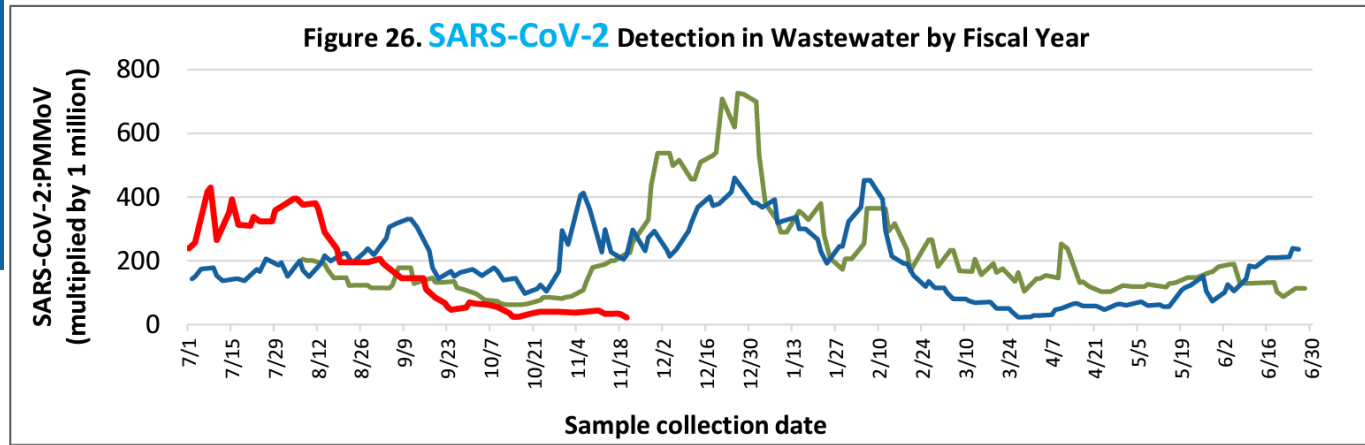
Ankita S. Kadakia, M.D.
Interim Deputy Public Health Officer
Public Health Services



Respiratory Virus Surveillance

Testing Positivity

— 2024-25 — 2023-24 — 2022-23



INFLUENZA MYTHS

Three Flu Vaccine Myths as Flu Season Ramps up in San Diego County



By [Fernanda Lopez Halvorson](#), County of San Diego Communications Office
Nov. 20, 2024 | 8:38 AM

[Three Flu Vaccine Myths as Flu Season Ramps up in San Diego County | News | San Diego County News Center](#)

Flu Vaccine Myth #1 – The flu isn't that serious. I don't need the vaccine

- It's true that many people get the flu and feel better within a week or two. But some people can, and do, get seriously sick and even die. Last flu season nearly 20,000 people got the flu, 1,500 were hospitalized and 60 San Diegans died including two infants. The flu vaccine can help protect you and your loved ones who are most at risk of getting seriously sick like young children or older adults.

Flu Vaccine Myth #2 – The flu vaccine will give me the flu

- The flu vaccine cannot make you sick with the flu. It is made of inactive or dead viruses. The nasal spray vaccine is made of weakened viruses. You may have some side effects from the flu vaccine or nasal spray vaccine like a sore arm or even a headache, muscle aches or a runny nose. These symptoms should not last long and are much less severe than actually getting the flu.

Flu Vaccine Myth #3 – I had the vaccine and still got the flu, so it doesn't work

- Scientists spend a lot of time predicting which flu strains should go into the vaccine each year. Flu viruses can change or mutate similar to other respiratory viruses. Some individuals may pick up a strain that is not in the vaccine however most strains that are active during a flu season are in the vaccine. Even though you may still get sick, you are more likely to have milder flu symptoms. It takes about two weeks to build up the antibodies that protect you. Even with a chance you will still get sick, it is still really important to get the vaccine each year and improve your chances of avoiding getting sick, and maybe even accidentally giving it to the people around you.

