

More than Cookie Cutter

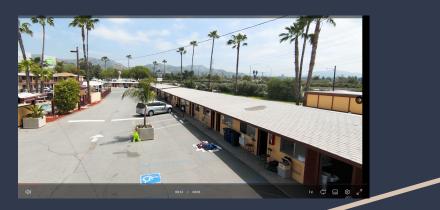
Dr. Julie Hayden, PsyD

Types of Populations



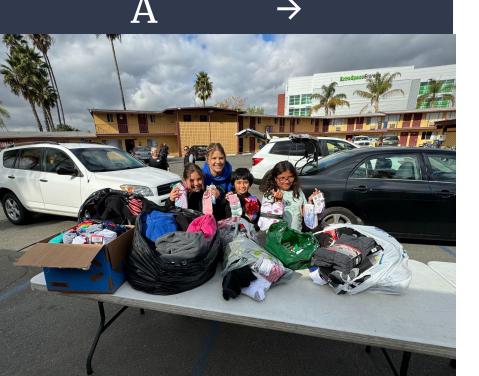
- Homeless Singles
- Homeless Families
- Addiction
- Mental Illness
- Sex Trafficking
- Domestic Violence

Emergency Housing



- 28 Days (up to 60 days with extension)
- Case Management 1 x a week
- Resource Center (computer / resources)
- Individual room for family
- Dorm style for singles
- 3 opportunities for meals a day
- Hygiene/clothes
- Bus Pass

1 – Year Program



- Faith-Based (Bible studies)
- Case Management
- 4-Phases: Protect, Prepare, Prepare
- Life Management Classes
 - Anger Management
 - ACEs (trauma)
 - Parenting Classes
 - Life Skills
- Job Skills and Obtainment
- Increased Community Collaboration
- Trauma-Informed Care
- Leadership Model for Inspiration

Phase 1: Protect



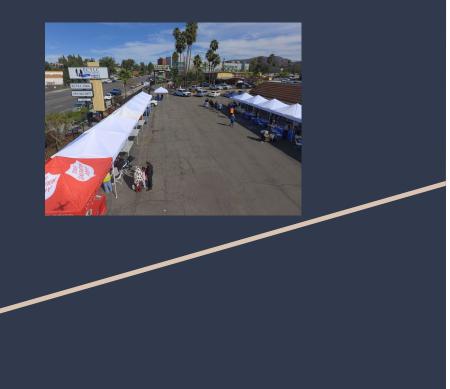
- Basic Needs (Food, Shelter, Clothes, Safety)
- Stabilization: Mental, medical, dental appointments)
- Kids Enrolled in School
- CalWorks / CalFresh / Medi-Cal
- DMV / ID
- Lawyers / Advocates
- Case Management

Phase 2: Prepare – Relationships



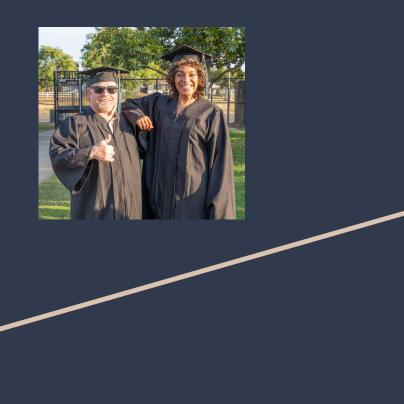
- Case Management
- Life Management Skills Training
- Therapy: Individual / Family
- Chores / Work on Campus
- Child Custody Support
- Interviewing Skills

Phase 3: Prepare – Job Skills



- Case Management
- Homeless Court
- Life Management Classes
- Therapy / Counseling
- Job Training and Practice
- Vision for the Future
- Housing Search
- Resume Building

Propel – Level up



- GED / Diploma on our campus
- Grossmont / Cuyamaca College
- Independent Job / Income
- Permanent Housing
- Humble Designs
- Alumni Support System
- Savings / Apartment Search
- Improved Credit
- Shared Housing

Future Goals



- Detox and Residential for drug and mental health stabilization
- Collaboration among For-Profit, Non-Profit, and County Funded Programs
- Expanding Awareness to all sides of the county
- Continuum of Care
- Call Center / Warm Handoff

Thank You!

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