

**COUNTY OF SAN DIEGO
HEALTH AND HUMAN SERVICES AGENCY
COMMUNITY ACTION BOARD (CAB)**

MEETING NOTICE: In Person

**Seville Plaza
5469 Kearny Villa Road, San Diego, CA 92123
Third Floor - Conference Room 3700**

MEETING MINUTES

May 25, 2023 – 3:30 p.m. to 5:00 p.m.

Members Present

Hilary Ward
Keith Esshaki
Jeannine Nash

Parina Parikh
Oscar Medina

Excused

Oscar Medina

Staff

Deanna Zotalis-Ferreira, Chief,
CAP
Jocelyn Salamat, Admin Analyst,
CAP
Deo Akena, Manager, CAP
Erik Aguilar, OSS, OEqC

Absent

Erik Bruvold

Guests

Matt Brown

1. **Call to Order:** Meeting called to order by Jeannine Nash at 3:37 pm.
2. **Roll Call:** 4 members were present; quorum was **Achieved**
3. **Acceptance of Agenda:** Hilary Ward motioned to accept agenda; Jeannine Nash seconded. Motioned passed.
4. **Approval of Minutes:** Keith Esshaki motion to accept April 13th, 2023 minutes, Hilary Ward seconded. Motioned passed.
5. **Public Comments:** No Public Comments
6. **Information Item: Vacancy Report**
Currently, there are **9** vacancies.
 - Public Sector - Seat 1
 - Public Sector - Seat 3
 - Public Sector - Seat 4
 - Private Sector - Seat 8
 - Private Sector - Seat 14, in process of being appointed
 - Private Sector - Seat 15

- Economically Disadvantaged Sector - Seat 12 – Central Region
- Economically Disadvantaged Sector - Seat 6 – East Region, in process of being appointed
- Economically Disadvantaged Sector - Seat 10 – South Region

CAB members and OEqC Regional Community Coordinators (RCCs) were encouraged to continue outreach efforts to fill the vacancies.

Follow up to see if Maurice's application, turned in 5/24/23 – per Jeannine Nash.

7. Discussion Item: CAB Nominating Committee and CAB Vice Chair Position (Jeannine Nash)

Interview for Tara – Erik Aguilar will set up interview with Hilary Ward and Parina Parikh.

Vice Chair position tabled for next meeting on June 8th, 2023.

8. Action Item: CAB Nominating Committee and CAB Vice-Chair Position

No action needed or taken.

9. Discussion Item: CAB Contact Information

CAB members confirmed contact information is up to date.

10. Information Item: Homeless Solutions Presentation (Matt Brown)

Jeannine Nash asked how we can get outreach teams to provide services to unincorporated areas of San Diego. Matt Brown stated Sheriff's Homeless Assistance Resource Team (HART) team does outreach to unincorporated areas of San Diego to provide resources.

Hilary Ward stated resident in North (Butterfield) requesting aid for SSI and Legal Aid. Most important point is to have the individual plugged in to Matt Brown's team, and they will take it from there.

Jeannine stated she has the housing for the homelessness issue; she just needs the funds/money (HDAP).

Hilary Ward stated AT&T is the only service provider in Butterfield.

Piot prevention program launched this year. Shallow Rental Subsidy for Seniors designed to keep people in their placements as they are being pushed out by rental increase. Designed for seniors at risk of becoming homeless.

OHS overtook program in partnership with Adult Protective Services (APS) Program. HomeSafe Program – OHS is taking these clients in partnership with Interfaith to provide assistance payments - including rental, hotel, and food.

Regional Homeless Assistance Program – County voucher program. Designed for the unincorporated areas providing housing and supports, including exit supports.

Sub population type programs –

- House Our Youth Program
- Eviction Prevention Program
- DV Shelter
- Community Care Coordination – C3; for people who have mental illness, veterans, straight to home, physical problems, and justice involved.

Caption Emergency Housing Program – \$10 million for jurisdictions to apply for capitol money on existing programs to speed up housing programs and get them online. 6 cities were awarded for 9 separate projects bringing 372 new beds to the County - included Carlsbad, Vista, Oceanside, etc.

11. Discussion Item: Review Final 2024-2025 CAP Plan with Needs Assessment

Includes the analysis where we looked at all the community needs and current programs used to address the needs along with recommendations for enhancements to programs where available.

Also includes the public hearing notice. 30 people present for public hearing. Cap Plan provides public hearing comments verbatim.

