

Needs, Approaches and Gaps for Women Living with HIV in San Diego County




**MOTHER CHILD
ADOLESCENT
HIV PROGRAM**

HIV PLANNING GROUP 09.25.2024



Topics We Will Be Discussing:

- Demographics & Overarching needs of women with HIV
 - Description of challenges/barriers to care
 - Emergent needs
 - Community responsiveness models of two organizations that address barriers through their models of care
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CA and SD County HIV Statistics

- In 2019, there were 4,396 new HIV diagnoses in California. 15% were among women (12% cisgender and 3% transgender women).
- Black and Latinx women are disproportionately impacted by HIV in California.
- Women age 25-34 had the largest proportion of new HIV diagnoses among women in California.*
- In San Diego County, the proportion of women diagnosed with HIV has increased from 10% to approximately 13.8% from 2019-2023.
- North Inland, Central, and East regions in San Diego County have the highest proportion of new HIV diagnoses among women.
- 75.1% of women living with HIV are in care (evidenced by at least one CD4/VL lab in the last year.**)

**HIV and Women Infographic - www.cdph.ca.gov*

***Key Data Findings and 2023 Epidemiological Report, PSRAC meeting May 9, 2024*



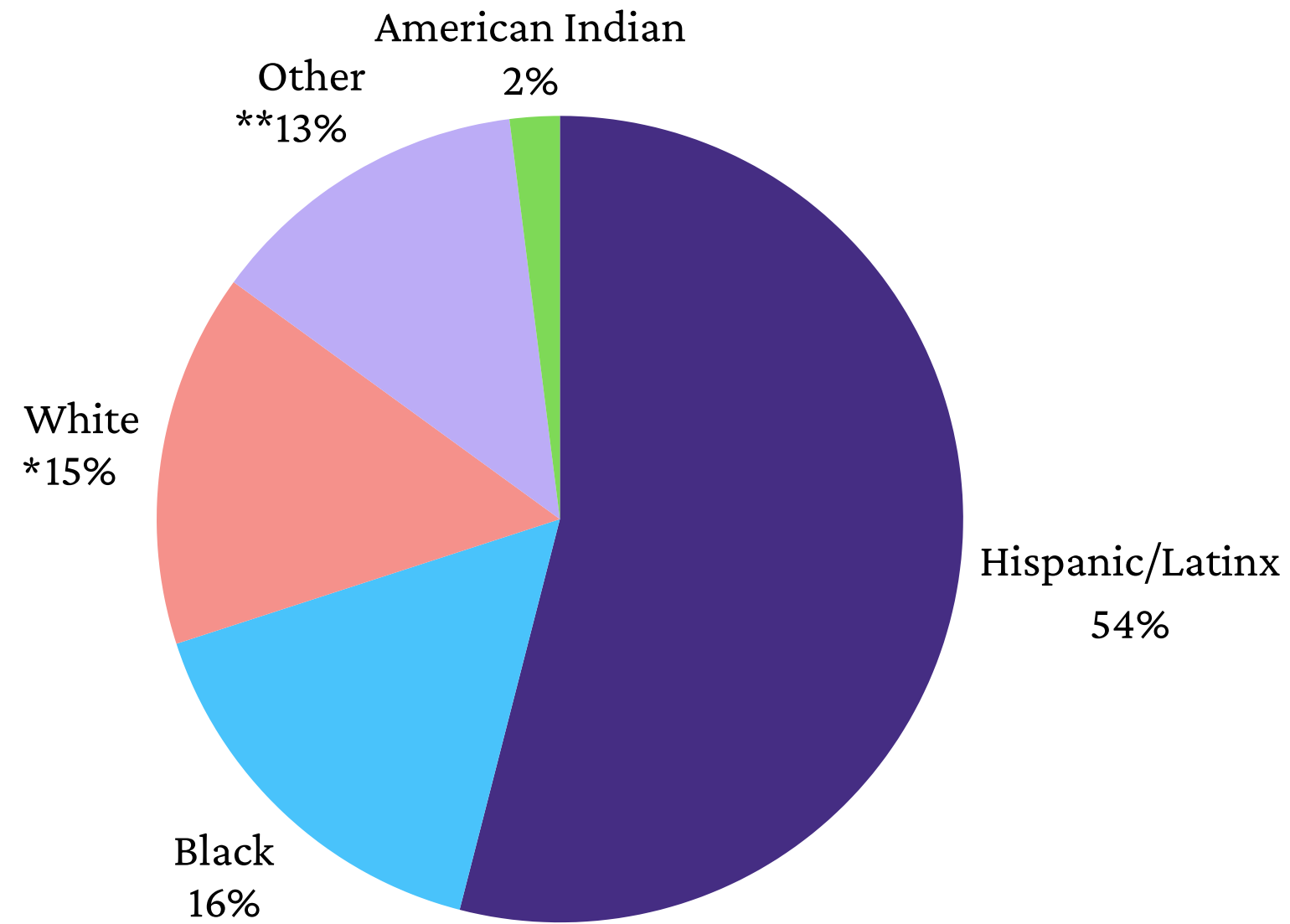
Model of Care Community-Based Home



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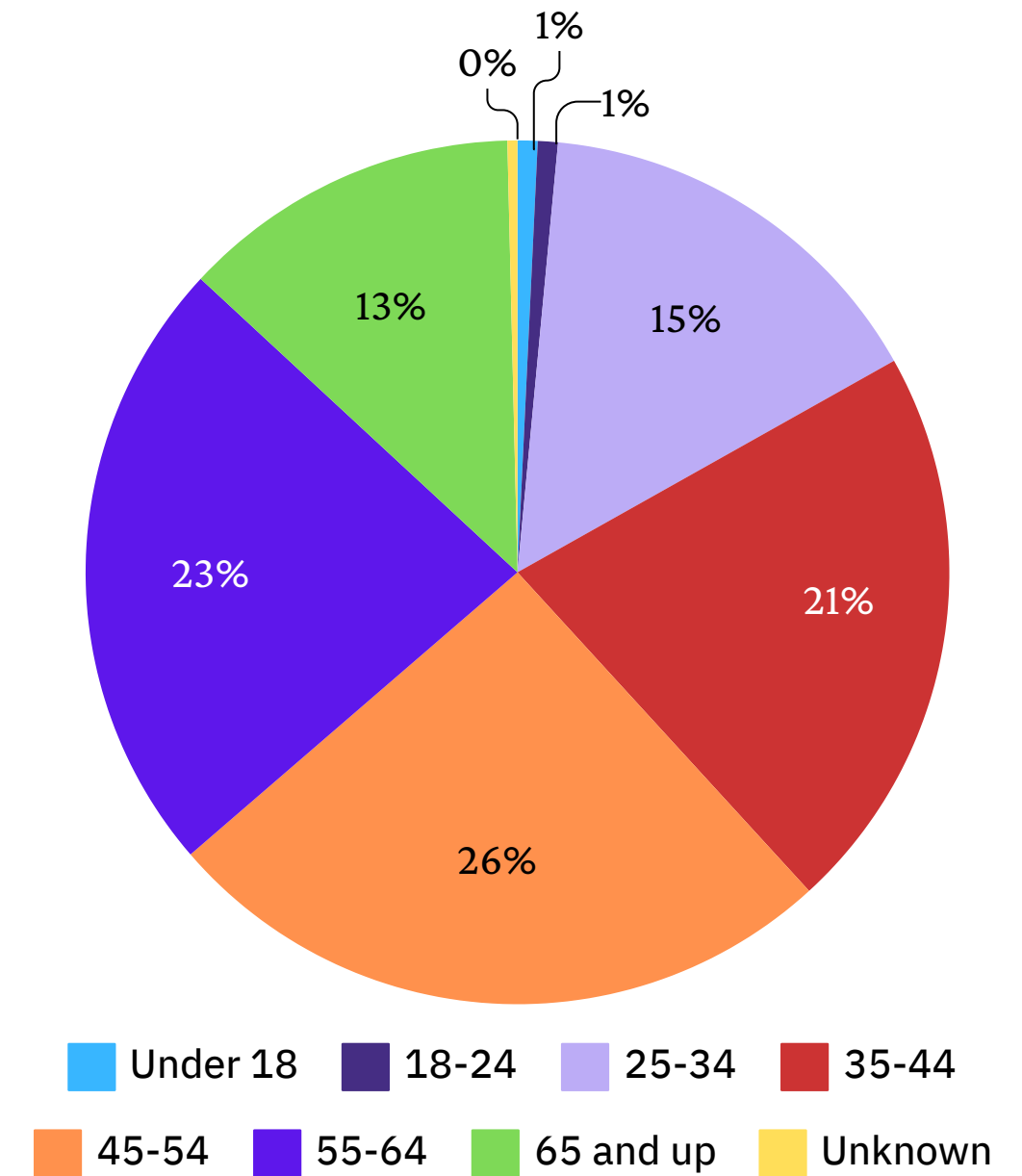
Demographics

Race and Ethnicity



*45% of clients identified as White, regardless of ethnicity
 **19% of clients identified as Other, regardless of ethnicity

