What Healthcare Staff Need To Know

# **Carbapenem-Resistant** Pseudomonas aeruginosa (CRPA)



CRPA is a bacteria that spreads in healthcare settings and can be difficult to treat.

#### WHAT is CRPA?

CRPA is a type of bacteria that can cause serious infections.

#### WHY are experts concerned? WHY should we be concerned?

- CRPA can be difficult to treat because it is often resistant to antibacterial medications.
- It can be spread from person-to-person, or from contaminated surfaces and shared medical equipment.
- Many people who carry CRPA do not have any signs or symptoms; this is called colonization.
- CRPA infections can be difficult to treat and can lead to severe illness or death.

### WHO is at the greatest risk of getting CRPA?

- People in healthcare facilities who have unhealed wounds or tubes that go into their body (e.g., feeding tubes, breathing tubes, and central lines).
- People with weakened immune systems.
- Other risk factors include having a complex medical history, recent surgery, or disrupted skin integrity.
- Healthy people have a lower risk of getting CRPA.

#### **HOW** can I protect our patients from CRPA?

- Use contact precautions (i.e., hand hygiene, gown, and gloves) when caring for a person with known or suspected CRPA.
- Thoroughly disinfect surfaces and medical equipment.
- Always follow contact isolation instructions posted at the patient's room.

## WHERE can I get more information?

www.sdhai.org