Affordable Connectivity Grant Program - CAP was approved \$500,000 for internet outreach program. Purpose is to provide low-income families with a low-cost internet.

CAP will continue to look for funding opportunities to meet community needs.

12. Action Item: Accept Final 2024-2025 CAP Plan with Needs Assessment

Jeannine Nash motioned to accept the 2024-2025 Community Action Plan, Hilary Ward seconded. Motioned passed.

13. Discussion Item: CAP Mission Statement and Strategic Planning

Will table for when Karen Lenyoun and Malik Thornton join. Deanna Zotalis-Ferreira mentioned doing an Advisory Board retreat for this purpose - needs to be some sometime in July.

14. Discussion Item: Mandatory Ethics Training Reminder

Deanna Zotalis-Ferreira reminded Jeannine Nash and Keith Esshaki of their Ethics training renewal and agreed to complete.

15. Director's Update: Provided by Deo Akena

PROGRAM UPDATES

Community Action Board Meeting May 25, 2023

- CAP Program Summary 2022 – Attachment
- The Resident Leadership Academy (RLA) Coordination program, administered by Community Health Improvement Partners (CHIP) led several activities in April 2023:

- 4/13/2023 Coordinated and distributed stipend payments for RLA Network CIP in the amount of \$11,000
 - Awardees: Casa Familiar, Community Housing Works, Mountain View Rec Group, The Urban Collaborative Project, and Bayside Community Center
- **Communities in Action (CinA) – Resident Leadership Academy Updates**
 - Home Start, Inc:
 - An Action Plan proposal was reviewed and approved for Cohort #2.
 - Three RLA trainings were held April. There are 8 participants that are extremely engaged in the trainings.
 - International Rescue Committee:
 - The RLA Coordinator attended the Council meeting to learn from partner organizations and to discuss updates of the International Rescue Committee's RLA Program.
 - 10 participants continue to be a part of the first cohort of 2023. The group is working in collaboration with the RLA facilitator to determine the topic and type of community improvement project that they will select to make an impact in East County.
 - Jewish Family Services of San Diego:
 - Bayside launched its 16th RLA Cohort on April 10th. Classes were held on April 10th, April 17th, and April 24th.
 - 8 students started the program, and all are Spanish speaking Linda Vista residents.
 - Had the following Guest speakers: May 1st (*Yeni Palomino, CHIP*), May 8th (*Beatrice Lomer, County HHSA*), and Amy Zink and Tomasa Velediaz (*Bayside*).
 - Students have expressed concerns about and interest in addressing the following in Linda Vista: neighborhood safety, street safety, park improvements, and programs for youth.
 - There were three graduate meetings in April:
 - *The first was the Linda Vista Grows Steering Committee meeting on 04/04/23 hosted hybrid style at Bayside and on Zoom with four (4) attendees, including a combination of two (2) RLA graduates, two (2) Bayside staff, and one (1) community member. The committee discussed plans to promote the LV Community Garden at the upcoming LV Multicultural Fair and Parade on 04/29/23, what activities the group will host at the LV Grows tent and plans for upcoming Garden Gatherings. These gatherings are intended to promote the garden, stoke public interest, and bring community members into the fold before the garden is built. A second LV Grows meeting was held 04/18/23.*
 - *The third meeting was the Linda Vista Leaders in Action meeting on 04/21/23 at Bayside with eighteen (18) attendees, including three (3) Bayside staff, two (2) of whom are also RLA graduates. The meeting started at Bayside where we discussed CIPs and planned for that day's walking tour. Then, the group departed and reconvened at the Linda Vista Community Park where we met with representatives from San Diego Foundation, USD's EPIC, County Action Partnership, and Kate Sessions Promise. The Leaders led the walking tour, first showcasing where the LV Community Garden will be built and then walking along Genesee Avenue to highlight the need for trees and sidewalks. This tour is a big step towards advancing the regional decarbonization framework initiative from February's and March's meetings, and discussions about the ongoing CIPs. It was a huge success.*