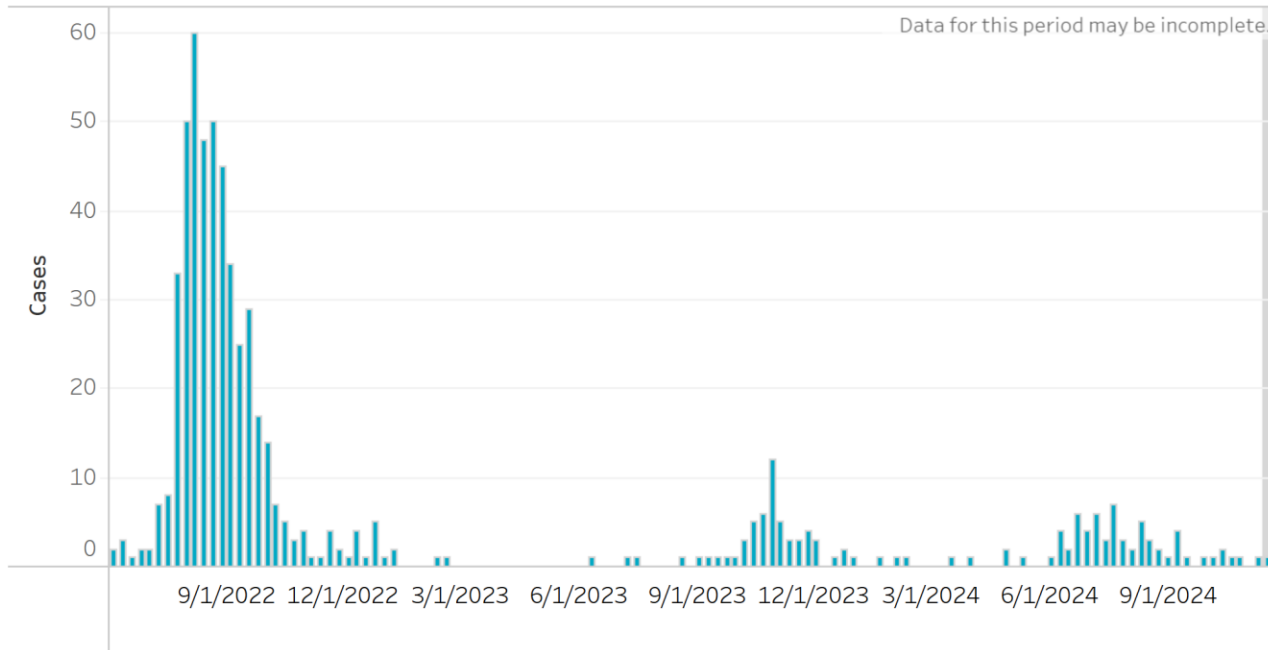


LIVE WELL
SAN DIEGO

Mpox

Cumulative Cases*	Cases Since Last Report	Cumulative Hospitalizations	Cumulative Deaths
604	5	23	1

MPOX Confirmed and Probable Cases* by Episode Date,^ San Diego County



Distributed via the CDC Health Alert Network
November 18, 2024, 5:30 PM ET
CDCHAN-00519

First Case of Clade I Mpox Diagnosed in the United States

Summary

The Centers for Disease Control and Prevention (CDC) is issuing this Health Alert Network (HAN) Health Advisory to provide information about the first case of clade I mpox diagnosed in the United States and recommendations to clinicians about preventing, diagnosing, treating, and reporting mpox cases. On November 15, 2024, the California Department of Public Health (CDPH) confirmed the [first reported case of clade I mpox](#) in the United States. This individual had recently traveled to areas experiencing clade I monkeypox virus (MPXV) transmission and sought medical care for mpox symptoms in the United States. Consistent with other recent clade I mpox cases, the patient has relatively mild illness and is recovering. CDC and the local and state health departments are investigating potential contacts; no additional cases in the United States have been

Bird Flu Detected in Wastewater, But Not In People



By [Cassie N. Saunders](#), County of San Diego Communications Office

Sep. 16, 2024 | 5:02 PM

- San Diego was the fifth location in CA to detect H5 influenza virus
- Detected through wastewater testing conducted on September 1, 2024
- More information about H5 can be found on the Public Health Services [website](#).

