

Community Case Management

One-on-one support to help you get back on your feet and move forward. The program helps individuals increase their income, set short attainable goals, and meet basic needs such as food, hygiene, and utilities.

Eligibility:

- Adults 18+ (emphasis on families with children and youth, single parent families, and adults who are older and single)
- At or below 250% poverty

Service Area:

91941, 91942, 91945, 91977, 91978, 92014, 92019, 92020, 92021, 92037, 92071, 92093, 92101, 92102, 92103, 92104, 92105, 92106, 92107, 92108, 92109, 92110, 92111, 92113, 92114, 92115, 92116, 92117, 92119, 92120, 92121, 92122, 92123, 92124, 92126, 92130, 92131, 92134, 92136, 92139, 92140, 92145, 92147, 92161

Adolescent Family Life Program

Comprehensive case management services to expectant and parenting young parents 21 years of age and younger. AFLP supports young parents in building their strengths and skills and linking them with services and resources.

Eligibility:

- Young parents ages 21 and younger
- Living in San Diego County
- Not enrolled or eligible for Cal-Learn

Services offered in English and Spanish

AFLP@jfssd.org

Project SARAH

Project SARAH is a support system for individuals experiencing intimate partner violence. We offer a safe, confidential setting for you to consider your options, work through a mix of feelings, and determine the best way forward for yourself and your family.

Project SARAH provides resource navigation and limited financial support to meet the basic needs of individuals experiencing intimate partner violence.

Eligibility:

- Adults 18 years old and up
- Presenting with safety concerns or limited resources for basic needs due to current abusive relationship or change in financial status due to the abuse.

Safe Parking Program

Every night, JFS operates a Safe Parking Program for unsheltered San Diegans living out of their vehicles, many of whom are experiencing homelessness for the first time. With holistic services focused on basic needs assistance, employment, family wellness, school success, financial education, credit repair, and housing, our goal is to create a pathway out of homelessness while being a support to people where they are now.

The program operates seven nights per week at four secured lots at Balboa Avenue, Aero Drive, Mission Village Drive (open 24 hours), and Encinitas.

**Enrollment is required for all locations.
To enroll, call (858) 637-3373**



JFS Access Line: (858) 637-3210

Positive Parenting Program

The Positive Parenting Program (PPP) helps parents in San Diego County find positive solutions to common childhood behavior issues using strategies proven by more than 35 years of research. The curriculum is based on Triple P, an evidenced-based program that has been shown to promote family harmony, reduce parent-child conflict, foster successful peer relationships, and prepare children for successful experiences at school.

Formats:

- Group Sessions
- Live Webinar Series
- Individual Sessions

Diaper Bank

The JFS Diaper bank provides families an opportunity to pick up 75 diapers per month at our JFS office. Sizes 0 to 6 are available. Distributions held weekly on Fridays from 10am to 1pm.

Service Area:

- San Diego County
- Must be able to pick up at JFS Kearny Mesa Office

diaperbank@jfssd.org

The Corner Market

The Corner Market resembles a small grocery store where shoppers self-select nutritious foods free of charge based on family size and need. It offers a wide selection of grocery items and produce, including fresh fruits and vegetables, meats and dairy, prepared meals, hygiene, baby items, and even pet food when available.

Shoppers are able to order online for curbside pick or schedule an appointment to shop in-person 5 days a week.

CalFresh Assistance: CalFresh@jfssd.org

Our trained staff can answer your question and help you apply or recertify for benefits.



Immigration

Legal assistance and support for immigrants and their families.

The immigration journey is different for everyone, and applications and petitions can be complicated. From answering questions about legal status to translating and submitting paperwork, to assisting with removal defense, we offer clear information and free or low-cost legal assistance for immigrants and their families.

Make an Appointment:

- Call (858) 637-3365, or email us at immigration@jfssd.org

Higher Education Legal Services

Higher Education Legal Services (HELS) provides FREE immigration legal services to students, staff, and faculty at San Diego and Imperial Counties community and state colleges. Highly qualified legal practitioners provide culturally competent, trauma-informed, reliable expertise to the campus community. Virtual and in-person appointments are available.

Services include:

- Consultations, DACA applications, Citizenship, Family-based immigration, Know Your Rights, Advance Parole, Removal Defense, and more!

For more information about the HELS program, call (858) 637-3345 or email helsimmigration@jfssd.org.

For more information about our services please visit our website:
www.jfssd.org



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