- *Bayside received \$2,200 from Community Health Improvement Partners to fund tree planting in Linda Vista*
- Success story from April per the contractor:
 - *The success in April was the kickoff of the 16th RLA Cohort! We have seven committed members who are excited to see the program through. They are participatory and engaged, eager to learn how to improve their community. The coolest moment in the first three classes, though, was seeing several students step up out the gate to support their other classmates and encourage them to participate. This cohort is extremely diverse in educational backgrounds and lived experiences, ranging from a doctorate in engineering from Mexico to an illiterate day laborer. They are working through the dense curriculum and conversations together and it is beautiful to witness. We are excited to see how this group continues to evolve and grow together throughout the cohort. BUT we have to mention one other success! The Linda Vista Multicultural Fair was held on 04/29/23 and our Leaders in Action were out in full swing. The Linda Vista Grows Steering Committee walked in the parade and had a booth set up to inform the community about the upcoming garden, do hands on arts activities, and sign people up to stay involved. This was held not one week after Earth Day at the Linda Vista Farmers Market*
- Interfaith Community Services:
 - Juniper CIP: RLA graduates have conducted the car and pedestrian counts for drop-off and pick-up time, on April 18th. They are waiting on the response on the timeline for the construction that will be affecting school traffic at the end of May.
 - Manzanita CIP: Had their last Graduate meeting at Manzanita. They had CHW and apartment management lead the meeting and go over the results of the Safety Survey done last year by the RLA graduates. CHW and property management will continue to work with the RLA graduates to continue making improvements to their community.
 - Three RLA graduate meetings were held in April:
 - On April 18th the Juniper RLA met to conduct the car and pedestrian counts.
 - On April 26th the Juniper RLA met discuss the results of the counts and to talk about any other concerns they had regarding construction.
 - On April 25th the Manzanita RLA met to discuss the results of the Safety Survey done last year.
- North County Lifeline, Inc:
 - Began RLA training with the first cohort of the year. There are 12 youths who are actively engaged in this RLA training.
 - During the month of April NCL held their Dia Del Nino Event. Over 250 residents were invited for a free family event that provided games treats and activities for all the kids that resided around the crown heights community.
 - One RLA graduate meeting was held on April 19th to plan for their Dia Del Nino event.
- SBCS:
 - On April 14th RLA-4 presented Graduation Coach to Loma Verde Elementary parents.
 - On April 19th one RLA graduate/ Vice Chairperson of the City of SD Parks and Recreations group. Attended the monthly meeting and discussed improvements for Montgomery Waller Park.
 - On April 29th one RLA graduated, and five more volunteers continue with the cleaning of Castle Park Elementary Garden.
 - There were 9 RLA graduate meetings in April:
 - April 6 – 4 RLA graduates attended AHL COVID-19 and Myths training orientation.

- April 12 – 4 RLA graduates attended 1 of 2 training classes, group 1, AHL COVID-19 and Myths. They learned about social determinants of health, how vaccine works, types of vaccine and myths of vaccines.
- April 13 – 7 RLA graduates attended 2/2 training where they gave the opportunity to ask experts on the subject some of the myths they have heard in the community.
- April 13 – 15 RLA graduates attended the monthly Comunidad Unida meeting. Participants received current information on COVID 19 sites and vaccines from County of SD HHS staff. Also, Griselda Ramirez from Supervisor Nora Vargas office attended the meeting. Participants received updated information on the Chula Vista Harborside Park.
- April 18 – 9 RLA graduates attended AHL COVID-19 and Myths training classes, group 2, AHL COVID-19, and Myths. They learned about social determinants of health, how vaccine works, types of vaccine and myths or vaccines.
- April 20 – 6 RLA graduates attended 2/2 training where they gave the opportunity to ask experts on the subject some of the myths they have heard in the community.
- April 22 – 7 RLA graduates participated in promoting Neighbor Day and helping with kids activity at Day of the Child at Chula Vista.
- April 29 – 5 RLA graduates attended the Chula Vista Community Building Roundtable where they participated in the needs of the city of Chula Vista. The city is building a roadmap that enriches community experiences by promoting our diversity.
- April 30 – 1 RLA graduate attended Day of the Child at Montgomery Waller Park and asked the community for support signing a petition to ask the county for funding to improve the park.
- Success story April:
 - Cohort 4 is very exciting and motivating, they had their first in-person Graduation Coach workshop with parents at Loma Verde elementary since the pandemic. The purpose of these workshops is to inform, inspire, and empower engaged parents to become mentors and motivate students to complete high school successfully and pursue a career. This cohort is working on scheduling more presentations at different schools within Chula Vista. 15 RLAs graduates from different cohorts participated in the COVID-19 barriers and myths training. The purpose of this training is to clarify any doubts or myths that they have toward the virus or vaccine.
- The **Gang Prevention and Community Response** program in the North Inland Region, administered by Escondido Education COMPACT completed 8 enrollments and hosted **1 mentor-hosted meeting** discussing Coping Through Difficult Times. As follow-up there were 49 participant engagements that occurred with the mentees. Lastly there were **2** successful program completions during the month of April 2023.
- In April 2023, there were **6** enrollments in the **Strive 4 Success program** administered by North County Lifeline attended individual mentoring and counseling sessions to work on/discuss personal issues that they may be struggling with, providing a more intensive approach than in their regular case management sessions.