[Bird Flu Detected in Wastewater, But Not In People | News | San Diego County News Center](#)



LIVE WELL
SAN DIEGO

Health Officials Investigating Outbreak Linked to Raw Milk



By [Cassie N. Saunders](#), County of San Diego Communications Office

Oct. 20, 2023 | 2:09 PM

- 9 cases of Salmonella illness reported
- Cases began in late September
- Anyone who may have recently purchased Raw Farm LLC raw milk or milk products to not consume it and discard the product
- More information on raw milk safety is available on the [CDC website](#)

[Health Officials Investigating Outbreak Linked to Raw Milk | News | San Diego County News Center](#)



LIVE WELL
SAN DIEGO

Organic Carrots Linked to E. Coli Outbreak



By [Cassie N. Saunders](#), County of San Diego Communications Office

Nov. 26, 2024 | 2:28 PM

- Nationwide Recall
- Shiga Toxin Producing E.Coli (STEC)
- 1 person in San Diego County affected

[Organic Carrots Linked to E. Coli Outbreak](#)
[| News | San Diego County News Center](#)



LIVE WELL
SAN DIEGO



Public Health Director Update

Elizabeth A. Hernandez, Ph.D.
Public Health Director
Public Health Services



Public Health Services

BOARD LETTER FORECAST

Board Meeting Date	Subject
January 7, 2025	Single Source Procurement of Equipment and Supplies for Hamilton
TBD	California Department of Justice funding for Tobacco Retail Licensing Program Activities
TBD	Receive and authorize additional funding from CDPH for Chronic Hepatitis C

Media/Community Events



Targeted Date and Time	Description & Location of Event
November 2023 and ongoing	Perinatal Equity Initiative (PEI) radio ads run on local radio stations, Z90 and Magic 92.5. Digital banners pop up on high-traffic websites. Both the radio and digital ads are played for the target audience and will redirect listeners and viewers to the Black Legacy Now website.
June 2024 and ongoing	PEI creatives (brochures, door hangars, and postcards) are being distributed in the community to promote educating African-American mothers on the importance of advocating for equitable and dignified maternity health treatment for themselves and their babies.
December 5, 2024	African American/Black Outreach Immunization Planning Meeting
December 6, 2024	Brad Truax Award Ceremony. Recognition of World AIDS Day, remembering lives lost, celebrating outstanding work in the community. - The San Diego LGBT Community Center, 3909 Centre St., San Diego, CA 92103 (3pm – 5pm)



AFRICAN AMERICAN/BLACK IZ OUTREACH PLANNING MEETING

PLEASE JOIN US!
THURSDAY, DECEMBER 5, 2024
11:00 AM- 12:00 PM

PRESENTATION FROM:
SOMALI FAMILY SERVICE OF SAN DIEGO

Topic:
Somali Family Services Programs and Services provided for the community by Sagal Abdullahi

Please see below for the login information
[Click here to join the meeting](#)
 Meeting ID: 234 834 982 152
 Passcode: UzVMob



Highlights

Dr. Corrigan and Dr. Hallis Elected to Leadership Positions

- The Public Health Laboratory Director, Jeremy Corrigan, and Assistant Public Health Laboratory Director, Sam Hallis, have been nominated to serve in leadership positions on the [California Association of Public Health Laboratory Directors](#) (CAPHLD) Executive Council (EC).
 - **Jeremy Corrigan was voted in as the President-Elect.**
 - **Sam Hallis was voted in as Representative At Large, South.**
- CAPHLD is a nonprofit organization that has representatives from all the Public Health Labs in California.



Health Services Advisory Board Meeting



Thank you!



The Public Health Services department, County of San Diego Health and Human Services Agency, has maintained national public health accreditation, since May 17, 2016, and was re-accredited by the Public Health Accreditation Board on August 21, 2023.

Highlights

EISB HAI Program Highlighted Nationally in NACCHO E-News

- On October 21, 2024, EISB Healthcare Associated Infection (HAI) Program was highlighted nationally in the National Association of County and City Health Officials (NACCHO) e-newsletter.
- This article showcases the great work and provides insight into how the team implemented Candida auris (C. auris) screening (funding infection), the outcome of the HAI Program work, and lessons learned.
- C auris is a growing concern nationwide and we are grateful to share some of the lessons learned and successes that can be leveraged by other health departments nationwide.
- Read more about the EISB program at [BUILD HAIAR Site Spotlight: County of San Diego - NACCHO](#)

