

Candida auris (*C. auris*)

Frequently Asked Questions for
Patients and Family Members



What is *C. auris*?

- It is a yeast that can survive in healthcare settings for a long time.

What is the risk?

- It can be hard to treat with medicine usually used for yeast.
- It can spread quickly in healthcare settings. It can lead to severe infections, when germs enter your body and make you sick. It can even cause death.

How should I protect myself?

- Tell your doctor if you have ever been diagnosed with *C. auris* or another drug resistant infection.
- You have a right to be treated with clean hands. All healthcare staff have to wash their hands or use hand sanitizer before they touch you or any tubes attached to your body. If you did not see them wash their hands, it is ok to ask them to.
- Your visitors care about you. It's ok to ask them to wash their hands or use hand sanitizer too.
- Staff might come into your room to clean and disinfect. They do this to keep you safe. Please follow their instructions on what to do during this process.

What if I have questions?

- Ask your doctor or nurse.
- Visit our website sdhai.org for more information or scan the QR code to the right.

