



San Diego HIV Planning Group
Priority Setting and Resource Allocation Committee



2023 Key Data Findings

**SAN DIEGO COUNTY MENTAL HEALTH AND SUBSTANCE USE
TREATMENT SERVICES WITH A PARTICULAR FOCUS ON
HIV/PLWH/LGBTQ COMPETENCIES**

Approved July 20, 2023

The following is a list of some of the **non-Ryan White** mental health and substance use treatment service providers in San Diego County (SDC). Some of the providers on this list also receive Ryan White funds for services and may provide services using non-Ryan White funds as well.

In addition to the programs listed below, all programs operated by, or contracted through the COUNTY OF SAN DIEGO'S BEHAVIOR HEALTH SERVICES (BHS) are required to provide services and supports that respect diverse beliefs, identities, cultures, preference, and represent linguistic diversity of those served. Programs are responsible for evaluating the need for culturally/linguistically specialized services and linking individuals with those services or making appropriate referrals.
(See attachment on County Behavior Health Services)

1. FAMILY HEALTH CENTERS OF SAN DIEGO INC. SOLUTIONS FOR RECOVERY

Address: 4094 4th Ave. San Diego, CA 92103 (Hillcrest location providing LGBTQ-focused services), phone: 619-515-2300, website www.fhcsd.org/lgbt-services

- Outpatient alcohol and other drug treatment, recovery, ancillary, and supportive services for individuals who identify as lesbian, gay, bisexual, transgender, or questioning/queer (LGBTQ). Additional special early intervention case work is also provided for clients who voluntarily disclose that they are HIV positive.

2. SAN YSIDRO HEALTH (SYH):

Address: CASA 3045 Beyer Blvd., Suite D-101, San Diego, CA 92154, phone: (619) 662-4161

Address: Our Place 286 Euclid Ave., Suite 309, San Diego, CA 92114, phone:(619) 527-7390, Website: <https://www.syhealth.org/lgbtq>

- San Ysidro Health offers an array of support and clinical services for people who identify as LGBTQ+, people living with HIV, and people who use substances. Services include patient navigation, case management, counseling, primary care, gender-affirming care, and medication-assisted treatment for substance use disorders.

3. THE SAN DIEGO LESBIAN GAY BISEXUAL TRANSGENDER (LGBT) COMMUNITY CENTER:
Address: 3909 Centre St, San Diego, CA 92103, phone: (619) 692-2077,
Website: [The San Diego LGBT Community Center \(thecentersd.org\)](http://thecentersd.org)
 - Non-Ryan White (RW) mental health and substance use relapse prevention services (support group) at the main site (Central) and two youth centers (Central and South). They also have two new grants (SAMHSA and Sierra Health Foundation) to address stigma related to opioid and stimulant use in the LGBTQ community and substance misuse prevention in the LGBTQ community.

4. SAN DIEGO YOUTH SERVICES OUR SAFE PLACE:
Address: 3255 Wing Street San Diego, CA 92110, phone: 619-221-8600,
website: www.sdyouthservices.org
 - Individual/group/family services provided at schools, home, drop-in center, or office/clinic location. Utilizing a team approach that when indicated offers case management, family, or youth partner support, and/or co-occurring substance treatment. Supportive services at 4 drop-in centers. Our Safe Place provides necessary mental health services and drop-in centers for LGBTQ+ youth up to age 21 and their families.

5. YMCA YOUTH AND FAMILY SERVICES: OUR SAFE PLACE NORTH:
Address: 1050 N Broadway, Escondido CA, 92026, phone: (760) 271 – 4855
Hours: Monday - Friday, 2:00 - 6:00pm and Saturday - Sunday, 4:00 - 8:00pm.
A certified outpatient behavioral health program that provides a welcoming and supportive environment for LGBTQ+ youth, ages 12-21, and their families. Services include support groups for youth and family members, case management, mentorship, community outreach, training, skill development, and educational workshops. We also have opportunities for experienced individuals to work as Connection Coaches and Support Specialists. Services include:
 - Individual and group psychotherapy
 - Psychiatric services
 - Case management for children, adolescents, young adults, and their families and guardiansOur Safe Place has five drop-in centers located throughout San Diego County, two of which are operated by the [YMCA TAY Academy](http://ymcayayacademy.org). Centers are open midday during the week and some hours during the weekend, with extended evening and holiday hours.

6. SOUTH BAY COMMUNITY SERVICES (SBCS) Trolley Trestle Youth Hub
Address: 746 Ada Street, Chula Vista, CA 91911, phone: 619-628-2444
Website: <https://sbcssandiego.org/our-safe-place/>
Email: OurSafePlace@csbcs.org Instagram: [@sbcs.ospsouth](https://www.instagram.com/sbcs.ospsouth)

7. VISTA COMMUNITY CLINIC (VCC):
Address: 1000 Vale Terrace Dr Vista Ca 92084, phone: (760)631-5000 HIV
Clinical Manager - Teresa Gomez ext.7194
Website: <https://www.vistacommunityclinic.org/>
 - VCC – Valuable Connected Care: Meeting the health and wellness needs of our community.

8. UNIVERSITY OF CALIFORNIA, SAN DIEGO (UCSD): OWEN CLINIC
Address: 4168 Front St 3rd Floor, San Diego, CA 92103, phone: 619-543-3995,
Website: [HIV Care | Owen Clinic | UC San Diego Health \(ucsd.edu\)](https://www.ucsd.edu/health/hiv-care-owen-clinic)
 - At the Owen Clinic, care is led by doctors and nurses with expertise in HIV care; the Owen Clinic also offers on-site substance use disorder counseling and has a part time psychologist, co-occurring conditions support groups twice a week and psychiatry support.

9. STEPPING STONE OF SAN DIEGO INC. STEPPING STONE OF SAN DIEGO
Address: 3767 Central Avenue San Diego, CA 92105, phone: 619-278-0777,
website: <https://steppingstonesd.org/>
 - State DHCS-licensed residential alcohol and other drug (AOD) treatment, recovery, case management, MH counseling for adults (18+) with alcohol and other drug-induced problems. Stepping Stone has been serving the LGBTQ community since 1976.

10. CHOICES IN RECOVERY:
Address: 733 S Santa Fe Ave, Vista, CA 92083, phone: (760) 945-5290, website:
[Choices in Recovery \(choicesinrecoveryvista.org\)](https://www.choicesinrecoveryvista.org/)
 - Has a residential placement for men living with HIV in North County. Residential treatment, long term and outpatient treatment, Case manager assigned through the county of San Diego for PLWHIV.

11. SUBSTANCE USE DISORDER INTENSIVE OUTPATIENT MCALISTER INSTITUTE FOR TREATMENT AND EDUCATION (MITE) - NORTH CENTRAL TEEN RECOVERY CENTER (TRC)
Address: 7625 Mesa College Drive, Ste. 115b, San Diego, CA 92111, phone: 858-277-4633, website: [www.mcalisterinc.org/ programs/](http://www.mcalisterinc.org/programs/)
 - Provides outpatient substance abuse treatment and education to adolescents between the ages of 12-17. Offers individual counseling, family counseling, family groups, random drug testing, and education classes consisting of life skills, relapse prevention, goal setting, crisis intervention, conflict resolution for teens, introduction to recovery, health, recovery issues, employment preparation, HIV/AIDS, and nutrition.