- The **Keep'em Safe program** (car seat safety), administered by Pacific Safety Center hosted **9** Car Seat Safety presentations and **5** Checkup Events in the month of April 2023. These events are held in the community at traffic safety fairs and during safety education presentations for parents and caregivers. The purpose of these events is to support equitable and thriving communities through traffic safety education.
- **EITC**, administered by **Dreams for Change** has started preparations for the 2023 tax season. EITC post cards, flyers, door hangers have been received from United Way have been distributed to the FRC's, OIRA and CHET Team. DfC has hosted 1 outreach event during the month of April 2023.
- **Project MOST**, administered by **RISE San Diego**, in conjunction with their subcontractor **The Prep Institute**, provided **398** hours of technical assistance during their contract support and business development technical assistance lab for the period July 1, 2022, through December 31, 2022. This contract ended on December 31, 2022. CAP is working with DPC on a new RFP to have a new contract awarded by 7/1/2023.
- **Circulate San Diego's Walk 'n Roll** program. The previous contract ended on September 30, 2022. A new two-year contract was awarded October 7, 2022. This new contract extends through September 30, 2024. The Walk n' Roll program is funded through the Office of Traffic Safety (OTS) have the following outcomes achieved in December 2022:
 - CAP applied for and was awarded \$125,000 grant from OTS. This grant will fund the WalkNRoll contract for October 1, 2023 through September 31, 2024.
 - April 2023:
 - Participated in two traffic safety fairs and/or community events
 - Conducted two community presentations on pedestrian, bicycle and/or scooter safety
 - Coordinated a stakeholder meeting on the topic of 2023 Transportation Legislation with 13 people in attendance
- The **National Conflict Resolution Center (NCRC)** continues to administer the following trainings and community services:
 - The **Alternate Dispute Resolution (ADR)** provided a total of **1427** services from July 1, 2022 through April 30, 2023 – 1043 community targeted services and 384 court/small claims services.
 - 1427 Total services provided for Fiscal Year 22-23.
 - The most utilized disputes countywide were neighborhood/neighbors (756), landlord/tenant (194), Contractor/Client (100), and consumer/merchant (71).
 - Five (5) outreach presentations were conducted in March and April 2023 bringing the total to twenty-one (21) outreach presentations for July 1, 2022, through April 30, 2023.
- The **Live Well Exchange** program engaged a total of **26** participants for the period March 1, 2023 – April 30, 2023 through 1 Live Well culture, communication and conflict courses.
 - Highlights include:
 - **March 2023:** La Jolla Business Improvement District Group Volunteers participated in the ART of Inclusive Communication Training as part of a larger effort amongst the Business Improvement District groups across San Diego to make their business, community and storefronts more inclusive to diverse community members (26 participants).

