



Idara Ogunsaju, Commissioner

Idara Ogunsaju is the founder of the Antorge Group, LLC a Change Management consulting and executive coaching practice with a focus on building confidence in women in the workplace.

Prior to launching The Antorge Group, Ms. Ogunsaju served in various roles in a career in healthcare that spanned more than 20 years. She led the Kaiser Permanente San Diego Region's Endocrinology, Gastroenterology, Neurology, and Rheumatology departments. She previously served as a consultant for the deployment of the Kaiser Permanente electronic medical record system. Her experience also includes academic research, private medical practice administration, and labor relations.



Ms. Ogunsaju is the author of *The Confidence Talk: I SAID SOAR*, a book about strategies for rebuilding professional and personal confidence.

Ms. Ogunsaju has a BSc in Physiological Science from the University of California, Los Angeles (UCLA), a Master's degree in Healthcare Administration from California State University, Los Angeles (CSULA), and Certifications in Change Management and Business Management from Cornell University and University of California San Diego (UCSD) respectively.

Ms. Ogunsaju is the immediate past chair of the board of directors for the San Diego Council on Literacy (SDCOL), current board member and past chair for LEAD San Diego, and is currently serving on the Policy Committee of The Commission on the Status of Women and Girls for San Diego County. In addition to supporting literacy and leadership development, Ms. Ogunsaju is an advocate for Maternal and Child Health, and women in leadership.