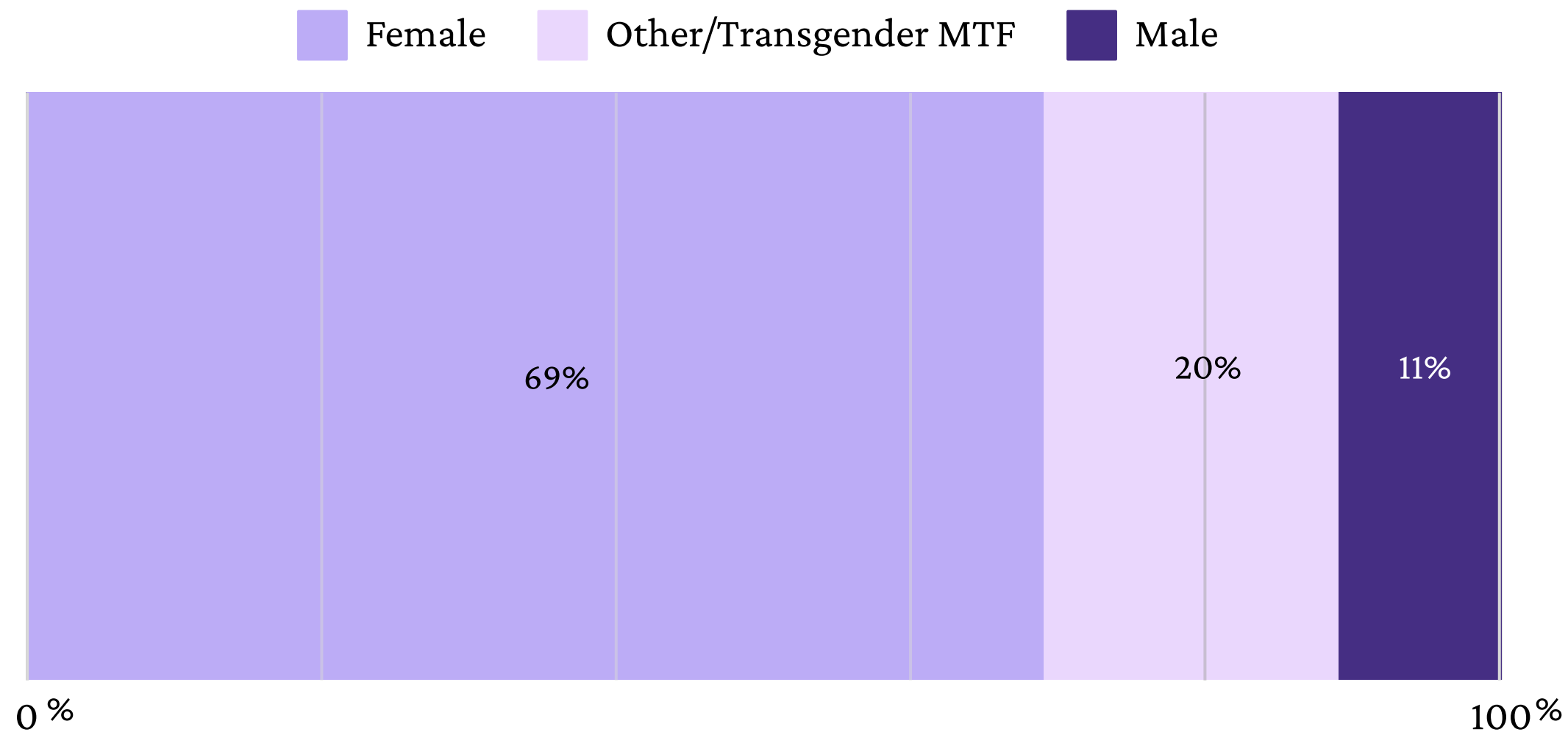
Age Ranges of Clients



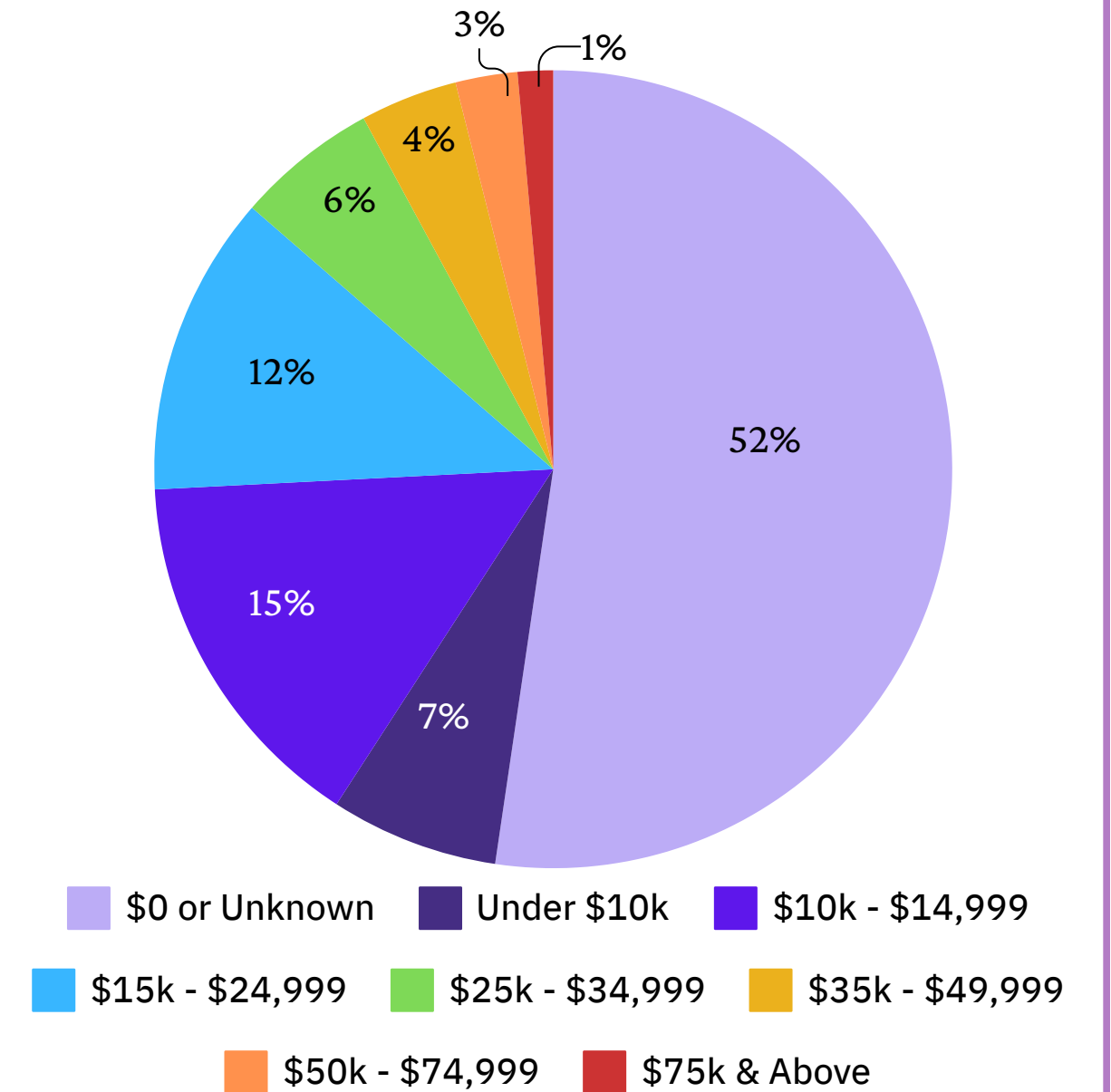
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Demographics

