

# MA JIRO SAF LA SUGAYO

## Codso CalFresh, Medi-Cal iyo/ama CalWORKs

Macluumaadka ugu yar ee  
loo baahan yahay in la  
gudbiyo codsiga waa:

- Magaca • Cinwaanka • Saxeexa

### Boosta ku dir ama Faqax ku dir

- Boosta ugu dir: **PO Box 939044**  
**San Diego, CA 92193**
- Gudbi codsiyada iyo  
Dhokumentiyada
- Fagas u dir: **619-236-9167**



### Telefoon ahaan ama Qof ahaan

- Soo wac **2-1-1**
  - Codso macluumaadka guud
- Xaga Xaruntaada Isha Qoyska  
ee maxaliga ah



## Ma u baahan tahay Gudbinta Dhokumentiga?

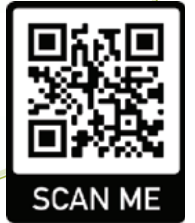
Isticmaal Kombuyuutarkaaga, Telefoonkaaga  
Moobilka ama Taableedka  
Booqo: [SanDiegoCounty.gov](http://SanDiegoCounty.gov)  
Geli LaterDocs qaybta baadhida



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### Onlayn ah

- Bogga [BenefitsCal.com](http://BenefitsCal.com)
  - Hubi heerka dheefahaaga, gudbi  
dhokumentiyada, warbixinaha iyo  
dib u cusboonaysiinta
- Si loo Codsado CalFresh oo Keliya:  
[GetCalFresh.org](http://GetCalFresh.org)



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Ma u baahan tahay  
Su'aal in Laga  
jawaabo?



**EBT Khadka tooska ah - 1-877-328-9677**

EBT Hadhaaga Kootada, Warbixinta kaadhka Lumay/La xaday,  
Beddelka Kaadhka La codsaday, Taariikhda Wax kala iibsiga

**Gaadhida Xarunta Adeega Macmiilka**

Isniin ilaa Jimce—7:00 Subaxnimo—5:00 Galabnimp

Hubi Heerka Codsigaaga, Dheefta, iyo Codsiga Macluumaadka

**Wicitaan bilaasha ah 1-866-262-9881**

**TDD (Maqalka liita): 7-1-1**