- **127 additional** participants attended thirteen (13) **COVID recovery and response** specific Live Well Exchange trainings between March 1, 2023 through April 30, 2023.
 - Highlights include:
 - **7 The Exchange program trainings, 4 restorative circles, and 1 bystander challenge**
- The **Work Readiness Exchange (WRE)** for refugees had 74 participants complete 18 hours of trainings between March 1, 2023 through April 30, 2023. Highlights include:
 - 1 Work Readiness Exchange Trainings
 - 3 Advanced Work Readiness Exchange Training
 - 0 Art of Inclusive Communication
 - 1 Balancing Parenting and Work in the US training session
 - 2 Climbing the Career Ladder Trainings (the newest course offered for WRE)
- The **Landlord Education Program** for refugees will focus on educating housing professionals about the benefits of renting to Afghan refugees, as well as provide relevant information to remove barriers to understanding the immigrant community and promote inclusive cross-cultural communication skills. The goal is to create successful renting relationships that lead to stable housing for refugees in the community.
 - As of 4/14/2023 the project was be implemented by the National Conflict Resolution Center (NCRC). The Office of Immigrant and Refugee Affairs (OIRA) added \$243,310 in funding from the Afghanistan Supplemental Appropriations Act to the existing LWE contract for the contract term option year 3 (April 2023-Dec 2023) and option year 4 (Jan 2024-Dec 2025).
 - April 2023 Highlights include:
 - Community Assessment was designed in eight different formats including verbal scripts, online surveys and professionally translated into Dari and Pashto for the refugee surveys, five (5) online survey designs total.
 - Fifteen (15) Afghan refugees participated in three (3) focus groups and provided survey responses.
 - Conducted four (4) one-on-one interviews with housing professionals
 - Held two (2) focus groups with refugee resettlement and refugee serving organizations, total of 14 participants.
 - A total of 27 people participated in online surveys.
- The **Community Health Worker (CHW) Pilot Training Program**, with Vista Community Clinic (VCC), closed on 12/31/22. VCC, along with Arboreta Group and Consulting Solutions, produced the CHW Academy Curriculum that will be used to train 300 CHWs across San Diego County. The curriculum is currently being translated into Spanish.
- The **Community Health Worker Training Program Implementation, Community Coalition Management, and Evaluation Services Program**, administered by **San Diego State University Research Foundation**, continues to build capacity for CHWs in communities countywide. Recent program highlights include:
 - CHW Academy, consisting of 50 hours of coursework: SDSU Research Foundation has completed 2 training cohorts as of April 1, 2023, with a total 30 CHW graduates. There are 29 participants currently attending cohort #3, the first one being done in Spanish.

- Continuing Education Seminars: The most recent seminar was held on May 24th and focused on food insecurity. The next seminar is scheduled for June 28th
- Community Coalition: This monthly meeting, led by the San Diego County Promotores Coalition, involves a collaborative discussion on CHW resources, events, and important public health trends and updates. The May meeting featured presentations on CalFresh Emergency Allotments and updates regarding Medi-Cal Coverage.

The **Community Health Worker Evaluation Services Program**, with Health Management Associates (HMA), started on 2/7/23. In collaboration with the County and SDSU Research Foundation, HMA has completed their Evaluation Plan that will be used to assess the effectiveness and efficiency of the Community Health Worker (CHW) training program. Specific evaluation findings will be used to:

- Showcase best practices specific to the CHW Academy.
 - Inform recommendations for effective training.
 - Assess if the curriculum can be generalized to diverse groups.
 - Assess flexibility to make necessary adaptations for different community groups and be an asset in the effort to achieve health equity and reduce health disparities across San Diego County.
- The **Community Needs Assessment Coordination** program, administered by Arboreta Group, LLC, successfully conducted surveys and community dialogues in each region that are being used to incorporate into the 2024-2025 Community Action Plan for San Diego County. The purpose of this program is to ensure CAP programs are meeting community needs in priority service areas and that the programs are not duplicating services already available in the community.
 - 1,266 community members countywide completed surveys and 188 community members participated in community dialogues
 - Here is a breakdown of participation by region:
 - North Coastal: 120 surveys completed, 13 community dialogue participants
 - North Inland: 156 surveys completed, 13 community dialogue participants
 - North Central: 176 surveys completed, 38 community dialogue participants
 - East: 173 surveys completed, 43 community dialogue participants
 - Central: 433 surveys completed, 48 community dialogue participants
 - South: 154 surveys completed, 33 community dialogue participants
 - Active Military and Seasonal Workers: 54 surveys completed
 - The link to the Community Needs Assessment report is here: [Community Needs Assessment Report](#)
 - Arboreta is currently conducting Follow-Up Presentations in each region to allow community groups, residents, and providers to both see the results and feedback from their communities and utilize the data for their own projects and programs.
 - As of 5/23, will have completed 5 of the 6 presentations. The date for North Coastal is TBD.

FISCAL UPDATES

- Staff completed and submitted two grant applications at the end of January 2023 for the Office of Traffic and Safety grants to continue the **Walk 'n Roll** program and the **Keep 'em Safe** program. Applications were due January 31, 2023.

Refugee Arrivals Report – See attached for FFY 22-23 data.

Parina Parikh suggested adding table with YTD goals for evaluating program performance. Like a performance metric, how do we know the efficacy of the dollar.

16. Chair's Update: Provided by Jeannine Nash

No update.

17. Adjournment - Next Meeting

Jeannine Nash made a motion to adjourn. Keith Esshaki seconded the motion. Motion carried. Meeting ended at 5:11pm. The next regular meeting will be on Thursday, June 8, 2023 at 3:30-5:00pm. Location: In Person.