Sex and/or Gender



Income Levels

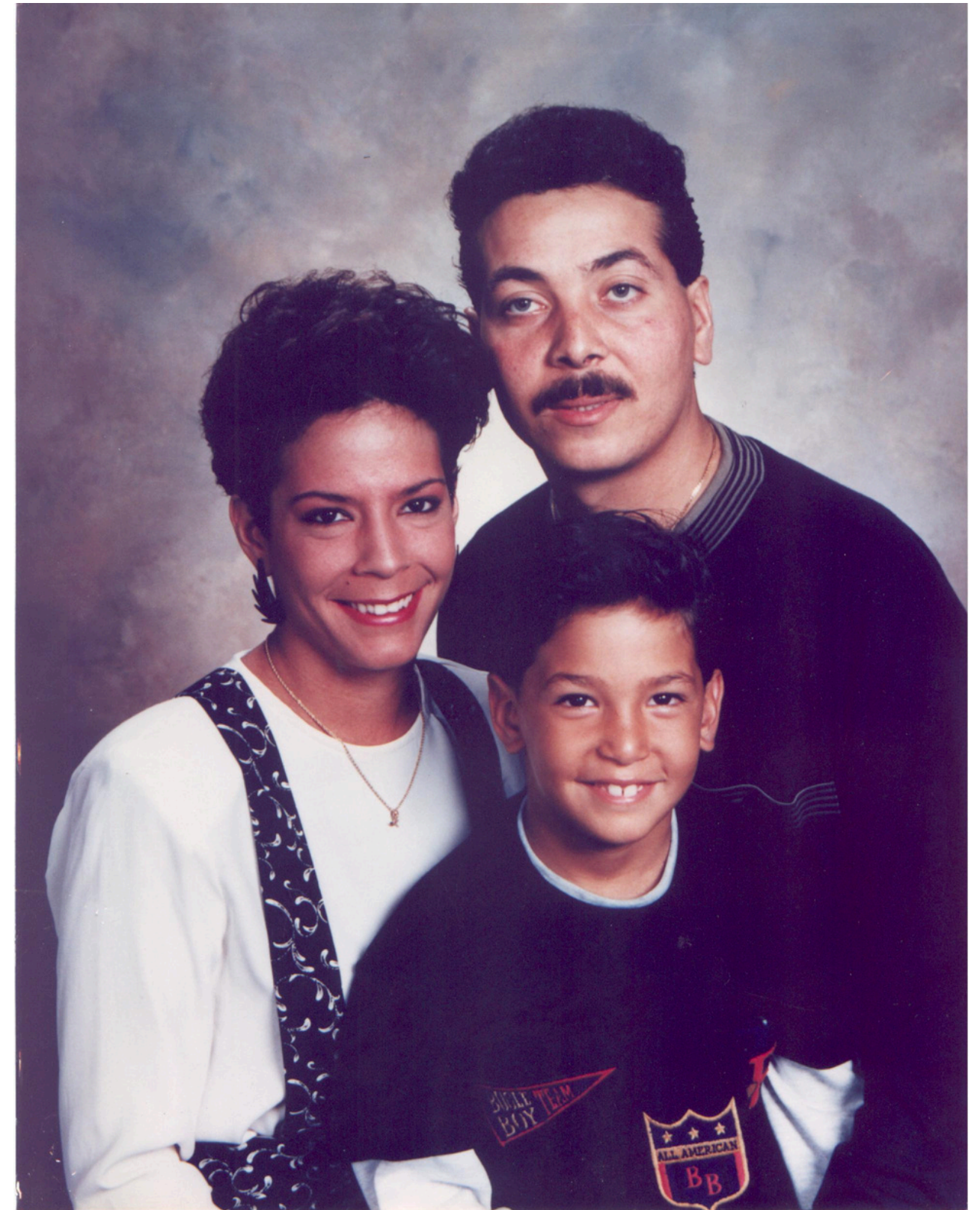


Rooted in a social justice framework

Christie's Place is a leading non-profit HIV service organization in San Diego, CA, that provides comprehensive HIV/AIDS education, support & advocacy.

Our Mission

Empower women, children, families, and individuals impacted by HIV/AIDS to take charge of their health and wellness.





Challenges & Barriers

Barriers and Needs of WLLWH



- Housing
- Therapy and support groups
- Transportation
- Childcare
- Language barriers
- Isolation
- Stigma/Internalized stigma

New and Emergent Needs



**Peer
Navigation**



**Chest
Feeding
Support**



**Empowerment
& Leadership**



**New Sub-
Populations**

Thinking of *Solutions*

- **Address immediate needs in ways that preserve dignity:** provide information, access, and/or referrals to housing, transportation, childcare, food/clothing, etc.
- **Be rooted in trauma-informed care:** understand that many women have experience trauma that has prevented them from successfully achieving health. Integrate TIC practices in all levels of care.



Thinking of *Solutions*

- **Address stigma and isolation:** Continue involving women in support groups, educational presentations, and shared social experiences. Allow them to learn from one another.
- **Provide whole-person care:** Women's health go beyond HIV. Address emerging health needs and consider population-based healthcare.



Continuing to Share Stories

Connection · Advocacy · Healing · Education

The collection of stories in *Healing Hope* come from the resilience, courage, and generosity of the women living with HIV who shared their journeys. The act of storytelling improves the community two-fold: the storyteller heals from sharing their experience to a willing and empathetic audience, and the story receiver expands their perspective about the human experience. Both internal and external stigma is reduced from this brave act.



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Christie's Place

Thank you!

Contact information:

Rhea Van Brocklin

Executive Director, CP
rvanbrocklin@christiesplace.org

Karen Deutsch

Nurse Practitioner, MCAP
kgdeutsch@health.ucsd.edu

Martha Robles

Peer Navigator Coordinator, CP
robles@christiesplace.org

Kelsie Nuno

Medical Case Manager, MCAP
knuno@health.ucsd.edu