

Tuberculosis

WHAT TO EXPECT



HOME VISIT

Once Tuberculosis (TB) is suspected, a Public Health team will visit you at home within a week. They will make sure you understand the process, your treatment plan, and the role of the Public Health Services TB Control staff.



DIRECTLY OBSERVED THERAPY (DOT)

Your nurse case manager will coordinate with a member of the Public Health team to meet with you daily to observe you taking your medication. This is to make sure you take the medication properly, are not experiencing side effects, and reduces chances of the drug not working (drug resistance).



SEEING YOUR DOCTOR

It is important to see your doctor monthly at the beginning of treatment.
Bring all your medicines to your doctor visits.



GETTING OTHERS TESTED

TB can infect others, so the people you spend time around will need to be tested for TB. Protect your family and friends by encouraging them to get tested. We will maintain your privacy and offer free TB testing to your contacts.



RESOURCES

More specific information about TB treatment and contact testing can be found in the patient information packet. Your case manager or the TB Control staff can answer additional questions.

TB Clinic: 619-692-5565 | Website: www.sandiegoTBcontrol.org